Project Title:

A Practice-Based Study on Using Explanatory Models in Traditional Medicine to Reduce Anxiety When Diagnosis Is Unclear

Principal Investigator:

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1. Project Overview

This project aims to reduce patient anxiety and support the restoration of meaning in care by providing culturally grounded explanations based on traditional medicine (e.g., Qi stagnation, Cold-Heat imbalance), even in cases where no definitive biomedical diagnosis can be made.

2. Roles and Responsibilities of Collaborating Clinicians

- You may choose to implement this protocol at your own clinical site on a voluntary basis.
- Please collect, anonymize, and convert completed patient questionnaires into PDF format, and submit them to the principal investigator by email.
- If you wish to modify or redistribute the protocol, please contact the project lead in advance.
- Each participating facility is responsible for ensuring ethical and legal compliance (e.g., informed consent, handling of patient concerns or complaints).

3. Publication and Authorship

- The results of this project may be published in peer-reviewed journals or on preprint servers.
- Individuals who make a substantial contribution will be considered for coauthorship in accordance with ICMJE guidelines.

 Other forms of contribution will be acknowledged appropriately in the publication.

4. Use of AI Tools

AI tools (such as large language models) may be used to assist in tasks such as drafting survey items, translation, and conceptual structuring.

All such uses are conducted in accordance with a clear policy emphasizing

transparency and reproducibility. Please refer to the GitHub policy page for details.

5. Signature

I understand and agree to the terms of participation outlined above.

Name: Affiliation:

Date: