

LOUISIANA

Table 47 Selected Drug Use, Perceptions of Great Risk, Past Year Substance Use Disorder and Treatment, and Past Year Mental Health Measures in Louisiana, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2015-2016 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLCIT DRUGS					
Past Month Illicit Drug Use ^{1,2}	341	27	108	206	314
Past Year Marijuana Use	429	37	142	250	392
Past Month Marijuana Use	261	21	88	152	240
Perceptions of Great Risk from Smoking Marijuana Once a Month	1,217	117	89	1,010	1,100
First Use of Marijuana ^{3,4}	39	16	18	5	23
Past Month Illicit Drug Use Other Than Marijuana ^{1,2}	147	11	43	92	135
Past Year Cocaine Use	65	1	22	41	64
Perceptions of Great Risk from Using Cocaine Once a Month	2,874	209	344	2,322	2,665
Past Year Heroin Use	8	0	2	6	8
Perceptions of Great Risk from Trying Heroin Once or Twice	3,305	238	416	2,651	3,067
Past Year Misuse of Pain Relievers ^{2,5}	175	14	38	122	160
ALCOHOL					
Past Month Alcohol Use	1,927	39	280	1,608	1,888
Past Month Binge Alcohol Use ⁶	1,007	21	186	800	986
Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic Beverage Once or Twice a Week	1,702	168	199	1,334	1,533
Past Month Alcohol Use ⁷ (Individuals Aged 12 to 20)	128	--	--	--	--
Past Month Binge Alcohol Use ^{6,7} (Individuals Aged 12 to 20)	76	--	--	--	--
TOBACCO PRODUCTS					
Past Month Tobacco Product Use ⁸	1,170	29	180	961	1,141
Past Month Cigarette Use	988	21	150	818	968
Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per Day	2,627	243	336	2,048	2,384
PAST YEAR SUBSTANCE USE DISORDER AND TREATMENT					
Illicit Drug Use Disorder ^{1,2,9}	105	10	33	63	96
Pain Reliever Use Disorder ^{2,5,9}	32	2	5	25	30
Alcohol Use Disorder ⁹	249	10	50	189	240
Substance Use Disorder ^{1,2,9}	309	16	69	225	293
Needing But Not Receiving Treatment for Illicit Drug Use ^{1,2,10}	91	8	31	51	82
Needing But Not Receiving Treatment for Alcohol Use ¹⁰	229	9	45	175	220
Needing But Not Receiving Treatment for Substance Use ^{1,2,10}	289	16	66	207	273
PAST YEAR MENTAL HEALTH ISSUES					
Serious Mental Illness ^{4,11}	--	--	25	132	157
Any Mental Illness ^{4,11}	--	--	85	513	599
Received Mental Health Services ¹²	--	--	54	408	462
Had Serious Thoughts of Suicide ¹³	--	--	39	108	147
Major Depressive Episode ^{4,14}	--	37	39	185	225

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

NOTE: Estimated numbers appearing as 0 in this table mean that the estimate is greater than 0 but less than 500 because estimated numbers are shown in thousands.

¹ Illicit Drug Use includes the misuse of prescription psychotherapeutics or the use of marijuana, cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine. Illicit Drug Use Other Than Marijuana includes the misuse of prescription psychotherapeutics or the use of cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine.² Misuse of prescription psychotherapeutics is defined as use in any way not directed by a doctor, including use without a prescription of one's own; use in greater amounts, more often, or longer than told; or use in any other way not directed by a doctor. Prescription psychotherapeutics do not include over-the-counter drugs.³ First Use of Marijuana is defined as follows: *Average annual number of marijuana initiates* = $X_1 \div 2$, where X_1 is the number of marijuana initiates in the past 24 months.⁴ For details, see Section B of the "2015-2016 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <https://www.samhsa.gov/data/>.⁵ Prescription psychotherapeutic subtypes were revised in 2016; one effect was the comparability of codeine products between 2015 and 2016.⁶ Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days. In 2015, the definition for females changed from five to four drinks.⁷ Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.⁸ Tobacco Products include cigarettes, smokeless tobacco (i.e., snuff, dip, chewing tobacco, or "snus"), cigars, or pipe tobacco.⁹ Substance Use Disorder is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).¹⁰ Respondents were classified as needing treatment for a substance use problem if they met the criteria for a substance use disorder as defined in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) or received treatment for illicit drug or alcohol use at a specialty facility (i.e., drug and alcohol rehabilitation facility [inpatient or outpatient], hospital [inpatient only], or mental health center).¹¹ Mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, assessed by the Mental Health Surveillance Study (MHSS) *Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders* (MHSS-SCID), which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Any mental illness (AMI) includes adults with any mental disorder regardless of whether their disorder resulted in functional impairment. Serious mental illness (SMI) includes adults with any mental disorder that resulted in serious functional impairment.¹² Mental health services are defined as having received inpatient treatment/counseling or outpatient treatment/counseling or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use.¹³ Respondents were asked, "At any time in the past 12 months, did you seriously think about trying to kill yourself?" If they answered "Yes," they were categorized as having serious thoughts of suicide in the past year.¹⁴ Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when an individual experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2015 and 2016.