

Combination Code	Justification / Associated Theme	Solution
N2, N3, P3, D4, C5, K6, D7, K7	<p>Users feel more immersed in a natural environment rather than a technological one</p> <p>The purpose is to provide an ‘escape’ from technology and humanity into nature</p>	<ul style="list-style-type: none"> • Hollow tree trunk entrance shape with a wooden panel as a door covering • Filtering light from the window modeled after a forest canopy • Incorporate speakers that provide natural soundscapes such as flowing water, rustling leaves, and birdsongs • Provide print outs like the “worry jar” activity • Have different cabinets storing non-digital wellness resources (i.e. books) that can be accessed by anyone • Provide a projector that plays live streams of animals in nature • Provide a hammock to lie in • Provide pods or personal spaces in the room similar to cocoons that can be used for meditation, napping, and relaxation
B2, G2, D3, E3, E4, E5, G5, E6, G7	<p>Users are encouraged to socialize and interact with other individuals and professionals</p> <p>The purpose is to allow users to communicate their issues or relieve stress through social events and activities</p>	<ul style="list-style-type: none"> • Separate Room: Install a door (typical with doorknob) between the study space and wellness room that can only be accessed through a Wellness Coordinator’s Key • The part of the room soundproof and for event space is separated from the communal space by a wall that can slide to increase the capacity of the event space • Numerous lamps and small lights around room, instead of one big ceiling light • Jukebox that plays selected relaxing noise • Have a phone available at all times that can reach all 4 tiers of Wellness Coordinators through text messages and voice calls • Install a bulletin board that allows students to leave positive notes for others after their visit. • Provide a method of communication between room users and Chestnut staff, like a feedback form, to recommend other wellness activities and any other feedback • Provide trivia games • Provide Yoga Mat
H2, G3, K3, B4, B5, B6, B7, C7	<p>Users are offered a safe haven for privacy and relaxation</p> <p>The purpose is to allow users to self-reflect, meditate, or engage in private activities, isolated from the outside world</p>	<ul style="list-style-type: none"> • The room has a lot of space for people to move furniture around (like beds and beanbag chairs) to sleep and lounge in, except for a coloured path on the floor that people cannot lounge in to allow a walkable passage between the entrances • Provide noise-canceling headphones • Provide curtains which blocks 99% sun lights, offering people to sleep or meditation • Have a corner with iPads/Tablets installed (fixed), where the only features accessible are wellness resources • Have audiobooks installed on Kindles, which can be listened to through provided headphones or speakers • Embed a small corner of space with monitors installed that provide wellness resources

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		<ul style="list-style-type: none"> • Provide a heated or weighted blanket • Provide an isolated corner to relax in, so one person can be surrounded by wall
N2, E3, N3, C4, B5, C5, G6, H6, I7, L7	<p>Users are able to engage in activities that they likely did when they were younger</p> <p>The purpose is to give users a nostalgic feel upon entering the room, as the room serves as a passage or escape to the past</p>	<ul style="list-style-type: none"> • Hollow tree trunk entrance shape with a wooden panel as a door covering • Jukebox that plays selected relaxing noise • Filtering light from the window modeled after a forest canopy • Shelf of books (fiction) • Have audiobooks installed on Kindles, which can be listened to through provided headphones or speakers • Have different cabinets storing non-digital wellness resources (i.e. books) that can be accessed by anyone • Provide a kinetic sand bucket, or play-doh, or some other modeling clay • Provide stress ball accessories that people can take with them • Ball swimming pool like in the trampoline arcades • Have mattresses (like high school gyms) installed on walls that can be taken down anytime for students to have an extra place to rest on
F2, H2, B3, G3, C4, C5, I5, B7, K7,	Most of the space is dedicated to an open reading lounge to encourage a space to read mental health resources. A 1-on-1 office room is alternatively provided.	<ul style="list-style-type: none"> • Existing wellness room and most of the study room's walls are removed so that it is an open lounge • Majority of the floor is painted a colour except for one path leading to the only room in the space • Painted space is full of beanbags, cushions and normal, heated and weighted blankets that can be moved around • There are also bookshelves and coffee tables with wellness and fictional books, and magazines on the coffee tables • Path leads to a 3-person max capacity soundproof office room with a table and 2 chairs • Office room has empty shelves for staff to put what they want on it
G2, D3, O3, B4, C4, C5, E6, G6,	Primarily ensure that the room is flexible to be used as an event space in addition to office and drop-in, providing many activities	<ul style="list-style-type: none"> • Made into 1 entire soundproof room with two sliding walls that separate the room in 3 parts. Either or neither wall can be pulled close to section the room into two rooms • Drop-in third: contains kinetic sand, metal puzzles, paper shredders • Middle section: contains bookshelves, pamphlets and iPad • Office third: contains table and chairs with indoor fountain • Many lights in all three sections
D3, E3, F3, K3, P3, C5,	Room is split into four cubicles to allow more	<ul style="list-style-type: none"> • Entire space is split into four soundproof rooms, two of them facing outside windows, and are provided individual black curtains

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C6, G6, B7, C7, K7	individual control of what the room is used for	<ul style="list-style-type: none"> Each room has coloured lighting they can individually change, aroma oil smell, speaker system, and projector Each is AI door locked Rooms have trivia games, kinetic sand, metal puzzles, and mental health books Two rooms have beanbag chairs, cushion and heated blankets and the other two have an office chair and desk
N2 N3 C4 E5 I6 J6 C7 D7 F7	Biomimic...	<ul style="list-style-type: none"> Hollow tree trunk entrance shape with a wooden panel as a door covering Filtering light from the window modeled after a forest canopy Shelf of books (fiction) Install a bulletin board that allows students to leave positive notes for others after their visit. Provide visual and sensory information such as smell and the touch Provide a researched guide with instructions to breathing exercises Provide an isolated corner to relax in, so one person can be surrounded by wall Provide a hammock to lie in Add soundproofing ideas
G2, G3, G4, H5, M6	This design focuses on the management of noise and sound . It emphasizes soundproofing and creates wellness through relaxation music . The design could also be used only by voice	<ul style="list-style-type: none"> The part of the room soundproof and for event space is separated from the communal space by a wall that can slide to increase the capacity of the event space Provide noise-canceling headphones Vocal assistant that can add events that are dictated by the wellness coordinator Provide a recorder for people to record their sound/words, provide voice-mutation function Provide instruments such as keyboards
J2, B3, C4, B5, C6, K7	Isolated library	<ul style="list-style-type: none"> Two Separate Wellness Rooms: keep the current opaque wall, and people cannot traverse the wall Provide adjustable human centric lighting that can only be controlled by Wellness Coordinators. Lighting can be adjusted based on “season” Shelf of fictional books Have audiobooks installed on Kindles, which can be listened to through provided headphones or speakers Induce wellness through aroma oils (while bearing in mind allergies) like olive, jojoba, and coconut oil Provide pods or personal spaces in the room similar to cocoons

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