

# Scaling

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This is the start of a tutorial explaining why you should scale your variables. Some of it is still missing though.

## Scaling formula

Scaling (or Z-score normalization) follows the formula

$$x' = \frac{x - \bar{x}}{\sigma}$$

Where  $x - \bar{x}$  centers the variables around zero and where dividing by  $\sigma$  constitutes the normalization of the variables.

The scale function performs a Z-score normalization, which can be seen here:

```
#tinytex::install_tinytex()
set.seed(1) # set seed to ensure random number generation is the same
x <- runif(7) # generate random numbers

# Manually scaling
(x - mean(x)) / sd(x)

## [1] -1.01951259 -0.68940037 -0.06788275  0.97047346 -1.21713898  0.94007371
## [7]  1.08338753

#scale using scale
scale(x)

##           [,1]
## [1,] -1.01951259
## [2,] -0.68940037
## [3,] -0.06788275
## [4,]  0.97047346
## [5,] -1.21713898
## [6,]  0.94007371
## [7,]  1.08338753
## attr(,"scaled:center")
## [1] 0.5947772
## attr(,"scaled:scale")
## [1] 0.3229666

class(scale(x))

## [1] "matrix"
```

*note* that scale is a class matrix, which might cause problems. If you want scale to return a numeric vector (a list of numbers) use `scale(x)[[1]]`.