0 "IS LOW SELF-CONFIDENCE AFFECTING YOUR BUSINESS GROWTH?"

"**FIND OUT IF A BOOST IN SELF-CONFIDENCE COULD TAKE YOUR BUSINESS TO THE NEXT LEVEL IN RECORD TIME"**

Self-confidence is a key entrepreneurial skill for success. , and it's easy for your self-confidence levels to waver when things don't go as planned. It can be challenging balancing risk with caution to create lasting business ventures and maintain the mental stability of oneself along the way. It's easy to become demoralized, frustrated, and overwhelmed if you lack self-confidence.

Self-confidence is concerned with how someone feels about their ability; an entrepreneur who believes in his or her abilities will not be scared to explore uncharted territory, take risks or make big decisions because they believe that they will achieve anything as long as they put their mind to it!

Self-confidence isn't something you have, or you don't - instead, this trait fluctuates depending on context; some people may feel confident in one situation, whereas they lack that same feeling entirely elsewhere.

The entrepreneurial skills necessary for success also include creative thinking. These types of thoughts allow entrepreneurs like yourself to see what others might miss out on, identify opportunities in unusual places and show confidence in your abilities to take that step with or without the support of others- even if they're scared!

Take Quiz

Take the quiz right now to find out if your business is failing because of your low confidence, and get tips on developing the confidence your business needs to thrive.

1) Are you making powerful and risky decisions?

a) YES, always (1)

b) Maybe sometimes (2)

c) No, not really (3)

2) How well do you agree with this statement, " I always go after opportunities because I know that anything is possible."?

a) Totally agree

b) Neutral

c) Disagree

3) When you try something new, and it doesn't work, do you think:

a) It was fine, I'll have another go, but maybe try differently

c) That always happens to me; I'm useless

d) I won't try that again

4) How do you handle uncomfortable situations?

a) With comfort and ease (1)

b) I procrastinate to deal with situations (2)

c) I usually tend to run away from the situation (3)

5) Do you think that low self-confidence is a factor in your business growth?

a. Yes, it's been affecting my business more than I care to admit.

b. No, but I'm keenly aware of the importance of investing in myself.

c. No, low self-confidence has never hindered me from reaching my goals.

6) I have a set of realistic goals.

a) Always

b) Often / Sometimes

d) Rarely / Never

7) I am willing to accept the consequences of my own behavior.

a) Always

b) Often / Sometimes

d) Rarely / Never

8) At a social event, do you immediately:

a) Breeze up to the nearest person and start talking

b) Take a deep breath and look for someone you know

d) Never go to these events unless it's with a friend

9) Given a complex problem to solve, do you:

a) Tackle it alone, pretty sure you can work it out

b) Take a look, then ask for help

c) Don't bother to try; it's too difficult

**Self-Esteem:**

10) Do you frequently compare yourself with others?

a) Never (1)

b) Often/occasionally (2)

c) Constantly (3)

11) Do you struggle to make decisions or stand by them?

a) Never (1)

b) Sometimes (2)

c) yes, all the time (3)

12) How often do you feel unloved and unwanted?.

a) Never (1)

b) Maybe sometimes (2)

c) All the time (3)

13) Do you feel that your opinion matters?

a) Yes, but not everyone will agree with me

b) No, no one's interested

c) Don't have an opinion

14) Do you find it hard to say no?

a) Never

b) Occasionally / Often

d) Always

15) How much do you care what people think of you?

a) I don't care at all

b) Generally, I only care about the views of my friends and family

d) I judge everything by what others think of me

Past trauma/ reason for low confidence:

16) Have you experienced any of the following?

a) Unsupportive or dismissive parents

b) Trauma, abuse, or bullying

c) Other stressful life events

d) None of the above

Low confidence (3)

Your results show that you have low confidence, which is one reason why your business is struggling. Don't get disappointed, it's never too late for a fresh start because confidence is one of those skills that can be developed by training.

Start your fresh start in just one click.

We also noticed that you have experienced "\_\_\_ (answers from last two options) \_\_." We are here to help you boost your self-confidence. Take the course right now to start your success journey.

Some small ways to build your self-confidence:

* Celebrate your wins (even the small ones)
* Accept praise from others
* Use good posture (head high, shoulders back, no slouching)
* Use positive affirmations
* Know your strengths and weaknesses
* Set SMART goals (and stick to them!)
* Stop comparing yourself to others

Confidence level (low - neutral) (2)

Your results show that you have been trying to manage your confidence from time to time but still it may not be enough to reach big goals in business . Good news is that its never too late to enhance the confidence you already have because confidence is one of those skills that can be developed by training.

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* Stop comparing yourself to others

Confident person (1)

Your results show that you are a confident person. Keep up the good work, however it is important to maintain the confidence you already own because confidence is one of those skills that can be developed by training.

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