

VISVESVARAYA TECHNOLOGICAL UNIVERSITY



BELAGAVI – 590018, Karnataka

INTERNSHIP REPORT

ON

“Template for Gym”

Submitted in partial fulfilment for the award of degree(18CSI85)

BACHELOR OF ENGINEERING IN COMPUTER SCIENCE AND ENGINEERING

Submitted by:

K KESHAVA BHAT

4CB19CS046



Varcons Technologies Pvt Ltd

Conducted at

VARCONS TECHNOLOGIES PVT LTD



CANARA ENGINEERING COLLEGE

Department of Computer Science and Engineering

Accredited by NBA, New Delhi

Benjanapadavu-574219

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CERTIFICATE

This is to certify that the Internship titled “**Template for gym**” carried out by **Mr. K Keshava Bhat**, a bonafide student of Canara Engineering College, in partial fulfillment for the award of **Bachelor of Engineering**, in **Computer Science and Engineering** under Visvesvaraya Technological University, Belagavi, during the year 2022-2023. It is certified that all corrections/suggestions indicated have been incorporated in the report.

The project report has been approved as it satisfies the academic requirements in respect of Internship prescribed for the course Internship / Professional Practice (18CSI85)

Signature of Guide

Signature of HOD

Signature of Principal

External Viva:

Name of the Examiner

Signature with Date

1) _____

2) _____

D E C L A R A T I O N

I, **K Keshava Bhat**, final year student of Branch, College Name - 560 082, declare that the Internship has been successfully completed, in **VARCONS TECHNOLOGIES PVT LTD**. This report is submitted in partial fulfillment of the requirements for award of Bachelor Degree in Branch name, during the academic year 2022-2023.

Date : 5-10-2022 :

Place : Mangalore

USN : 4CB19CS046

NAME : K KESHAHA BHAT

OFFER LETTER PROVIDED BY THE COMPANY

ACKNOWLEDGEMENT

This Internship is a result of accumulated guidance, direction and support of several important persons. We take this opportunity to express our gratitude to all who have helped us to complete the Internship.

We express our sincere thanks to our Principal, for providing us adequate facilities to undertake this Internship.

We would like to thank our Head of Dept – branch code, for providing us an opportunity to carry out Internship and for his valuable guidance and support.

We would like to thank our (Lab assistant name) Software Services for guiding us during the period of internship.

We express our deep and profound gratitude to our guide, Guide name, Assistant/Associate Prof, for her keen interest and encouragement at every step in completing the Internship.

We would like to thank all the faculty members of our department for the support extended during the course of Internship.

We would like to thank the non-teaching members of our dept, for helping us during the Internship.

Last but not the least, we would like to thank our parents and friends without whose constant help, the completion of Internship would have not been possible.

NAME: K KESHA VA BHAT
USN: 4CB19CS046

ABSTRACT

This project “Gym Management Sytem” is solution fitness centres to manage the customers in an easier and more convenient way. The administrator, is able to view all the members of fitness centre as well as their details.

The basic structure of the system as follows. This project is a computer-based program and it manages the gym members, the personel and the inventory. This system also maintains the client details, to provide the valuable reports regarding the progress of the gym member.

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CHAPTER 1

COMPANY PROFILE

1. COMPANY PROFILE

A Brief History of Compsoft Technologies

Compsoft Technologies, was incorporated with a goal "To provide high quality and optimal Technological Solutions to business requirements of our clients". Every business is a different and has a unique business model and so are the technological requirements. They understand this and hence the solutions provided to these requirements are different as well. They focus on clients requirements and provide them with tailor made technological solutions. They also understand that Reach of their Product to its targeted market or the automation of the existing process into e-client and simple process are the key features that our clients desire from Technological Solution they are looking for and these are the features that we focus on while designing the solutions for their clients.

Sarvamoola Software Services. is a Technology Organization providing solutions for all web design and development, MYSQL, PYTHON Programming, HTML, CSS, ASP.NET and LINQ. Meeting the ever increasing automation requirements, Sarvamoola Software Services. specialize in ERP, Connectivity, SEO Services, Conference Management, effective web promotion and tailor-made software products, designing solutions best suiting clients requirements.

Compsoft Technologies, strive to be the front runner in creativity and innovation in software development through their well-researched expertise and establish it as an out of the box software development company in Bangalore, India. As a software development company, they translate this software development expertise into value for their customers through their professional solutions.

They understand that the best desired output can be achieved only by understanding the clients demand better. Compsoft Technologies work with their clients and help them to define their exact solution requirement. Sometimes even they wonder that they have completely redefined their solution or new application requirement during the brainstorming session, and here they position themselves as an IT solutions consulting group comprising of high caliber consultants.

They believe that Technology when used properly can help any business to scale and achieve new heights of success. It helps Improve its efficiency, profitability, reliability; to put it in one sentence "Technology helps you to Delight your Customers" and that is what we want to achieve.

CHAPTER 2

ABOUT THE COMPANY

2. ABOUT THE COMPANY



Compsoft Technologies is a Technology Organization providing solutions for all web design and development, MYSQL, PYTHON Programming, HTML, CSS, ASP.NET and LINQ. Meeting the ever increasing automation requirements, Compsoft Technologies specialize in ERP, Connectivity, SEO Services, Conference Management, effective webpromotion and tailor-made software products, designing solutions best suiting clients requirements. The organization where they have a right mix of professionals as a stakeholders to help us serve our clients with best of our capability and with at par industry standards. They have young, enthusiastic, passionate and creative Professionals to develop technological innovations in the field of Mobile technologies, Web applications as well as Business and Enterprise solution. Motto of our organization is to “Collaborate with our clients to provide them with best Technological solution hence creating Good Present and Better Future for our client which will bring a cascading a positive effect in their business shape as well”. Providing a Complete suite of technical solutions is not just our tag line, it is Our Vision for Our Clients and for Us, We strive hard to achieve it.

Products of Compsoft Technologies.

Android Apps

It is the process by which new applications are created for devices running the Android operating system. Applications are usually developed in Java (and/or Kotlin; or other such option) programming language using the Android software development kit (SDK), but other development environments are also available, some such as Kotlin support the exact same Android APIs (and bytecode), while others such as Go have restricted API access.

The Android software development kit includes a comprehensive set of development tools. These include a debugger, libraries, a handset emulator based on QEMU, documentation, sample code, and tutorials. Currently supported development platforms include computers running Linux (any modern desktop Linux distribution), Mac OS X 10.5.8 or later, and Windows 7 or later. As of March 2015, the SDK is not available on Android itself, but software development is possible by using specialized Android applications.

Web Application

It is a client–server computer program in which the client (including the user interface and client- side logic) runs in a web browser. Common web applications include web mail, online retail sales, online auctions, wikis, instant messaging services and many other functions. web applications use web documents written in a standard format such as HTML and JavaScript, which are supported by a variety of web browsers. Web applications can be considered as a specific variant of client–server software where the client software is downloaded to the client machine when visiting the relevant web page, using standard procedures such as HTTP. The Client web software updates may happen each time the web page is visited. During the session, the web browser interprets and displays the pages, and acts as the universal client for any web application. The use of web application frameworks can often reduce the number of errors in a program, both by making the code simpler, and by allowing one team to concentrate on the framework while another focuses on a specified use case. In applications which are exposed to constant hacking attempts on the Internet, security-related problems can be caused by errors in the program.

Frameworks can also promote the use of best practices such as GET after POST. There are some who view a web application as a two-tier architecture. This can be a “smart” client that performs all the work and queries a “dumb” server, or a “dumb” client that relies on a “smart” server. The client would handle the presentation tier, the server would have the database (storage tier), and the business logic (application tier) would be on one of them or on both. While this increases the scalability of the applications and separates the display and the database, it still doesn’t allow for true specialization of layers, so most applications will outgrow this model. An emerging strategy for application software companies is to provide web access to software previously distributed as local applications. Depending on the type of application, it may require the development of an entirely different browser-based interface, or merely adapting an existing application to use different presentation technology. These programs allow the user to pay a monthly or yearly fee for use of a software application without having to install it on a local hard drive. A company which follows this strategy is known as an application service provider (ASP), and ASPs are currently receiving much attention in the software industry.

Security breaches on these kinds of applications are a major concern because it can involve both enterprise information and private customer data. Protecting these assets is an important part of any web application and there are some key operational areas that must be included in the development process. This includes processes for authentication, authorization, asset handling, input, and logging and auditing. Building security into the applications from the beginning can be more effective and less disruptive in the long run.

Web design

It encompasses many different skills and disciplines in the production and maintenance of websites. The different areas of web design include web graphic design; interface design;

authoring, including standardized code and proprietary software; user experience design; and search engine optimization. The term web design is normally used to describe the design process relating to the front-end (client side) design of a website including writing mark up. Web design partially overlaps web engineering in the broader scope of web development. Web designers are expected to have an awareness of usability and if their role involves creating mark up then they are also expected to be up to date with web accessibility guidelines. Web design partially overlaps web engineering in the broader scope of web development.

Departments and services offered

Compsoft Technologies plays an essential role as an institute, the level of education, development of student's skills are based on their trainers. If you do not have a good mentor then you may lag in many things from others and that is why we at Compsoft Technologies gives you the facility of skilled employees so that you do not feel unsecured about the academics. Personality development and academic status are some of those things which lie on mentor's hands. If you are trained well then you can do well in your future and knowing its importance of Compsoft Technologies always tries to give you the best.

They have a great team of skilled mentors who are always ready to direct their trainees in the best possible way they can and to ensure the skills of mentors we held many skill development programs as well so that each and every mentor can develop their own skills with the demands of the companies so that they can prepare a complete packaged trainee.

Services provided by Compsoft Technologies.

- Core Java and Advanced Java
- Web services and development
- Dot Net Framework
- Python
- Selenium Testing
- Conference / Event Management Service
- Academic Project Guidance
- On The Job Training
- Software Training

CHAPTER 3

INTRODUCTION

3. INTRODUCTION

Introduction to Web Apps

Web applications are similar to the traditional applications you'd install on your Information, such as Microsoft Office. They are able to perform the same kinds of tasks, they look the same and they feel the same but there is one key difference - the application itself is not installed on your phone or Information, but lives in the cloud. Web apps are not new, but it used to be that they were often unable to compete with more traditional applications for business critical functions or where rich user interaction was required. This is no longer the case. With the power of modern web technologies, we are able to design and build performing, secure, and feature rich applications that live in the cloud and bring with them a huge number of benefits.

1. They can be accessed from anywhere.

- Because web applications are built with web technologies and they run in a web browser Internet Explorer, Google Chrome, Mozilla Firefox – this allows them to be accessed from every web enabled tool. As long as you have an internet connection you can use them.
- It allows for remote working, it allows for rapid publishing of content, it allows for real time collaboration between teams. If you have web access, you have the ability to access your business tools.

2. They are cost effective.

- Web applications are cheaper to produce and maintain than traditional applications. No matter how many platforms your business uses (Mac, Linux, Windows) web application build can be used across them all.

3. They benefit from more rapid update cycles.

- A huge benefit of web applications is that when an update is released, all of your users are immediately using that version. This doesn't happen with installed applications, especially in large organizations with IT policies that restrict administrator access.

4. They are secure.

- Web developers have had to become experts in security – the web is a platform designed to share everything with everyone! As such, the types and levels of security included in web applications are often far greater than those seen in traditional applications.

- They also benefit from the ability to launch updates in real-time – the application on the servers is the application people are using. The applications on people's laptops however is the version last installed. And when those laptops get left on a train it's not a concern, as nothing is stored locally.

5. They enable more computing with fewer Information.

- Web applications push all of the hard work to the servers, and act as intermediaries between the user interface and the calculations happening behind the scenes. This means you can accomplish terrifyingly complex work on a tablet, or your phone.
- We've built web applications that allow people to understand the complex relationships between 250,000 pieces of art on their phones, and applications that run the business systems of one of the largest solar energy providers in the world. Often these products are not financially viable to build using traditional application processes.

Problem Statement

Develop an application which facilitates creation of web pages having a need to install any HTML editor based software and also which can be used by any novice user (no HTML knowledge needed) that is developing web pages on the online. This module is designed to reduce the process involved in managing the activity of customers and business where the business can sell their services and the customers can buy those.

Introduction to B2C Ecommerce Website Development with Admin Panel

B2C E-commerce website content providers to focus on creating effective assessment questions and focusing on providing a platform for easy access between Buyer and Consumer.

Here we present techniques that are pertinent to the elements of assessment process: answers submission, Informationized grading, and feedback after submission. As the modern organizations are automated and Informations are working as per the instructions, it becomes essential for the coordination of human beings, commodity and Informations in a modern organization.

CHAPTER 4

SYSTEM ANALYSIS

4. SYSTEM ANALYSIS

1. Existing System

2. Proposed System

3. Objective of the System

CHAPTER 5

REQUIREMENT ANALYSIS

5. REQUIREMENT ANALYSIS

Hardware Requirement Specification

- MySQL
- NODE JS
- Notepad++ Editor
- Processor: Intel core i5 processer
- Memory: 15.6 GB
- Hard Disk: 40 GB

Software Requirement Specification

A] Functional Requirements

-
-
-
-

B] Non-Functional Requirements

● Availability

The online registration system shall permit backing up of the registration database while other registration activities are going on.

● Accessibility

The system shall be accessible by people with specific vision needs to the extent that a user shall be able to display whole user interface in a larger font without truncating displayed text or other values.

● Security

The access permissions for system data may only be changed by the system's data administrator. Passwords shall never be viewable at the point of entry or any other time.

CHAPTER 6

DESIGN ANALYSIS

6. DESIGN & ANALYSIS

6.1 ADDING GYM DESIGN

```
<?php

require('db.php');

$errors = array();
if (isset($_REQUEST['gym'])) {

    $gym_id = mysqli_real_escape_string($conn, $_REQUEST['id']);
    $name = mysqli_real_escape_string($conn, $_REQUEST['name']);
    $address = mysqli_real_escape_string($conn, $_REQUEST['address']);
    $type = mysqli_real_escape_string($conn, $_REQUEST['type']);

    $user_check_query = "SELECT * FROM gym WHERE gym_id='$gym_id' LIMIT 1";
    $result = mysqli_query($conn, $user_check_query);
    $user = mysqli_fetch_assoc($result);

    if ($user) {
        if ($user['gym_id'] === $gym_id) {
            array_push($errors, "<div class='alert alert-warning'><b>ID already exists</b></div>");
        }
    }

    if (count($errors) == 0) {
        $query = "INSERT INTO gym (gym_id,gym_name,address,type)
            VALUES('$gym_id','$name','$address','$type)";
        $sql=mysqli_query($conn, $query);
        if ($sql) {
            $msg="<div class='alert alert-success'><b>Gym added successfully</b></div>";
        }else{
            $msg="<div class='alert alert-warning'><b>Gym not added</b></div>";
        }
    }
}

?>

<div class="w3-container">
    <form class="form-group mt-3" method="post" action="">
        <div><h3>ADD GYM</h3></div>
        <?php include('errors.php');
        echo @$msg;

        ?>

        <label class="mt-3">GYM ID</label>
        <input type="text" name="id" class="form-control">
```

```

        <label class="mt-3">GYM NAME</label>
        <input type="text" name="name" class="form-control">
        <label class="mt-3">GYM ADDRESS</label>
        <input type="text" name="address" class="form-control">
        <label class="mt-3">GYM TYPE</label>
        <select name="type" class="form-control mt-3">
        <option value="unisex">UNISEX</option>
        <option value="women">WOMEN</option>
        <option value="men">MEN</option>
        </select>
        <button class="btn btn-dark mt-3" type="submit" name="gym">ADD</button>
    </form>
</div>

```

6.2 ADDING MEMBER DESIGN

```

<?php

require('db.php');

$errors = array();
if (isset($_REQUEST['member'])) {

    $mem_id = mysqli_real_escape_string($conn, $_REQUEST['id']);
    $name = mysqli_real_escape_string($conn, $_REQUEST['name']);
    $age = mysqli_real_escape_string($conn, $_REQUEST['age']);
    $dob = mysqli_real_escape_string($conn, $_REQUEST['dob']);
    $package = mysqli_real_escape_string($conn, $_REQUEST['package']);
    $mobilenumber = mysqli_real_escape_string($conn, $_REQUEST['mobilenumber']);
    $pay_id = mysqli_real_escape_string($conn, $_REQUEST['pay_id']);
    $trainer_id = mysqli_real_escape_string($conn, $_REQUEST['trainer_id']);

    $user_check_query = "SELECT * FROM member WHERE mem_id='$mem_id' LIMIT 1";
    $result = mysqli_query($conn, $user_check_query);
    $user = mysqli_fetch_assoc($result);

    if ($user) {
        if ($user['mem_id'] === $mem_id) {
            array_push($errors, "<div class='alert alert-warning'><b>ID already exists</b></div>");
        }
    }
}

if (count($errors) == 0) {

    $query = "INSERT INTO member
(mem_id,name,age,dob,package,mobilenumber,pay_id,trainer_id)
VALUES('$mem_id','$name','$age','$dob','$package','$mobilenumber','$pay_id','$trainer_id')";

```

```

$sql=mysqli_query($conn, $query);
if ($sql) {
$msg="<div class='alert alert-success'><b>Member added successfully</b></div>";
}else{
$msg="<div class='alert alert-warning'><b>Member not added</b></div>";
}
}
}
}

```

```

?>

```

```

<div class="container">
    <form class="form-group mt-3" method="post" action="">
        <div><h3>ADD MEMBER</h3></div>
        <?php include('errors.php');
echo @$msg;

?>

        <label class="mt-3">MEMBER ID</label>
        <input type="text" name="id" class="form-control">
        <label class="mt-3">MEMBER NAME</label>
        <input type="text" name="name" class="form-control">
        <label class="mt-3">AGE</label>
        <input type="text" name="age" class="form-control">
        <label class="mt-3">DOB</label>
        <input type="text" name="dob" class="form-control">
        <label class="mt-3">PACKAGE</label>
        <input type="text" name="package" class="form-control">
        <label class="mt-3">MOBILE NO</label>
        <input type="text" name="mobilenno" class="form-control">
        <label class="mt-3">PAYMENT AREA ID</label>
        <input type="text" name="pay_id" class="form-control">
        <label class="mt-3">TRAINER ID</label>
        <input type="text" name="trainer_id" class="form-control">
        <button class="btn btn-dark mt-3" type="submit"
name="member">ADD</button>
    </form>
</div>

```


6.3 ADDING PAYMENT DESIGN

```
<?php

require('db.php');

$errors = array();
if (isset($_REQUEST['payment'])) {

    $pay_id = mysqli_real_escape_string($conn, $_REQUEST['id']);
    $amount = mysqli_real_escape_string($conn, $_REQUEST['amount']);
    $gym_id = mysqli_real_escape_string($conn, $_REQUEST['gym_id']);

    $user_check_query = "SELECT * FROM payment WHERE pay_id='$pay_id' LIMIT 1";
    $result = mysqli_query($conn, $user_check_query);
    $user = mysqli_fetch_assoc($result);

    if ($user) {
        if ($user['pay_id'] === $pay_id) {
            array_push($errors, "<div class='alert alert-warning'><b>ID already exists</b></div>");
        }
    }

    if (count($errors) == 0) {

        $query = "INSERT INTO payment (pay_id,amount,gym_id)
            VALUES('$pay_id','$amount','$gym_id')";
        $sql=mysqli_query($conn, $query);
        if ($sql) {
            $msg="<div class='alert alert-success'><b>Payment area added successfully</b></div>";
        }else{
            $msg="<div class='alert alert-warning'><b>Payment area not added</b></div>";
        }
    }
}

?>

<div class="container">
    <form class="mt-3 form-group" method="post" action="">
        <h3>ADD PAYMENT DETAILS</h3>
        <?php include('errors.php');
    </form>
</div>
```

```

echo @$msg;

?>
        <label class="mt-3">PAYMENT ID</label>
        <input type="text" name="id" class="form-control">
        <label class="mt-3">AMOUNT</label>
        <input type="text" name="amount" class="form-control">
        <label class="mt-3">GYM ID</label>
        <input type="text" name="gym_id" class="form-control">
        <button class="btn btn-dark mt-3" type="submit"
name="payment">ADD</button>
        </form>
</div>

```

6.4 ADDING TRAINER DESIGN

```

<?php

require('db.php');

$errors = array();
if (isset($_REQUEST['trainer'])) {

    $trainer_id = mysqli_real_escape_string($conn, $_REQUEST['id']);
    $name = mysqli_real_escape_string($conn, $_REQUEST['name']);
    $time = mysqli_real_escape_string($conn, $_REQUEST['time']);
    $mobilenumber = mysqli_real_escape_string($conn, $_REQUEST['mobilenumber']);
    $pay_id = mysqli_real_escape_string($conn, $_REQUEST['pay_id']);

    $user_check_query = "SELECT * FROM trainer WHERE trainer_id='$trainer_id' LIMIT 1";
    $result = mysqli_query($conn, $user_check_query);
    $user = mysqli_fetch_assoc($result);

    if ($user) {
        if ($user['trainer_id'] === $trainer_id) {
            array_push($errors, "<div class='alert alert-warning'><b>ID already exists</b></div>");
        }
    }

    if (count($errors) == 0) {

```

```

$query = "INSERT INTO trainer (trainer_id,name,time,mobilenumber,pay_id)
VALUES('$trainer_id','$name','$time','$mobilenumber','$pay_id')";
$sql=mysqli_query($conn, $query);
if ($sql) {
$msg="<div class='alert alert-success'><b>Trainer added successfully</b></div>";
}else{
$msg="<div class='alert alert-warning'><b>Trainer not added</b></div>";
}
}
}

```

?>

```

<div class="container">
    <form class="mt-3 form-group" method="post" action="">
        <h3>ADD TRAINER</h3>
        <?php include('errors.php');
echo @$msg;

    ?>
        <label class="mt-3">TRAINER ID</label>
        <input type="text" name="id" class="form-control">
        <label class="mt-3">TRAINER NAME</label>
        <input type="text" name="name" class="form-control">
        <label class="mt-3">TIME</label>
        <input type="text" name="time" class="form-control">
        <label class="mt-3">MOBILE NO</label>
        <input type="text" name="mobilenumber" class="form-control">
        <label class="mt-3">PAYMENT AREA ID</label>
        <input type="text" name="pay_id" class="form-control">
        <button class="btn btn-dark mt-3" type="submit" name="trainer">ADD</button>
    </form>
</div>

```

6.5 HOME PAGE DESIGN

```
<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta http-equiv="X-UA-Compatible" content="IE=edge">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Power Gym</title>

  <!-- font awesome cdn link -->
  <link rel="stylesheet" href="https://cdnjs.cloudflare.com/ajax/libs/font-
awesome/5.15.4/css/all.min.css">

  <link rel="stylesheet" href="https://unpkg.com/swiper@7/swiper-bundle.min.css" />

  <!-- custom css file link -->
  <link rel="stylesheet" href="css/style.css">

</head>
<body>

<!-- header section starts -->

<header class="header">

  <a href="#" class="logo"> <span>POWER</span>FIT </a>

  <div id="menu-btn" class="fas fa-bars"></div>

  <nav class="navbar">
    <a href="#home">home</a>
    <a href="#about">about</a>
    <a href="#features">features</a>
    <a href="#pricing">pricing</a>
    <a href="#trainers">trainers</a>
    <a href="#blogs">blogs</a>
    <a href="index.php">Login</a>
  </nav>

</header>

<!-- home section starts -->

<section class="home" id="home">

  <div class="swiper home-slider">

    <div class="swiper-wrapper">
```

```

    <div class="swiper-slide slide" style="background: url(images/home-bg-1.jpg) no-repeat;">
        <div class="content">
            <span>be strong, be fit</span>
            <h3>Make yourself stronger than your excuses.</h3>
            <a href="#" class="btn">get started</a>
        </div>
    </div>

    <div class="swiper-slide slide" style="background: url(images/home-bg-2.jpg) no-repeat;">
        <div class="content">
            <span>be strong, be fit</span>
            <h3>Make yourself stronger than your excuses.</h3>
            <a href="#" class="btn">get started</a>
        </div>
    </div>

    <div class="swiper-slide slide" style="background: url(images/home-bg-3.jpg) no-repeat;">
        <div class="content">
            <span>be strong, be fit</span>
            <h3>Make yourself stronger than your excuses.</h3>
            <a href="#" class="btn">get started</a>
        </div>
    </div>

    <div class="swiper-pagination"></div>

</div>

</section>

<!-- home section ends -->

<!-- about section starts -->

<section class="about" id="about">

    <div class="image">
        
    </div>

    <div class="content">
        <span>about us</span>
        <h3 class="title">Every day is a chance to become better</h3>
        <p>Lorem ipsum dolor sit, amet consectetur adipisicing elit. Ratione quia accusamus dicta inventore nobis obcaecati vero odio, id dolorum. Consequatur ex, aperiam deserunt nostrum

```

perferendis illum unde ipsa? Consequatur, distinctio?</p>

```
<div class="box-container">
  <div class="box">
    <h3><i class="fas fa-check"></i>body and mind</h3>
    <p>Lorem ipsum dolor sit amet consectetur adipisicing elit. Est, enim.</p>
  </div>
  <div class="box">
    <h3><i class="fas fa-check"></i>healthy life</h3>
    <p>Lorem ipsum dolor sit amet consectetur adipisicing elit. Est, enim.</p>
  </div>
  <div class="box">
    <h3><i class="fas fa-check"></i>strategies</h3>
    <p>Lorem ipsum dolor sit amet consectetur adipisicing elit. Est, enim.</p>
  </div>
  <div class="box">
    <h3><i class="fas fa-check"></i>workout</h3>
    <p>Lorem ipsum dolor sit amet consectetur adipisicing elit. Est, enim.</p>
  </div>
</div>
<a href="#" class="btn">read more</a>
</div>
```

</section>

<!-- about section ends -->

<!-- features section starts -->

<section class="features" id="features">

```
<h1 class="heading"> <span>gym features</span> </h1>
```

```
<div class="box-container">
```

```
  <div class="box">
    <div class="image">
      
    </div>
    <div class="content">
      
      <h3>body building</h3>
      <p>Lorem ipsum dolor sit amet consectetur adipisicing elit. Similique, atque.</p>
      <a href="#" class="btn">read more</a>
    </div>
  </div>
```

```
  <div class="box second">
    <div class="image">
      
    </div>
```

```

<div class="content">
  
  <h3>gym for men</h3>
  <p>Lorem ipsum dolor sit amet consectetur adipisicing elit. Similique, atque.</p>
  <a href="#" class="btn">read more</a>
</div>
</div>

<div class="box">
  <div class="image">
    
  </div>
  <div class="content">
    
    <h3>gym for women</h3>
    <p>Lorem ipsum dolor sit amet consectetur adipisicing elit. Similique, atque.</p>
    <a href="#" class="btn">read more</a>
  </div>
</div>

</div>

</section>

<!-- features section ends -->

<!-- pricing section starts -->

<section class="pricing" id="pricing">

  <div class="information">
    <span>pricing plan</span>
    <h3>affordable pricing plan for your</h3>
    <p>Lorem ipsum dolor sit amet consectetur, adipisicing elit. Ipsam dolore excepturi ea
    suscipit fugiat cum quae, rerum optio mollitia! Tempora?</p>
    <p><i class="fas fa-check"></i> cardio exercise </p>
    <p><i class="fas fa-check"></i> weight lifting </p>
    <p><i class="fas fa-check"></i> diet plans </p>
    <p><i class="fas fa-check"></i> overall results </p>
    <a href="#" class="btn">all pricing</a>
  </div>

  <div class="plan basic">
    <h3>basic plan</h3>
    <div class="price"><span>₹</span>3000<span>/mo</span></div>
    <div class="list">
      <p><i class="fas fa-check"></i> personal training </p>
      <p><i class="fas fa-check"></i> cardio exercise </p>
      <p><i class="fas fa-check"></i> weight lifting </p>
      <p><i class="fas fa-check"></i> diet plans </p>
    </div>
  </div>

```

```

    <p> <i class="fas fa-check"></i> overall results </p>
  </div>
  <a href="#" class="btn">get started</a>
</div>

<div class="plan">
  <h3>premium plan</h3>
  <div class="price"><span>₹</span>9000<span>/mo</span></div>
  <div class="list">
    <p> <i class="fas fa-check"></i> personal training </p>
    <p> <i class="fas fa-check"></i> cardio exercise </p>
    <p> <i class="fas fa-check"></i> weight lifting </p>
    <p> <i class="fas fa-check"></i> diet plans </p>
    <p> <i class="fas fa-check"></i> overall results </p>
  </div>
  <a href="#" class="btn">get started</a>
</div>

```

```

</section>

```

```

<!-- pricing section ends -->

```

```

<!-- trainers section starts -->

```

```

<section class="trainers" id="trainers">

```

```

  <h1 class="heading"> <span>expert trainers</span> </h1>

```

```

  <div class="box-container">

```

```

    <div class="box">
      
      <div class="content">
        <span>expert trainer</span>
        <h3>Alex</h3>
        <div class="share">
          <a href="#" class="fab fa-facebook-f"></a>
          <a href="#" class="fab fa-twitter"></a>
          <a href="#" class="fab fa-pinterest"></a>
          <a href="#" class="fab fa-linkedin"></a>
        </div>
      </div>
    </div>
  </div>

```

```

    <div class="box">
      
      <div class="content">
        <span>expert trainer</span>
        <h3>Lisa</h3>
        <div class="share">

```



```

        <a href="#" class="fab fa-facebook-f"></a>
        <a href="#" class="fab fa-twitter"></a>
        <a href="#" class="fab fa-pinterest"></a>
        <a href="#" class="fab fa-linkedin"></a>
    </div>
</div>
</div>

<div class="box">
    
    <div class="content">
        <span>expert trainer</span>
        <h3>Jacob</h3>
        <div class="share">
            <a href="#" class="fab fa-facebook-f"></a>
            <a href="#" class="fab fa-twitter"></a>
            <a href="#" class="fab fa-pinterest"></a>
            <a href="#" class="fab fa-linkedin"></a>
        </div>
    </div>
</div>
</div>

<div class="box">
    
    <div class="content">
        <span>expert trainer</span>
        <h3>Ria</h3>
        <div class="share">
            <a href="#" class="fab fa-facebook-f"></a>
            <a href="#" class="fab fa-twitter"></a>
            <a href="#" class="fab fa-pinterest"></a>
            <a href="#" class="fab fa-linkedin"></a>
        </div>
    </div>
</div>
</div>

</section>

<!-- trainers section ends -->

<!-- review section starts -->

<section class="review">

    <div class="information">
        <span>testimonials</span>

```

```

    <h3>what our clients says</h3>
    <p>Lorem ipsum dolor sit amet consectetur adipisicing elit. Nobis voluptas praesentium
asperiores fugiat, excepturi odit obcaecati a voluptatibus earum quisquam?</p>
    <a href="#" class="btn">read more</a>
</div>

<div class="swiper review-slider">

    <div class="swiper-wrapper">

        <div class="swiper-slide slide">
            <p>Lorem ipsum dolor sit amet consectetur, adipisicing elit. Accusamus, quo.</p>
            <div class="user">
                
                <div class="info">
                    <h3>Ajay</h3>
                    <span>designer</span>
                </div>
                <i class="fas fa-quote-left"></i>
            </div>
        </div>

        <div class="swiper-slide slide">
            <p>Lorem ipsum dolor sit amet consectetur, adipisicing elit. Accusamus, quo.</p>
            <div class="user">
                
                <div class="info">
                    <h3>angelina</h3>
                    <span>designer</span>
                </div>
                <i class="fas fa-quote-left"></i>
            </div>
        </div>

        <div class="swiper-slide slide">
            <p>Lorem ipsum dolor sit amet consectetur, adipisicing elit. Accusamus, quo.</p>
            <div class="user">
                
                <div class="info">
                    <h3>Brad</h3>
                    <span>designer</span>
                </div>
                <i class="fas fa-quote-left"></i>
            </div>
        </div>

        <div class="swiper-slide slide">
            <p>Lorem ipsum dolor sit amet consectetur, adipisicing elit. Accusamus, quo.</p>
            <div class="user">
                

```

```

        <div class="info">
            <h3>Alexandra</h3>
            <span>designer</span>
        </div>
        <i class="fas fa-quote-left"></i>
    </div>
</div>

</div>

</section>

<!-- review section ends -->

<!-- blogs section starts -->

<section class="blogs" id="blogs">

    <h1 class="heading"> <span>daily posts</span> </h1>

    <div class="swiper blogs-slider">

        <div class="swiper-wrapper">

            <div class="swiper-slide slide">
                <div class="image">
                    
                </div>
                <div class="content">
                    <div class="link"> <a href="#">by user</a> <span>|</span> <a href="#">21st may,
2021</a> </div>
                    <h3>fitness is not about being better than someone else</h3>
                    <p>Lorem ipsum dolor sit amet consectetur, adipisicing elit. Aliquam, tenetur?</p>
                    <a href="#" class="btn">read more</a>
                </div>
            </div>

            <div class="swiper-slide slide">
                <div class="image">
                    
                </div>
                <div class="content">
                    <div class="link"> <a href="#">by user</a> <span>|</span> <a href="#">21st may,
2021</a> </div>
                    <h3>fitness is not about being better than someone else</h3>
                    <p>Lorem ipsum dolor sit amet consectetur, adipisicing elit. Aliquam, tenetur?</p>
                    <a href="#" class="btn">read more</a>
                </div>
            </div>
        </div>
    </div>

```

```

</div>

<div class="swiper-slide slide">
  <div class="image">
    
  </div>
  <div class="content">
    <div class="link"> <a href="#">by user</a> <span>|</span> <a href="#">21st may,
2021</a> </div>
    <h3>fitness is not about being better than someone else</h3>
    <p>Lorem ipsum dolor sit amet consectetur, adipisicing elit. Aliquam, tenetur?</p>
    <a href="#" class="btn">read more</a>
  </div>
</div>

<div class="swiper-slide slide">
  <div class="image">
    
  </div>
  <div class="content">
    <div class="link"> <a href="#">by user</a> <span>|</span> <a href="#">21st may,
2021</a> </div>
    <h3>fitness is not about being better than someone else</h3>
    <p>Lorem ipsum dolor sit amet consectetur, adipisicing elit. Aliquam, tenetur?</p>
    <a href="#" class="btn">read more</a>
  </div>
</div>

<div class="swiper-slide slide">
  <div class="image">
    
  </div>
  <div class="content">
    <div class="link"> <a href="#">by user</a> <span>|</span> <a href="#">21st may,
2021</a> </div>
    <h3>fitness is not about being better than someone else</h3>
    <p>Lorem ipsum dolor sit amet consectetur, adipisicing elit. Aliquam, tenetur?</p>
    <a href="#" class="btn">read more</a>
  </div>
</div>

</div>

<div class="swiper-pagination"></div>

</div>

</section>

<!-- blogs section ends -->

```

<!-- footer section starts -->

<section class="footer">

<div class="box-container">

<div class="box">

<h3>quick links</h3>

home

about

features

pricing

trainers

blogs

</div>

<div class="box">

<h3>opening hours</h3>

<p>monday : <i> 7:00am - 10:30pm </i> </p>

<p>tuesday : <i> 7:00am - 10:30pm </i> </p>

<p>wednesday : <i> 7:00am - 10:30pm </i> </p>

<p>friday : <i> 7:00am - 10:30pm </i> </p>

<p>saturday : <i> 7:00am - 10:30pm </i> </p>

<p>sunday : <i> closed </i> </p>

</div>

<div class="box">

<h3>opening hours</h3>

<p><i class="fas fa-phone"></i> +91-9878098432 </p>

<p><i class="fas fa-phone"></i> +91-7802742453 </p>

<p><i class="fas fa-envelope"></i> powerfit@gmail.com </p>

<p><i class="fas fa-map"></i> bangalore, india </p>

<div class="share">

</div>

</div>

<!--<div class="box">

<h3>newsletter</h3>

<p>subscribe for latest updates</p>

<form action="">

<input type="email" name="" class="email" placeholder="enter your email" id="">

<input type="submit" value="subscribe" class="btn">

</form>

</div>

```
</div> -->
```

```
</section>
```

```
<div class="credit"> created by <span>CECCSE</span> | all rights reserved! </div>
```

```
<!-- footer section ends -->
```

```
<script src="https://unpkg.com/swiper@7/swiper-bundle.min.js"></script>
```

```
<!-- custom js file link -->
```

```
<script src="js/script.js"></script>
```

```
</body>
```

```
</html>
```

```
<?php
```

```
session_start();
```

```
require('db.php');
```

```
$username="";
```

```
$errors = array();
```

```
if (isset($_POST['login_user'])) {
```

```
    $username = mysqli_real_escape_string($conn, $_POST['username']);
```

```
    $pwd = mysqli_real_escape_string($conn, $_POST['pwd']);
```

```
    if (count($errors) == 0) {
```

```
        $query = "SELECT * FROM login WHERE uname='$username' AND pwd='$pwd'";
```

```
        $results = mysqli_query($conn, $query);
```

```
        if (mysqli_num_rows($results) == 1) {
```

```
            $_SESSION['uname'] = $username;
```

```
            header("location:home.php?info=add_gym");
```

```
        } else {
```

```
            array_push($errors, "<div class='alert alert-warning'><b>Wrong username/password combination</b></div>");
```

```
        }
```

```
    }
```

```
}
```

```

?>
<!DOCTYPE html>
<html>
<head>
    <title>PowerFit</title>
    <meta charset="utf-8">
    <meta name="viewport" content="width=device-width, initial-scale=1">
    <link rel="stylesheet"
href="https://maxcdn.bootstrapcdn.com/bootstrap/4.1.3/css/bootstrap.min.css">
    <script src="https://ajax.googleapis.com/ajax/libs/jquery/3.3.1/jquery.min.js"></script>
    <script
src="https://cdnjs.cloudflare.com/ajax/libs/popper.js/1.14.3/umd/popper.min.js"></script>
    <script src="https://maxcdn.bootstrapcdn.com/bootstrap/4.1.3/js/bootstrap.min.js"></script>
    <style type="text/css">
        .background{
            position: fixed;
            z-index: -1000;
            width: 100%;
            height: 100%;
            overflow: hidden;
            top: 0;
            left: 0;
        }
        .form{
            width:30%;
            margin-left:35%;
            margin-top:7%;
        }

        hr{
            background-color:white;
            color:red;
        }
        .navbar{
            background-color: transparent !important;
        }
        h3{
            font-size: 50px;
            color: red;
        }
    </style>
</head>
<body>
    <nav class="navbar navbar-expand-md bg-dark navbar-dark">
<div class="container-fluid">
    <a class="navbar-brand" href="index.php"><h3>PowerFit</h3></a>

</div>
</nav>

```

```

<hr>
<h2 style="color:white; text-align:center;"> Access Only To Admin</h2>
<hr>

<form class="form " action="" method="post">
    <input type="text" class="form-control mb-2 mr-sm-2" name="username"
placeholder="USERNAME" required> <br/>
    <input type="password" class="form-control mb-2 mr-sm-2" name="pwd"
placeholder="PASSWORD" required> <br/>
    <button type="submit" class="btn btn-outline-light mb-2"
name="login_user">Login</button>
</form>

<div class="background">
    
</div>

</body>

<div class="about-container" data-aos="zoom-out">
    <h2>ABOUT US</h2>
</div>
<div data-aos="zoom-in">
    <p>"Always be a work-in-process"</p>
    <h1>Welcome To
        <span>
            PowerFit
        </span>
    </h1>
</div>
</html>

```

6.6 TABLE DESIGN

The project requires many relations to store the data and retrieve it. These relations are defined as tables in SQL using CREATE TABLE statement. The following are the tables defined in our project.

- GYM table for keeping track of gym details.

```

CREATE TABLE gym (
    gym id varchar(20) NOT NULL,
    gym name varchar(30) NOT NULL,
    address varchar(150) NOT NULL,
    type varchar(20) NOT NULL
)

```


- LOGIN table to store login information.

```
CREATE TABLE login (  
  id int(10) NOT NULL,  
  uname varchar(30) NOT NULL,  
  pwd varchar(30) NOT NULL  
)
```

- MEMBER table to store member information.

```
CREATE TABLE member (  
  mem id varchar(20) NOT NULL,  
  name varchar(30) DEFAULT NULL,  
  dob varchar(20) DEFAULT NULL,  
  age varchar(20) DEFAULT NULL,  
  package varchar(10) DEFAULT NULL,  
  mobileno varchar(10) DEFAULT NULL,  
  pay id varchar(20) DEFAULT NULL,  
  trainer id varchar(20) DEFAULT NULL  
)
```

- PAYMENT table to store payment information.

```
CREATE TABLE payment (  
  pay id varchar(20) NOT NULL,  
  amount varchar(20) DEFAULT NULL,  
  gym id varchar(20) DEFAULT NULL  
)
```

- TRAINER table to store trainer information.

```
CREATE TABLE trainer (  
  trainer id varchar(20) NOT NULL,  
  name varchar(20) DEFAULT NULL,  
  time varchar(10) DEFAULT NULL,  
  mobileno varchar(10) DEFAULT NULL,  
  pay id varchar(20) DEFAULT NULL  
)
```

6.7 FORM DESIGN

Login form: This form is made for security purpose so that only authenticated users can access the project. There are two types of users that can login:

1. ADMIN LOGIN PAGE:

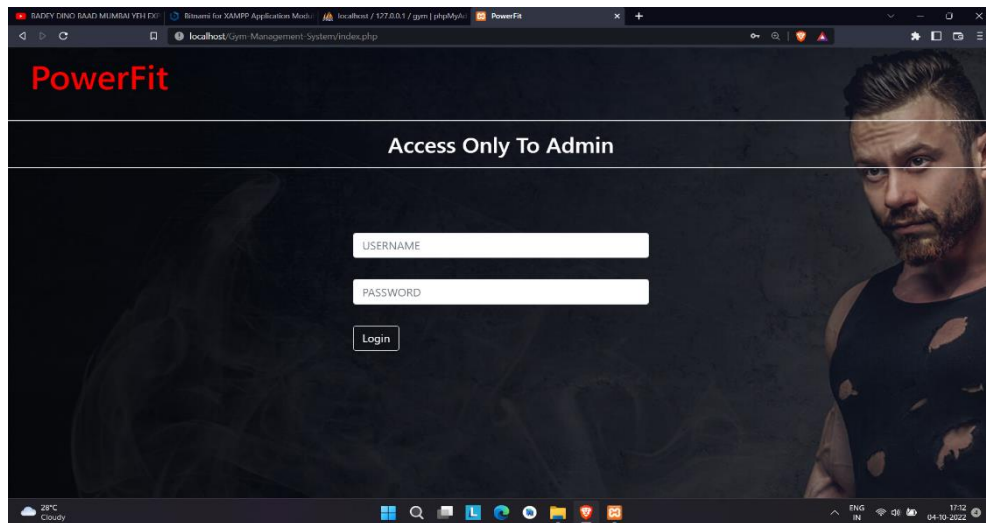


FIG 6.2: ADMIN LOGIN FORM

This model window allows admin to login into website. Once login completes, admin will be directed to admin page. Only admin can access this page, the admin can check the details of all the trainers, user login credentials, services opted by customers.

CHAPTER 7

IMPLEMENTATION

7. IMPLEMENTATION

Implementation is the stage where the theoretical design is turned into a working system. The most crucial stage in achieving a new successful system and in giving confidence on the new system for the users that it will work efficiently and effectively.

The system can be implemented only after thorough testing is done and if it is found to work according to the specification. It involves careful planning, investigation of the current system and its constraints on implementation, design of methods to achieve the change over and an evaluation of change over methods as a part from planning.

Two major tasks of preparing the implementation are education and training of the users and testing of the system. The more complex the system being implemented, the more involved will be the system analysis and design effort required just for implementation.

The implementation phase comprises of several activities. The required hardware and software acquisition is carried out. The system may require some software to be developed. For this, programs are written and tested. The user then changes over to his new fully tested system and the old system is discontinued.

TESTING

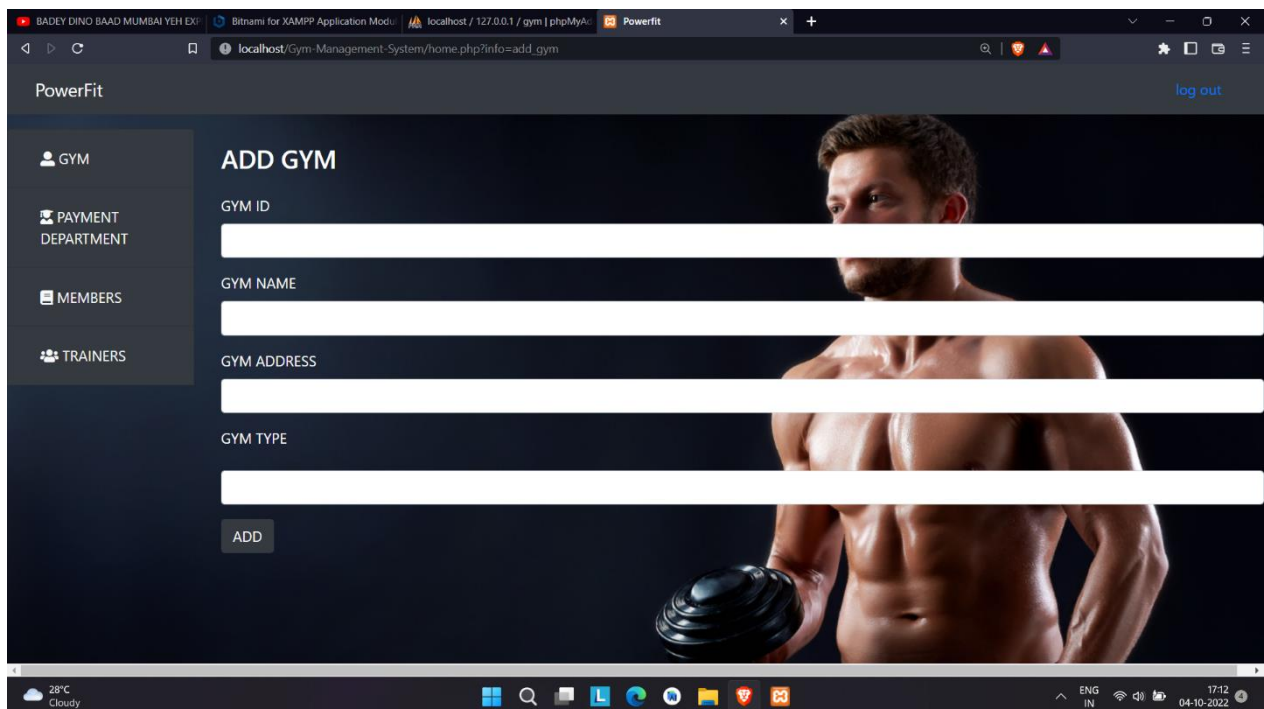
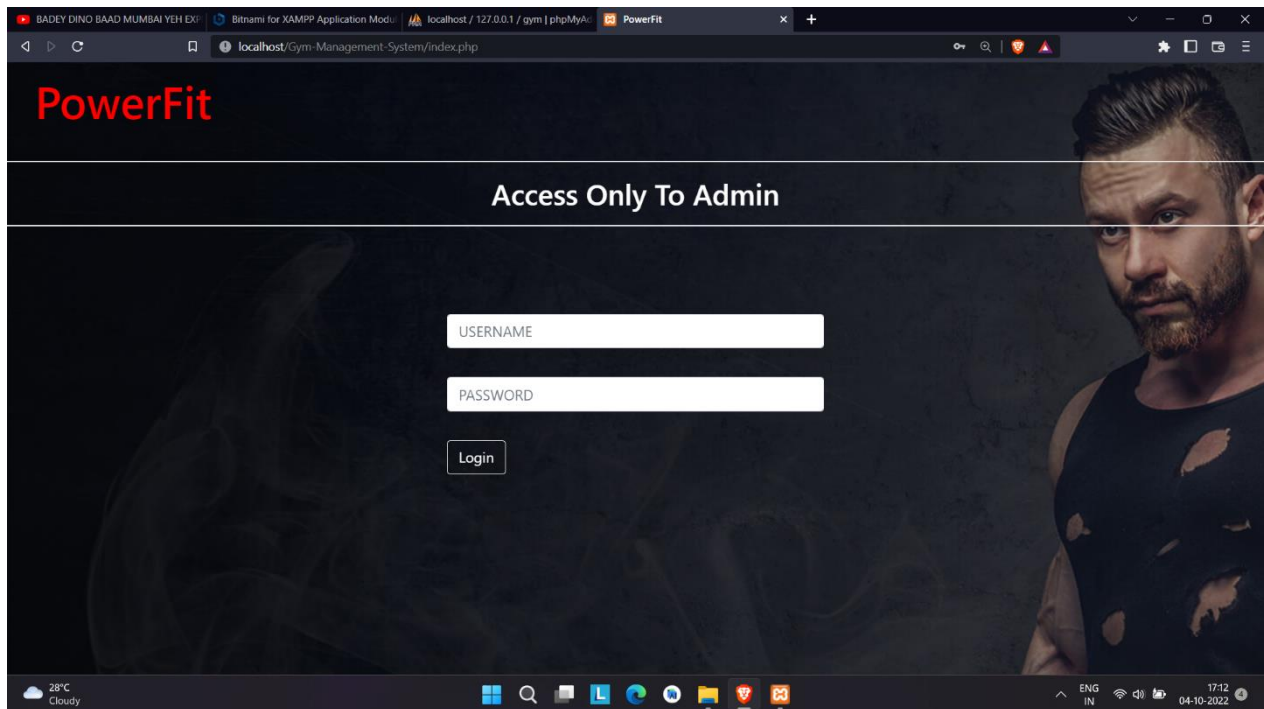
The testing phase is an important part of software development. It is the Information zed system will help in automate process of finding errors and missing operations and also a complete verification to determine whether the objectives are met and the user requirements are satisfied. Software testing is carried out in three steps:

1. The first includes unit testing, where in each module is tested to provide its correctness, validity and also determine any missing operations and to verify whether the objectives have been met. Errors are noted down and corrected immediately.
2. Unit testing is the important and major part of the project. So errors are rectified easily in particular module and program clarity is increased. In this project entire system is divided into several modules and is developed individually. So unit testing is conducted to individual modules.
3. The second step includes Integration testing. It need not be the case, the software whose modules when run individually and showing perfect results, will also show perfect results when run as a whole.

CHAPTER 8

SNAPSHOTS

8. SNAPSHOTS



PowerFit

log out

GYM

PAYMENT DEPARTMENT

MEMBERS

TRAINERS

SEARCH GYM

ENTER GYM NAME OR GYM ID

GYM ID	GYM NAME	GYM ADDRESS	GYM TYPE
GYM1	GYM LAND	Shiv Nagar	men
GYM2	TARGET ZONE	Shanthi Nagar	unisex
GYM3	GEORGE GYM	Mahesh Nagar	unisex
GYM4	SUNNY GYM FITNESS STATION	Rupali Complex	women
GYM5	A3 FITNESS GYM	Ramnagar Colony	men

28°C Cloudy

17:12 04-10-2022

PowerFit

log out

GYM

PAYMENT DEPARTMENT

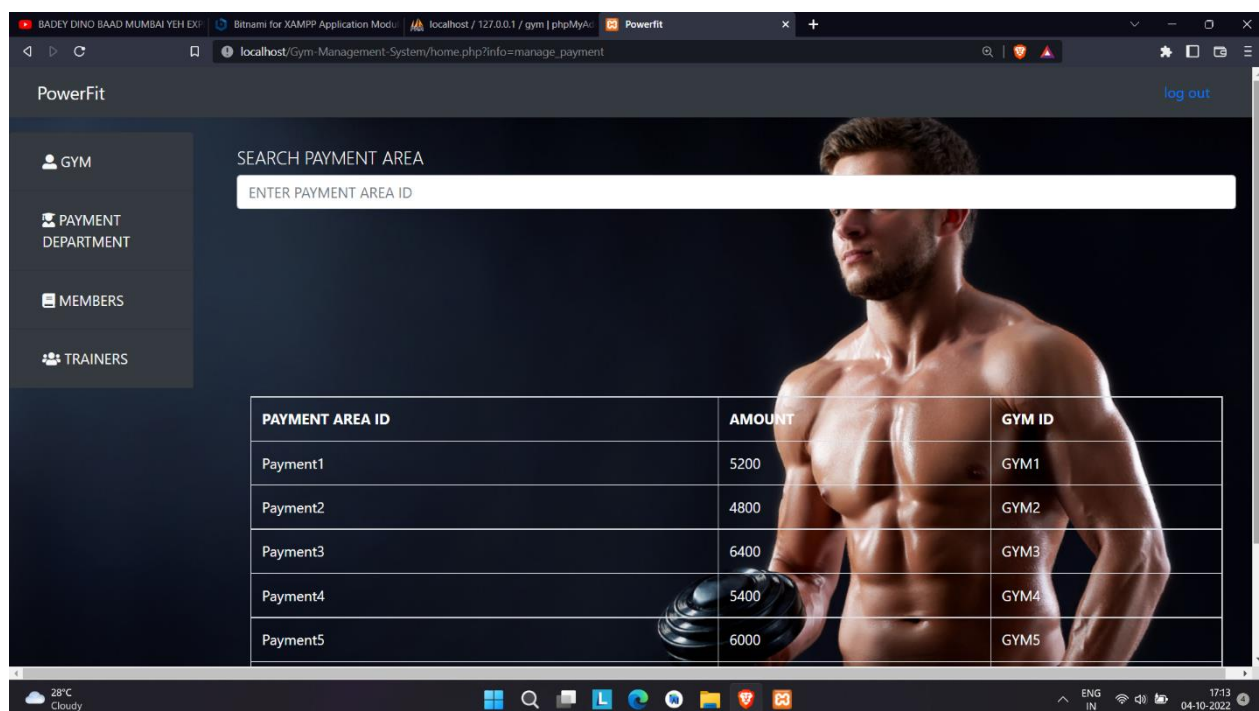
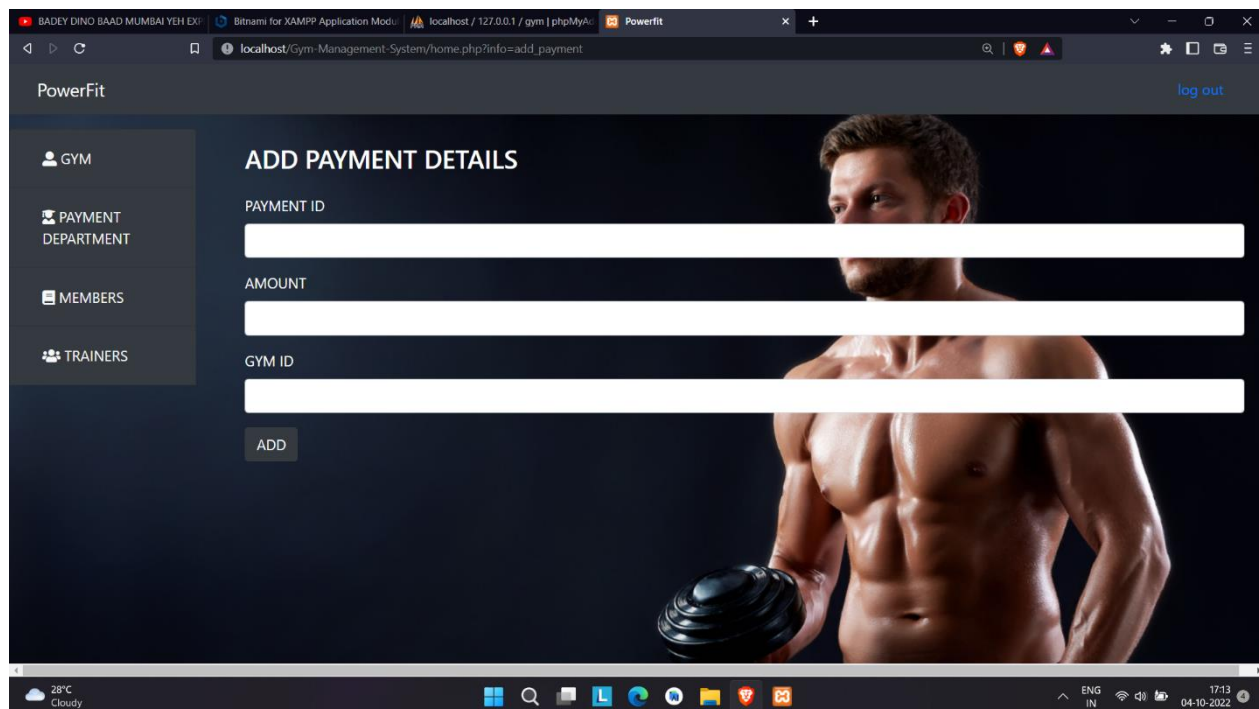
MEMBERS

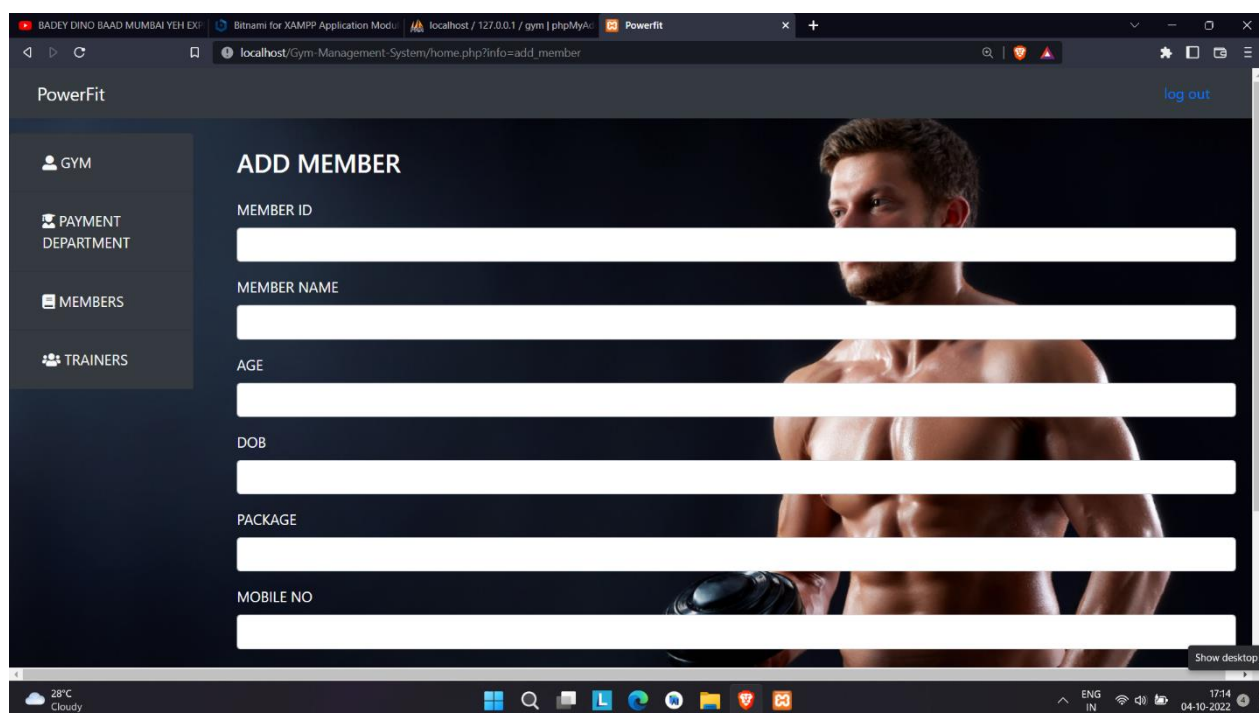
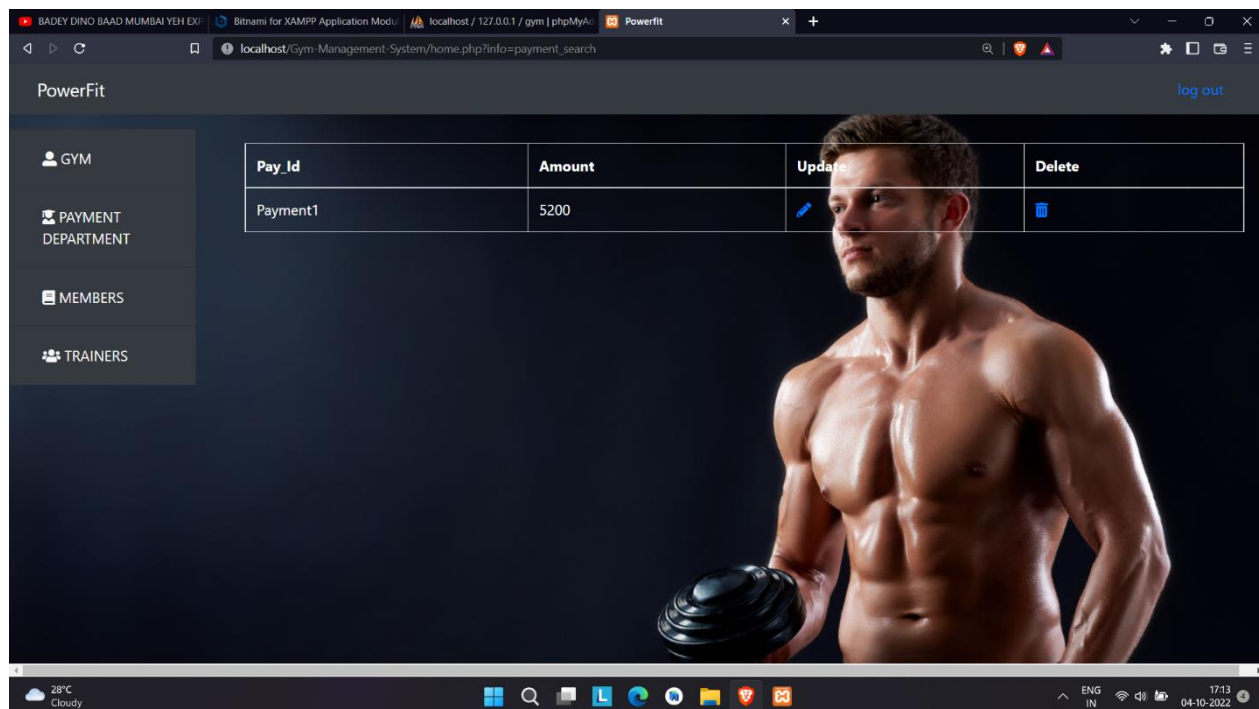
TRAINERS

Gym_Id	Name	Address	Type	Update	Delete
GYM1	GYM LAND	Shiv Nagar	men		

28°C Cloudy

17:13 04-10-2022





PowerFit

log out

GYM

PAYMENT DEPARTMENT

MEMBERS

TRAINERS

SEARCH MEMBER

ENTER MEMBER NAME OR MEMBER ID

MEMBER ID	MEMBER NAME	AGE	DOB	PACKAGE	MOBILE NO	PAYMENT AREA ID	TRAINER ID
M2	Karan	21	26/06/1998	4800	9988998899	Payment2	T2
M3	Chirag	22	22/07/1997	6400	9977997799	Payment3	T3
M4	Abhishek	21	21/08/1998	5400	9966996699	Payment4	T4
M5	Veeresh	20	24/06/1999	6000	9955995599	Payment5	T5

28°C Cloudy

ENG IN 17:14 04-10-2022

PowerFit



log out

GYM

PAYMENT DEPARTMENT

MEMBERS

TRAINERS

Mem_Id	Name	DOB	Age	Package	Mobile No	Update	Delete
M5	Veeresh	24/06/1999	20	6000	9955995599		

28°C Cloudy

ENG IN 17:14 04-10-2022

PowerFit [log out](#)

- GYM
- PAYMENT DEPARTMENT
- MEMBERS
- TRAINERS

ADD TRAINER

TRAINER ID

TRAINER NAME

TIME

MOBILE NO

PAYMENT AREA ID

PowerFit [log out](#)

- GYM
- PAYMENT DEPARTMENT
- MEMBERS
- TRAINERS

SEARCH TRAINER



ENTER TRAINER NAME OR TRAINER ID

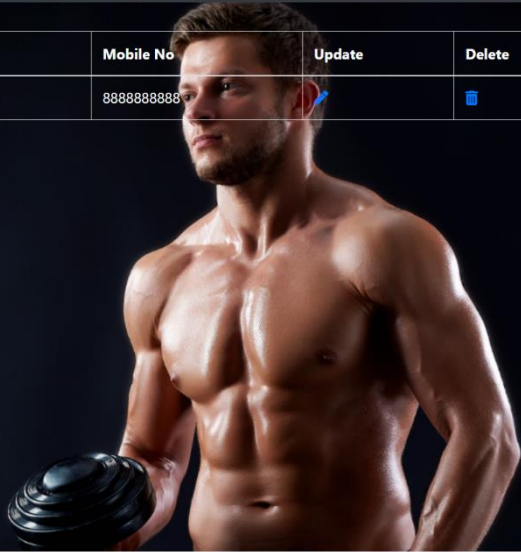
TRAINER ID	NAME	TIME	MOBILE NO
T2	Tanveer	9:00 AM	8888888888
T3	Wong Lee	11:00 AM	7777777777
T4	Kiran Das	1:00 PM	6666666666
T5	Harry Styles	3:00 PM	6655665566
T6	James Corden	5:00 PM	6677667766
T7	Jimmy Kimmel	7:00 PM	6688668866

PowerFit

log out

GYM
PAYMENT DEPARTMENT
MEMBERS
TRAINERS

Trainer_Id	Name	Time	Mobile No	Update	Delete
T2	Tanveer	9:00 AM	8888888888		



28°C Cloudy

ENG IN 17:15 04-10-2022

CHAPTER 9

CONCLUSION

9. CONCLUSION

The package was designed in such a way that future modifications can be done easily. The following conclusions can be deduced from the development of the project:

- ❖ Automation of the entire system improves the efficiency
- ❖ It provides a friendly graphical user interface which proves to be better when compared to the existing system.
- ❖ It gives appropriate access to the authorized users depending on their permissions.
- ❖ It effectively overcomes the delay in communications.
- ❖ Updating of information becomes so easier
- ❖ System security, data security and reliability are the striking features.
- ❖ The System has adequate scope for modification in future if it is necessary.

10. REFERENCE

- 1) <https://www.youtube.com>
- 2) <https://stackoverflow.com>
- 3) <https://github.com>
- 4) <https://codewithharry.com>