

A decorative graphic in the top-left corner consisting of two overlapping parallelograms: a blue one in the foreground and a light green one behind it. The background is a dark navy blue with faint, lighter blue diagonal stripes.

Group 3 Dragon



Group Members

Kelven

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Group Topic & Chosen Opportunity Statement

Group Topic:

Education



Chosen Opportunity Statement:

How might we design programmes or activities that can help Secondary School students and teachers bond and communicate better to make learning more effective and healthier?



PAL: Pain

Remember your first day of secondary school?



How did you feel? Awkward? Nervous?



Were you able to eat breakfast before school?



How early did you have to wake up?



PAL: Antidote

Morning Breakfast Programme (MBP)

- Secondary 1 and 3 classes only
- Every Monday, 8am - 9am, fortnightly
- Bread with spreads (Nutella, jam, peanut butter, kaya, etc.)
- Students are split into randomised groups



PAL: Antidote

- Teachers can rotate among groups to eat with the students, chat casually, and check up on them if the students are having trouble
- Students can complete short activities and play with each
- On days with events, the class can have a grander breakfast. Students can choose what have for a better breakfast, which requires a “top-up” fee from themselves.





PAL: Luminate

- Helpful for students who do not have time for breakfast.
- A 1 hour duration will help the programme be less rushed.
- The programme can be flexible.
- Helps foster trust and build a stronger relationship between the students and teachers.
- Pay more attention in class



PAL: Luminate

How will bonding with classmates and teachers over MBP help you?

- The MBP can help with:
 - That awkward silence when teachers ask questions
 - Shyness when asking friends and teachers for help
 - Interaction with other classmates you don't usually talk to



Summary

- The MBP can help you bond with your friends and teachers
- Feel less shy to ask for help
- Less stress
- More participative during class
- Understand learning materials



Q&A