

Unit 1

1	designate 指明	to say officially that somebody/something has a particular character or purpose 正式地说某人/某事有特定目的的话
2	heritage 遗产	the history, traditions and qualities that a country or society has had for many years and that are considered an important part of its character 一个国家或社会多年以来的历史，传统和品质，被认为是其特征的重要组成部分
3	in recognition of 表彰	in the way of showing official appreciation of (somebody's achievements) 官方对（某人的成就）表示赞赏的方式
4	grandeur 宏伟	the quality of being great and impressive in appearance 伟大和令人印象深刻的
5	awe-inspiring 令人敬畏的	impressive; making you feel respect and admiration 令人印象深刻；使你感到尊敬和钦佩
6	bucket list 遗愿清单	a list of the things that a person would like to do or achieve before they die 一个人在死前想做或完成的事情的清单
7	unparalleled 无比的	(formal) without equal; better or worse than any other (正式) 无法相比较的；比其他任何人更好或更差的
8	make the cut 达标	to reach the required standard 达到要求的标准
9	prestigious 受尊敬的	(of something) respected and admired as very important or of very high quality (某事) 非常重要或者非常高的品质而受到尊敬和钦佩
10	archipelago 群岛	a group of islands and the sea surrounding them 一群岛屿及其被海洋包围
11	nature lover 热爱自然的人	someone who likes plants, birds and other natural phenomena 喜欢植物、鸟类和其他自然现象的人
12	multifarious 多方面的	of many different kinds; having great variety 种类繁多的；具有较大的多样性
13	melting pot 大熔炉	a place where many different people and ideas exist together, often mixing and producing something new 一个许多不同的人 and 思想共存的地方，经常混合并产生新的东西
14	bewildering 让人困惑的	making you feel confused because there are too many things to choose from or because something is difficult to understand 让你感到困惑，因为有太多的事情可以选择，或是因为有些事情很难理解
15	flora and fauna 动植物	plants and animals 植物和动物
16	lifespan 寿命	the length of time that something is likely to live, continue or function 某物可能存在、继续或运行的时间长度
17	whopping 庞大的	(informal) very large (非正式) 非常大
18	flock to 成群结队地走向	to go or gather together somewhere in large numbers 聚集大量去某地或聚集在一起
19	distraught 心神错乱的	extremely upset and anxious so that you cannot think clearly 极度的不安和焦虑以至于你不能清晰地思考
20	magnificent 壮丽的	very good, beautiful, or deserving to be admired 非常好，漂亮或值得赞赏
21	groundbreaking	making new discoveries; using new methods

	突破性的	取得新发现； 使用新方法
22	stand out 突出	to be very noticeable 非常引人注目
23	feature 占重要地位	to include someone or something as an important part 将某人或某物作为重要部分
24	an array of... 一群	a group or collection of things or people, often one that is large or impressive 一组或一群事物或人，通常是大的或令人印象深刻的
25	sophisticated 精密的	clever and complicated in the way that it works or is presented 在工作或呈现的方式上聪明而复杂的
26	dedicate to 宣告	when a building, especially a religious building, is dedicated, there is a ceremony at which it is formally opened for use and its particular purpose is stated 当一座建筑，特别是一座宗教建筑被奉献时，会有一个正式开放使用并说明其特殊用途的仪式
27	renowned (as/for...) 享有声誉的	famous and respected 著名的，受人尊敬的
28	jet lag 飞行时差反应	the feeling of being tired and slightly confused after a long plane journey, especially when there is a big difference in the time at the place you leave and that at the place you arrive in 长途飞机旅行后感到疲倦和有点困惑的感觉，特别是当你离开的地方和你到达的地方的时间有很大的差别时
29	see (sb.) off 送行	to go to a station, an airport, etc. to say goodbye to somebody who is starting a journey 去车站、机场等与即将开始旅行的人道别
30	soak (sth.) up 享受	to enjoy a place by watching it or becoming involved in it 通过观看或参与其中来享受一个地方

Unit 2

1	slacker 偷懒的人	a person who is lazy and avoids work 一个懒惰和逃避工作的人
2	activism 行动主义	the activity of working to achieve political or social change, especially as a member of an organization with particular aims 为实现政治或社会变革而努力的行动，尤指作为一个有特定目标的组织的成员
3	engage in sth. 参加某事	to take part in something 参加某事
4	petition 请愿书	a written document signed by a large number of people that asks somebody in a position of authority to do or change something 由许多人签署的书面文件，要求有权力的人做或改变某事
5	genuine 真的	real: exactly what it appears to be; not artificial 真实的：完全是它看起来的样子；不是人造的
6	sufficient 足够的	enough for a particular purpose; as much as you need 对于一个特定的目的来说足够了；足够
7	refugee 难民	a person who has been forced to leave their country or home because there is a war or for political, religious or social reasons 因战争或政治、宗教或社会原因被迫离开祖国或家园的人
8	in dire need of sth. 急需某物	in need of something desperately or immediately 迫切地或立即地需要某物
9	starve 饿死	to suffer or die because you do not have enough food to eat; to make somebody suffer or die in this way 因食物不足而受苦或死亡；以这种方式使某人受苦或死亡
10	famine 饥荒	a lack of food during a long period of time in a region 一个地区长期缺乏食物
11	concern for/about sth. 关心某事	a feeling of worry, especially one that is shared by many people 一种忧虑的感觉，尤指许多人都有的感觉
12	vital to/for sth. 对某事至关重要	necessary or essential in order for something to succeed or exist 为了使某物成功或存在所必需的或必要的
13	grave 严重的	(of situations, feelings, etc.) very serious and important; giving you a reason to feel worried (指情况、感情等) 非常严肃和重要的；给你一个感到害怕的理由
14	urge 催促	to advise or try hard to persuade somebody to do something 劝说或尽力说服某人做某事
15	campaign 运动(为社会、商业或政治目的而进行的一系列有计划的活动)	a series of planned activities that are intended to achieve a particular social, commercial or political aim 为达到特定的社会、商业或政治目的而计划的一系列活动
16	attain 得到	to succeed in getting something, usually after a lot of effort 取得成功，通常是经过很多努力后
17	go/become viral 像病毒一样传播开来	used to describe a piece of information, a video, an image, etc. that is sent rapidly over the Internet from one person to another 用来描述通过因特网从一个人快速传送到另一个人的信息、视频、图像等
18	fruitful	producing many useful results

	成果丰硕的	产生许多有用的结果
19	ultimately 最终	in the end; finally 最后; 最后
20	donate 捐赠	to give money, food, clothes, etc. to somebody/something, especially a charity 捐钱给某人/某物, 尤指慈善机构
21	impoverished 不名一文的	very poor; without money 很穷; 没有钱
22	thanks to sb./sth. 感谢某人/某事	(sometimes ironic) used to say that something has happened because of somebody/something (有时具有讽刺意味) 用来说某事是因为某人/某事而发生的
23	tremendously 极大地	to a very great degree 在很大程度上
24	accomplish 完成	to succeed in doing or completing something 成功地做或完成某事
25	competitive 竞争的	used to describe a situation in which people or organizations compete against each other 用于描述人或组织相互竞争的情况
26	be/get drenched 使湿透	(often passive) to make somebody/something completely wet (通常是被动的) 使某人/某物完全湿透
27	opt to do sth. opt for/against sth. 选择做某事	to choose to take or not to take a particular opt for/against course of action 选择采取或不采取某一特定的赞成/反对行动方针
28	the chronically ill 慢性病	people who are ill for a long time with a disease or condition that is difficult to cure or get rid of 长期患有难以治愈或摆脱的疾病或状况的人
29	the malnourished 营养不良者	people who are in bad health because of a lack of food or a lack of the right type of food 因缺乏食物或缺乏适当食物而健康状况不佳的人
30	take precaution(s) against sth. take the precaution of doing sth. 对某事采取预防措施	something that is done in advance in order to prevent problems or to avoid danger 为了防止问题或避免危险而预先做的事情

Unit 3

1	slumber 沉睡	to sleep 睡觉
2	metropolis 大都市	a very large city, often the most important city in a large area or country 非常大的城市，通常是一个大地区或国家中最重要的城市
3	reveal 揭示	to make something known to somebody 使一个人知道某件事
4	skyscraper 摩天大楼	a very tall modern building, usually in a city 一种非常高的现代化建筑，通常在城市中
5	swiftly 迅速地	quickly or immediately 迅速或立即
6	opponent 对手	a person who you try to defeat in a competition, game, fight, or argument 你在比赛，游戏，战斗或争论中试图击败的人
7	enthraling 迷人的	so interesting, beautiful, etc. that it attracts all your attention 如此有趣，美丽等，以至于吸引了你所有的注意力
8	futuristic 未来主义的	extremely modern and unusual in appearance, as if belonging to a future time 非常现代以及有着不寻常的外观，好像属于未来的时代
9	producer 制作人	a person who is in charge of the practical and financial preparation of a play, film, or broadcast, but who does not direct the actors 负责戏剧，电影或广播的落实和财务准备，但不指导演员的人
10	stunt double 特技替身	an actor who takes the place of a more famous actor in a film, especially because the acting involves doing something dangerous 在电影中代替更著名的演员的演员，尤指因为表演涉及到做一些危险的事情
11	expertise 专业知识	special skills or knowledge in a particular subject, that you learn by experience or training 你通过经验或训练学到的特殊技能或知识
12	legendary 传奇的	very famous and admired or spoken about 非常有名、受人钦佩或被人所谈论的
13	drape 悬挂	to hang clothes, materials, etc. loosely on somebody/something 将衣服，布料等宽松地挂在一个人/某物上
14	the big screen 大屏幕（电影院）	the cinema, rather than television 电影院，而不是电视
15	in ruins 废墟	(of a building or city) extremely badly damaged so that most of it has fallen down (建筑物或城市) 严重损坏或者建筑物大部分掉落
16	devastated 心灰意冷	very shocked and upset 非常震惊和沮丧
17	colossal 巨大的	extremely large 非常大
18	fondness for 爱好	pleasure, especially relating to something you have liked or enjoyed for a long time 乐趣，尤其是与您长时间以来喜欢或喜欢的事物有关的乐趣
19	exotic 异国情调的	unusual and exciting because of coming from far away, especially a tropical country 由于来自遥远的地方（特别是热带国家），异常而令人兴奋
20	bizarre	very strange and unusual

	奇怪的	非常奇怪和不寻常
21	master 掌握	to learn how to do something well 学习如何做得好
22	exhilarating 令人兴奋的	very exciting and enjoyable 令人非常兴奋和愉快
23	tedious 乏味的	continuing for a long time and boring 持续很长时间很无聊
24	mediocre 平庸的	not very good; of only average standard 不太好; 只有平均水平
25	hunt sb/sth down 追捕一个人/某物	to search for somebody or something until you find them, especially in order to punish or harm them 寻找某人或某物直到找到它们, 尤其是为了惩罚或伤害他们
26	villain 罪犯	a bad person who harms other people or breaks the law 伤害他人或触犯法律的坏人
27	acclaim 称誉	to praise someone or something publicly 公开称赞某人或某物
28	hot spot 热闹的娱乐场所	a popular place for vacations, entertainment, etc. 度假, 娱乐等的热门场所
29	wonder 能人	an extremely useful or skilful person 一个非常有用或熟练的人
30	comedy 喜剧片	a play, film or movie that is intended to be funny, usually with a happy ending 有趣的戏剧或电影, 通常有圆满的结局

Unit 4

1	transform 使大变样	to completely change the appearance or character of something, especially so that it is better 完全改变某物的外观或特征，尤其是使其更好
2	decade 十年	a period of ten years, especially a continuous period 十年，尤其是连续的十年
3	virtual reality 虚拟现实	images and sounds created by a computer that seem almost real to the user, who can affect them by using sensors 由计算机创建的图像和声音，用户可以通过使用传感器来影响它们，同时会感到非常真实
4	artificial intelligence 人工智能	an area of study concerned with making computers copy intelligent human behaviour 与计算机复制智能人类行为有关的研究领域
5	era 时代	a period of time, usually in history, that is different from other periods because of particular characteristics or events 通常由于历史原因或特定的事件而与其他时期不同的时期
6	gadget 小器具	a small tool or device that does something useful 有用的小型工具或设备
7	gizmo 小装置	a general word for a small piece of equipment, often one that does something in a new and clever way 小型设备，通常是一种以新颖巧妙的方式工作的设备
8	diminish 减少，减小，降低	to become or to make something become smaller, weaker, etc. 变得或使某物变得更小，更弱
9	capability 能力；才干；水平	the ability or qualities necessary to do something 做某事必要的能力或素质
10	boon 提高生活质量的东西； 有用之物	something that is very helpful and makes life easier for you 很有帮助，让您的生活更轻松的事物
11	time-consuming 耗费时间的；旷日持久的	taking or needing a lot of time 花费或需要很多时间
12	errand (短程) 差事；跑腿	a job that you do for somebody that involves going somewhere to take a message, to buy something, deliver goods, etc. 您为某人所做的一项工作，涉及到某处去传达消息，购买东西，运送货物等。
13	logistics 后勤	the practical organization that is needed to make a complicated plan successful when a lot of people and equipment are involved 使涉及到很多人和设备的复杂计划成功所需的实际组织
14	access 接近某人的机会或方法；使用某物的权利	the opportunity or right to use something or to see somebody/something 使用某物或见某人或某物的机会或权利
15	hub 中心；枢纽	the central and most important part of a place, activity, system or machine 场所，活动，系统或机器的中心且最重要的部分
16	command 指令	an instruction given to a computer 给计算机的指令
17	current affairs 时事	events of political or social importance that are happening now 目前正在发生的具有政治或社会重要性的事件

18	delegate 分配	to give part of your work, power or authority to somebody in a lower position than you 将您的工作，权力或权威的一部分分配给比您低的职位
19	execution 实行，履行，表演	the act of doing a piece of work, performing a duty, or putting a plan into action 做一件工作，履行职责或将计划付诸实践的行为
20	beyond the scope 超出范围	when a range of things is too advanced for something or someone to deal with 当一系列事情对于某件事或某人来说太先进时
21	consequence 结果，后果	a result of something that has happened 发生的事情的结果
22	mobilize 组织；动员；调动	to organize a group of people to work together to achieve a particular aim 组织一群人共同努力以实现特定目标
23	publicize 公布；宣传	to make something known to the public; to advertise something 使公众知道；做广告
24	turnout 到场人数	the number of people who attend a particular event 参加特定活动的人数
25	declare 宣布；声明；公布	to state something firmly and clearly 清楚明确地陈述某件事
26	instrumental 起作用的；有帮助的	important in making something happen 在使事情发生方面很重要
27	augmented reality 增强现实技术	a technology that combines computer-generated images on a screen with the real object or scene that you are looking at 一种将屏幕上计算机生成的图像与您正在查看的真实对象或场景结合在一起的技术
28	keep track of sb./ sth. 了解；注意；关注	to have information about what is happening or where somebody or something is 了解正在发生的事情或某人或某物在哪里的信息
29	incentive 激励，刺激，鼓励	something that encourages you to do something 鼓励你做某事的东西
30	squarely 径直地；直截了当地； 毫不含糊地	directly or exactly; without confusion 直接或完全；没有混乱

Unit 6

1	promote 促进	support or actively encourage 支持或积极地鼓励
2	emphasis on 重视; 强调	the particular importance or attention that is given to something 对某事的特别重视或关注
3	significant 重要的; 显著的	important or noticeable 重要或明显
4	reliant on 依赖	needing somebody/ something in order to survive, be successful, etc. 需要某人/某物才能生存, 成功等等。
5	constantly 总是	all the time or often 一直或经常
6	uphold 支持	to support something that you think is right and make sure that it continues to exist 支持您认为正确的事情, 并确保它继续存在
7	ideal 完美的, 理想的	an idea or standard that seems perfect, and worth trying to achieve or obtain 看起来很完美, 值得尝试实现或获得的想法或标准
8	inevitably 不可避免地	as is certain to happen 一定会发生
9	in comparison to 比较	the process of comparing two or more people or things 比较两个或多个人或事物的过程
10	proponent 支持者	a person who supports an idea or course of action 支持一个想法或行动方针的人
11	procedure 医疗处理; 手术	a medical operation 医疗手术
12	in addition to 还有	used when you want to mention another person or thing after something else 当您想提及其他人或事物时使用
13	superficial 浅薄的, 肤浅的	not studying or looking at something thoroughly; seeing only what is obvious 没有彻底学习或了解东西; 只看到明显的东西
14	depend on 依靠	to be affected or decided by something 受某物影响或决定
15	subjectivity 主观性	the fact of being influenced by personal ideas, opinions or feelings, rather than facts 受个人想法, 观点或感觉而不是事实影响的事实
16	do away with 摆脱; 废除	to get rid of something or stop using something 摆脱某些东西或停止使用某些东西
17	better off 境况更好	to be in a better situation, if or after something happens 在某些情况下或发生后可以处于更好的状态
18	receptive (对于新思想和建议) 乐于接受的	willing to consider or accept new ideas 愿意考虑或接受新想法
19	contribute to 促成; 导致	to be one of the causes of something 成为某事的原因之一
20	severe 非常严重的; 剧烈的; 惨重的	causing very great pain, difficulty, worry, damage, etc.; very serious 造成极大的痛苦, 困难, 忧虑, 损坏等; 很严重
21	excessive	much more than is reasonable or necessary

	过分的；过度的；过多的	远远超出合理或必要的范围
22	life-threatening (疾病) 致命的，危及生命的	a life-threatening situation, illness, or injury could cause a person to die 危及生命的状况，疾病或伤害可能会导致一个人死亡
23	multitudinous 各种各样都有的	extremely large in number 数量极大
24	be associated with 是…所引起的；和…有关联	If problems or dangers are associated with a particular thing or action, they are caused by it 如果问题或危险与特定的事物或动作相关，则是由其引起的
25	take a heavy toll 付出沉重的代价	to have a bad effect on somebody/something; to cause a lot of damage, deaths, suffering, etc. 对某人/某物有不良影响；造成很多伤害，死亡，痛苦等
26	adequate 足够的；合格的；合乎需要的	enough or satisfactory for a particular purpose 足够或令人满意的用于特定目的
27	widespread 广泛的；普遍的；遍布的	existing or happening over a large area or among many people 在大范围或许多人中存在或发生
28	embrace 欣然接受；乐意采纳	to accept something enthusiastically 热情地接受一些东西
29	nurture 养育，培育	to help somebody/ something develop and be successful 帮助某人/某事发展并取得成功
30	vanity 虚荣；自负	too much pride in your own appearance, abilities or achievements 对自己的外表，能力或成就感到非常自豪