

Nullと比べてなぜ便利？

- 値に直接アクセスできないため
- そもそもコンパイルエラーに

```
let x: i8 = 5;  
let y: Option<i8> = Some(3);  
  
let sum = x + y;
```

```
Compiling playground v0.0.1 (/playground)  
error[E0277]: cannot add `Option<i8>` to `i8`  
--> src/main.rs:6:17  
6 |         let sum = x + y;  
  |                     ^ no implementation for `i8 + Option<i8>`  
  = help: the trait `Add<Option<i8>>` is not implemented for `i8`  
  
error: aborting due to previous error  
  
For more information about this error, try `rustc --explain E0277`.
```