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1 Self-gravitating thin disk with constant total mass

1.1 General setting

Consider a self gravitating disk with surface density Σ and gravitational potential Φ . Let v be its velocity field and P its pression field. Then it is described by the system

$$\frac{\partial \Sigma}{\partial t} + \boldsymbol{\nabla} \cdot (\Sigma \boldsymbol{v}) = 0, \tag{1}$$

$$\frac{\partial \boldsymbol{v}}{\partial t} + (\boldsymbol{v} \cdot \boldsymbol{\nabla})(\boldsymbol{v}) = -\frac{1}{\Sigma} \boldsymbol{\nabla} P - \boldsymbol{\nabla} \Phi, \tag{2}$$

$$\Delta \Phi = 4\pi G \Sigma \delta(z). \tag{3}$$

Here, $\Phi = \Phi_{\rm bulb} + \Phi_{\rm disk} + \Phi_{\rm DH} = \Phi_{\rm bulb} + \Phi_{\rm sg}$. Furthermore, $\Phi_{\rm bulb}$ is such that it doesn't yield any contribution to the surface density, i.e. $\Delta\Phi_{\rm bulb} = 0$, nor the pressure field, hence $\Sigma = \Sigma_{\rm disk} + \Sigma_{\rm DH}$ and $P = P_{\rm disk} + P_{\rm DH}$. Letting $q = \Sigma/\Sigma_{\rm disk}$, we have

$$\Sigma = \Sigma_{\text{disk}} + \Sigma_{\text{DH}} = \Sigma_{\text{disk}} \left(1 + \frac{\Sigma_{\text{DH}}}{\Sigma_{\text{disk}}} \right) = q \Sigma_{\text{disk}}.$$
 (4)

Suppose that we have a polytrope gas such that $P = \kappa \Sigma^{\Gamma}$ and let

$$\psi = \int \frac{\mathrm{d}P(\Sigma)}{\Sigma} \Leftrightarrow \nabla \psi = \frac{\nabla P}{\Sigma}.$$
 (5)

Then

$$\psi = \frac{\kappa \Gamma}{\Gamma - 1} \Sigma^{\Gamma - 1}.$$
 (6)

Letting $\Psi = \Phi + \psi$, we obtain

$$\frac{\partial \boldsymbol{v}}{\partial t} + (\boldsymbol{v} \cdot \boldsymbol{\nabla})(\boldsymbol{v}) = -\boldsymbol{\nabla}\Psi. \tag{7}$$

If $\Sigma_{\rm disk} \propto \Sigma_{\rm DH}$ then $q \in [1, +\infty[$ is constant and $q = 1 + M_{\rm DH}/M_{\rm disk}.$ Let M be the total mass of the galactic disk+bulb+DH. Let $x = M_{\rm disk}/M$. Then

$$M_{\text{disk}} = xM,$$

 $M_{\text{DH}} = (q-1)xM,$
 $M_{\text{bulb}} = (1-qx)M.$

where $qx = (1 + M_{\rm DH}/M_{\rm disk})(M_{\rm disk}/M) = (M_{\rm disk} + M_{\rm DH})/M < 1$. Therefore from the mass fractions we can obtain x and q by taking

$$x = \frac{M_{\rm disk}}{M},$$

$$q = 1 + \frac{M_{\rm DH}/M}{M_{\rm disk}/M}.$$

The system of equation can be rewritten as

$$\frac{\partial \Sigma_{\text{disk}}}{\partial t} + \frac{1}{r} \frac{\partial (r \Sigma_{\text{disk}} v_r)}{\partial r} + \frac{1}{r} \frac{\partial (\Sigma_{\text{disk}} v_\theta)}{\partial \theta} = 0, \tag{8}$$

$$\frac{\partial v_r}{\partial t} + v_r \frac{\partial v_r}{\partial r} + \frac{v_\theta}{r} \frac{\partial v_r}{\partial \theta} - \frac{(v_\theta)^2}{r} = -\frac{\partial \Psi}{\partial r},\tag{9}$$

$$\frac{\partial v_{\theta}}{\partial t} + v_{r} \frac{\partial v_{\theta}}{\partial r} + \frac{v_{\theta}}{r} \frac{\partial v_{\theta}}{\partial \theta} + \frac{v_{r} v_{\theta}}{r} = -\frac{1}{r} \frac{\partial \Psi}{\partial \theta}, \tag{10}$$

$$\Delta\Phi_{\rm sg} = 4\pi G q \Sigma_{\rm disk} \delta(z). \tag{11}$$

Let $\Phi_{\rm bulb}=-GM(1-qx)/\sqrt{c^2+r^2}$ with $x\in[0,1].$ An equilibrium state is given by the Plummer equilibrium, such that, letting $\xi=(r^2-a^2)/(r^2+a^2)$, that is, $r/a=\sqrt{(1+\xi)/(1-\xi)}$,

$$\begin{split} v_r^0 &= 0, \qquad (v_\theta^0)^2 = r \frac{\partial \Psi^0}{\partial r}, \\ \psi^0 &= \frac{\kappa \Gamma}{\Gamma - 1} (\Sigma^0)^{\Gamma - 1} = \frac{\kappa \Gamma q^{\Gamma - 1}}{(\Gamma - 1)} (\Sigma_{\rm disk}^0)^{\Gamma - 1}, \\ \Sigma_{\rm disk}^0 &= \frac{xM}{2\pi a^2} \frac{1}{(1 + (r/a)^2)^{3/2}} = \frac{xM}{2\pi a^2} \left(\frac{1 - \xi}{2}\right)^{3/2}, \\ \Phi_{\rm sg}^0 &= -\frac{GMqx}{a} \frac{1}{\sqrt{1 + (r/a)^2}} = -\frac{GMqx}{a} \left(\frac{1 - \xi}{2}\right)^{1/2}. \end{split}$$

Therefore, letting

$$\varepsilon = \frac{U(x=1,q=1)}{|E(x=1,q=1)|} = \frac{3a\kappa\Gamma}{GM} \left(\frac{M}{2\pi a^2}\right)^{\Gamma-1},$$

we obtain

$$\begin{split} \Psi^0 &= -\frac{GM(1-qx)}{\sqrt{c^2+r^2}} - \frac{GMqx}{a} \left(\frac{1-\xi}{2}\right)^{1/2} + \frac{\kappa\Gamma}{(\Gamma-1)} (q\Sigma_{\rm disk}^0)^{\Gamma-1}, \\ &= -\frac{GM(1-qx)}{\sqrt{c^2+r^2}} + \frac{GM}{a} \left[-(qx) \left(\frac{1-\xi}{2}\right)^{1/2} + \frac{\varepsilon(qx)^{\Gamma-1}}{3(\Gamma-1)} \left(\frac{1-\xi}{2}\right)^{3(\Gamma-1)/2} \right], \\ &= \frac{GMqx}{a} \left[-\frac{a}{c} \frac{1-qx}{qx} \frac{1}{\sqrt{1+(r/c)^2}} - \left(\frac{1-\xi}{2}\right)^{1/2} + \frac{\varepsilon(xq)^{\Gamma-2}}{3(\Gamma-1)} \left(\frac{1-\xi}{2}\right)^{3(\Gamma-1)/2} \right], \\ &(v_\theta^0)^2 &= r \frac{\partial \Psi^0}{\partial r} = r \frac{\partial \Psi^0}{\partial \xi} \frac{\partial \xi}{\partial r} = 4 \left(\frac{r}{a}\right)^2 \left(\frac{1-\xi}{2}\right)^2 \frac{\partial \Psi^0}{\partial \xi} = (1+\xi)(1-\xi) \frac{\partial \Psi^0}{\partial \xi}, \\ &= \frac{GM}{a} \left[\frac{a(1-qx)}{c} \left(\frac{r}{c}\right)^2 \left(\frac{1}{1+(r/c)^2}\right)^{3/2} + qx \left(\frac{1+\xi}{2}\right) \left(\frac{1-\xi}{2}\right)^{1/2} \left(1-\varepsilon(qx)^{\Gamma-2} \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2}\right) \right], \\ &= \frac{GMqx}{a} \left[\frac{a}{c} \frac{1-qx}{qx} \left(\frac{r}{c}\right)^2 \left(\frac{1}{1+(r/c)^2}\right)^{3/2} + \left(\frac{1+\xi}{2}\right) \left(\frac{1-\xi}{2}\right)^{1/2} \left(1-\varepsilon(qx)^{\Gamma-2} \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2}\right) \right], \end{split}$$

with

$$\frac{1-\xi}{2} = \frac{a^2}{r^2 + a^2} = \frac{1}{1 + (r/a)^2}; \quad \frac{1+\xi}{2} = \frac{r^2}{r^2 + a^2} = \frac{(r/a)^2}{1 + (r/a)^2}.$$

Note that for x=1 (only disk) and q=1 (purely self-gravitating system), we recover the expression of Toomre

$$v_{\theta}^{0} = \left(\frac{GM}{a}\right)^{1/2} \left(\frac{1+\xi}{2}\right)^{1/2} \left(\frac{1-\xi}{2}\right)^{1/4} \sqrt{1-\varepsilon \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2}}.$$

The perturbative equation at 1st order are

$$\begin{split} &\frac{\partial v_r^p}{\partial t} + \frac{v_\theta^0}{r} \frac{\partial v_r^p}{\partial \theta} - 2 \frac{v_\theta^0 v_\theta^p}{r} = -\frac{\partial \Psi^p}{\partial r}, \\ &\frac{\partial v_\theta^p}{\partial t} + v_r^p \frac{\partial v_\theta^0}{\partial r} + \frac{v_\theta^0}{r} \frac{\partial v_\theta^p}{\partial \theta} + \frac{v_r^p v_\theta^0}{r} = -\frac{1}{r} \frac{\partial \Psi^p}{\partial \theta}, \\ &\Delta \Phi_{\rm sg}^p = 4\pi G q \Sigma_{\rm disk}^p \delta(z), \\ &\psi^p = \kappa \Gamma q^{\Gamma-1} (\Sigma_{\rm disk}^0)^{\Gamma-2} \Sigma_{\rm disk}^p. \end{split}$$

We define $X^p(r,\theta,t)=\sum_{m\in\mathbb{Z}}X^p_m(r,t)e^{im\theta}$ and look for a temporal dependency in $e^{-i\omega t}$. Aoki & Iye say that there is this following correspondance between surface density and gravitational potential through the Poisson equation:

$$(\Sigma_{\text{disk}})_{m}^{p}(r,\theta) = \frac{xM}{2\pi a^{2}} \left(\frac{1-\xi}{2}\right)^{3/2} \sum_{n=|m|}^{\infty} a_{n}^{m} \widehat{P_{n}^{[m]}}(\xi) e^{-i\omega t}, \tag{12}$$

$$(\Phi_{\rm sg})_m^p(r,\theta) = -\frac{GMqx}{a} \left(\frac{1-\xi}{2}\right)^{1/2} \sum_{n=|m|}^{\infty} \frac{a_n^m}{2n+1} \widehat{P_n^{|m|}}(\xi) e^{-i\omega t},\tag{13}$$

$$(\psi)_{m}^{p}(r,\theta) = \kappa \Gamma \left(\frac{M}{2\pi a^{2}}\right)^{\Gamma-1} (qx)^{\Gamma-1} \left(\frac{1-\xi}{2}\right)^{3/2(\Gamma-1)} \sum_{n=|m|}^{\infty} a_{n}^{m} \widehat{P_{n}^{|m|}}(\xi) e^{-i\omega t}, \tag{14}$$

$$(\Psi)_{m}^{p}(r,\theta) = \frac{GMqx}{a} \left(\frac{1-\xi}{2}\right)^{1/2} \sum_{n=|m|}^{\infty} \left[\frac{\varepsilon}{3} (qx)^{\Gamma-2} \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2} - \frac{1}{2n+1}\right] a_{n}^{m} \widehat{P_{n}^{|m|}}(\xi) e^{-i\omega t}.$$
 (15)

Let us decompose the velocity components based on their equilibrium expression:

$$(v_r)_m^p = i \frac{m}{|m|} \left(\frac{GMqx}{a}\right)^{1/2} \left(\frac{1+\xi}{2}\right)^{-1/2} \left(\frac{1-\xi}{2}\right)^{1/4} \sum_{n=|m|}^{\infty} b_n^m \widehat{P_n^{[m]}}(\xi) e^{-i\omega t},\tag{16}$$

$$(v_{\theta})_{m}^{p} = \left(\frac{GMqx}{a}\right)^{1/2} \left(\frac{1+\xi}{2}\right)^{-1/2} \left(\frac{1-\xi}{2}\right)^{1/4} \sum_{n=|m|}^{\infty} c_{n}^{m} \widehat{P_{n}^{[m]}}(\xi) e^{-i\omega t}.$$
(17)

Letting $X_m^p = X^1 e^{-i\omega t}$, this yields the set of equations

$$i(-\omega + m\Omega)(\Sigma_{\text{disk}})^{1} + \frac{1}{r}\frac{d(r\Sigma_{0}(v_{r})^{1})}{dr} + \frac{im\Sigma^{0}(v_{\theta})^{1}}{r} = 0,$$
 (18)

$$\frac{d(\Psi)^{1}}{dr} + i(-\omega + m\Omega)(v_{r})^{1} - 2\Omega(v_{\theta})^{1} = 0,$$
(19)

$$im\frac{(\Psi)^1}{r} + \frac{\alpha^2}{2\Omega}(v_r)^1 + i(-\omega + m\Omega)(v_\theta)^1 = 0,$$
 (20)

where $\Omega=v_{\theta}^0/r$ is the angular velocity and $\alpha^2=4\Omega^2[1+r/(2\Omega)\cdot(\mathrm{d}\Omega/\mathrm{d}r)]$ is the epicyclic frequency. Using the relation

$$\int_{-1}^{1} d\xi \widehat{P_n^{|m|}}(\xi) \widehat{P_l^{|m|}}(\xi) = \delta_{nl},$$

and defining $\Omega_{\rm ref}=(GMqx/(a^3))^{1/2}, \ \Sigma_{\rm ref}=xM/(2\pi a^2)$ such that $\widehat{\omega}=\omega/\Omega_{\rm ref}, \ \widehat{\Omega}=\Omega/\Omega_{\rm ref}, \ \widehat{\alpha}=\alpha/\Omega_{\rm ref}, \ \widehat{\Sigma}=\Sigma/\Sigma_{\rm ref}$ and $\lambda=\frac{|m|}{m}\widehat{\omega}$, we obtain the matrix equations

$$\sum_{n=|m|}^{\infty} A_{ln} a_n^m + \sum_{n=|m|}^{\infty} B_{ln} b_n^m + \sum_{n=|m|}^{\infty} C_{ln} c_n^m = \lambda a_l^m,$$

$$\sum_{n=|m|}^{\infty} D_{ln} a_n^m + \sum_{n=|m|}^{\infty} A_{ln} b_n^m + \sum_{n=|m|}^{\infty} F_{ln} c_n^m = \lambda b_l^m,$$

$$\sum_{n=|m|}^{\infty} G_{ln} a_n^m + \sum_{n=|m|}^{\infty} H_{ln} b_n^m + \sum_{n=|m|}^{\infty} A_{ln} c_n^m = \lambda b_l^m,$$

where we defined

$$\begin{split} A_{ln} &= |m| \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \widehat{\Omega}(\xi) \widehat{P_{n}^{[m]}}(\xi), \\ B_{ln} &= 4 \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{1/2} \frac{\mathrm{d}}{\mathrm{d}\xi} \left[\left(\frac{1-\xi}{2}\right)^{5/4} \widehat{P_{n}^{[m]}}(\xi) \right], \\ C_{ln} &= |m| \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{3/4} \left(\frac{1+\xi}{2}\right)^{-1} \widehat{P_{n}^{[m]}}(\xi), \\ D_{ln} &= 4 \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{5/4} \left(\frac{1+\xi}{2}\right) \frac{\mathrm{d}}{\mathrm{d}\xi} \left[\left(\frac{1}{2n+1} - \frac{\varepsilon}{3} (qx)^{\Gamma-2} \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2} \right) \left(\frac{1-\xi}{2}\right)^{1/2} \widehat{P_{n}^{[m]}}(\xi) \right], \\ F_{ln} &= 2 \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \widehat{\Omega}(\xi) \widehat{P_{n}^{[m]}}(\xi), \\ G_{ln} &= -|m| \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{3/4} \left(\frac{1}{2n+1} - \frac{\varepsilon}{3} (qx)^{\Gamma-2} \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2} \right) \widehat{P_{n}^{[m]}}(\xi), \\ H_{ln} &= \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \widehat{\frac{\alpha^{2}(\xi)}{2}} \widehat{P_{n}^{[m]}}(\xi). \end{split}$$

with

$$\begin{split} \widehat{\Omega}(\xi) &= \sqrt{\frac{1-\xi}{1+\xi}} \sqrt{\frac{a}{c} \frac{1-qx}{qx} \bigg(\frac{r}{c}\bigg)^2 \bigg(\frac{1}{1+(r/c)^2}\bigg)^{3/2} + \bigg(\frac{1+\xi}{2}\bigg) \bigg(\frac{1-\xi}{2}\bigg)^{1/2} \bigg[1-\varepsilon(qx)^{\Gamma-2} \bigg(\frac{1-\xi}{2}\bigg)^{\frac{3\Gamma}{2}-2}\bigg]}, \\ \widehat{\frac{\alpha^2(\xi)}{2\widehat{\Omega}(\xi)}} &= 2\widehat{\Omega}(\xi) \bigg[1+\frac{r}{2\widehat{\Omega}} \frac{\mathrm{d}\widehat{\Omega}}{\mathrm{d}r}\bigg] = 2\widehat{\Omega}(\xi) \bigg[1+\frac{(1+\xi)(1-\xi)}{2\widehat{\Omega}} \frac{\mathrm{d}\widehat{\Omega}}{\mathrm{d}\xi}\bigg], \end{split}$$

where

$$\frac{d(r/a)}{d\xi} = \frac{d}{d\xi} \left[\sqrt{\frac{1+\xi}{1-\xi}} \right] = (1-\xi)^{-3/2} (1+\xi)^{-1/2}$$

Since $(r/c)^2 = (a/c)^2 \cdot (r/a)^2 = (a/c)^2 \cdot (1+\xi)/(1-\xi)$, we have that

$$\widehat{\Omega}(\xi) = \left(\frac{1-\xi}{2}\right)^{3/4} \sqrt{\left(\frac{a}{c}\right)^3 \frac{1-qx}{qx} \left(\frac{1-\xi}{2}\right)^{-3/2} \left(\frac{1}{1+(r/c)^2}\right)^{3/2} + \left[1-\varepsilon(qx)^{\Gamma-2} \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2}\right]}.$$

1.2 Case $\Gamma = 4/3$

The expressions become

$$\widehat{\Omega}(\xi) = \left(\frac{1-\xi}{2}\right)^{3/4} \sqrt{\left(\frac{a}{c}\right)^3 \frac{(1-qx)}{qx} \left(\frac{1-\xi}{2}\right)^{-3/2} \left(\frac{1}{1+(r/c)^2}\right)^{3/2} + \left[1-\varepsilon\left(\frac{1}{qx}\right)^{\frac{2}{3}}\right]},$$

$$\frac{\widehat{\alpha}^2(\xi)}{2\widehat{\Omega}(\xi)} = 2\widehat{\Omega}(\xi) \left[1 + \frac{(1+\xi)(1-\xi)}{2\widehat{\Omega}} \frac{\mathrm{d}\widehat{\Omega}}{\mathrm{d}\xi}\right],$$

with the matrix elements

$$\begin{split} A_{ln} &= |m| \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \widehat{\Omega}(\xi) \widehat{P_{n}^{[m]}}(\xi), \\ B_{ln} &= 4 \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{1/2} \frac{\mathrm{d}}{\mathrm{d}\xi} \left[\left(\frac{1-\xi}{2}\right)^{5/4} \widehat{P_{n}^{[m]}}(\xi) \right], \\ C_{ln} &= |m| \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{3/4} \left(\frac{1+\xi}{2}\right)^{-1} \widehat{P_{n}^{[m]}}(\xi), \\ D_{ln} &= 4 \left(\frac{1}{2n+1} - \frac{\varepsilon}{3} \left(\frac{1}{qx}\right)^{\frac{2}{3}}\right) \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{5/4} \left(\frac{1+\xi}{2}\right) \frac{\mathrm{d}}{\mathrm{d}\xi} \left[\left(\frac{1-\xi}{2}\right)^{1/2} \widehat{P_{n}^{[m]}}(\xi) \right], \\ F_{ln} &= 2 \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \widehat{\Omega}(\xi) \widehat{P_{n}^{[m]}}(\xi), \\ G_{ln} &= -|m| \left(\frac{1}{2n+1} - \frac{\varepsilon}{3} \left(\frac{1}{qx}\right)^{\frac{2}{3}}\right) \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{3/4} \widehat{P_{n}^{[m]}}(\xi), \\ H_{ln} &= \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \widehat{\Omega^{2}(\xi)} \widehat{P_{n}^{[m]}}(\xi). \end{split}$$

Integrals A_{ln} and F_{ln} are proportional. With the addition of H_{ln} , those 3 integrals must be computed numerically because of the non-trivial shift in their expression induced by the bulb potential. As for B_{ln} , C_{ln} , D_{ln} and G_{ln} , their can be can expressed in terms of the two following integrals

$$\widehat{I}(l,n) = \int_{-1}^{1} d\xi \left(\frac{1-\xi}{2}\right)^{3/4} \widehat{P_l^{|m|}}(\xi) \widehat{P_n^{|m|}}(\xi), \tag{21}$$

$$\widehat{J}(l,n) = \int_{-1}^{1} d\xi \left(\frac{1-\xi}{2}\right)^{3/4} \left(\frac{1+\xi}{2}\right)^{-1} \widehat{P_l^{[m]}}(\xi) \widehat{P_n^{[m]}}(\xi), \tag{22}$$

as

$$B_{ln} = \frac{1}{2} \left[\sqrt{\frac{(2l+1)(l+m+1)(l-m+1)}{2l+3}} \widehat{J}(l+1,n) + \widehat{J}(l,n) - \sqrt{\frac{(2l+1)(l+m)(l-m)}{2l-1}} \widehat{J}(l-1,n) \right],$$

$$C_{ln} = m\widehat{J}(l,n),$$

$$D_{ln} = \frac{1}{2} \left(\frac{1}{2n+1} - \frac{\varepsilon}{3} \left(\frac{1}{qx} \right)^{\frac{2}{3}} \right) \left[-\sqrt{\frac{(2n+1)(n+m+1)(n-m+1)}{2n+3}} \widehat{I}(l,n+1) - \widehat{I}(l,n) + \sqrt{\frac{(2n+1)(n+m)(n-m)}{2n-1}} \widehat{I}(l,n-1) \right],$$

$$G_{ln} = -|m| \left(\frac{1}{2n+1} - \frac{\varepsilon}{3} \left(\frac{1}{qx} \right)^{\frac{2}{3}} \right) \widehat{I}(l,n).$$

where $\widehat{I}(l,n)$ and $\widehat{J}(l,n)$ can be computed by recursion and using the symmetry $l \leftrightarrow n$. Defining

$$\widehat{I}'(l,n) = \int_{-1}^{1} d\xi \, \xi \left(\frac{1-\xi}{2}\right)^{3/4} \widehat{P_l^{[m]}}(\xi) \widehat{P_n^{[m]}}(\xi), \tag{23}$$

$$\widehat{J}'(l,n) = \int_{-1}^{1} d\xi \, \xi \left(\frac{1-\xi}{2}\right)^{3/4} \left(\frac{1+\xi}{2}\right)^{-1} \widehat{P_l^{|m|}}(\xi) \widehat{P_n^{|m|}}(\xi), \tag{24}$$

Starting from(Aoki79, A16)

$$\begin{split} \widehat{I}(l,n) &= \sqrt{\frac{(2n+1)(2n-1)}{(n+m)(n-m)}} \widehat{I'}(l,n-1) - \sqrt{\frac{(n+m-1)(n-m-1)(2n+1)}{(n+m)(n-m)(2n-3)}} \widehat{I}(l,n-2), \\ \widehat{I'}(l,n-1) &= \sqrt{\frac{(l+m+1)(l-m+1)}{(2l+1)(2l+3)}} \widehat{I}(l+1,n-1) + \sqrt{\frac{(l+m)(l-m)}{(2l+1)(2l-1)}} \widehat{I}(l-1,n-1), \end{split}$$

hence to compute until l, n = m + N, we need to compute $\widehat{I}(l', m)$ until l' = m + 2N. By convention (for the recursion), we have set $\widehat{I}(l', n') = 0$ for l' < m or n' < m. We initialize with

$$\widehat{I}(l,m) = \frac{l - 3/4 - m - 1}{l + 3/4 + m + 1} \sqrt{\frac{(l+m)(2l+1)}{(l-m)(2l-1)}} \widehat{I}(l-1,m),$$

$$\widehat{I}(m,m) = 2^m \prod_{k=0}^m \frac{2k+1}{3/4 + m + 1 + k}.$$

We proceed as follows:

- Compute the line n = m: $\widehat{I}(m, m)$, $\widehat{I}(m + 1, m)$, ..., $\widehat{I}(m + 2N, m)$
- Complete the line l=m by symmetry
- Compute the line n=m+1: $\widehat{I}(m+1,m+1)$, $\widehat{I}(m+2,m+1)$, ... , $\widehat{I}(m+2N-1,m+1)$
- Complete the line l=m+1 by symmetry
- Compute the line n=m+2: $\widehat{I}(m+2,m+2)$, $\widehat{I}(m+3,m+2)$, ... , $\widehat{I}(m+2N-2,m+2)$

- ...

- Compute the line n=m+N-1: $\widehat{I}(m+N-1,m+N-1)$, $\widehat{I}(m+N+1,m+N-1)$.
- Complete the line l = m + N 1 by symmetry
- Compute the line n = m + N: $\widehat{I}(m + N, m + N)$.

As for \widehat{J} , let

$$\widehat{I}_{\alpha}(l,m) = \frac{(-1)^{l-m}(2m-1)!!2^{m+1}\Gamma(\alpha+1)\Gamma(\alpha+m+1)(l+m)!}{\Gamma(\alpha+1-l+m)\Gamma(\alpha+m+l+2)(l-m)!}$$
(25)

with $\widehat{I}_{3/4}(l,m)=\widehat{I}(l,m)$. We can also compute it by recursion using the formulae

$$\widehat{J}(l,n) = \sqrt{\frac{(2n+1)(2n-1)}{(n+m)(n-m)}} \widehat{J}'(l,n-1) - \sqrt{\frac{(n+m-1)(n-m-1)(2n+1)}{(n+m)(n-m)(2n-3)}} \widehat{J}(l,n-2),$$

$$\widehat{J}'(l,n-1) = \sqrt{\frac{(l+m+1)(l-m+1)}{(2l+1)(2l+3)}} \widehat{J}(l+1,n-1) + \sqrt{\frac{(l+m)(l-m)}{(2l+1)(2l-1)}} \widehat{J}(l-1,n-1),$$

hence to compute until l, n = m + N, we need to compute $\widehat{I}(l', m)$ until l' = m + 2N. By convention (for the

recursion), we have set $\widehat{I}(l', n') = 0$ for l' < m or n' < m. We initialize with

$$\widehat{J}(l,m) = \sqrt{\frac{(l-m)(l-m-1)(2l+1)}{(l+m)(l+m-1)(2l-3)}} \widehat{J}(l-2,m) + 4\sqrt{\frac{(2m+1)(2l+1)(2l-1)}{2m(l+m)(l+m-1)}} \widehat{I}_{7/3}(l-1,m-1),$$

$$\widehat{J}(m,m) = \frac{2^m}{m} \prod_{k=1}^m \frac{2k+1}{3/4+m+k},$$

$$\widehat{J}(m+1,m) = -\frac{7}{4} \frac{2^m \sqrt{2m+3}}{m} \prod_{k=0}^m \frac{2k+1}{3/4+m+1+k} = -\frac{7\sqrt{2m+3}}{4(3/4+2m+1)} \widehat{J}(m,m).$$

We can compute the $\widehat{I}_{7/4}$ part by recursion. Indeed,

$$\widehat{I}_{\alpha}(l,m) = \frac{l - \alpha - m - 1}{l + \alpha + m + 1} \sqrt{\frac{(l + m)(2l + 1)}{(l - m)(2l - 1)}} \widehat{I}_{\alpha}(l - 1, m), \tag{26}$$

$$\widehat{I}_{\alpha}(m,m) = 2^m \prod_{k=0}^m \frac{2k+1}{\alpha+m+1+k}.$$
(27)

Hence, we need to compute beforehand the values $\widehat{I}_{\alpha}(l', m-1)$ for l=m-1,...,m+2N-1, and then apply the same process as for \widehat{I} .

As for the numerical integral, we use a simple midpoint rule with K points. Those integrals have the form

$$I_{ln} = \int_{-1}^{1} d\xi \widehat{P_{l}^{|m|}}(\xi) \phi(\xi) \widehat{P_{n}^{|m|}}(\xi) \approx \frac{2}{K} \sum_{k=1}^{K} \widehat{P_{l}^{|m|}}(\xi_{k}) \phi(\xi_{k}) \widehat{P_{n}^{|m|}}(\xi_{k}),$$

where $\xi_k = -1 + (2/K)(k-1/2)$. As we with to compute those elements for $m \leq l, n \leq m+N$, we have to compute the $\widehat{P_l^{[m]}}(\xi_k)$ for n=m,...,m+N and k=1,...,K. To that end, We compute before hand a table of the values $\{\widehat{P_l^{[m]}}(\xi_k)\}_{(n,k)}$ and of the values $\{\phi(\xi_k)\}_k$. The Legendre associated functions can be efficiently computed by using the Julia library "SphericalHarmomics", in which we use the function "computePlmcostheta (θ, l_{\max}, m) " which compute $\widehat{P_l^{[m]}}(\cos(\theta))/\sqrt{\pi}$ for all $n=0,...,l_{\max}$ at a given m.

2 Self-gravitating thin disk with constant stellar total

2.1 General setting

Consider a self gravitating disk with surface density Σ and gravitational potential Φ . Let v be its velocity field and P its pression field. Then it is described by the system

$$\frac{\partial \Sigma}{\partial t} + \boldsymbol{\nabla} \cdot (\Sigma \boldsymbol{v}) = 0, \tag{28}$$

$$\frac{\partial \boldsymbol{v}}{\partial t} + (\boldsymbol{v} \cdot \boldsymbol{\nabla})(\boldsymbol{v}) = -\frac{1}{\Sigma} \boldsymbol{\nabla} P - \boldsymbol{\nabla} \Phi, \tag{29}$$

$$\Delta \Phi = 4\pi G \Sigma \delta(z). \tag{30}$$

Here, $\Phi = \Phi_{\rm bulb} + \Phi_{\rm disk} + \Phi_{\rm DH} = \Phi_{\rm bulb} + \Phi_{\rm sg}$. Furthermore, $\Phi_{\rm bulb}$ is such that it doesn't yield any contribution to the surface density, i.e. $\Delta\Phi_{\rm bulb} = 0$, nor the pressure field, hence $\Sigma = \Sigma_{\rm disk} + \Sigma_{\rm DH}$ and $P = P_{\rm disk} + P_{\rm DH}$. Letting $q = \Sigma/\Sigma_{\rm disk}$, we have

$$\Sigma = \Sigma_{\text{disk}} + \Sigma_{\text{DH}} = \Sigma_{\text{disk}} \left(1 + \frac{\Sigma_{\text{DH}}}{\Sigma_{\text{disk}}} \right) = q \Sigma_{\text{disk}}.$$
 (31)

Suppose that we have a polytrope gas such that $P = \kappa \Sigma^{\Gamma}$ and let

$$\psi = \int \frac{\mathrm{d}P(\Sigma)}{\Sigma} \Leftrightarrow \nabla \psi = \frac{\nabla P}{\Sigma}.$$
 (32)

Then

$$\psi = \frac{\kappa \Gamma}{\Gamma - 1} \Sigma^{\Gamma - 1}.$$
 (33)

Letting $\Psi = \Phi + \psi$, we obtain

$$\frac{\partial \boldsymbol{v}}{\partial t} + (\boldsymbol{v} \cdot \nabla)(\boldsymbol{v}) = -\nabla \Psi. \tag{34}$$

If $\Sigma_{\rm disk} \propto \Sigma_{\rm DH}$ then $q \in [1, +\infty[$ is constant and $q = 1 + M_{\rm DH}/M_{\rm disk}$. Let M be the total stellar mass of the galactic disk+bulb. Let $x = M_{\rm disk}/M$. Then

$$M_{\text{disk}} = xM,$$

$$M_{\text{DH}} = (q - 1)xM,$$

$$M_{\text{bulb}} = (1 - x)M.$$

Therefore from the mass fractions we can obtain x and q by taking

$$x = \frac{M_{\rm disk}}{M},$$

$$q = 1 + \frac{M_{\rm DH}/M}{M_{\rm disk}/M}.$$

The system of equation can be rewritten as

$$\frac{\partial \Sigma_{\text{disk}}}{\partial t} + \frac{1}{r} \frac{\partial (r \Sigma_{\text{disk}} v_r)}{\partial r} + \frac{1}{r} \frac{\partial (\Sigma_{\text{disk}} v_\theta)}{\partial \theta} = 0, \tag{35}$$

$$\frac{\partial v_r}{\partial t} + v_r \frac{\partial v_r}{\partial r} + \frac{v_\theta}{r} \frac{\partial v_r}{\partial \theta} - \frac{(v_\theta)^2}{r} = -\frac{\partial \Psi}{\partial r},$$

$$\frac{\partial v_\theta}{\partial t} + v_r \frac{\partial v_\theta}{\partial r} + \frac{v_\theta}{r} \frac{\partial v_\theta}{\partial \theta} + \frac{v_r v_\theta}{r} = -\frac{1}{r} \frac{\partial \Psi}{\partial \theta},$$
(36)

$$\frac{\partial v_{\theta}}{\partial t} + v_{r} \frac{\partial v_{\theta}}{\partial r} + \frac{v_{\theta}}{r} \frac{\partial v_{\theta}}{\partial \theta} + \frac{v_{r} v_{\theta}}{r} = -\frac{1}{r} \frac{\partial \Psi}{\partial \theta}, \tag{37}$$

$$\Delta\Phi_{\rm sg} = 4\pi G q \Sigma_{\rm disk} \delta(z). \tag{38}$$

Let $\Phi_{\mathrm{bulb}} = -GM(1-qx)/\sqrt{c^2+r^2}$ with $x \in [0,1]$. An equilibrium state is given by the Plummer equilibrium, such that, letting $\xi = (r^2-a^2)/(r^2+a^2)$, that is, $r/a = \sqrt{(1+\xi)/(1-\xi)}$,

$$\begin{split} v_r^0 &= 0, \qquad (v_\theta^0)^2 = r \frac{\partial \Psi^0}{\partial r}, \\ \psi^0 &= \frac{\kappa \Gamma}{\Gamma - 1} (\Sigma^0)^{\Gamma - 1} = \frac{\kappa \Gamma q^{\Gamma - 1}}{(\Gamma - 1)} (\Sigma_{\rm disk}^0)^{\Gamma - 1}, \\ \Sigma_{\rm disk}^0 &= \frac{xM}{2\pi a^2} \frac{1}{(1 + (r/a)^2)^{3/2}} = \frac{xM}{2\pi a^2} \left(\frac{1 - \xi}{2}\right)^{3/2}, \\ \Phi_{\rm sg}^0 &= -\frac{GMqx}{a} \frac{1}{\sqrt{1 + (r/a)^2}} = -\frac{GMqx}{a} \left(\frac{1 - \xi}{2}\right)^{1/2}. \end{split}$$

Therefore, letting

$$\varepsilon = \frac{U(x=1,q=1)}{|E(x=1,q=1)|} = \frac{3a\kappa\Gamma}{GM} \left(\frac{M}{2\pi a^2}\right)^{\Gamma-1},$$

we obtain

$$\begin{split} \Psi^0 &= -\frac{GM(1-x)}{\sqrt{c^2+r^2}} - \frac{GMqx}{a} \left(\frac{1-\xi}{2}\right)^{1/2} + \frac{\kappa\Gamma}{(\Gamma-1)} (q\Sigma_{\rm disk}^0)^{\Gamma-1}, \\ &= -\frac{GM(1-x)}{\sqrt{c^2+r^2}} + \frac{GM}{a} \bigg[- (qx) \bigg(\frac{1-\xi}{2}\bigg)^{1/2} + \frac{\varepsilon(qx)^{\Gamma-1}}{3(\Gamma-1)} \bigg(\frac{1-\xi}{2}\bigg)^{3(\Gamma-1)/2} \bigg], \\ &= \frac{GMqx}{a} \bigg[- \frac{a}{c} \frac{1-x}{qx} \frac{1}{\sqrt{1+(r/c)^2}} - \bigg(\frac{1-\xi}{2}\bigg)^{1/2} + \frac{\varepsilon(xq)^{\Gamma-2}}{3(\Gamma-1)} \bigg(\frac{1-\xi}{2}\bigg)^{3(\Gamma-1)/2} \bigg], \\ &(v_\theta^0)^2 = r \frac{\partial \Psi^0}{\partial r} = r \frac{\partial \Psi^0}{\partial \xi} \frac{\partial \xi}{\partial r} = 4 \bigg(\frac{r}{a}\bigg)^2 \bigg(\frac{1-\xi}{2}\bigg)^2 \frac{\partial \Psi^0}{\partial \xi} = (1+\xi)(1-\xi) \frac{\partial \Psi^0}{\partial \xi}, \\ &= \frac{GM}{a} \bigg[\frac{a(1-x)}{c} \bigg(\frac{r}{c}\bigg)^2 \bigg(\frac{1}{1+(r/c)^2}\bigg)^{3/2} + qx \bigg(\frac{1+\xi}{2}\bigg) \bigg(\frac{1-\xi}{2}\bigg)^{1/2} \bigg(1-\varepsilon(qx)^{\Gamma-2}\bigg(\frac{1-\xi}{2}\bigg)^{\frac{3\Gamma}{2}-2}\bigg)\bigg], \\ &= \frac{GMqx}{a} \bigg[\frac{a}{c} \frac{1-x}{qx} \bigg(\frac{r}{c}\bigg)^2 \bigg(\frac{1}{1+(r/c)^2}\bigg)^{3/2} + \bigg(\frac{1+\xi}{2}\bigg) \bigg(\frac{1-\xi}{2}\bigg)^{1/2} \bigg(1-\varepsilon(qx)^{\Gamma-2}\bigg(\frac{1-\xi}{2}\bigg)^{\frac{3\Gamma}{2}-2}\bigg)\bigg], \end{split}$$

with

$$\frac{1-\xi}{2} = \frac{a^2}{r^2 + a^2} = \frac{1}{1 + (r/a)^2}; \quad \frac{1+\xi}{2} = \frac{r^2}{r^2 + a^2} = \frac{(r/a)^2}{1 + (r/a)^2}.$$

Note that for x=1 (only disk) and q=1 (purely self-gravitating system), we recover the expression of Toomre

$$v_{\theta}^{0} = \left(\frac{GM}{a}\right)^{1/2} \left(\frac{1+\xi}{2}\right)^{1/2} \left(\frac{1-\xi}{2}\right)^{1/4} \sqrt{1-\varepsilon \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2}}.$$

The perturbative equation at 1st order are

$$\begin{split} &\frac{\partial v_r^p}{\partial t} + \frac{v_\theta^0}{r} \frac{\partial v_r^p}{\partial \theta} - 2 \frac{v_\theta^0 v_\theta^p}{r} = -\frac{\partial \Psi^p}{\partial r}, \\ &\frac{\partial v_\theta^p}{\partial t} + v_r^p \frac{\partial v_\theta^0}{\partial r} + \frac{v_\theta^0}{r} \frac{\partial v_\theta^p}{\partial \theta} + \frac{v_r^p v_\theta^0}{r} = -\frac{1}{r} \frac{\partial \Psi^p}{\partial \theta}, \\ &\Delta \Phi_{\rm sg}^p = 4\pi G q \Sigma_{\rm disk}^p \delta(z), \\ &\psi^p = \kappa \Gamma q^{\Gamma-1} (\Sigma_{\rm disk}^0)^{\Gamma-2} \Sigma_{\rm disk}^p. \end{split}$$

We define $X^p(r,\theta,t) = \sum_{m \in \mathbb{Z}} X^p_m(r,t) e^{im\theta}$ and look for a temporal dependency in $e^{-i\omega t}$. Aoki & Iye say that there is this following correspondance between surface density and gravitational potential through the Poisson equation:

$$(\Sigma_{\text{disk}})_{m}^{p}(r,\theta) = \frac{xM}{2\pi a^{2}} \left(\frac{1-\xi}{2}\right)^{3/2} \sum_{n=|m|}^{\infty} a_{n}^{m} \widehat{P_{n}^{|m|}}(\xi) e^{-i\omega t}, \tag{39}$$

$$(\Phi_{\rm sg})_m^p(r,\theta) = -\frac{GMqx}{a} \left(\frac{1-\xi}{2}\right)^{1/2} \sum_{n=|m|}^{\infty} \frac{a_n^m}{2n+1} \widehat{P_n^{|m|}}(\xi) e^{-i\omega t},\tag{40}$$

$$(\psi)_{m}^{p}(r,\theta) = \kappa \Gamma \left(\frac{M}{2\pi a^{2}}\right)^{\Gamma-1} (qx)^{\Gamma-1} \left(\frac{1-\xi}{2}\right)^{3/2(\Gamma-1)} \sum_{n=|m|}^{\infty} a_{n}^{m} \widehat{P_{n}^{|m|}}(\xi) e^{-i\omega t}, \tag{41}$$

$$(\Psi)_{m}^{p}(r,\theta) = \frac{GMqx}{a} \left(\frac{1-\xi}{2}\right)^{1/2} \sum_{n=|m|}^{\infty} \left[\frac{\varepsilon}{3} (qx)^{\Gamma-2} \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2} - \frac{1}{2n+1}\right] a_{n}^{m} \widehat{P_{n}^{|m|}}(\xi) e^{-i\omega t}. \tag{42}$$

Let us decompose the velocity components based on their equilibrium expression:

$$(v_r)_m^p = i \frac{m}{|m|} \left(\frac{GMqx}{a}\right)^{1/2} \left(\frac{1+\xi}{2}\right)^{-1/2} \left(\frac{1-\xi}{2}\right)^{1/4} \sum_{n=|m|}^{\infty} b_n^m \widehat{P_n^{|m|}}(\xi) e^{-i\omega t},\tag{43}$$

$$(v_{\theta})_{m}^{p} = \left(\frac{GMqx}{a}\right)^{1/2} \left(\frac{1+\xi}{2}\right)^{-1/2} \left(\frac{1-\xi}{2}\right)^{1/4} \sum_{n=|m|}^{\infty} c_{n}^{m} \widehat{P_{n}^{|m|}}(\xi) e^{-i\omega t}. \tag{44}$$

Letting $X_m^p = X^1 e^{-i\omega t}$, this yields the set of equations

$$i(-\omega + m\Omega)(\Sigma_{\text{disk}})^{1} + \frac{1}{r}\frac{\mathrm{d}(r\Sigma_{0}(v_{r})^{1})}{\mathrm{d}r} + \frac{im\Sigma^{0}(v_{\theta})^{1}}{r} = 0,$$
(45)

$$\frac{d(\Psi)^{1}}{dr} + i(-\omega + m\Omega)(v_{r})^{1} - 2\Omega(v_{\theta})^{1} = 0,$$
(46)

$$im\frac{(\Psi)^1}{r} + \frac{\alpha^2}{2\Omega}(v_r)^1 + i(-\omega + m\Omega)(v_\theta)^1 = 0,$$
 (47)

where $\Omega=v_{\theta}^0/r$ is the angular velocity and $\alpha^2=4\Omega^2[1+r/(2\Omega)\cdot(\mathrm{d}\Omega/\mathrm{d}r)]$ is the epicyclic frequency. Using the relation

$$\int_{-1}^{1} d\xi \widehat{P_n^{|m|}}(\xi) \widehat{P_l^{|m|}}(\xi) = \delta_{nl},$$

and defining $\Omega_{\rm ref}=(GMqx/(a^3))^{1/2}, \ \Sigma_{\rm ref}=xM/(2\pi a^2)$ such that $\widehat{\omega}=\omega/\Omega_{\rm ref}, \ \widehat{\Omega}=\Omega/\Omega_{\rm ref}, \ \widehat{\alpha}=\alpha/\Omega_{\rm ref}, \ \widehat{\Sigma}=\Sigma/\Sigma_{\rm ref}$ and $\lambda=\frac{|m|}{m}\widehat{\omega}$, we obtain the matrix equations

$$\sum_{n=|m|}^{\infty} A_{ln} a_n^m + \sum_{n=|m|}^{\infty} B_{ln} b_n^m + \sum_{n=|m|}^{\infty} C_{ln} c_n^m = \lambda a_l^m,$$

$$\sum_{n=|m|}^{\infty} D_{ln} a_n^m + \sum_{n=|m|}^{\infty} A_{ln} b_n^m + \sum_{n=|m|}^{\infty} F_{ln} c_n^m = \lambda b_l^m,$$

$$\sum_{n=|m|}^{\infty} G_{ln} a_n^m + \sum_{n=|m|}^{\infty} H_{ln} b_n^m + \sum_{n=|m|}^{\infty} A_{ln} c_n^m = \lambda b_l^m,$$

where we defined

$$\begin{split} A_{ln} &= |m| \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \widehat{\Omega}(\xi) \widehat{P_{n}^{[m]}}(\xi), \\ B_{ln} &= 4 \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{1/2} \frac{\mathrm{d}}{\mathrm{d}\xi} \left[\left(\frac{1-\xi}{2}\right)^{5/4} \widehat{P_{n}^{[m]}}(\xi)\right], \\ C_{ln} &= |m| \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{3/4} \left(\frac{1+\xi}{2}\right)^{-1} \widehat{P_{n}^{[m]}}(\xi), \\ D_{ln} &= 4 \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{5/4} \left(\frac{1+\xi}{2}\right) \frac{\mathrm{d}}{\mathrm{d}\xi} \left[\left(\frac{1}{2n+1} - \frac{\varepsilon}{3}(qx)^{\Gamma-2} \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2}\right) \left(\frac{1-\xi}{2}\right)^{1/2} \widehat{P_{n}^{[m]}}(\xi)\right], \\ F_{ln} &= 2 \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \widehat{\Omega}(\xi) \widehat{P_{n}^{[m]}}(\xi), \\ G_{ln} &= -|m| \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{3/4} \left(\frac{1}{2n+1} - \frac{\varepsilon}{3}(qx)^{\Gamma-2} \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2}\right) \widehat{P_{n}^{[m]}}(\xi), \\ H_{ln} &= \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \widehat{\frac{\alpha^{2}(\xi)}{2\widehat{\Omega}(\xi)}} \widehat{P_{n}^{[m]}}(\xi). \end{split}$$

with

$$\begin{split} \widehat{\Omega}(\xi) &= \sqrt{\frac{1-\xi}{1+\xi}} \sqrt{\frac{a}{c} \frac{1-x}{qx} \left(\frac{r}{c}\right)^2 \left(\frac{1}{1+(r/c)^2}\right)^{3/2} + \left(\frac{1+\xi}{2}\right) \left(\frac{1-\xi}{2}\right)^{1/2} \left[1-\varepsilon(qx)^{\Gamma-2} \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2}\right]}, \\ \widehat{\frac{\alpha^2(\xi)}{2\widehat{\Omega}(\xi)}} &= 2\widehat{\Omega}(\xi) \left[1+\frac{r}{2\widehat{\Omega}} \frac{\mathrm{d}\widehat{\Omega}}{\mathrm{d}r}\right] = 2\widehat{\Omega}(\xi) \left[1+\frac{(1+\xi)(1-\xi)}{2\widehat{\Omega}} \frac{\mathrm{d}\widehat{\Omega}}{\mathrm{d}\xi}\right], \end{split}$$

where

$$\frac{d(r/a)}{d\xi} = \frac{d}{d\xi} \left[\sqrt{\frac{1+\xi}{1-\xi}} \right] = (1-\xi)^{-3/2} (1+\xi)^{-1/2}$$

Since $(r/c)^2 = (a/c)^2 \cdot (r/a)^2 = (a/c)^2 \cdot (1+\xi)/(1-\xi)$, we have that

$$\widehat{\Omega}(\xi) = \left(\frac{1-\xi}{2}\right)^{3/4} \sqrt{\left(\frac{a}{c}\right)^3 \frac{1-x}{qx} \left(\frac{1-\xi}{2}\right)^{-3/2} \left(\frac{1}{1+(r/c)^2}\right)^{3/2} + \left[1-\varepsilon(qx)^{\Gamma-2} \left(\frac{1-\xi}{2}\right)^{\frac{3\Gamma}{2}-2}\right]}.$$

2.2 Case $\Gamma = 4/3$

The expressions become

$$\begin{split} \widehat{\Omega}(\xi) &= \left(\frac{1-\xi}{2}\right)^{3/4} \sqrt{\left(\frac{a}{c}\right)^3 \frac{(1-x)}{qx} \left(\frac{1-\xi}{2}\right)^{-3/2} \left(\frac{1}{1+(r/c)^2}\right)^{3/2} + \left[1-\varepsilon \left(\frac{1}{qx}\right)^\frac{2}{3}\right]}, \\ \widehat{\frac{\alpha^2(\xi)}{2\widehat{\Omega}(\xi)}} &= 2\widehat{\Omega}(\xi) \left[1 + \frac{(1+\xi)(1-\xi)}{2\widehat{\Omega}} \frac{\mathrm{d}\widehat{\Omega}}{\mathrm{d}\xi}\right], \end{split}$$

with the matrix elements

$$\begin{split} A_{ln} &= |m| \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \widehat{\Omega}(\xi) \widehat{P_{n}^{[m]}}(\xi), \\ B_{ln} &= 4 \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{1/2} \frac{\mathrm{d}}{\mathrm{d}\xi} \left[\left(\frac{1-\xi}{2}\right)^{5/4} \widehat{P_{n}^{[m]}}(\xi)\right], \\ C_{ln} &= |m| \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{3/4} \left(\frac{1+\xi}{2}\right)^{-1} \widehat{P_{n}^{[m]}}(\xi), \\ D_{ln} &= 4 \left(\frac{1}{2n+1} - \frac{\varepsilon}{3} \left(\frac{1}{qx}\right)^{\frac{2}{3}}\right) \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{5/4} \left(\frac{1+\xi}{2}\right) \frac{\mathrm{d}}{\mathrm{d}\xi} \left[\left(\frac{1-\xi}{2}\right)^{1/2} \widehat{P_{n}^{[m]}}(\xi)\right], \\ F_{ln} &= 2 \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \widehat{\Omega}(\xi) \widehat{P_{n}^{[m]}}(\xi), \\ G_{ln} &= -|m| \left(\frac{1}{2n+1} - \frac{\varepsilon}{3} \left(\frac{1}{qx}\right)^{\frac{2}{3}}\right) \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \left(\frac{1-\xi}{2}\right)^{3/4} \widehat{P_{n}^{[m]}}(\xi), \\ H_{ln} &= \int_{-1}^{1} \mathrm{d}\xi \widehat{P_{l}^{[m]}}(\xi) \widehat{\Omega}(\xi) \widehat{P_{n}^{[m]}}(\xi). \end{split}$$