



## Day 3 journal entry

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Prompt option 3: What are some of the differences you've noticed between a school environment and a professional work environment?

One major difference I've noticed in just these three days is that I don't feel the pressure to do work just for the sake of getting grades. Being here feels like a complete shift from school, where I'm used to being constantly managed and under pressure. I've also realized that at school, I rarely get the chance to actually absorb what I'm learning—it's more about rushing through it. But here, I feel present, engaged, and able to take everything in without stress.