Based on the provided Petri net, the food preparation process flows as follows:

The process begins with two silent transitions occurring simultaneously, splitting the workflow into two parallel branches: one for burger preparation and one for drink preparation.

Burger preparation branch:

- 1. Start burger is conducted.
- 2. Then, two tasks occur at the same time:
- Toast bun
- Grill patty
- 3. Next, after Grill patty, Melt cheese is conducted.
- 4. Then, two tasks occur at the same time:
 - Spread sauces (requires both the melted cheese and toasted bun)
 - Add toppings
- 5. Next, after Spread sauces, Prep veggies is conducted.
- 6. Then, after both Prep veggies and Add toppings, **Assemble burger** is conducted.
- 7. Finally, a silent transition occurs, completing this branch.

Drink preparation branch (exclusive choice—only one option is performed):

Option 1: Milkshake

- Start milkshake is conducted.
- Then, two tasks occur at the same time:
- Prepare cup
- (Implicitly: fruit preparation starts)
- Next, Add fruit is conducted (requires the prepared cup and fruit preparation).
- Finally, a silent transition occurs, completing this option.

Option 2: Coffee

- Start coffee is conducted.
- Then, two tasks occur at the same time:
- Prepare cup
- (Implicitly: coffee preparation starts)
- Next, Make latte art is conducted (requires the prepared cup and coffee).
- Finally, a silent transition occurs, completing this option.

The process ends when both the burger branch and the chosen drink branch complete.