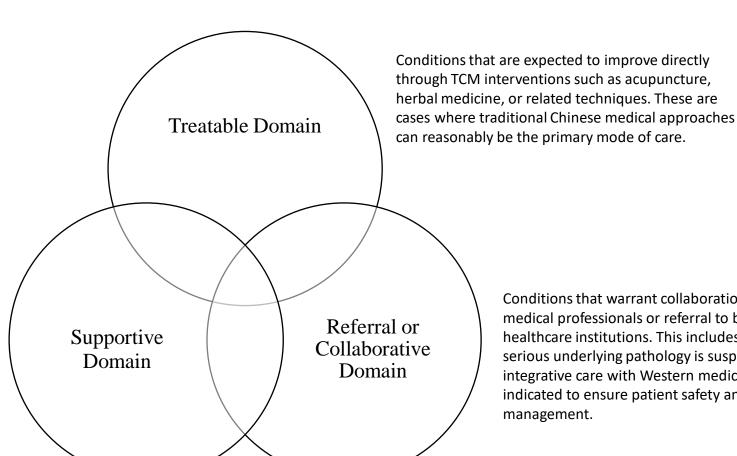
Three Domains Model



Conditions that require not only TCM treatment but also lifestyle adjustments, dietary modifications, psychological support, or stress management. In these cases, TCM plays a significant role but must be combined with broader lifestyle and mental health strategies to achieve optimal outcomes.

Conditions that warrant collaboration with other medical professionals or referral to biomedical healthcare institutions. This includes situations where serious underlying pathology is suspected, or when integrative care with Western medicine is clearly indicated to ensure patient safety and comprehensive