



### **Big 5 Personality:** **Mentor**

You enjoy the process of working with others and can adapt to varied situations and a diverse slate of coworkers. Likely to be a source of collaborative energy, you are often a hub around whom others organize themselves.

## Personality Tips

### **Tools To Use**

- Comfortable in the limelight
- Compatible with many other personalities
- Have effective coping strategies for work stress
- High energy, outgoing
- Sought after as a good person to dialogue with
- Work at a pace that suits everyone

### **Room for Growth and Change**

- Can be taken for granted because you complete tasks without objections
- May have trouble avoiding social distractions
- May underreact to urgent situations
- Move forward without checking in on others
- Need a stimulating environment to stay motivated
- Prone to perfectionism
- Tempted by new approaches when old ones still work

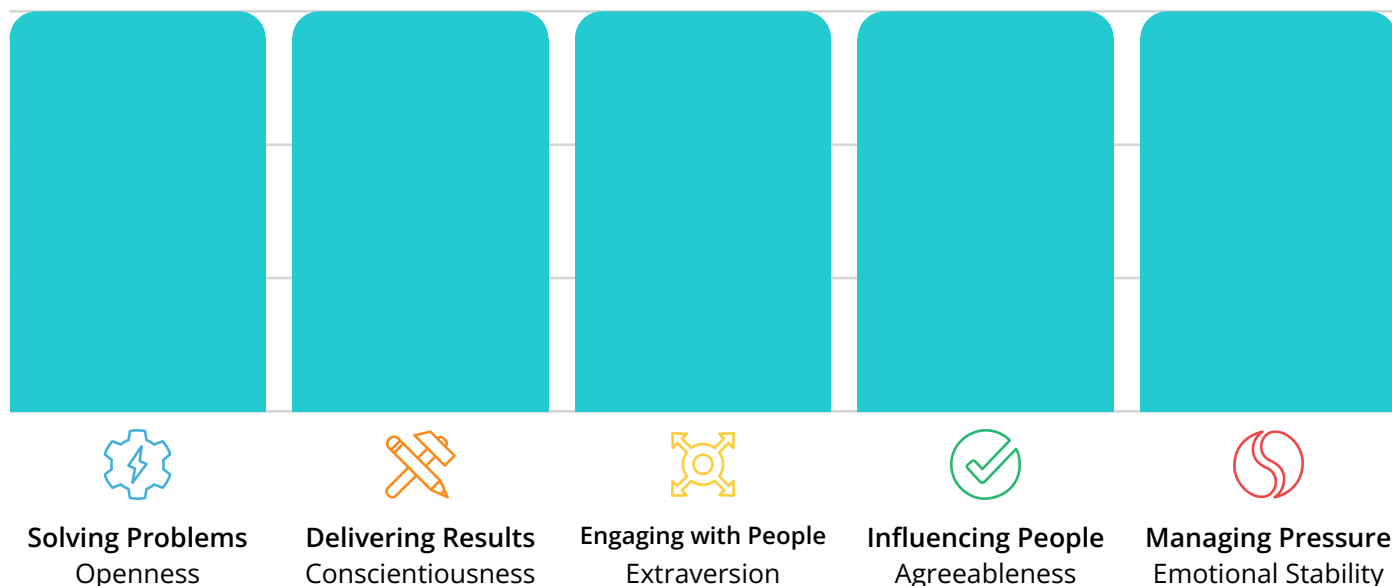
### **Settings That Work For You**

- Allows individuals to deal with their own setbacks
- De-emphasizes competition among colleagues
- Encourages peer support in pursuit of goals

- Fueled by a sense of duty
- Has opportunities for innovation and exploration
- Includes opportunities for large group discussions
- Often has a fast paced and energetic vibe
- Prioritizes work quality
- Requires people to respond to challenges
- Values creativity

## Personality Breakdown

The dimension score is calculated from your responses to items that together measure the underlying components of each dimension. Overall, an individual has either a High, Moderate, or Low level of each. The dimension score is a standardized score that ranges between 1 and 10. Scores of 1-3 are Low, 4-6 Moderate, and 7 and up are High.



## Solving Problems | Openness

You appear to take a balanced approach to solving problems. thinking of new and original ways of approaching situations, but not at the expense of ignoring well-established solutions, already known to work. Most likely, you will have an eye on whether something will be effective both now and in the future, juggling the facts and making changes that will stand the test of time.

### Benefits

- Brings experience to strategy
  - Flexible problem solver
  - Pragmatic thinker
  - Sees detail and bigger picture
  - Tends to be cautious
  - Works to maintain the system
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## Delivering Results | Conscientiousness

You seem to be the sort of person who likes a clear structure organizing what you do, a strong sense of self-discipline and the ability to work towards longer term goals. Your dedication to how things should be done purposefully and methodically is likely to be reinforced by your confidence in your own abilities and a wish to do your best for yourself and for other people.

### Benefits

- Focuses on task at hand
- Identifies key goals
- Sense of commitment
- Structured work style
- Tolerant of tedious details
- Wants to achieve



## Engaging with People | Extraversion

You seem to be the sort of person who seeks out and enjoys being with other people. Typically, you find it stimulating to have lively discussions with others, and may even enjoy getting a reaction by saying or doing entertaining things. As such you are a 'do-think-do' kind of person who has plenty of enthusiasm and stamina, and a real thirst for getting out there and making your mark.

### Benefits

- Approachable
- Energetic
- Fast to act
- Fun loving
- Intense
- People oriented



## Influencing People | Agreeableness

You describe yourself as someone who is accommodating and open to the views of other people. This suggests that you tend to trust other people, and can be depended on to have a consistent and forgiving viewpoint. You are tuned in to those around you and are motivated by the ultimate welfare of other people. This will guide the way in which you negotiate, and as a rule you are likely to avoid confrontation and promote good feeling.

### Benefits

- Accommodating
- Attuned to others
- Looks for 'win-win' result
- Negotiates through harmony
- Non-confrontational
- Trusts other people

## Managing Pressure | Emotional Stability

You look as if you respond to pressure in a relaxed way but also know when to take things seriously. You seem to be able to let minor irritations go. Your results indicate that you are someone who is generally calm, and not the sort to dwell on things, but who is also 'on guard' at times. By and large you probably feel well able to deal with most of what life hands you.

### Benefits

- Aware of others' emotional states
- Copes with most things
- Even tempered
- Low level of tension
- Manages feelings
- Takes onboard criticism