A simple demonstration of a query :

***~~Document Title (Level 0)~~***

A normal paragraph.

A paragraph offset by at least one space becomes a literal paragraph.  
 All lines in a literal paragraph must be adjacent.

A literal paragraph is displayed as preformatted text.  
 The text is shown in a fixed-width font.  
 Spaces and newlines,  
 like the ones in this sentence,  
 are preserved.

Another normal paragraph.

***~~Level 1 Section Title~~***

bold ***~~constrained~~*** & ***~~un~~***constrained

italic ***~~constrained~~*** & ***~~un~~***constrained

bold italic ***~~constrained~~*** & ***~~un~~***constrained

monospace constrained & unconstrained

monospace bold ***~~constrained~~*** & ***~~un~~***constrained

monospace italic ***~~constrained~~*** & ***~~un~~***constrained

monospace bold italic ***~~constrained~~*** & ***~~un~~***constrained

***~~Level 2 Section Title~~***

1. Step 1
2. Step 2
3. Step 3
4. Step 1
5. Step 2
   1. Step 2a
   2. Step 2b
6. Step 3
7. level 1
   1. level 2
      1. level 3
         1. level 4
            1. level 5
8. level 1

End of demonstration.