IoT Engineering 5: Local Connectivity with Bluetooth LE

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Today

1/3 slides,

²/₃ hands-on.

Slides, code & hands-on: tmb.gr/iot-5



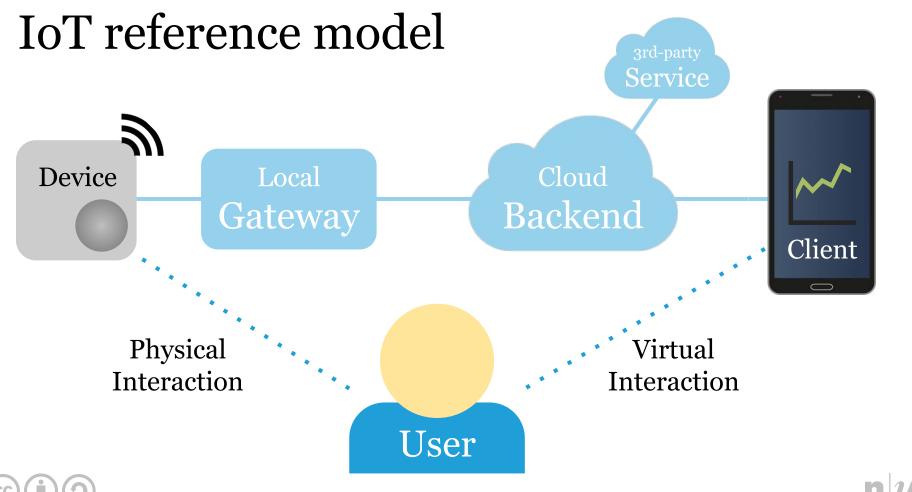
Prerequisites

Install the Arduino IDE and set up the nRF52840:

Check the Wiki entry on Installing the Arduino IDE.

Set up the Feather nRF52840 Express for Arduino.

For testing a smartphone with BLE is required.

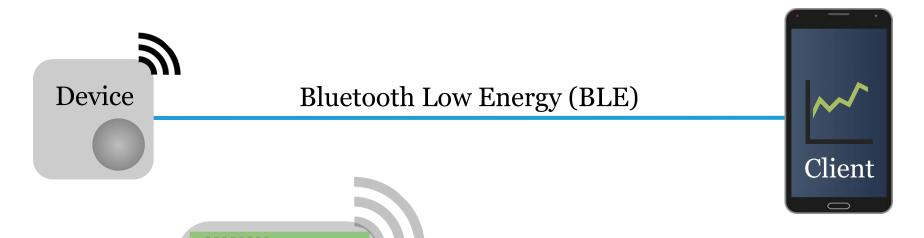




BLE connectivity

MCU

Device



BLE

Module

Sensor or Actuator









App + accessory

Local sensing/control, local connectivity.

Sensor → Device → Client app

E.g. blood sugar measurements.

Actuator ← Device ← Client app

E.g. insulin pump control data.

 $A \rightarrow B$: measurement or control data flow.



Bluetooth Low Energy (BLE)

BLE is a power-efficient Bluetooth variant (since 4.0).

BLE is well suited for small, battery powered devices.

BLE uses less energy than Wi-Fi, way less than 3/4G.

Both, classic Bluetooth and BLE, use 2.4 GHz radio.

The standard is maintained by the Bluetooth SIG.

How BLE works

- Peripherals advertise the data they have, over the air.
- Centrals scan for nearby peripherals to discover them.
- The central connects to a peripheral and uses its data.
- Data is transmitted through services & characteristics.

BLE protocol stack

Application — e.g. on smartphone or microcontroller BLE library — thin, language-specific wrapper library

GATT — services & characteristics | GAP — discovery ATT — attribute transport | SMP — security manager L2CAP — logical link control and adaptation protocol

Link layer — exposed via the host controller interface Physical layer — dealing with actual radio signals

Generic Access Profile (GAP)

GAP defines the following roles, communication types:

Broadcaster and observer (connectionless, one-way).

Peripheral and central (bidirectional connection).

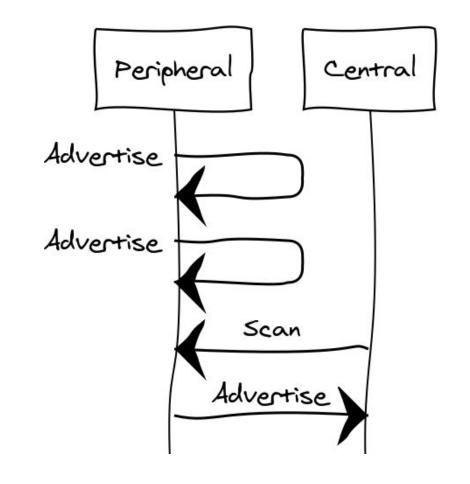
Each device supports one or more of these roles.

We start with peripheral and central roles.

Advertising

A peripheral *advertises* its services by broadcast, in a regular interval.

A central *scans* for all or a subset of services and gets device addresses and, if it's been sent, advertised data.



Attribute Transport (ATT)

ATT allows a *client* to access attributes on a *server*.

An attribute has a UUID, a handle and permissions.

A *UUID* is a 32/128-bit universally unique identifier.

An attribute handle is a server-assigned, 16-bit ID.

Generic Attribute Profile (GATT)

GATT is a simple application level protocol for BLE.

It's connection-based, with a *client* and a *server* role.

This enables a BLE device to provide a RESTful API.

A "GATT API", or *profile*, is a collection of *services*.

Usually, the peripheral acts as a server.

Services

A GATT service is a collections of characteristics.

Services encapsulate the behavior of part of a device.

In addition, such a service can refer to other services.

There are standard and custom services and profiles.

E.g. the Battery Service or the Heart Rate Service.



Characteristics

A GATT characteristic has a value and descriptors.

A value encodes data "bits" that form a logical unit.

Descriptors are defined attributes of a characteristic.

Supported procedures: read, write and notifications.

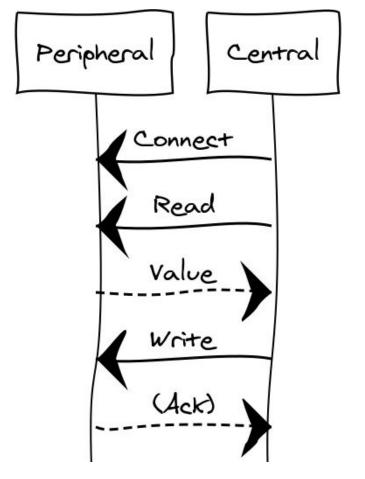
E.g. a Battery Level or a Heart Rate Measurement.

Read and write

Connect = the central connects to a peripheral's BLE address.

Read = value of a characteristic or its descriptors is returned.

Write = characteristic value, or characteristic descriptor value is set, with/without response.



Notifications

Notify = Client Characteristic Configuration descriptor of a characteristic, UUID 0x2902, is set to 0x0000 using *Write*.

Value = A *Handle Value Notification* is sent if value changes. Peripheral Connect Value Value Value

See Bluetooth spec v5.1, p. 2360 and p. 2389.

BLE explorer apps

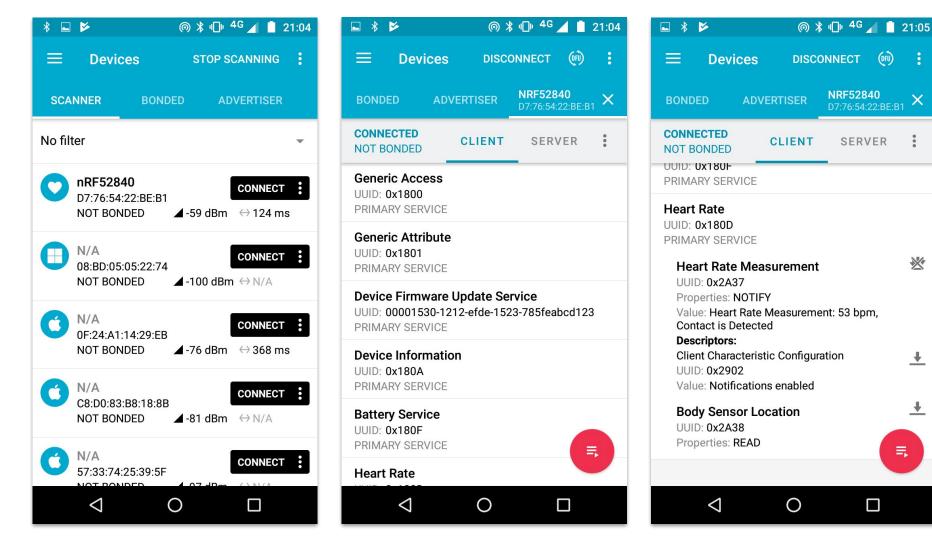
For debugging, use any generic BLE explorer app:

Find BLE explorer apps on the Google Play Store.

Search for "BLE explorer" in the iOS App Store.

Smartphones can act as central or peripheral.

Exploring is a great way to learn about BLE.



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nRF52840 HRM BLE Peripheral .inc

```
hrmSvc = BLEService(0x180D); // See HRM spec
hrmChr = BLECharacteristic(0x2A37); // See spec
hrmSvc.begin(); // to add characteristics
hrmChr.setProperties(CHR_PROPS_NOTIFY); ...
hrmChr.begin(); // adds characteristic
uint8_t hrmData[2] = { 0b00000110, value };
hrmChr.notify(hrmData, sizeof(hrmData));
```

Hands-on, 15': HRM BLE Peripheral

Build and run the previous nRF52840 BLE example.

Use the .ino link on the page to find the source code.

Explore the HRM example using a smartphone app.

Draw the HRM profile as a tree, with services, etc.

Nordic UART Service

Nordic UART Service provides Serial UART via BLE:

UUID: 6E40**0001**-B5A3-F393-E0A9-E50E24DCCA9E

16-bit: 0x**0001**

Send data by writing to the service *RX* characteristic:

RX Characteristic UID, 16-bit: 0x0002 [W]

Receive data by enabling notifications on the *TX* ch.:

TX Characteristic UID, 16-bit: 0x0003 [N]

nRF52840 Scanner BLE Central

.ino

```
Bluefruit.begin(0, 1); // Central
Bluefruit.Scanner.setRxCallback(found);
Bluefruit.Scanner.start(0);
void found(ble_gap_evt_adv_report_t* report) {
  Serial.printBufferReverse( // little endian
    report->peer_addr.addr, 6, ':');
  if (Bluefruit.Scanner.checkReportForUuid(...))...
  Bluefruit.Scanner.resume();
```

Hands-on, 15': Scanner BLE Central

- Build and run the previous nRF52840 BLE example.
- Use the .ino link on the page to find the source code.
- Add a checkReportForUuid() for the Battery Service.
- Can you spot the UUID in the advertising data?

Beacons

Beacons, e.g. Apple iBeacon are broadcaster devices.

Any observer can read the data from they advertise.

Lookup of "what a beacon means" requires an app.

Except for Physical Web / Eddystone beacons.

These contain an URL to be used right away.

nRF52840 Beacon BLE Observable .ino

```
BLEBeacon beacon(
  beaconUuid, // AirLocate UUID
  beaconMajorVersion,
  beaconMinorVersion,
  rssiAtOneMeter);
beacon.setManufacturer(0x004C); // Apple
startAdvertising();
suspendLoop(); // save power
```

Hands-on, 15': Beacons

Build and run the previous nRF52840 BLE example.

Use the .ino link on the page to find the source code.

Test the beacon with a dedicated iOS/Android app.

Which information is transferred by a beacon?

If you happen to be at Zürich HB, start a scan...

Security

- BLE has security mechanisms for pairing and more.
- Pairing: exchanging identity and keys to set up trust.
- Device chooses Just Works, Passkey Entry or OOB.
- Or numeric comparison and ECDH for key exchange.
- Some apps add encryption* on the application layer.
- *) See, e.g. HomeKit in iOS Security Guide (p. 29). $\mathbf{n}|w$

Hands-on, 5': HomeKit

HomeKit is a proprietary home-automation system.

Try File > Examples > Adafruit Bluefruit nRF52 > Projects > HomeKit > homekit_lightbulb

An iOS device is required to test the Peripheral.

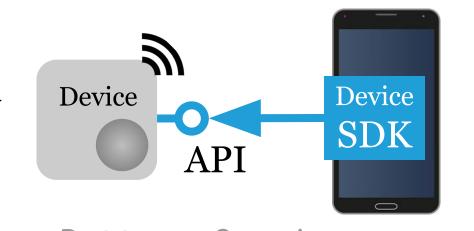
Read the code, how is security implemented?

Device API vs. SDK

A device API specifies how to talk to the device, from any client (here via BLE).

A platform specific *device SDK* simplifies integration.

E.g. *iOS device SDK* to talk to a device API from iOS.



```
Battery Service
  Battery Level [R]

vs.

p = ble.conn(addr);

b = sdk.getBatt(p);

x = b.getLevel();
```

BLE on Android

There is an official introduction to BLE on Android.

Building a robust BLE app on Android can be tricky.

Use the Nordic Semiconductor Android-BLE-Library.

As an example app, look at the nRF Toolbox project.

Writing a plugin for nRF Toolbox is quite easy.



BLE on iOS

On iOS the official BLE library is Core Bluetooth.

Its documentation is a great introduction to BLE.

In iOS there's no way to get a device BLE address.

Instead, a UUID is assigned, as a handle, by iOS.

iOS devices change their Bluetooth MAC address.



BLE on Raspberry Pi

On Raspberry Pi Zero W there are many options, e.g.

Node.js libraries: Noble (central), Bleno (peripheral)

Python library: PyBluez, BluePy

Linux C library: Bluez

CLI: bluetoothctl

Summary

We looked at BLE, Bluetooth for constrained devices.

We saw how centrals scan for advertising peripherals.

We used services to read/write characteristic values.

We met a custom Bluetooth profile for UART serial.

Next: Raspberry Pi as a Local Gateway.

Homework, max. 3h

Set up the Raspberry Pi Zero W via USB and Wi-Fi.

See Raspberry Pi Zero W Setup in the Wiki.

Make sure you've got SSH access.

Submit the MAC address.

Setup via USB can take a few tries, keep trying:)



Feedback?

Find me on https://fhnw-iot.slack.com/

Or email thomas.amberg@fhnw.ch

Slides, code & hands-on: tmb.gr/iot-5

