Interpretable Mechanistic Representations for Meal-level

Glycemic Control in the Wild







Our health application

Type-2 diabetes disease subtyping

ML problem

How do we learn a physiologically-grounded embedding space to describe glycemic control?

Our constraints (common in healthcare)

Unlabeled data

"Small data" regime

Real-world self-reported data with missingness

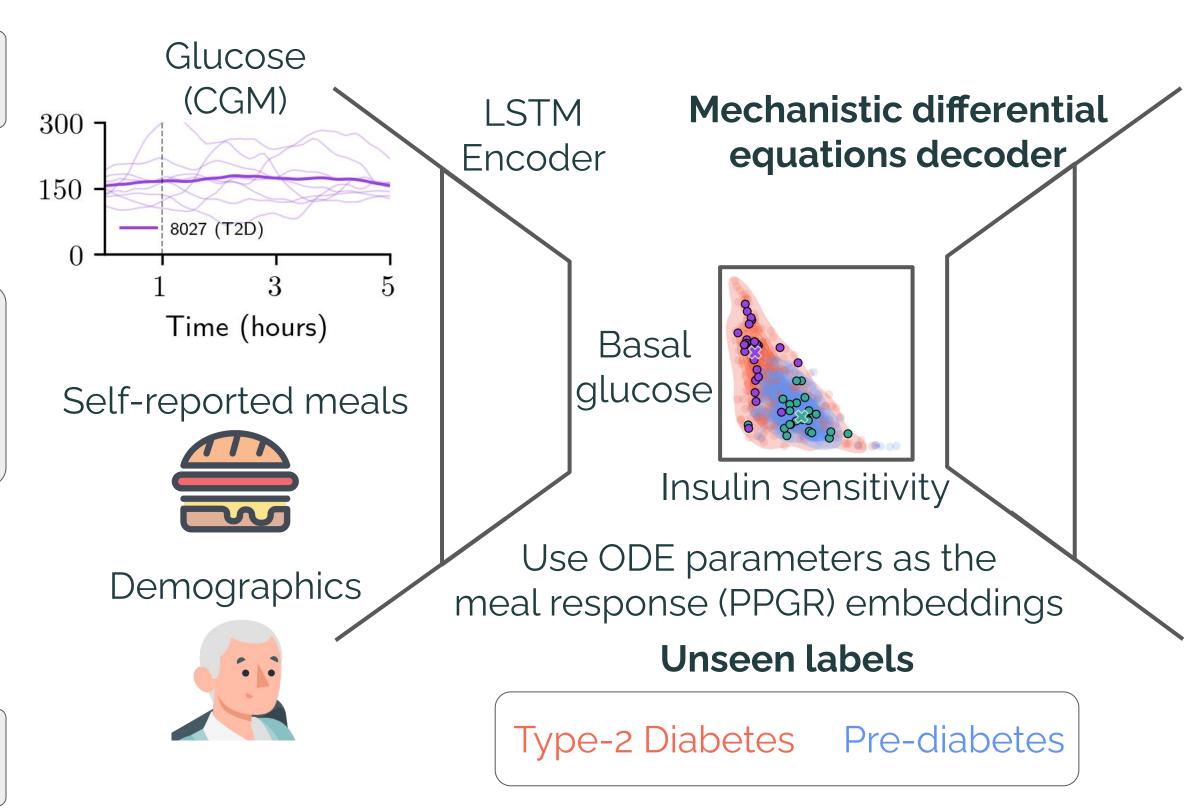
Want to incorporate prior expert knowledge



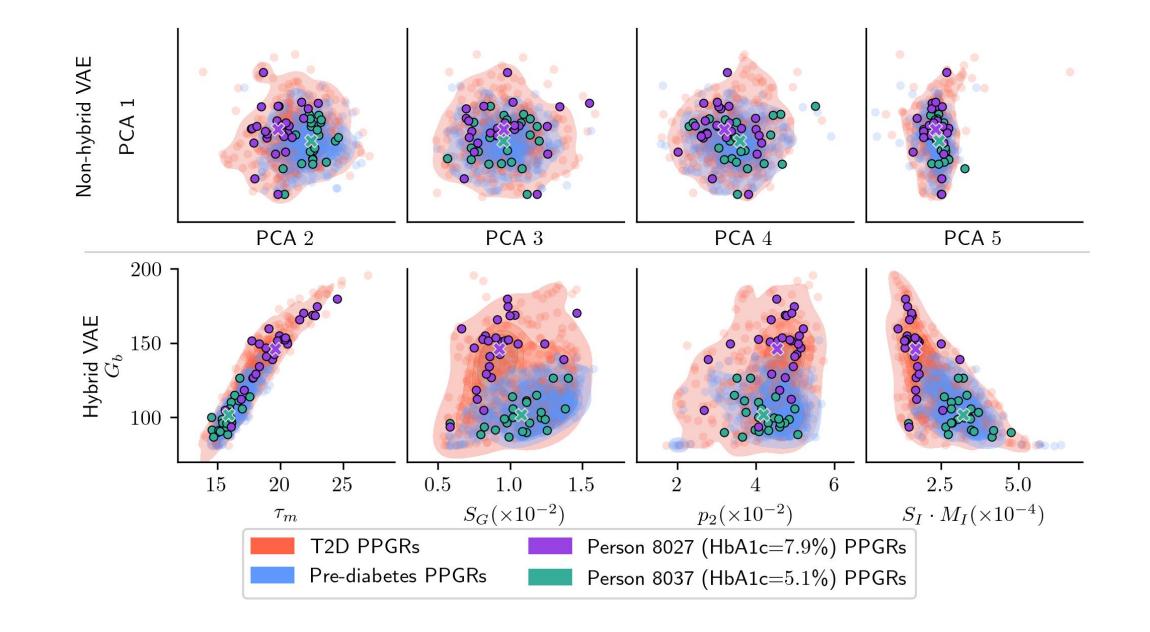
Code on GitHub

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Our model



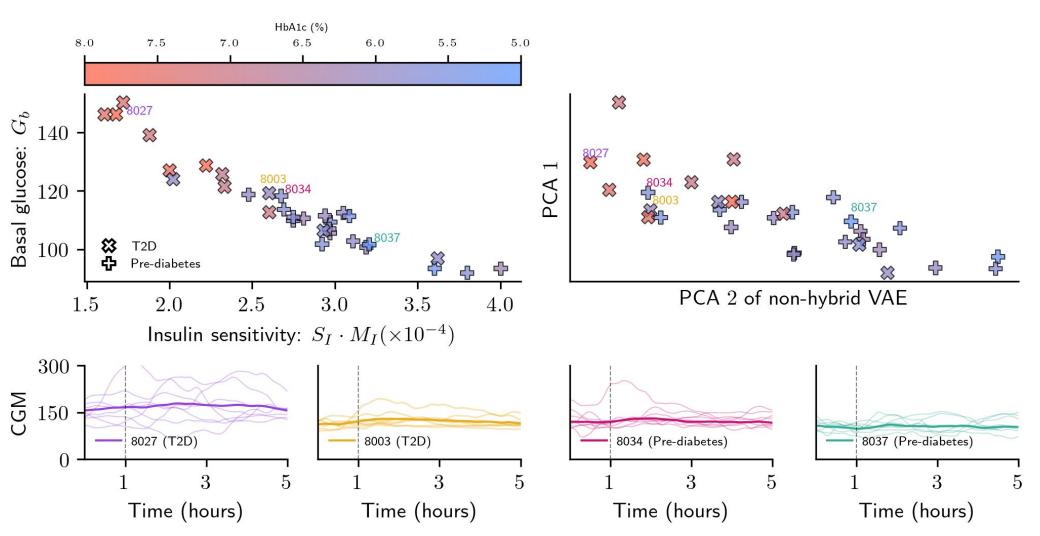
Result: A physiologically interpretable embedding space



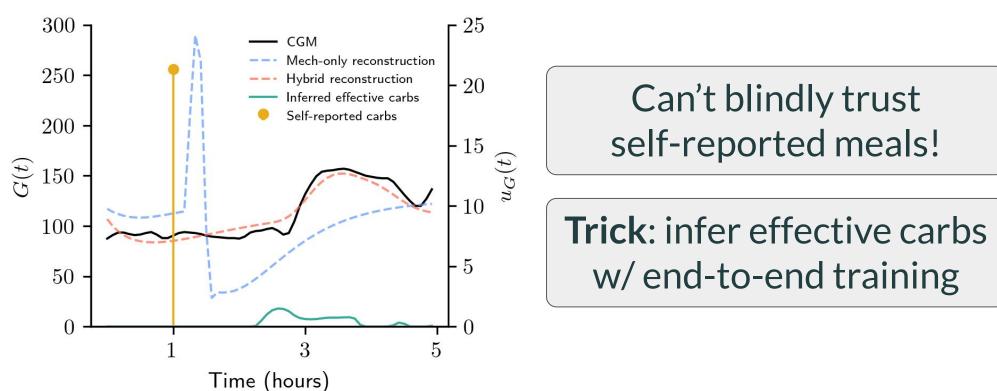
Noninvasive, inexpensive Adaptable to new data Physiologically Interpretable Robust to in-the-wild data (TIR, MAGE, ...) ODE features network features features (ours) Yes Yes Yes No Yes Yes Yes No Yes Yes No Yes Yes

Hybrid VAE

Result: Embedding space agrees with clinical standard HbA1C (unseen)



Result: Inferring effective carbs makes model robust to errors in self-reported meal data



Result: Quantitatively better clustering than other methods

| | NMI | AMI | Hom. | Comp. |
|--|-------------|------|-------------|-------|
| Raw CGM $(d = 60)$ | 0.41 | 0.39 | 0.36 | 0.47 |
| Raw CGM + DTW (d = 60) | 0.54 | 0.53 | 0.62 | 0.51 |
| Expert features $(d = 10)$ | 0.25 | 0.25 | 0.61 | 0.21 |
| $\overline{\text{TCL} + \text{Average } (d = 32)}$ | 0.24 | 0.21 | 0.19 | 0.33 |
| $TCL + Concat (d = 3 \times 32)$ | 0.29 | 0.27 | 0.24 | 0.38 |
| Black-box VAE $(d = 32)$ | 0.21 | 0.19 | 0.22 | 0.21 |
| Mechanistic ODE $(d=7)$ | 0.14 | 0.12 | 0.14 | 0.14 |
| Hybrid VAE $(d=7)$ | 0.54 | 0.53 | 0.51 | 0.58 |

More accurate and more interpretable