1. When you encounter a problem, do you tend to think about possible solutions, or do you tend to focus only on the problem?

   When I encounter a problem, I often look first at the nature of how the problem came to reality which will give me hints as to what needs to be solved. From there, I start thinking up of and trying different solutions and assessing outcomes until a usable solution is found. If no usable solutions are found, I continue the loop of picking apart the problem then trying another solution until I've determined that continuing isn't worth the energy.

2. How do you need to approach problems you encounter in life, at work and at school in the future?

   Basically, the same but incorporate past learnings from similar experiences to build a bigger toolset of ideas and tricks.

3. What stands out to you, feels new to you, excites you, or challenges you from this lesson?

   What stood out the most to me was the whole notion of treating every problem as an opportunity. One of the challenges that I could derive from this lesson could be the taking advantage of these problems as a means of potentially creating greater solutions that resonate in wider ways for people.