Student's Assessment Number.....

THE UNITED REPUBLIC OF TANZANIA

NATIONAL EXAMINATIONS COUNCIL OF TANZANIA

FORM TWO NATIONAL ASSESSMENT

HOME ECONOMICS

Time: 2:30 Hours Year: 2023

Instructions

- 1. This paper consists of sections A, B and C with a total of ten (10) questions.
- 2. Answer all questions.

050

- 3. Section A and C carry fifteen (15) marks each, section B carries seventy (70) marks.
- 4. Cellular phones and any unathorized materials are **not** allowed in the assessmenmt room.
- 5. Write your **Assessment Number** at the top right hand corner of every page.

FOR AS	SESSOR'S	USE ONLY
QUESTION NUMBER	SCORE	ASSESSOR'S INITIALS
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
TOTAL		
CHECKER'S INIT	IALS	



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SECTION A (15 MARKS)
Answer all questions in this section
1. Choose the correct answer from the given alternatives and write its letter in the box
provided.
i) You are asked to talk to the youths on good manners. Which set of practices
would you recommend them to observe?
A. Greeting elders, helpingadults and hooliganism.
B. Greeting elders, alcoholism, and thankful.
C. Greeting elders, helping adults and beinghonest.
D. Greeting elders, thankful and drug abuse.
ii) Dieticians encourage people to have adequate dietary fibres in their meals. Why
is this recommended?
A. They aid in digestion and prevent constipation.
B. They build up the body and repair worn out tissue.
C. They insulate the body and give body energy.
D. They strenghthen immunity and protect the body.
iii) During sewing a tailor discovered that the loops were formed on the right side
of the stitching. How would you correct the problem?
A. By tightening tension screw.
B. By re-threading correctly.
C. By loosening tension screw.

D. By tighening needle screw.

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iv) You are asked to adress the school assembly on daily cleaning tasks.	How
is this task performed?	
A. It involves thorough cleaning of furniture.	
B. It covers the process of sweeping and moping.	
C. It includes painting of walls and ceilings.	
D. It involves the cleaning of doors and windows.	
v) There was an arqument during group discussion in the class that "saute	eing"
is process of cooking food. Which statments justifies the given arqument	nt?
A. Cooking by using little fat to cover the bottom of the pan.	
B. Cooking food by immersing completely in hot fat.	
C. Cooking in a little hot fat in a covered pan on top of the cooker	•
D. Cooking in an oven by heat radiant from a hot metal lining.	
vi) You have been given the task to prepare a first aid kit for the h	iome
Economics department. Which sign would you put on it for its	easy
identification?	
A. A red cross mark on the box.	
B. Pictures of items in the box.	
C. A cross mark on both sides.	
D. Names of items in the box.	
vii) Which type of inorganic refuse if not well disposed can be eater	n by
domestic animals and cause suffocation and death?	
A. Trimmed trees	
B. Pruned grasses	
C. Empty bottles	

D. Plastic bags

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viii) You visited your friends tailoring school and were asked for	advice on
the rirht types of stitches to be embroidered on the part labelle	d A.What
type of stitches would you recommend?	
A	
A. Cross and stem stitches	
B. Chain and stem stitches	
C. Stem and french knot	
D. Chain and satin stitches	
ix) Your grandmother asked you to repair the torn blanket. Which	h type of
mending would you use to repair it?	
A. Flannel patch	
B. Cotton patch	
C. Applique patch	
D. Printed patch	
x) The nutrition for expectant mother is important for the growth of	the foetus
in the womb. Which part provides nutrients to the foetus in the wo	omb?
A. Uterus	
B. Placenta	
C. Umbilical cord	
D. Amniotic sac	

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2. Match the electrical parameters in List A with their corresponding components in List B by writting the letter correct response beside the number in the table provided.

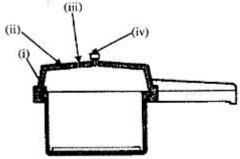
LIST A	LIST B
i) Long handled broom used for cleaning the	A. sweeper
ceiling and the wall.	B. Cobweb brush
ii) Mid ribs of palm of coconut leaves used for	C. Hand broom
sweeping all types of floor.	D. Mop bucket
iii) A type of cleaning equipment used to remove	E. Mops
loose dirt from carpetand rugs	F. Vacuum presurer
iv) The equipment used to squeeze and reduce the	G. Squazer
amount of water from wet mops	H. Vacuum cleaner
v) Pieces of cotton material used for removal of	
surface dirty or rubbing polished floor	

List A	(i)	(ii)	(iii)	(iv)	(v)
List B					

SECTION B (70 MARKS)

Answer all questions from this section

- 3. In your family kitchen there is a pressure cooker, your mother is worried to use it because of explosion experience. Advise her on how to use it properly by:
 - (a) Labelling the parts of the given diagram of pressure cooker.



	(i)	
	(ii)	
	(iii)	
	(iv)	
(b) Explai	ning the	function of each part labelled in part (a).
	(i)	
	(ii)	
	(iii)	
	(iv)	
(c) Outlin	ing six st	eps for using it properly.
	(i)	
	(ii)	
	(iii)	
	(iv)	
	(v)	
	(vi)	

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4.	While in the forest at	tending a scout training camp, your leader picked passion fruit
	from a plant and gave	it to you with a bottle of water to prepare juice
	(a) Briefly descri	be how you would prepare the juice (give four points)
	(i)	
	(ii)	
	(iii)	
	(iv)	
	(b) Suggest six ki	tchen equipment and for each show how it is used in preparing
	the same kind	of juice at home
	(i)	
	(ii)	
	(iii)	
	(iv)	
	(v)	
	(vi)	
5.	Teenage pregnancies	should be discourage in order to improve the health of
	adolescent girls. Supp	ort this statment by:
	(a) expaining the	pregnancy risks of teenage girls.(Give four points).
	(i)	
	(ii)	
	(iii)	
	(iv)	

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7.	You are invited at neary school to assist the sewing begginners" class on hand
	stitching. Assist them by:
	(a) Briefly describing two types of temporary stitches used to transfer pattern
	marking to the fabric.
	(i)
	(ii)
	(b) Describing three groups of permanent hand stitches. Provide one types of
	stitches in each group.
	(i)
	(ii)
	(iii)
8.	Your sister has a tailoring business and has employed you as businessmanager. While
	working, you have noticed that most of the tailors do not have adequate knoeledge
	about small sewing equipment. Assist them by:
	(a) Describe the features of the given equipment and provide their function
	(i) Ripper
	(ii) Tracing wheel
	(iii) Pinking shear

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	(iv) A sewing gauge
	(b) Expaining the difference between the cutting shesrs and trimming scissor.
	(c) Suggesting features for the best cutting shear to be used for cutting fabric.
	(Provide two points with reasons).
	(i)
	(ii)
9.	Your mother complained about the new houseboy who had inssuficient knowledge of
	laundering clothes, hence spoiled the quality of clothes. She requested assisstance
	from you to instruct him on the ways of maintaining the quality of clothes during
	laundering.
	(a) Suggest the appropriate preliminary procedure to be done before the
	washing process (provide four procedures).
	(i)
	(ii)
	(iii)
	(iv)

Drawing	Meaning
(i)	
(ii)	
(11)	
(iii)	
(iv)	

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(b) Draw four care labels recommended for the drying procedure and give the

meaning.

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SECTION C (1	5 MARKS)

Answer all questions from this section

10.	Some of nutrients present in food are destroyed due to exposure to certain
factors	during food preparation and cooking. Analyse four factors and ways of
mainta	ining food nutrients.
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