



The Adventures of Baking

Tips and Tricks Throughout Time



Want to Try Out Some Old Desserts?

Back in the 17th century there was little talk of real baking, the materials we have today for making any sweet treats we desire didn't exist then. Now you can buy any dessert already made at a grocery store rather than needing to carefully plan, prepare, and work for your treat.

The desserts below are some of the most foundational desserts that evolved into our favorites in modern day times. Turns out with a little yeast, flour, and sugar you can make so many different things. These delicious recipes are here for you to try, hop in the kitchen, experiment, have fun. Make something you've never made before and try a small little taste of the past.

Ancient Recipes

| Dessert | Time | Site Name |
|--------------------------|--------------|--------------------|
| Dutch Shortbread Cookies | 45 mins | My Cooking Journey |
| Gingerbread | 50 mins | The Gingered Whisk |
| Plum Pie | 1 hr | Eat History |
| French Bread | 1 hr 40 mins | Karens Kitchen |
| Biscuit Bread | 1 hr 45 mins | Cupcake Project |