Original Investigation

Association Between Early-Onset Parkinson Disease and 22q11.2 Deletion Syndrome Identification of a Novel Genetic Form of Parkinson Disease and Its Clinical Implications

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IMPORTANCE Clinical case reports of parkinsonism co-occurring with hemizygous 22q11.2 deletions and the associated multisystem syndrome, 22q11.2 deletion syndrome (22q11.2DS), suggest that 22q11.2 deletions may lead to increased risk of early-onset Parkinson disease (PD). The frequency of PD and its neuropathological presentation remain unknown in this common genetic condition.

OBJECTIVE To evaluate a possible association between 22q11.2 deletions and PD.

DESIGN, SETTING, AND PARTICIPANTS An observational study of the occurrence of PD in the world's largest cohort of well-characterized adults with a molecularly confirmed diagnosis of 22q11.2DS (n = 159 [6 with postmortem tissue]; age range, 18.1-68.6 years) was conducted in Toronto, Ontario, Canada. Rare postmortem brain tissue from individuals with 22q11.2DS and a clinical history of PD was investigated for neurodegenerative changes and compared with that from individuals with no history of a movement disorder.

MAIN OUTCOMES AND MEASURES A clinical diagnosis of PD made by a neurologist and neuropathological features of PD.

RESULTS Adults with 22q11.2DS had a significantly elevated occurrence of PD compared with standard population estimates (standardized morbidity ratio = 69.7; 95% CI, 19.0-178.5). All cases showed early onset and typical PD symptom pattern, treatment response, and course. All were negative for family history of PD and known pathogenic PD-related mutations. The common use of antipsychotics in patients with 22q11.2DS to manage associated psychiatric symptoms delayed diagnosis of PD by up to 10 years. Postmortem brain tissue revealed classic loss of midbrain dopaminergic neurons in all 3 postmortem 22q11.2DS-PD cases. Typical a-synuclein-positive Lewy bodies were present in the expected distribution in 2 cases but absent in another.

CONCLUSIONS AND RELEVANCE These findings suggest that 22q11.2 deletions represent a novel genetic risk factor for early-onset PD with variable neuropathological presentation reminiscent of *LRRK2*-associated PD neuropathology. Individuals with early-onset PD and classic features of 22q11.2DS should be considered for genetic testing, and those with a known 22q11.2 deletion should be monitored for the development of parkinsonian symptoms. Molecular studies of the implicated genes, including *DGCR8*, may help shed light on the underlying pathophysiology of PD in 22q11.2DS and idiopathic PD.

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Corresponding Author: Anne S. Bassett, MD, Centre for Addiction and Mental Health, 33 Russell St, Room 1100, Toronto, ON M5S 251, Canada (anne.bassett@utoronto.ca). arkinson disease (PD) is a progressive neurodegenerative disorder associated with motor, cognitive, and autonomic dysfunction. It is one of the most common neurological disorders worldwide, affecting approximately 1% of individuals older than 65 years. ^{1,2} Early onset of the disease (age <50 years) is far less common ^{1,2} and is associated with mutations in genes including *LRRK2*, *PARK2*, *SNCA*, *PARK7*, and *PINK1*. ³ Known genetic mutations account for 4% to 16% of early-onset PD cases. ^{4,5}

Previous clinical case reports of 4 individuals with parkinsonism and a hemizygous deletion of chromosome 22q11.2 have suggested that this genetic anomaly may also confer an increased risk of early-onset PD. 6-8 Three of these cases were reported to be treated with dopamine replacement therapy (Ldopa), and presynaptic dopamine imaging in the other case indicated degeneration of the nigrostriatal dopamine system.⁶⁻⁸ The 22q11.2 deletion affects at least 1 in 4000 live births^{9,10} and occurs as a spontaneous mutation in approximately 90% of identified cases.¹¹ The associated 22q11.2 deletion syndrome (22q11.2DS) (OMIM #192430, #188400) shows variable expression including congenital, neurodevelopmental, and lateronset features, eg, schizophrenia.10 Classic manifestations of 22q11.2DS include learning difficulties, palatal anomalies such as velopharyngeal insufficiency causing hypernasal speech, congenital heart defects, hypocalcemia, and subtle facial dysmorphic features. 10,12,13 The effect of the 22q11.2 deletion on aging and neurodegenerative processes is less clear. Antipsychotic medication used to manage psychosis may obfuscate diagnosis of PD in patients with 22q11.2DS.8 Neuropathological confirmation of PD, including midbrain dopaminergic cell loss and the presence of Lewy bodies, 14,15 remains essential in establishing a 22q11.2 deletion as a risk factor for PD.

To investigate the proposed association between 22q11.2 deletions and PD, we assessed the occurrence of a clinical diagnosis of PD in a well-characterized cohort of adults with 22q11.2DS. We examined available brain tissue from 3 individuals with 22q11.2DS and an antemortem diagnosis of PD and compared results with those with a 22q11.2 deletion and no history of parkinsonism as well as with sex- and age-matched controls with no history of either condition. We also assessed a clinical series of individuals with early-onset PD for 22q11.2 deletions. The results of this study provide the first prevalence estimate and neuropathological confirmation of PD in 22q11.2DS, supporting the 22q11.2 deletion as a novel genetic risk factor for developing early-onset PD.

Methods

Subjects

We conducted an observational study in Toronto, Ontario, Canada, of a large, well-characterized cohort of 159 adults (aged ≥18 years) clinically diagnosed as having 22q11.2DS and molecularly confirmed to have a chromosome 22q11.2 deletion using standard methods. ^{11,12} Most subjects were ascertained through adult congenital cardiac, psychiatric, and genetic services using active screening and/or clinical referrals ^{13,16} with no known bias to ascertaining individuals with a neurodegen-

erative condition. All but 5 of these Canadian subjects were from eastern Canada, mostly from Ontario. Comprehensive neuropsychiatric phenotypic data and other clinical and demographic information were available from direct assessments and lifetime medical records. 12,17 We recorded all clinical diagnoses of PD made by a neurologist as of March 2013 that included documentation of standard treatment(s) for PD. We also recorded family history of neurodegenerative disease in firstand second-degree relatives. The diagnosis of PD was made using the UK Parkinson's Disease Society Brain Bank criteria.¹⁸ We did not include cases of suspected PD lacking strong confirmatory evidence. Eighteen of the 159 patients had died (median age at death, 44.7 years; range, 18.1-68.6 years). Written informed consent was obtained for all subjects and from next of kin as necessary for autopsy including use of tissue for research purposes. The study was approved by the research ethics boards of the University of Toronto, Centre for Addiction and Mental Health, and University Health Network.

Statistical Analysis

The observed number of PD cases in our 22q11.2DS cohort was compared with the expected number of PD cases using an age-and sex-adjusted standardized morbidity ratio. The expected number was calculated using Canadian population norms. Given the small numbers, we also calculated the standardized morbidity ratio for the main age group examined (ages 35-64 years). Analyses were performed with SAS version 9.3 statistical software (SAS Institute, Inc), with statistical significance defined as P < .05.

Neuropathological Investigation of PD

Immunohistochemistry

Brain tissue from 3 individuals with 22q11.2 deletions and a clinical diagnosis of PD (eTable in Supplement) was fixed in 10% buffered formalin for 2 weeks. Standard blocks were taken from the left hemisphere for light microscopy (5 µm; hematoxylin-eosin and Luxol fast blue-hematoxylin-eosin). Immunohistochemistry using an avidin-biotin-complex, peroxidasebased method was performed for tyrosine hydroxylase (TH) (1:1000, Sigma) and for proteins commonly found to aggregate in PD, including α-synuclein (1:400, Zymed; 1:3000, Santa Cruz Biotechnology) and ubiquitin (1:400, Dako). Markers of other neurodegenerative disorders were also used (βamyloid, 1:10, Dako; PHF-tau, 1:400, Innogenetics; and TAR DNA-binding protein 43, 1:6000, Cosmobio Co). To investigate the presence of gliosis and microglial activation, tissue was double labeled with glial fibrillary acidic protein (1:1000, Millipore) and Iba-1 (1:200, Millipore) in a sequential manner. The chromogens used were diaminobenzidine and fast red, respectively.

The severity of overall neuronal loss in subcortical and cortical areas of interest was classified semiquantitatively by examining the hematoxylin-eosin-stained sections: 0 indicated none (no apparent neuronal loss); 1, mild (mild gliosis with some free pigments); and 2, extensive (neuronal loss involving >70% of the structure). Dopaminergic cell loss in the substantia nigra pars compacta was further examined by TH immunoreactivity using the same classification system. Sec-

Table 1. Demographic and Clinical Features of Individuals With Parkinson Disease and a Hemizygous 22q11.2 Deletion

Characteristic			Case	- Zaleski	Booij	Krahn	
	1	2	3	4	et al ^{7,a}	et al ⁸	et al ⁶
Sex	F	М	M	М	M	M	М
22q11.2 deletion size, Mb	1.5	3	3	3	NR ^b	NR ^b	NR ^b
Age, y							
Motor symptom onset	45	48	43	39	~42	~42	<27
PD diagnosis	55	54	44	48	42	52	Parkinsonism at <27
Death	56	58	61	NAc	NAc	NAc	NAc
Motor symptom							
Tremor	Yes ^d	Yes	Yes ^d	Yes	No	NR	Yes ^d
Bradykinesia	Yes	Yes	Yes ^d	Yes ^d	Yes ^d	NR	Yes
Postural instability	Yes	Yes ^d	Yes ^d	Yes	Yes	NR	No
Rigidity	Yes ^d	Yes	Yes	Yes ^d	Yes ^d	NR	Yes ^d
Laterality of onset	Yes	Yes	No	Yes	Yes	NR	NR
Nonmotor symptom							
Incontinence	Yes	Yes ^e	Yes	Yes	No	NR	NR
Mood disturbances	No	No	Yes	Yes	Yes	NR	NR
Cognitive decline	No	Yes	Yes	Yes	No	NR	NR
L-dopa responsive	Yes	Yes	Yes	Yes	Yes	NR	Uncertain ^f
History of antipsychotic use before PD onset	Yes	Yes	No	Yes	No	Yes	Yes
Family history of PD	No	No	No	No	No	NR	No

Abbreviations: Mb, megabases; NA, not applicable; NR, not reported; PD, Parkinson disease; ~, approximately.

tions immunostained against $\alpha\text{-synuclein}$ were used to qualitatively evaluate the visible presence or absence of Lewy bodies and Lewy neurites.

Comparable brain tissue obtained from 3 individuals with 22q11.2 deletions but no history of parkinsonism¹⁹ and 10 age-and sex-matched subjects with unremarkable brain autopsy findings with a negative clinical history for diagnoses or features of 22q11.2DS or PD was prepared and examined using the methods described earlier. Additional tissue control experiments included known positive material from patients with PD, diffuse Lewy body disease, and Alzheimer disease. No reactions were observed following the omission of primary antibodies.

Genetic Investigations

We used available genomic DNA to conduct genetic analysis of LRRK2, PARK2, PARK7, PINK1, and $SNCA^{20-24}$ in individuals with a 22q11.2 deletion and a history of PD. In addition, we performed real-time polymerase chain reaction to investigate the presence of copy number variations for each exon of PARK2 and SNCA using SYBR Green reagent (Takara Mirus Bio) on an ABI7500 system (Applied Biosystems).

To ascertain the occurrence of 22q11.2 deletions in earlyonset PD, we performed a quantitative polymerase chain reaction study using DNA samples from a clinical series of patients ascertained from the Movement Disorders Centre, Toronto Western Hospital (n = 225; age at onset, ≤ 50 years). Nearly half (n = 106) of these unrelated individuals had a positive family history of PD; most were white. Copy number variations in two 22q11.2 genes (*TBX1* and *SNAP29*) were examined on a ViiA 7 real-time polymerase chain reaction system (Life Technologies), performed by The Centre for Applied Genomics, The Hospital for Sick Children, Toronto. This study was approved by University Health Network, and written informed consent was obtained from all individuals in this study.

Results

Occurrence of PD and Genetic Findings

The occurrence of PD in adults with a hemizygous 22q11.2 deletion was significantly elevated compared with Canadian population norms (standardized morbidity ratio = 69.7; 95% CI, 19.0-178.5). Subgroup analyses showed no subjects aged 18 to 34 years (n = 90) diagnosed as having PD. Four of 68 subjects (5.9%) aged 35 to 64 years with 22q11.2 deletions had been diagnosed as having PD (standardized morbidity ratio = 91.7; 95% CI, 25.0-234.8). The 1 subject older than 65 years had a stroke and showed no signs of PD.

Age at onset of motor symptoms ranged from 39 to 48 years (**Table 1**; see eAppendix in Supplement for case histories). The use of antipsychotic (and other) medications often delayed or complicated the diagnosis of PD. However, the early onset of typical motor symptoms and progressive course, despite re-

^a American patient not overlapping with our case 3, who was described in the same article at the time as a living patient.

^b Fluorescence in situ hybridization was used to identify the 22q11.2 deletion.

^c Living patient.

^d Initial symptom(s) presenting on history.

^e Concomitant chronic renal insufficiency.

f Patient described as taking L-dopa, but his clinical response was not specified.

Table 2. Staging of Pathological Features in 3 Autopsy Cases With Parkinson Disease and 22q11.2 Deletion Syndrome

	Severity of Pathological Features ^a										
	Case 1			Case 2			Case 3				
Brain Region	Lewy Bodies	Lewy Neurites	Neuronal Loss	Lewy Bodies	Lewy Neurites	Neuronal Loss	Lewy Bodies	Lewy Neurites	Neuronal Loss		
Olfactory bulbs and tracts	1	1	NA	1	1	NA	0	0	NA		
Dorsal motor nucleus of the vagus	1	1	1	1	1	1	0	0	2		
Locus ceruleus	1	1	1	1	1	1	0	0	1		
Substantia nigra	1	1	2	1	1	2	0	0	2		
Thalamus	1	1	1	1	1	1	0	0	1		
Nucleus basalis of Meynert	1	1	1	1	1	1	0	0	1		
Anterior cingulate cortex	1	1	0-1	1	1	0-1	0	0	0-1		
Temporal insular cortex	1	1	0-1	1	1	0-1	0	0	0-1		
Allocortex	1	1	0-1	1	1	0-1	0	0	0-1		

Abbreviation: NA. not assessable.

loss. O indicates none: 1. mild: and 2. extensive.

duction or discontinuation of antipsychotics and/or the use of atypical agents (eg, clozapine), together with a characteristic response to L-dopa supported the consideration of PD in all cases. All had typical 22q11.2 deletions, 3 with the most common deletion of approximately 3 megabases and 1 with the proximal nested 1.5-megabase deletion (Table 1).¹¹ All were negative for the tested PD risk mutations and had no family history of neurodegenerative disease or parental consanguinity.

In contrast to the general population estimate of 1 in 4000 (0.025%), ^{9,10} we found 1 of 225 individuals (0.4%) in the early-onset PD series to have a 22q11.2 deletion. Closer examination of records revealed that this individual was our case 3. Long before this study of PD in 22q11.2DS began, he was recruited into the early-onset PD cohort following a clinical referral to the Movement Disorders Centre by one of us (E.W.C.C.). His 22q11.2 deletion was known at the time but not considered to have contributed to his PD when he entered the PD cohort.

Neuropathology

Neuropathological examination showed similar neurodegenerative pathology in cases 1 and 2. Classic PD synucleinopathy, including the subcortical and cortical presence of α-synuclein-positive Lewy bodies and Lewy neurites, corresponding to Braak stages V and VI,¹⁴ respectively, was observed (**Table 2**). There was extensive degeneration of TH-positive cells in the substantia nigra and depletion of TH in the striatum (**Figure 1**). Neuronal loss was also visible in the locus ceruleus and the dorsal motor nucleus of the 10th cranial nerve (Table 2).

Case 3 showed no Lewy body or Lewy neurite pathology but, like the first 2 cases, showed extensive nigral degeneration and loss of TH immunoreactivity in the striatum. Investigations for abnormal neuronal inclusions or aggregates, including immunohistochemisty for α -synuclein, tau, TAR DNA-binding protein 43, and ubiquitin, were all negative. Neuronal loss was observed in the expected pattern, with prominent cell loss in the ventrolateral aspect of the substantia nigra pars compacta with extensive gliosis and free pigments (Figure 2A-D). There was neuronal loss in the locus ceruleus

and dorsal motor nucleus of the 10th cranial nerve as well as some gliosis reminiscent of neuronal loss in the following structures: pedunculopontine nucleus, amygdala, and thalamus, all areas usually described to be affected in PD (Figure 2E and F, Table 2). Like cases 1 and 2, TH staining revealed extensive degeneration of TH-positive cells in the substantia nigra pars compacta and depletion of TH in the motor territory of the striatum (dorsolateral putamen) (Figure 2G-I).

There were no neuropathological features of PD, including midbrain dopaminergic cell loss or Lewy body pathology, in individuals with 22q11.2DS who had no history of parkinsonism (Figure 1D-F) or in the matched controls (eg, Figure 2A and C). Alzheimer-type pathology was limited to β -amyloid-positive diffuse plaques that were rare and restricted to the cortex in case 2 but more widespread and with moderate neuritic plaques and cortical neurofibrillary tangles in case 1 (eFigure in Supplement). There was no evidence of AD-type pathology in any other 22q11.2DS case or in any of the matched controls (data not shown). All cases and controls were immunonegative for TAR DNA-binding protein 43 aggregates.

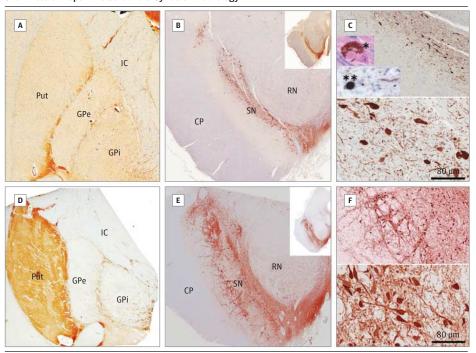
Discussion

The results of this study provide evidence of a significantly increased occurrence of PD with early-onset and typical symptom pattern, treatment response, and disease course in adults with 22q11.2 deletions. Neuropathological data confirmed the antemortem clinical diagnoses, providing, for the first time to our knowledge, details of the neurodegenerative pathology of PD associated with this genetic anomaly. Together with previous reports of unrelated patients ⁶⁻⁸ (Table 1), the findings suggest the 22q11.2 deletion as a mutation increasing risk for early-onset PD. The development of early-onset PD in this population is likely related to the effects of the hemizygous 22q11.2 deletion and is likely to involve 1 or more dosage-sensitive genes in the 22q11.2 region.

 $Two\,of\,our\,3\,pathologically\,confirmed\,22q11.2DS\,cases\,had\,typical\,neuropathological\,features\,of\,PD\,with\,prominent\,Lewy$

^a For Lewy bodies and neurites, O indicates absent; 1, present. For neuronal cell

Figure 1. Cases 1 and 2 With Hemizygous 22q11.2 Deletions and Diagnosed Parkinson Disease Show Loss of Dopamine Cells and α -Synuclein Pathology



Results of immunohistochemical studies for tyrosine hydroxylase in the striatum (A and D) and substantia nigra (B, C, E, and F) are shown from a representative case of 22q11.2 deletion syndrome with Parkinson disease (case 1; A-C) and a case of 22q11.2 deletion syndrome without Parkinson disease (D-F). C and F, Density of tyrosine hydroxylase-positive neurons in the substantia nigra at low power (upper panels) and high power (lower panels). Insets in C, Example of a Lewy body visualized with hematoxylin-eosin staining (*) and an α-synuclein-positive Lewy body and neurites (**) in the substantia nigra pars compacta. CP indicates cerebral peduncle; GPe, external segment of globus pallidus: GPi, internal segment of globus pallidus; IC, internal capsule; Put, putamen; RN, red nucleus: and SN, substantia nigra (original magnification ×1 in A, B, D, E, and insets in B and F+×10 in upper panels of C and F; ×25 in lower panels of C and F; and ×40 in insets in C).

body and Lewy neurite formation in a classic distribution. Our third case had extensive neuronal loss in the substantia nigra pars compacta along with neuronal loss in the locus ceruleus and the dorsal motor nucleus of the 10th cranial nerve. Gliosis was also observed in the midline nuclei and the anterior and posterior group of the intralaminar nuclei but in the absence of α -synuclein pathology. This variable presence of α -synuclein aggregation is identical to the situation found in PD associated with LRRK2 mutations, the most common known genetic cause of PD. Lewy body pathology is most frequent in LRRK2; however, some cases, even in the same family as Lewy body cases, have a "bland" nigral degeneration as seen in our case 3, while others have tau-related pathology. 3,25 PARK2associated PD typically lacks α-synuclein pathology, but some cases with Lewy bodies have been reported (although these may represent examples of incidental Lewy body disease coincident with PARK2 mutations).3,26

Candidate Genetic Pathways in 22q11.2DS-Associated PD

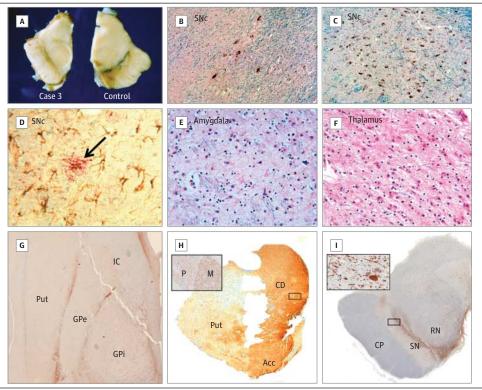
The proximal 22q11.2 deletion region shared by the individuals with PD involves approximately 30 genes, none of which overlap any known PD loci (OMIM #168600). However, this region does contain plausible candidate genes implicated in PD-related pathways. These include microRNA miR-185, predicted to target LRRK2, ²⁷ and DGCR8, a key gene in the biogenesis of brain microRNA. ²⁸ Disruption of microRNA-mediated posttranscriptional regulation of gene expression in 22q11.2DS could directly or indirectly affect the expression of PD risk genes elsewhere in the genome (without the necessity of associated mutations). ²⁹ Other possible candidate genes in this 22q11.2 deletion region include SEPT5, encoding a protein that functionally interacts with the product of PARK2, ³⁰

COMT, essential to dopamine level regulation, and 6 mitochondrial genes.³¹ Of these genes, all have shown brain expression and all examined have shown gene dosage effects in mouse models of the 22q11.2 deletion.³¹⁻³⁴ However, to our knowledge, there are no studies of these models at older ages that could help inform potential changes relevant to PD.

Advantages and Limitations

Our ascertainment strategies ensured that sample selection was unbiased with respect to recruiting adults with 22q11.2 deletions who had PD, minimizing the risk of artificially inflating the observed frequency of their co-occurrence. Importantly, we had access to exceedingly rare postmortem tissue from adults with 22q11.2 deletions who had been extensively genetically and phenotypically characterized. The pathological signs of PD found in the 22q11.2DS cases with and without schizophrenia strongly suggest that the parkinsonian clinical features were not due to adverse effects from antipsychotics used to manage schizophrenia. A recent epidemiological study has proposed that antipsychotic use may be associated with risk of developing PD.35 However, neither the extensive nigrostriatal dopaminergic cell loss nor Lewy body pathology typical of PD has been observed in neuropathogical studies of antipsychotic medication effects³⁶ or of individuals with schizophrenia treated with antipsychotics.³⁷ A recent meta-analysis of neuroimaging studies examining striatal presynaptic dopamine in patients with schizophrenia found no evidence of altered density of dopamine terminals and no significant effect of antipsychotic medication.³⁸ The absence of dopaminergic cell loss in our 3 cases with 22q11.2DS and treated schizophrenia without PD corresponds with these findings. How-

Figure 2. Details of Pathological Changes in Case 3



A, Case 3 showed a smaller midbrain with gross depigmentation of the substantia nigra (left) compared with a control case without either 22q11.2 deletion syndrome or parkinsonism (right). Hematoxylin-eosin-Luxol fast blue staining of the substantia nigra pars compacta (SNc) revealed decreased density of pigmented cells in case 3 (B) compared with a control (C). D, Extensive gliosis and microglial activation in the substantia nigra as visualized with glial fibrillary acidic protein (brown chromogen) and Iba-1 (red chromogen, arrow), respectively. The amygdala (E) and thalamus (F) also showed gliosis and neuronal loss (hematoxylin-eosin-Luxol fast blue). Severe depletion of tyrosine

hydroxylase–positive axons was visible in the dorsal putamen (Put) (G) and the dorsolateral aspect of the rostral putamen (H). Acc indicates accumbens; CD, caudate; GPe, external segment of globus pallidus; GPi, internal segment of globus pallidus; and IC, internal capsule. Tyrosine hydroxylase immunoreactivity was preserved in the CD and Acc (H) and was more abundant in the matrix (M) compared with the patches (P) (inset in H). I, Tyrosine hydroxylase–positive neurons were severely depleted in the ventrolateral aspect of the substantia nigra (SN) (inset). CP indicates cerebral peduncle; RN, red nucleus (original magnification ×25 in B-F; ×1 in G-I; and ×25 in insets in H and I).

ever, further studies on the possible effect of antipsychotic drugs on dopamine cell degeneration are needed.

There were some limitations of our study. The occurrence of PD in the cohort with 22q11.2DS is a minimum figure. Most individuals in our cohort were younger than 50 years and there may be as yet undiagnosed adults with 22q11.2DS and PD, including those in the early stages of the disease. For example, we know of 2 other individuals (aged 36 and 54 years) who were noted as exhibiting parkinsonian symptoms possibly indicative of early-onset PD but had not received a definitive PD diagnosis. Additional studies including functional imaging of the nigrostriatal dopamine system may help to further clarify this. Small numbers, likely related to the early mortality associated with the 22q11.2 deletion, 17 prevented assessment of the occurrence of PD over age 65 years in patients with 22q11.2DS. Individuals with schizophrenia and congenital heart defects were overrepresented in our 22q11.2DS sample, given our ascertainment strategies. This could affect the generalizability of the findings to adults with milder manifestations of 22q11.2DS, many of whom remain unrecognized.10

Replication in an independent sample of adults with 22q11.2 deletions would be desirable. However, to our knowl-

edge, our cohort remains the largest available in this age range with extensive phenotypic data of all participants. 10 Although we ruled out known PD mutations elsewhere in the genome and family history of PD, other very rare or as yet unknown PD risk variants are possible, as for any individual with PD. Our relatively small early-onset PD clinical series precluded a formal analysis of the occurrence of 22q11.2 deletions. The series was also biased toward individuals with a positive family history. We note, however, that if the sample was restricted to patients with no family history of PD, the occurrence of 22q11.2DS would have been 1 in 119. Evaluation of larger cohorts of individuals with early-onset PD will be needed to determine the relative contribution of 22q11.2 deletions to this disease.4,5 The few published studies of genome-wide copy number variation in PD have not reported any 22q11.2 deletions.39-42 However, these have used ascertainment strategies that would bias against inclusion of individuals with 22q11.2 deletions, eg, restricting to patients with a positive family history of PD,42 restricting to older age and/or later onset of PD,40 and/or excluding individuals with a history of antipsychotic exposure. 39,41 In contrast, most 22q11.2 deletions are new mutations; therefore, family history of 22q11.2DS, let alone

22q11.2DS with PD, is unlikely, there is premature mortality in patients with 22q11.2DS, and 1 in 4 individuals with a 22q11.2 deletion develops schizophrenia requiring antipsychotic treatment. 10

Clinical Implications

The results of this study may help inform best practices for individuals with early-onset PD and for individuals with 22q11.2DS. Patients with PD who have features associated with a 22q11.2 deletion, such as learning difficulties, congenital palatal, cardiac, or other birth defects, and/or schizophrenia, 10 should be considered for clinical genetic referral and/or testing. Management changes for PD with a diagnosis of 22q11.2DS, such as anticipatory care recommendations and attention to associated multisystem conditions, would be essential. 10 For example, hypocalcemia, a common treatable feature of 22q11.2DS that can induce or aggravate tremors, should be monitored carefully, especially when considering dosage changes in dopaminergic replacement therapy. 10 Neurological assessment for signs of parkinsonism in younger adults with 22q11.2DS should become part of standard practice; when these occur in patients taking antipsychotic medications for schizophrenia, consideration should be given to functional imaging (single-photon emission computed tomography or positron emission tomography) of the presynaptic nigrostriatal dopamine system^{8,43} where available.

Importantly, the results of our study indicate that although individuals with PD and the 22q11.2 deletion associated with 22q11.2DS present with classic motor symptoms, diagnosis of PD may be delayed or obscured by antipsychotic treatment for schizophrenia. Individuals with 22q11.2DS without psychosis were diagnosed within a year of motor symptoms onset, compared with 6 to 10 years in individuals with schizophrenia (Table 1). Identifying PD in adults with 22q11.2 deletions and schizophrenia presents a unique challenge in clinical practice. As indicated, future studies will need to include careful evaluation and monitoring of signs of PD, perhaps aided by functional neuroimaging. ^{8,43} Management in these patients will entail careful balancing of antiparkinsonian medication with antipsychotic treatments. Based on stud-

ies of the management of psychosis in PD, one would expect good tolerance to quetiapine fumarate and clozapine but better efficacy with clozapine. 44 Other atypical antipsychotics are generally much less tolerated by patients with PD, and the development of parkinsonism in individuals with schizophrenia and a 22q11.2 deletion receiving previously well-tolerated doses of these medications might be an important indicator of underlying progressive PD. We cannot rule out the possibility that antipsychotic use may have prompted earlier detection of PD in our 3 cases with a long history of antipsychotic use. However, we note the similar age at onset of parkinsonian motor symptoms with individuals with 22q11.2DS who had no history of antipsychotic use. The possible effects of antipsychotic medications on either accelerating or unmasking clinical PD merit further study.

Conclusions

Hemizygous 22q11.2 deletions may constitute a new genetic risk factor for early-onset PD with important clinical implications. Additional studies are needed to replicate these results and further establish the prevalence of 22q11.2 deletions in adults with early-onset PD, especially for those with no family history of PD. Further postmortem studies in similar patients are critical to advancing our knowledge of this disorder. Our initial findings suggest that, as with LRRK2 mutations, the pathogenesis of PD associated with 22q11.2 deletions may or may not be accompanied by α-synuclein aggregates in Lewy bodies and Lewy neurites. Understanding how these genetic disorders are capable of causing nigral degeneration both with and without α-synuclein aggregation will be critical to advances in understanding of sporadic PD and developing effective disease-modifying therapies. Although 22q11.2DS is underrecognized in adults and there is a degree of premature mortality associated with the condition, 17 these patients could represent an identifiable, high-risk group for future studies of PD. Studies of 22q11.2 deletions and other genetic forms of PD promise to add to the global understanding of the genetic architecture of this common neurodegenerative disease.

ARTICLE INFORMATION

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