Chicken Arroz Caldo (Chicken Rice Porridge)



Ingredients

- 2 tablespoons olive oil
- 1 onion, diced
- 2 cloves garlic, crushed
- 1 (2 inch) piece fresh ginger, peeled and thinly sliced
- 2 1/4 pounds chicken wings, split and tips discarded
- 1 tablespoon fish sauce (Optional)
- 5 ½ cups chicken broth
- 1 cup glutinous sweet rice
- salt and pepper to taste
- 1 green onion, chopped
- 1 lemon, sliced (Optional)
- 1 teaspoon fish sauce for sprinkling, if desired (Optional)

Directions

- 1. Heat oil in a large pot over medium heat. Cook and stir onion, garlic, and ginger in hot oil until fragrant, about 5 minutes.
- 2. Add chicken wings; cook and stir for 1 minute. Stir in fish sauce, cover, and cook another 2 minutes.
- 3. Pour chicken broth into the pot. Stir in sweet rice and bring mixture to a boil. Cover and cook for 10 minutes, stirring occasionally to prevent rice from sticking to the bottom of the pot.
- 4. Season with salt and pepper.
- 5. Portion soup into bowls and garnish with green onion.