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Timothy spends most of his time on social media. His goal is to have the highest percent of athletes recruited to college level teams.



Since Timothy spends most of his time with his team, he rarely has time to take care of himself physically. Timothy thinks the next best thing for him is to take care of his health by eating better.



Timothy eats out a lot, at fast food chains that aren't healthy to him. Since he is always busy he has noticed the food is starting to weigh him down.



Timothy starts his journey by working out early in the mornings and setting daily health goals for himself. One is to find nutritional value in our keto options after his day is complete.



Lucky for Timothy, our keto options are food prep so he can grab and go. He has now found a way to balance his health and career.



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John begins his week by meal prepping to fit his low carb diet.

This takes several hours and takes away from his free time at home.



The next day he heads to the gym as always and begins to lift.

As his day goes on and he continues to train his clients he seems distracted and unfocused at the task at hand.



He finally says enough is enough and decides to stop what he was doing and leaves.

On his way out he began to think of ways of how he can make his life easier and be able to maintain his diet and social life.



Recipes
Forums
Restaurants near you

Dine In
Dine out
Fast Food

He starts his intensive search for a solution. All of a sudden he stumbles upon our app. He downloads it and he seemed like a massive weight had been taken off his shoulders.

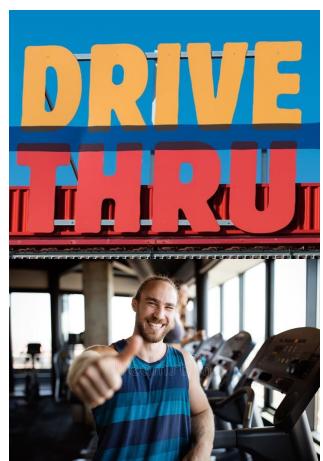
He feels like he has found a community to support him and help him find fast food, people who share the same goals and problems and also make new friends.



It is the next week and it's time for John to meal prep again and he's dreading it.

Then he remembers he has our app and relief comes over his body. Instead of prepping for every meal of the week he now only does 6 meals at home.

With our app he was able to cut his prep time by several hours while also providing several fast food options and a community to help share new restaurants and recipes to try.



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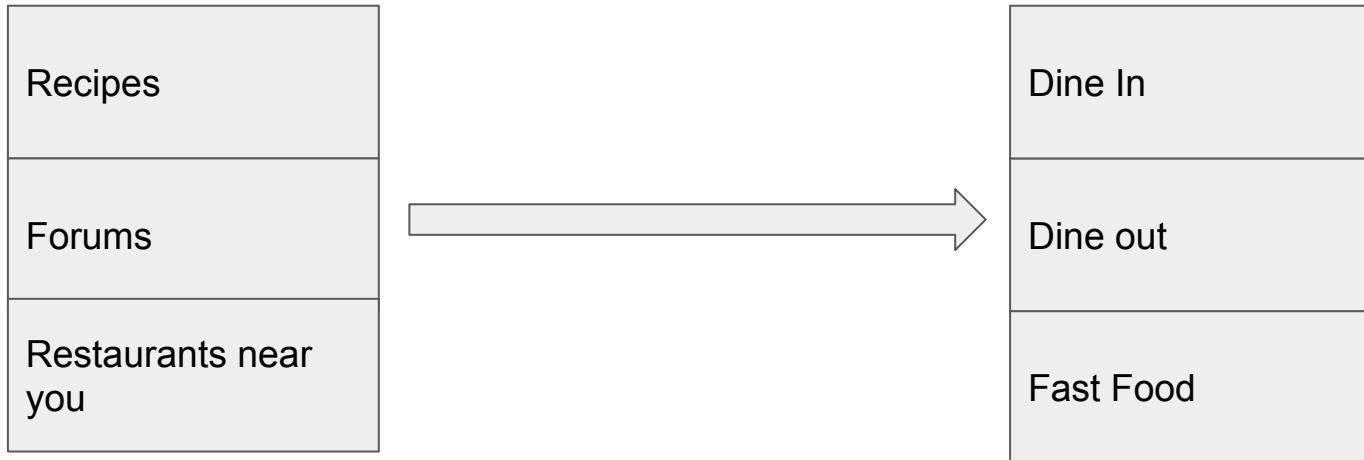
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At his doctors visit, Michael learns that he is pre-diabetic. His doctor tells him with the proper diet he can overcome this and his insulation production can return to normal.

His doctor recommends a ketogenic diet.

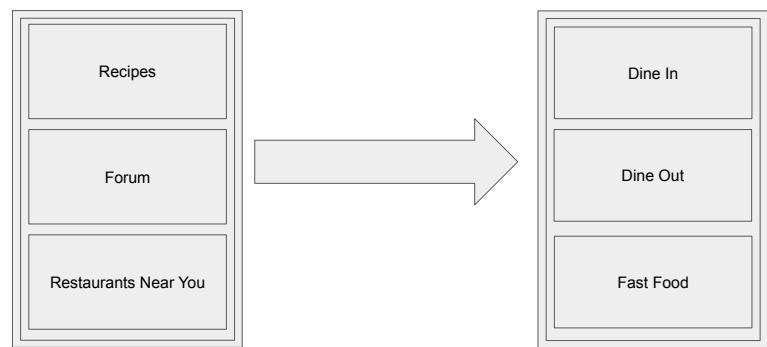


The following day at work Michael couldn't think of anything but his family...



He was so concerned he broke protocol and spend a lot of time on his phone researching keto diets.

His research brought him to our product.



After his day at the office, Michael decided to use the app and check out dine out restaurants near him to surprise his family.



Michael found a local drive through via the app and then bought keto-genic food for the whole family.



When Michael came home, his whole family was surprised and happy that he was taking his doctor's recommendations seriously.

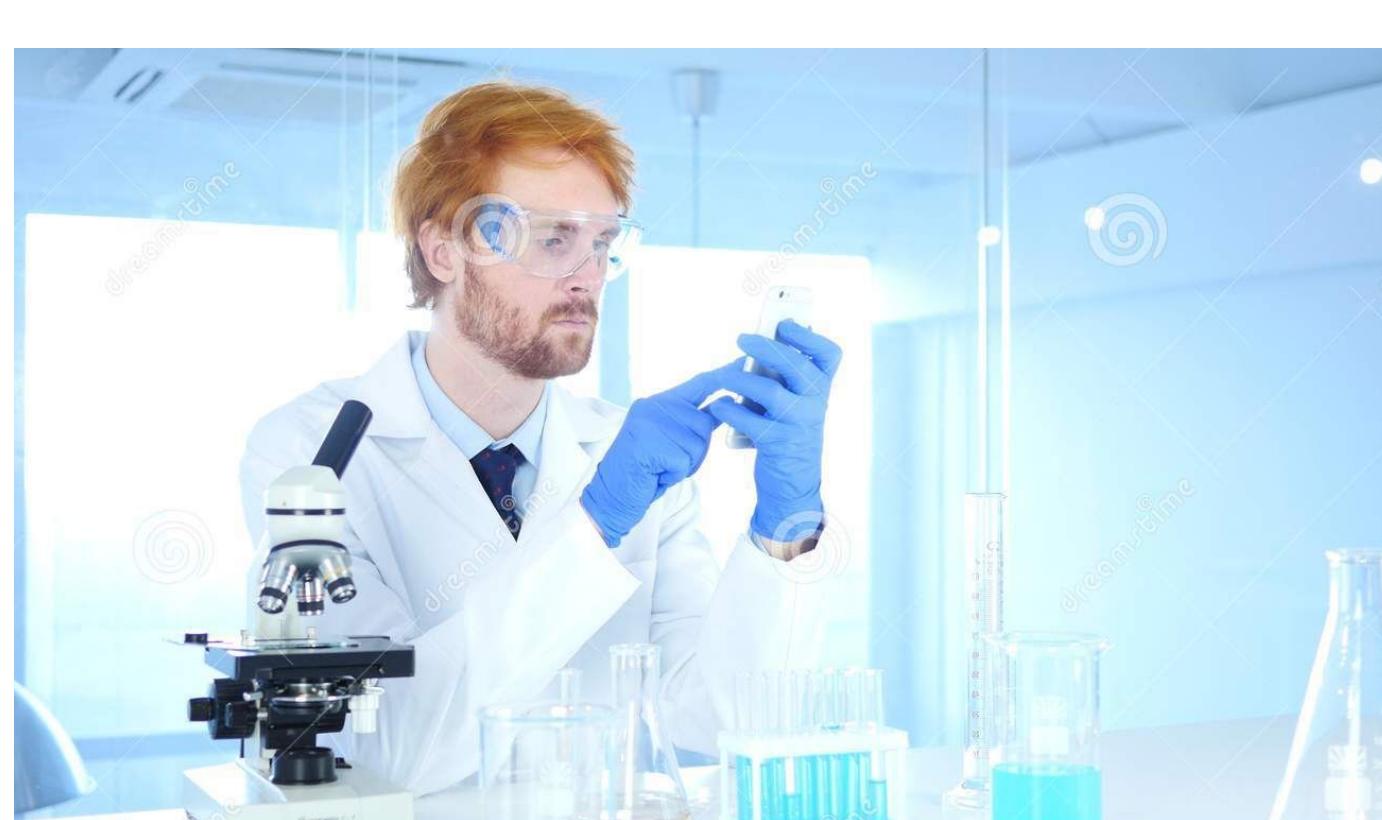


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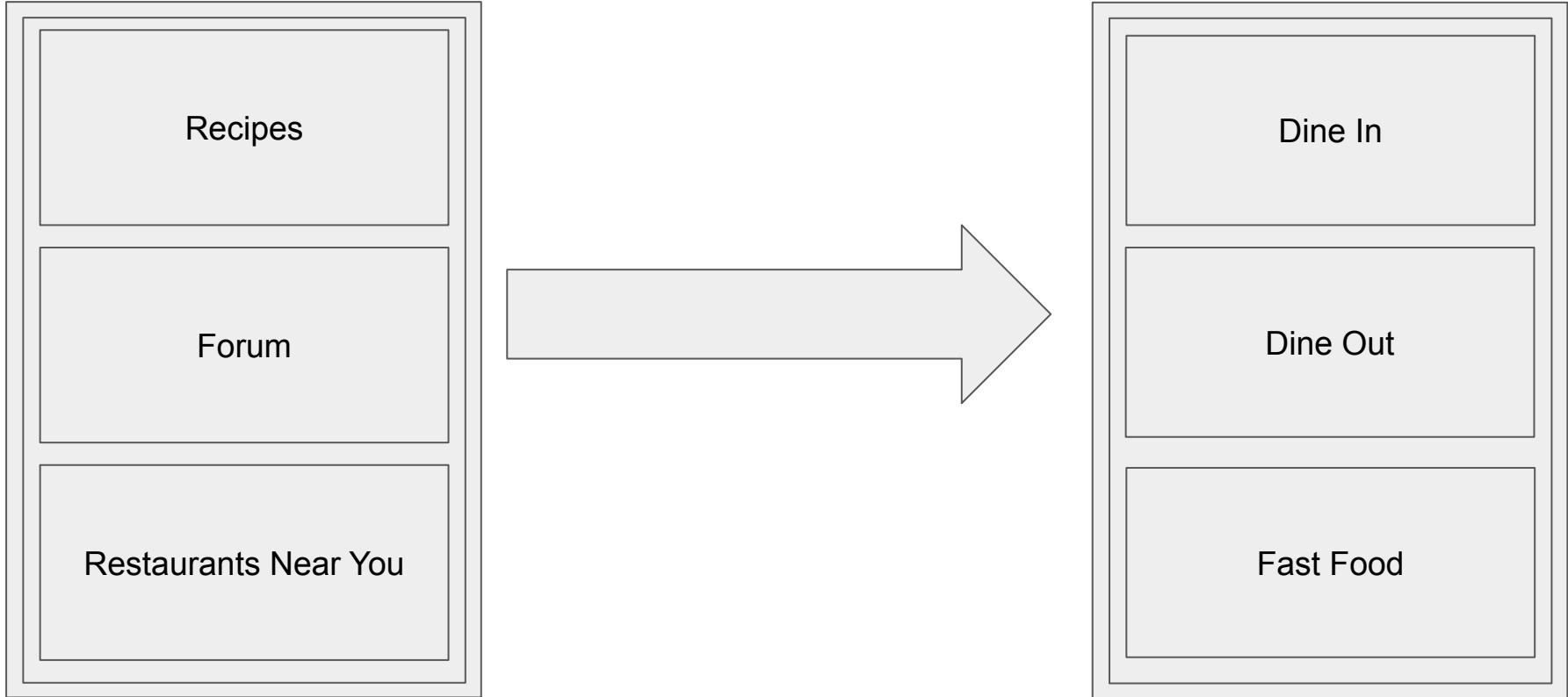


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When Jenefer wakes up in the morning, she is always uncertain of when she will be able to have her next meal.

She spends her mornings jogging with her girlfriends, afternoon taking her kids to soccer practice, and her hubby comes home right after their practice.

She doesn't have any free time with her busy schedule to look for healthy keto food options.



When Jennifer brought up this problem to one of her girlfriends they showed her an app that located keto-friendly fast food, restaurant, and even food prep options.

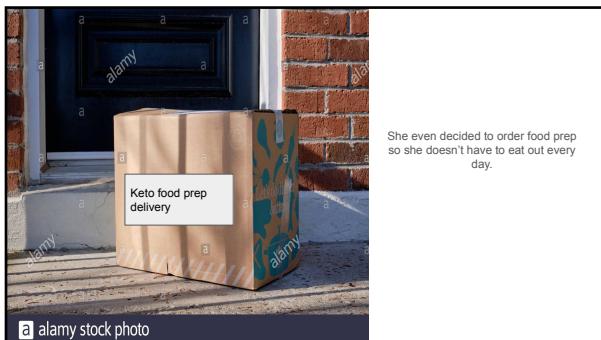


Jennifer was shocked when she opened up the app for the first time. She felt stupid for not finding this app sooner.

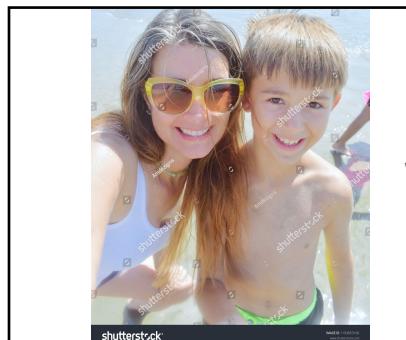
It had forums, delivery options, and even quick recipes for her fast-paced lifestyle.



She was surprised about all the fast food keto options that were just a few minutes from her house and decided to grab a quick meal for herself.



She even decided to order food prep so she doesn't have to eat out every day.



Now Jennifer can be happy with how she eats, and not worry about when she will be able to have her next meal.



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Keto food prep  
delivery

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IMAGE ID: 1193853166  
www.shutterstock.com

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