



# 2021 PLAYBOOK



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 **SOCIALISING TECHNIQUES**   
**FOR THOSE WHO'VE FORGOTTEN IT.**

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## FOREWORD

One year at home and your social skills have almost reached the 'point of no return'? Do you start sweating at sentences like "Turn your cameras on for this meeting" or when someone asks you to join a video call wala birthday party? It's okay. We're here to help with a few tips for when you have to attend your next party.

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## CHAPTER #1: THE ICE-BREAKER

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Carry mint or chewing gum along with you, because someone somewhere always needs it. P.S: There's a lot more than friendship that can happen over a couple of mints ;)



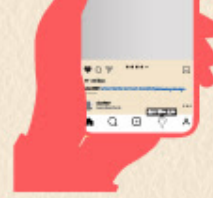
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## CHAPTER #2: THE MEME LORD

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Save those memes. Keep those Insta pages open. When the awkward silence hits you, hit them with a meme.



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## CHAPTER #3: THE JOEY

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No one has ever liked people taking food off their plate. Now more so than ever ('cause safety, duh!) So always get two plates of food. And just hand the extra plate to someone you want to talk to. ;)



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## CHAPTER #4: THE WANDERLUST

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When someone shares their travel diaries with you, you're officially free to make up your own. Like that time you travelled to Naples, with our pizzas. Heh.



Know someone who needs this more than you? Let them know!  
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