

医生 我最近晚上一直睡不好觉 我感觉我的丈夫不再爱我了

Doctor, I can't sleep well these days. I feel that my husband doesn't love me anymore.

That must be a very distressing thought, what make you think he doesn't love you anymore

Is he abusing you in any way physically?

那一定是一个非常令人苦恼的想法，是什么让你认为他不再爱你了，他是不是以某种方式虐待你？

不 他没有打我 只是他最近对我的态度变了好多 他几乎不跟我说话了 也不到厨房来帮忙 这些事情对你来说可能微不足道 但却对我伤害很深

No, he didn't abuse me. It's just that his attitude has changed a lot recently. He barely talks to me, and doesn't come to the kitchen to help. These things may not be a big deal to you but did hurt me deeply.

I believe you, I see so many women in distress all the time, some, like yourself tell me sometimes they are upset by the little things that their partners do. I need to show you that your case is not unique however, you mustn't give up.

我相信你，我见过很多女性一直处于痛苦中，有些人就像你一样，告诉我他们有时会被他们的伴侣做的小事弄得心烦。我想告诉你，你的情况不是唯一的，但你不能放弃。

我不知道我还能不能忍下去 举个例子 我丈夫在我每一次生日的时候 都会送一大束玫瑰 有时候还有礼物 今年 他完全忘记了 什么也没有 连生日快乐都没说

I don't know if I can bear with him. For example, every year on my birthday, my husband gives me a bouquet of roses. Sometimes have present as well. This year, he completely forgot it. He gave me nothing, not even a word.

Don't worry, this could simply be a oversight on his part, or he might happen to worry about something else, his works perhaps or financial trouble, btw how is your financial situation? Have you had any financial worries lately?

不要担心，这可能只是问题的侧面写照，或者他可能碰巧有什么烦心事，像是工作或财务问题？顺便一提，你们的财务状况如何？你最近有任何财务上的担忧吗？

没有 他十年来 都为同一家公司工作 很稳定的 他对工作也很满意 我怎么才能确定 不是我们之间出了问题呢

No, he has worked for the same company for ten years. Very stable. He is very satisfied with his work. How can I make sure that if there is anything wrong between us?

Why don't you ask him about his work? Be honest with him, tell him how you feel and offer to help if he has any worries

你为什么不问他的工作呢？对他坦白，告诉他你的感受并且告诉他你愿意为他分忧

我觉得这值得一试 我最近满脑子都是他不爱我了这个想法 所以也没想到这个

I think it's worth a try. Recently, all I thought was he didn't love me. So I didn't think of it.

Well, go home and give it a try and please let me know how things go

好吧，回家试一试，请让我知道事情的进展情况