

Dear Perspective Student,

Thank you for contacting us, regarding lessons at Wildflowers Farm. We offer top notch instruction in a safe, relaxed, family atmosphere. Attached you will find our student information packet. Please feel free to contact me if you have any questions. Before starting lessons, all students must attend a tour. We offer tours Tuesday through Sunday throughout the day. I look forward to speaking with you. Thanks again for your interest.

Best Wishes,

Christine M. Calandra
Owner / Head Instructor
Wildflowers Farm



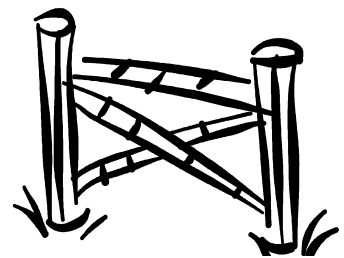
Wildflowers Farm Barn Rules

To insure everyone's safety, the following guidelines have been created:

1. Barn hours are from 6 am to 11 pm.
2. **NO SMOKING** in the barn, indoor, tack room, bathroom, or viewing area at anytime.
3. **NO ALCOHOL** on the premises at anytime. Drinking & Riding Don't Mix.
4. Approved helmets and proper footwear must be worn at all times when mounted.
5. All riders must have a signed Release & Hold Harmless before riding.
6. Horses should be turned out in pastures and stalls **without** halters on.
7. Close and lock all gates behind you.
8. Personal property left anywhere in a horse's way will be thrown out immediately. Property left elsewhere will be placed in the Lost & Found for 10 days and will then be given away.
9. Horses are **NEVER** to be left on the cross-ties unattended.
10. After using the cross-ties, grooming area should be cleaned up, raked if needed, with the cross-ties re-hung.
11. Any problem with fencing, holes in footing, or injured jumps should be reported to the management **IMMEDIATELY**.
12. Any accident that occurs must be reported to the management **IMMEDIATELY**.
13. Children are welcome but are not to be left unattended at any time. Small children that are running, screaming, crying, etc. will be asked to leave immediately.
14. Visiting, people and horse friendly dogs are welcome but must be kept on a leash at all times.
15. Please remember the speed limit in the driveway is **10 MPH** and **5 MPH** in the parking lot.
Parking is in designated areas only.
16. Good sportsmanship, proper ring etiquette, and appropriate language are expected **at all times**.

****PLEASE NOTE: Failure to comply with the above rules will result in immediate termination of boarding and/or lesson agreement.

THINK SAFE!



Wildflowers Farm Student Information Sheet

Rider Information:

Name: _____ D.O.B: _____

Address: _____

Phone: _____ Email: _____

Allergies: _____

Medications: _____

Parent/Guardian Information:

Contact 1:

Name: _____ Phone: _____

Address (If different than student address.): _____

Work Phone: _____ Cell Phone: _____

Email: _____ Relationship: _____

Contact 2:

Name: _____ Phone: _____

Address (If different than above address.): _____

Work Phone: _____ Cell Phone: _____

Email: _____ Relationship: _____

Emergency Contact:

Name: _____ Phone: _____

Address: _____

Work Phone: _____ Cell Phone: _____

Relationship: _____

Medical Release:

I, _____ grant Wildflowers Farm permission to have my child,
_____ treated at the nearest medical facility in the event that I am unable to be
reached.

Signature: _____ Date: _____

Farm Policies & Procedures:

I have read and agreed to the Barn Rules and the Today I Will Statement. I understand that by not adhering to these policies my lesson may be terminated.

Student Signature: _____

Parent/Guardian Signature: _____

STUDENT'S LAST NAME: _____

FIRST NAME: _____

Release and Hold Harmless Agreement

WHEREAS, the UNDERSIGNED acknowledges the inherent risks involved in riding and working around horses, which risks include bodily injury from using, riding or being in close proximity to horses, among other risks, and further, that both horse and rider can be injured in normal use or in competition and schooling;

IN CONSIDERATION, therefore, for the privilege of taking riding lessons and/or working around horses with Christine M. Calandra, Kristen Ressler and Bettie Greber located at 315 Cranbury Road Princeton Junction, NJ 08550, the UNDERSIGNED does hereby agree to hold harmless and indemnify Christine M. Calandra, Kristen Ressler, and Bettie Greber, as well as the owner of the property at Wildflowers Farm, Elizabeth Mershon and any agents or employees and further release them from any liability or responsibility for accident, damage, injury or illness to the undersigned or any horse owned by the Undersigned or to any family member or spectator accompanying the Undersigned while under the direction and instruction of Christine M. Calandra, Kristen Ressler and Bettie Greber or while riding privately on my own horse without instruction.

Date: _____

Signature

Please print name and complete address

I am _____ years old and have read the above statement. I understand that riding can be a dangerous sport and understand that I will not hold anyone responsible if I should get hurt.

PRINT NAME

Signature

Today I will...

- Come prepared and well-rested for my lesson.
- Respect my instructor and follow directions.
- Respect my parent(s), spouse, friends, or other family members while I am at Wildflowers.
- Respect my horse.
- Respect my equipment and the farm's equipment.
- Help and be polite to my fellow riders.
- Respect the barn, lounge, bathroom, tack room, and indoor arena.
- Be an example of good sportsmanship here on the farm and at competitions.

Levels of Riding

In an effort to make all of our students a "complete" rider, we have developed the following six levels of riding for our students to focus on and set goals from. If you would like to learn something that is not on our list, PLEASE ask your instructor to teach you! By following these Levels of Riding we are ensuring that our riders will be true horsemen.

Level I

- " Student can put a halter on a horse with supervision
- " Student can lead a horse with supervision.
- " Student can explain each reason for our Barn Rules.
- " Student can explain order of brushes during grooming.
- " Student can demonstrate the emergency release system on the cross-ties.
- " Student can mount and dismount with little or no help.
- " Student can explain what the riding aids are.
- " Student can explain and demonstrate different uses of the rein aid
- " Student can trot twice around on the lunge line at a sit trot and a post trot.
- " Student can walk once around the ring on their own.
- " Student can walk a course of cavalettis by themselves.
- " Student can demonstrate two-point at the walk.
- " Student can demonstrate how to ride up and down a hill.
- " Student can explain and demonstrate care of the saddle and the bridle.

Level II

- " Student can catch a horse with supervision.
- " Student can take a blanket on and off with little or no help.
- " Student can demonstrate bathing.
- " Student can groom entire horse by themselves.
- " Student can tack horse by themselves with supervision.
- " Student can post trot one long side of the arena by themselves.
- " Student can maintain a two-point at trot twice around on the lunge line.
- " Student can make a figure eight at the walk.
- " Student can demonstrate the different uses of the aids.
- " Student can change their posting pattern.
- " Student can walk the trail and explain how we care for the trail and why.
- " Student can mount and dismount independently.
- " Student can take the leathers and irons on and off of a saddle.
- " Student has attended a horse show as a groom.
- " Student has attended a foxhunt or hunter pace as a groom. (If available.)

Level III

- " Student can successfully catch, handle, groom, tack and un-tack a horse.
- " Student can mount and dismount independently.
- " Student can maintain a posting trot around the ring.
- " Student can maintain a two-point around the ring.
- " Student can trot a circle.

(Level III cont.)

- " Student can explain bending and suppling.
- " Student can demonstrate and explain the process of walking a course.
- " Student can identify basic parts of the horse.
- " Student can identify basic parts of the saddle.
- " Student can put a bridle together.
- " Student will give a mini-talk about the history of the horse.
- " Student can hold a horse for a myotherapy appointment.
- " Student can design a pattern test to ride.
- " Student has helped out at the barn on a Sunday, holiday, day off or day during the summer.

Level IV

- " Student can post trot without stirrups.
- " Student can maintain two-point at the trot around the ring.
- " Student can make a figure-eight at the trot.
- " Student can canter around the ring.
- " Student can maintain two-point at the canter.
- " Student can jump a small cross-rail at the trot and at the canter.
- " Student has held a horse for a chiropractic appointment.
- " Student can demonstrate braiding the mane.
- " Student can set up and trot over a course of cavallettis.
- " Student can give a mini-talk about the history of riding.
- " Student can explain and demonstrate night check.

Level V

- " Student can demonstrate leg yielding, turn on the haunches, turn on the forehand, shoulders-in, and haunches-in at the trot.
- " Student can perform a serpentine at the trot.
- " Student can trot and canter a small course of 2'6" fences.
- " Student can demonstrate the care of a horse for the day.
- " Student can explain different lameness problems of the horse.
- " Student can identify skeletal system of the horse.
- " Student can demonstrate lunging.
- " Student can demonstrate mane pulling.
- " Student has given a mini-clinic to less advanced students on the topic of their choice.
- " Student can properly fit a saddle and bridle to the horse of their choice.
- " Student can demonstrate administering an injection.
- " Student can demonstrate and explain worming.
- " Student has tried trotting up a hill.
- " Student can help load a horse on a trailer.

Level VI

- " Student can canter a figure of eight with flying lead changes.
- " Student can canter a serpentine with flying lead changes.
- " Student can canter a course of fences greater than 3'.
- " Student can demonstrate proper first-aid care for the horse.

(Level VI cont.)

" Student can explain inoculations, worming, and common medications used with the horse.

" Student can identify the muscular system of the horse.

Student can create a jumping course with proper striding.

" Student can design a level appropriate dressage test.

" Student can demonstrate long lining.

" Student can teach a lesson to a riding partner, an instructor, or another riding student

Helpful Tips & Reminders

- All students must have an ASTM approved helmet, shoes, or boots with a low heel, cotton pants and riding gloves.
- Students working on a Level III or above are expected to come to lessons in britches or riding tights, a tucked in shirt, and a hairnet if necessary.
- All students are expected to come dressed neatly in riding appropriate attire with hair tied back if necessary. For our students safety, no dangling earrings, bare mid-drifts, platform shoes, or bare ankles.
- Arrive on-time and well rested for your lesson. Please avoid post exciting night lessons. (Please no post prom, post gala, post date, post exam... lessons.) Tired, sick, and emotionally upset riders have injuries!
- We ride all over the property. For safety, if the student is under 10 years of age, the guardian must stay with the student until the start of the lesson. Please do not leave a junior rider until you have located an instructor.
- All students may arrive 15 minutes early to get their tack out. ONLY students at a Level III, who have been invited by their instructor may get their horses out 15 minutes prior to the lesson. Lesson horses are NOT to be taken out more than 15 over. Bored horses do silly things! Think Safe!
- Please bring treats to your school horse! Our horses enjoy: carrots, apples, sugar cubes, horse treats, ginger snaps, mints and other hard candy. Our horses LOVE these treats but...ALWAYS ask permission before you feed any horse! Some horses have specific dietary needs and the wrong snack can be fatal.
- Please remember that Wildflowers the floral shop, is our tenant, please respect their privacy as they respect ours.
- Go Green! Please throw out all garbage, put recycling in recycling bins, turn-out lights behind you, and DON'T let the hose run! We have an extra row of lights in the center of the indoor for upper level jumping lessons to avoid shadows, only the outside 2 rows of lights need to be turned on in the indoor arena for lessons under 2'6".
- For the safety of our students, visitors are asked not to distract riders. Please refrain from talking to mounted students during a lesson and talking on the cell phone ringside. Please feel free to take phone calls in the viewing room.
- Please be sure guests are quiet, under supervision and safe at all times. Unruly children, spouses, friends and pets will be asked to leave immediately.
- For everyone's safety and to stay punctual, if you need to meet with your instructor, please set up a time to discuss your concerns in a quiet undisturbed setting.
- Don't forget you can get discounts of 5%, 10%, and 15% for buying lessons in advance.
- For everyone's safety, absolutely NO speeding in our driveway!!! Please watch for students and horses crossing in the driveway.
- Please park in designated areas only. Please do not summon students to the car with your horn. Loud noises frighten horses.