Architectural Design and Menu Description should be completed in a word document (it shouldn't have any python code).

You can use flow chart etc for the design and specify your menu with details (What do you want to include for the animation, lesson, test and result etc). Refer the last two pages of the project outline.

Here are two websites where you can find more information about flow charts:

https://www.edrawsoft.com/flowchart-examples-for-students.html

https://medium.com/@warren2lynch/a-comprehensive-guide-for-flowchart-over-50-examples-785d6dfdc380

In terms of symbols, here is a website: https://www.lucidchart.com/pages/flowchart-symbols-meaning-explained

please note the parallelogram which was used for input/output is outdated.