

## CONNECTICUT

**Table 23 Selected Drug Use, Perceptions of Great Risk, Past Year Substance Use Disorder and Treatment, and Past Year Mental Health Measures in Connecticut, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2015-2016 NSDUHs**

Measure	12+	12-17	18-25	26+	18+
<b>ILLICIT DRUGS</b>					
Past Month Illicit Drug Use <sup>1,2</sup>	335	27	112	196	308
Past Year Marijuana Use	461	39	169	252	421
Past Month Marijuana Use	286	22	105	159	264
Perceptions of Great Risk from Smoking Marijuana Once a Month	726	69	44	613	657
First Use of Marijuana <sup>3,4</sup>	36	14	17	6	22
Past Month Illicit Drug Use Other Than Marijuana <sup>1,2</sup>	112	7	36	69	105
Past Year Cocaine Use	76	2	35	39	74
Perceptions of Great Risk from Using Cocaine Once a Month	2,101	154	232	1,715	1,947
Past Year Heroin Use	22	0	5	17	21
Perceptions of Great Risk from Trying Heroin Once or Twice	2,597	183	316	2,097	2,413
Past Year Misuse of Pain Relievers <sup>2,5</sup>	134	10	28	97	125
<b>ALCOHOL</b>					
Past Month Alcohol Use	1,805	31	262	1,512	1,774
Past Month Binge Alcohol Use <sup>6</sup>	826	17	179	630	809
Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic Beverage Once or Twice a Week	1,312	121	126	1,065	1,191
Past Month Alcohol Use <sup>7</sup> (Individuals Aged 12 to 20)	116	--	--	--	--
Past Month Binge Alcohol Use <sup>6,7</sup> (Individuals Aged 12 to 20)	73	--	--	--	--
<b>TOBACCO PRODUCTS</b>					
Past Month Tobacco Product Use <sup>8</sup>	680	15	131	533	665
Past Month Cigarette Use	548	10	106	432	539
Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per Day	2,294	199	272	1,822	2,094
<b>PAST YEAR SUBSTANCE USE DISORDER AND TREATMENT</b>					
Illicit Drug Use Disorder <sup>1,2,9</sup>	111	11	39	60	99
Pain Reliever Use Disorder <sup>2,5,9</sup>	21	2	3	16	20
Alcohol Use Disorder <sup>9</sup>	207	8	44	155	199
Substance Use Disorder <sup>1,2,9</sup>	280	14	71	195	266
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,2,10</sup>	100	10	33	56	89
Needing But Not Receiving Treatment for Alcohol Use <sup>10</sup>	197	7	42	148	190
Needing But Not Receiving Treatment for Substance Use <sup>1,2,10</sup>	259	14	65	179	244
<b>PAST YEAR MENTAL HEALTH ISSUES</b>					
Serious Mental Illness <sup>4,11</sup>	--	--	21	78	100
Any Mental Illness <sup>4,11</sup>	--	--	91	408	500
Received Mental Health Services <sup>12</sup>	--	--	59	414	473
Had Serious Thoughts of Suicide <sup>13</sup>	--	--	33	71	104
Major Depressive Episode <sup>4,14</sup>	--	35	46	144	190

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

NOTE: Estimated numbers appearing as 0 in this table mean that the estimate is greater than 0 but less than 500 because estimated numbers are shown in thousands.

<sup>1</sup> Illicit Drug Use includes the misuse of prescription psychotherapeutics or the use of marijuana, cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine. Illicit Drug Use Other Than Marijuana includes the misuse of prescription psychotherapeutics or the use of cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine.<sup>2</sup> Misuse of prescription psychotherapeutics is defined as use in any way not directed by a doctor, including use without a prescription of one's own; use in greater amounts, more often, or longer than told; or use in any other way not directed by a doctor. Prescription psychotherapeutics do not include over-the-counter drugs.<sup>3</sup> First Use of Marijuana is defined as follows: *Average annual number of marijuana initiates* =  $X_1 \div 2$ , where  $X_1$  is the number of marijuana initiates in the past 24 months.<sup>4</sup> For details, see Section B of the "2015-2016 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <https://www.samhsa.gov/data/>.<sup>5</sup> Prescription psychotherapeutic subtypes were revised in 2016; one effect was the comparability of codeine products between 2015 and 2016.<sup>6</sup> Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days. In 2015, the definition for females changed from five to four drinks.<sup>7</sup> Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.<sup>8</sup> Tobacco Products include cigarettes, smokeless tobacco (i.e., snuff, dip, chewing tobacco, or "snus"), cigars, or pipe tobacco.<sup>9</sup> Substance Use Disorder is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).<sup>10</sup> Respondents were classified as needing treatment for a substance use problem if they met the criteria for a substance use disorder as defined in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) or received treatment for illicit drug or alcohol use at a specialty facility (i.e., drug and alcohol rehabilitation facility [inpatient or outpatient], hospital [inpatient only], or mental health center).<sup>11</sup> Mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, assessed by the Mental Health Surveillance Study (MHSS) *Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders* (MHSS-SCID), which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Any mental illness (AMI) includes adults with any mental disorder regardless of whether their disorder resulted in functional impairment. Serious mental illness (SMI) includes adults with any mental disorder that resulted in serious functional impairment.<sup>12</sup> Mental health services are defined as having received inpatient treatment/counseling or outpatient treatment/counseling or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use.<sup>13</sup> Respondents were asked, "At any time in the past 12 months, did you seriously think about trying to kill yourself?" If they answered "Yes," they were categorized as having serious thoughts of suicide in the past year.<sup>14</sup> Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when an individual experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2015 and 2016.

## CONNECTICUT

**Table 24 Selected Drug Use, Perceptions of Great Risk, Past Year Substance Use Disorder and Treatment, and Past Year Mental Health Measures in Connecticut, by Age Group: Percentages, Annual Averages Based on 2015-2016 NSDUHS**

Measure	12+	12-17	18-25	26+	18+
<b>ILLICIT DRUGS</b>					
Past Month Illicit Drug Use <sup>1,2</sup>	10.95	9.48	28.86	8.21	11.10
Past Year Marijuana Use	15.08	14.11	43.54	10.57	15.18
Past Month Marijuana Use	9.36	7.95	26.94	6.66	9.50
Perceptions of Great Risk from Smoking Marijuana Once a Month	23.76	24.73	11.29	25.69	23.66
First Use of Marijuana <sup>3,4</sup>	2.31	5.78	9.91	0.49	1.68
Past Month Illicit Drug Use Other Than Marijuana <sup>1,2</sup>	3.68	2.65	9.27	2.89	3.78
Past Year Cocaine Use	2.48	0.62	9.07	1.62	2.66
Perceptions of Great Risk from Using Cocaine Once a Month	68.78	55.12	59.81	71.82	70.13
Past Year Heroin Use	0.71	0.07	1.21	0.70	0.77
Perceptions of Great Risk from Trying Heroin Once or Twice	85.01	65.55	81.40	87.85	86.94
Past Year Misuse of Pain Relievers <sup>2,5</sup>	4.39	3.44	7.18	4.05	4.49
<b>ALCOHOL</b>					
Past Month Alcohol Use	59.09	11.21	67.37	63.34	63.91
Past Month Binge Alcohol Use <sup>6</sup>	27.03	6.09	46.05	26.39	29.14
Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic Beverage Once or Twice a Week	42.93	43.21	32.40	44.61	42.90
Past Month Alcohol Use <sup>7</sup> (Individuals Aged 12 to 20)	26.24	--	--	--	--
Past Month Binge Alcohol Use <sup>6,7</sup> (Individuals Aged 12 to 20)	16.60	--	--	--	--
<b>TOBACCO PRODUCTS</b>					
Past Month Tobacco Product Use <sup>8</sup>	22.25	5.40	33.85	22.33	23.95
Past Month Cigarette Use	17.95	3.54	27.43	18.10	19.40
Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per Day	75.07	71.27	70.14	76.32	75.45
<b>PAST YEAR SUBSTANCE USE DISORDER AND TREATMENT</b>					
Illicit Drug Use Disorder <sup>1,2,9</sup>	3.62	4.03	10.06	2.53	3.58
Pain Reliever Use Disorder <sup>2,5,9</sup>	0.70	0.59	0.87	0.69	0.71
Alcohol Use Disorder <sup>9</sup>	6.78	2.82	11.34	6.50	7.18
Substance Use Disorder <sup>1,2,9</sup>	9.17	5.00	18.42	8.16	9.59
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,2,10</sup>	3.26	3.70	8.55	2.35	3.21
Needing But Not Receiving Treatment for Alcohol Use <sup>10</sup>	6.45	2.62	10.72	6.20	6.83
Needing But Not Receiving Treatment for Substance Use <sup>1,2,10</sup>	8.47	5.17	16.77	7.51	8.81
<b>PAST YEAR MENTAL HEALTH ISSUES</b>					
Serious Mental Illness <sup>4,11</sup>	--	--	5.44	3.28	3.59
Any Mental Illness <sup>4,11</sup>	--	--	23.48	17.11	18.00
Received Mental Health Services <sup>12</sup>	--	--	15.28	17.33	17.05
Had Serious Thoughts of Suicide <sup>13</sup>	--	--	8.56	2.98	3.76
Major Depressive Episode <sup>4,14</sup>	--	12.52	11.73	6.05	6.84

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

<sup>1</sup> Illicit Drug Use includes the misuse of prescription psychotherapeutics or the use of marijuana, cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine. Illicit Drug Use Other Than Marijuana includes the misuse of prescription psychotherapeutics or the use of cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine.<sup>2</sup> Misuse of prescription psychotherapeutics is defined as use in any way not directed by a doctor, including use without a prescription of one's own; use in greater amounts, more often, or longer than told; or use in any other way not directed by a doctor. Prescription psychotherapeutics do not include over-the-counter drugs.<sup>3</sup> First Use of Marijuana is defined as follows:  $Average\ annual\ initiation\ of\ marijuana\ (\%) = 100 * \{ [X_1 \div (0.5 * X_1 + X_2)] \div 2 \}$ , where  $X_1$  is the number of marijuana initiates in the past 24 months and  $X_2$  is the number of individuals who never used marijuana (with the at-risk population defined as  $0.5 * X_1 + X_2$ ). Both of the computation components,  $X_1$  and  $X_2$ , are based on a survey-weighted hierarchical Bayes estimation approach. The age group shown is based on a respondent's age at the time of the interview, not his or her age at first use.<sup>4</sup> For details, see Section B of the "2015-2016 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <https://www.samhsa.gov/data/>.<sup>5</sup> Prescription psychotherapeutic subtypes were revised in 2016; one effect was the comparability of codeine products between 2015 and 2016.<sup>6</sup> Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days. In 2015, the definition for females changed from five to four drinks.<sup>7</sup> Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.<sup>8</sup> Tobacco Products include cigarettes, smokeless tobacco (i.e., snuff, dip, chewing tobacco, or "snus"), cigars, or pipe tobacco.<sup>9</sup> Substance Use Disorder is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).<sup>10</sup> Respondents were classified as needing treatment for a substance use problem if they met the criteria for a substance use disorder as defined in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) or received treatment for illicit drug or alcohol use at a specialty facility (i.e., drug and alcohol rehabilitation facility [inpatient or outpatient], hospital [inpatient only], or mental health center).<sup>11</sup> Mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, assessed by the Mental Health Surveillance Study (MHSS) *Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders* (MHSS-SCID), which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Any mental illness (AMI) includes adults with any mental disorder regardless of whether their disorder resulted in functional impairment. Serious mental illness (SMI) includes adults with any mental disorder that resulted in serious functional impairment.<sup>12</sup> Mental health services are defined as having received inpatient treatment/counseling or outpatient treatment/counseling or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use.<sup>13</sup> Respondents were asked, "At any time in the past 12 months, did you seriously think about trying to kill yourself?" If they answered "Yes," they were categorized as having serious thoughts of suicide in the past year.<sup>14</sup> Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when an individual experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

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