## **MISSOURI**

Table 61 Selected Drug Use, Perceptions of Great Risk, Past Year Substance Use Disorder and Treatment, and Past Year Mental Health Measures in *Missouri*, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2015-2016 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLICIT DRUGS					
Past Month Illicit Drug Use <sup>1,2</sup>	523	46	139	338	477
Past Year Marijuana Use	668	59	211	398	609
Past Month Marijuana Use	412	29	120	262	382
Perceptions of Great Risk from Smoking Marijuana Once a Month	1,387	138	76	1,173	1,249
First Use of Marijuana <sup>3,4</sup>	63	22	34	8	41
Past Month Illicit Drug Use Other Than Marijuana <sup>1,2</sup>	162	20	39	103	142
Past Year Cocaine Use	65	2	25	38	63
Perceptions of Great Risk from Using Cocaine Once a Month	3,738	269	436	3,033	3,468
Past Year Heroin Use	17	0	4	12	16
Perceptions of Great Risk from Trying Heroin Once or Twice	4,401	328	556	3,516	4,072
Past Year Misuse of Pain Relievers <sup>2,5</sup>	229	22	53	154	207
ALCOHOL					
Past Month Alcohol Use	2,602	47	385	2,170	2,556
Past Month Binge Alcohol Use <sup>6</sup>	1,269	26	265	977	1,242
Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic					
Beverage Once or Twice a Week	1,997	190	205	1,602	1,807
Past Month Alcohol Use <sup>7</sup> (Individuals Aged 12 to 20)	147				
Past Month Binge Alcohol Use <sup>6,7</sup> (Individuals Aged 12 to 20)	97				
TOBACCO PRODUCTS					
Past Month Tobacco Product Use <sup>8</sup>	1,494	40	254	1,200	1,454
Past Month Cigarette Use	1,164	28	200	936	1,135
Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per					
Day	3,340	312	404	2,624	3,028
PAST YEAR SUBSTANCE USE DISORDER AND TREATMENT					
Illicit Drug Use Disorder <sup>1,2,9</sup>	137	15	41	81	122
Pain Reliever Use Disorder <sup>2,5,9</sup>	39	3	6	29	36
Alcohol Use Disorder <sup>9</sup>	294	10	77	207	283
Substance Use Disorder <sup>1,2,9</sup>	388	21	98	269	367
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,2,10</sup>	120	13	37	70	107
Needing But Not Receiving Treatment for Alcohol Use <sup>10</sup>	271	10	69	191	261
Needing But Not Receiving Treatment for Substance Use <sup>1,2,10</sup>	356	21	96	239	335
PAST YEAR MENTAL HEALTH ISSUES					
Serious Mental Illness <sup>4,11</sup>			36	155	192
Any Mental Illness <sup>4,11</sup>			127	702	828
Received Mental Health Services <sup>12</sup>			80	641	721
Had Serious Thoughts of Suicide <sup>13</sup>			47	113	160
Major Depressive Episode <sup>4,14</sup>		67	68	254	321

-- Not available

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

NOTE: Estimated numbers appearing as 0 in this table mean that the estimate is greater than 0 but less than 500 because estimated numbers are shown in thousands.

- lillicit Drug Use includes the misuse of prescription psychotherapeutics or the use of marijuana, cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine. Illicit Drug Use Other Than Marijuana includes the misuse of prescription psychotherapeutics or the use of cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine.
- <sup>2</sup> Misuse of prescription psychotherapeutics is defined as use in any way not directed by a doctor, including use without a prescription of one's own; use in greater amounts, more often, or longer than told; or use in any other way not directed by a doctor. Prescription psychotherapeutics do not include over-the-counter drugs.
- <sup>3</sup> First Use of Marijuana is defined as follows: Average annual number of marijuana initiates = X<sub>1</sub> ÷ 2, where X<sub>1</sub> is the number of marijuana initiates in the past 24 months.
- <sup>4</sup> For details, see Section B of the "2015-2016 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at https://www.samhsa.gov/data/.
- <sup>5</sup> Prescription psychotherapeutic subtypes were revised in 2016; one effect was the comparability of codeine products between 2015 and 2016.
- <sup>6</sup> Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days. In 2015, the definition for females changed from five to four drinks.
- <sup>7</sup> Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.
- 8 Tobacco Products include cigarettes, smokeless tobacco (i.e., snuff, dip, chewing tobacco, or "snus"), cigars, or pipe tobacco.
- 9 Substance Use Disorder is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).
- Respondents were classified as needing treatment for a substance use problem if they met the criteria for a substance use disorder as defined in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) or received treatment for illicit drug or alcohol use at a specialty facility (i.e., drug and alcohol rehabilitation facility [inpatient or outpatient], hospital [inpatient only], or mental health center).
- Mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, assessed by the Mental Health Surveillance Study (MHSS) Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders (MHSS-SCID), which is based on the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV). Any mental illness (AMI) includes adults with any mental disorder regardless of whether their disorder resulted in functional impairment. Serious mental illness (SMI) includes adults with any mental disorder that resulted in serious functional impairment.
- 12 Mental health services are defined as having received inpatient treatment/counseling or outpatient treatment/counseling or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use.
- 18 Respondents were asked, "At any time in the past 12 months, did you seriously think about trying to kill yourself?" If they answered "Yes," they were categorized as having serious thoughts of suicide in the past year.
- <sup>14</sup> Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when an individual experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2015 and 2016.

## **MISSOURI**

Table 62 Selected Drug Use, Perceptions of Great Risk, Past Year Substance Use Disorder and Treatment, and Past Year Mental Health Measures in *Missouri*, by Age Group: Percentages, Annual Averages Based on 2015-2016 NSDUHs

Past Month Illicit Drug Use <sup>1,2</sup> Past Year Marijuana Use Past Month Marijuana Use Past Month Marijuana Use Perceptions of Great Risk from Smoking Marijuana Once a Month First Use of Marijuana <sup>3,4</sup> Past Month Illicit Drug Use Other Than Marijuana <sup>1,2</sup> Past Year Cocaine Use Perceptions of Great Risk from Using Cocaine Once a Month	10.34 13.19 8.13 27.38 2.18 3.20 1.29 73.83	9.90 12.55 6.23 29.41 5.12 4.26 0.48	21.31 32.40 18.42 11.67 9.59 5.90	8.57 10.09 6.65 29.76 0.36	10.38 13.26 8.32 27.17 1.66
Past Year Marijuana Use Past Month Marijuana Use Perceptions of Great Risk from Smoking Marijuana Once a Month First Use of Marijuana <sup>3,4</sup> Past Month Illicit Drug Use Other Than Marijuana <sup>1,2</sup> Past Year Cocaine Use Perceptions of Great Risk from Using Cocaine Once a Month	13.19 8.13 27.38 2.18 3.20 1.29	12.55 6.23 29.41 5.12 4.26 0.48	32.40 18.42 11.67 9.59 5.90	10.09 6.65 29.76 0.36	13.26 8.32 27.17
Past Year Marijuana Use Past Month Marijuana Use Perceptions of Great Risk from Smoking Marijuana Once a Month First Use of Marijuana <sup>3,4</sup> Past Month Illicit Drug Use Other Than Marijuana <sup>1,2</sup> Past Year Cocaine Use Perceptions of Great Risk from Using Cocaine Once a Month	8.13 27.38 2.18 3.20 1.29	6.23 29.41 5.12 4.26 0.48	18.42 11.67 9.59 5.90	6.65 29.76 0.36	8.32 27.17
Perceptions of Great Risk from Smoking Marijuana Once a Month First Use of Marijuana <sup>3,4</sup> Past Month Illicit Drug Use Other Than Marijuana <sup>1,2</sup> Past Year Cocaine Use Perceptions of Great Risk from Using Cocaine Once a Month	27.38 2.18 3.20 1.29	29.41 5.12 4.26 0.48	11.67 9.59 5.90	29.76 0.36	27.17
Perceptions of Great Risk from Smoking Marijuana Once a Month First Use of Marijuana <sup>3,4</sup> Past Month Illicit Drug Use Other Than Marijuana <sup>1,2</sup> Past Year Cocaine Use Perceptions of Great Risk from Using Cocaine Once a Month	2.18 3.20 1.29	5.12 4.26 0.48	9.59 5.90	0.36	
Past Month Illicit Drug Use Other Than Marijuana <sup>1,2</sup> Past Year Cocaine Use Perceptions of Great Risk from Using Cocaine Once a Month	3.20 1.29	4.26 0.48	5.90		1.66
Past Year Cocaine Use Perceptions of Great Risk from Using Cocaine Once a Month	1.29	0.48		2.62	
Past Year Cocaine Use Perceptions of Great Risk from Using Cocaine Once a Month				2.62	3.09
	73.83		3.90	0.95	1.37
		57.38	66.75	76.95	75.49
Past Year Heroin Use	0.33	0.05	0.68	0.30	0.36
Perceptions of Great Risk from Trying Heroin Once or Twice	86.94	69.95	85.26	89.20	88.64
Past Year Misuse of Pain Relievers <sup>2,5</sup>	4.52	4.65	8.18	3.90	4.50
ALCOHOL					
Past Month Alcohol Use	51.39	9.91	59.04	55.07	55.63
Past Month Binge Alcohol Use <sup>6</sup>	25.05	5.62	40.61	24.79	27.04
Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic					
Beverage Once or Twice a Week	39.44	40.47	31.42	40.65	39.34
Past Month Alcohol Use <sup>7</sup> (Individuals Aged 12 to 20)	20.88				
Past Month Binge Alcohol Use <sup>6,7</sup> (Individuals Aged 12 to 20)	13.78				
TOBACCO PRODUCTS					
Past Month Tobacco Product Use <sup>8</sup>	29.51	8.45	38.91	30.46	31.66
Past Month Cigarette Use	22.98	6.06	30.61	23.74	24.71
Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per					
Day	65.96	66.37	61.94	66.58	65.92
PAST YEAR SUBSTANCE USE DISORDER AND TREATMENT					
Illicit Drug Use Disorder <sup>1,2,9</sup>	2.70	3.24	6.21	2.06	2.64
Pain Reliever Use Disorder <sup>2,5,9</sup>	0.76	0.61	0.98	0.74	0.78
Alcohol Use Disorder <sup>9</sup>	5.80	2.21	11.75	5.24	6.17
Substance Use Disorder <sup>1,2,9</sup>	7.66	4.44	15.05	6.82	7.99
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,2,10</sup>	2.38	2.83	5.62	1.79	2.33
Needing But Not Receiving Treatment for Alcohol Use <sup>10</sup>	5.36	2.20	10.64	4.86	5.68
Needing But Not Receiving Treatment for Substance Use <sup>1,2,10</sup>	7.02	4.42	14.68	6.07	7.29
PAST YEAR MENTAL HEALTH ISSUES					
Serious Mental Illness <sup>4,11</sup>			5.53	3.94	4.17
Any Mental Illness <sup>4,11</sup>			19.43	17.80	18.03
Received Mental Health Services <sup>12</sup>			12.28	16.27	15.70
Had Serious Thoughts of Suicide <sup>13</sup>			7.18	2.86	3.47
Major Depressive Episode <sup>4,14</sup>		14.28	10.35	6.43	6.99

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2015 and 2016.

<sup>&</sup>lt;sup>1</sup> Illicit Drug Use includes the misuse of prescription psychotherapeutics or the use of marijuana, cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine. Illicit Drug Use Other Than Marijuana includes the misuse of prescription psychotherapeutics or the use of cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine.

<sup>&</sup>lt;sup>2</sup> Misuse of prescription psychotherapeutics is defined as use in any way not directed by a doctor, including use without a prescription of one's own; use in greater amounts, more often, or longer than told; or use in any other way not directed by a doctor. Prescription psychotherapeutics do not include over-the-counter drugs.

<sup>&</sup>lt;sup>3</sup> First Use of Marijuana is defined as follows: *Average annual initiation of marijuana* (%) =  $100 * \{[X_1 \div (0.5 * X_1 + X_2)] \div 2\}$ , where  $X_1$  is the number of marijuana initiates in the past 24 months and  $X_2$  is the number of individuals who never used marijuana (with the at-risk population defined as  $0.5 * X_1 + X_2$ ). Both of the computation components,  $X_1$  and  $X_2$ , are based on a survey-weighted hierarchical Bayes estimation approach. The age group shown is based on a respondent's age at the time of the interview, not his or her age at first use.

<sup>&</sup>lt;sup>4</sup> For details, see Section B of the "2015-2016 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at https://www.samhsa.gov/data/.

<sup>&</sup>lt;sup>5</sup> Prescription psychotherapeutic subtypes were revised in 2016; one effect was the comparability of codeine products between 2015 and 2016.

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<sup>&</sup>lt;sup>7</sup> Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.

<sup>8</sup> Tobacco Products include cigarettes, smokeless tobacco (i.e., snuff, dip, chewing tobacco, or "snus"), cigars, or pipe tobacco.

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<sup>&</sup>lt;sup>12</sup> Mental health services are defined as having received inpatient treatment/counseling or outpatient treatment/counseling or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use.

<sup>&</sup>lt;sup>13</sup> Respondents were asked, "At any time in the past 12 months, did you seriously think about trying to kill yourself?" If they answered "Yes," they were categorized as having serious thoughts of suicide in the past year.

Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when an individual experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.