A brief explanation of the data fields

Date: The trading day (market date) for that row.

Open: The price when the market opened that day.

High: The highest price reached during that day.

Low: The lowest price reached during that day.

Close: The price when the market closed that day (raw, not adjusted).

Adj Close: The closing price **adjusted** for events like stock splits and dividends (this is the safest column to use for analysis over long periods).

Volume: How many shares/units were traded that day (trading activity).