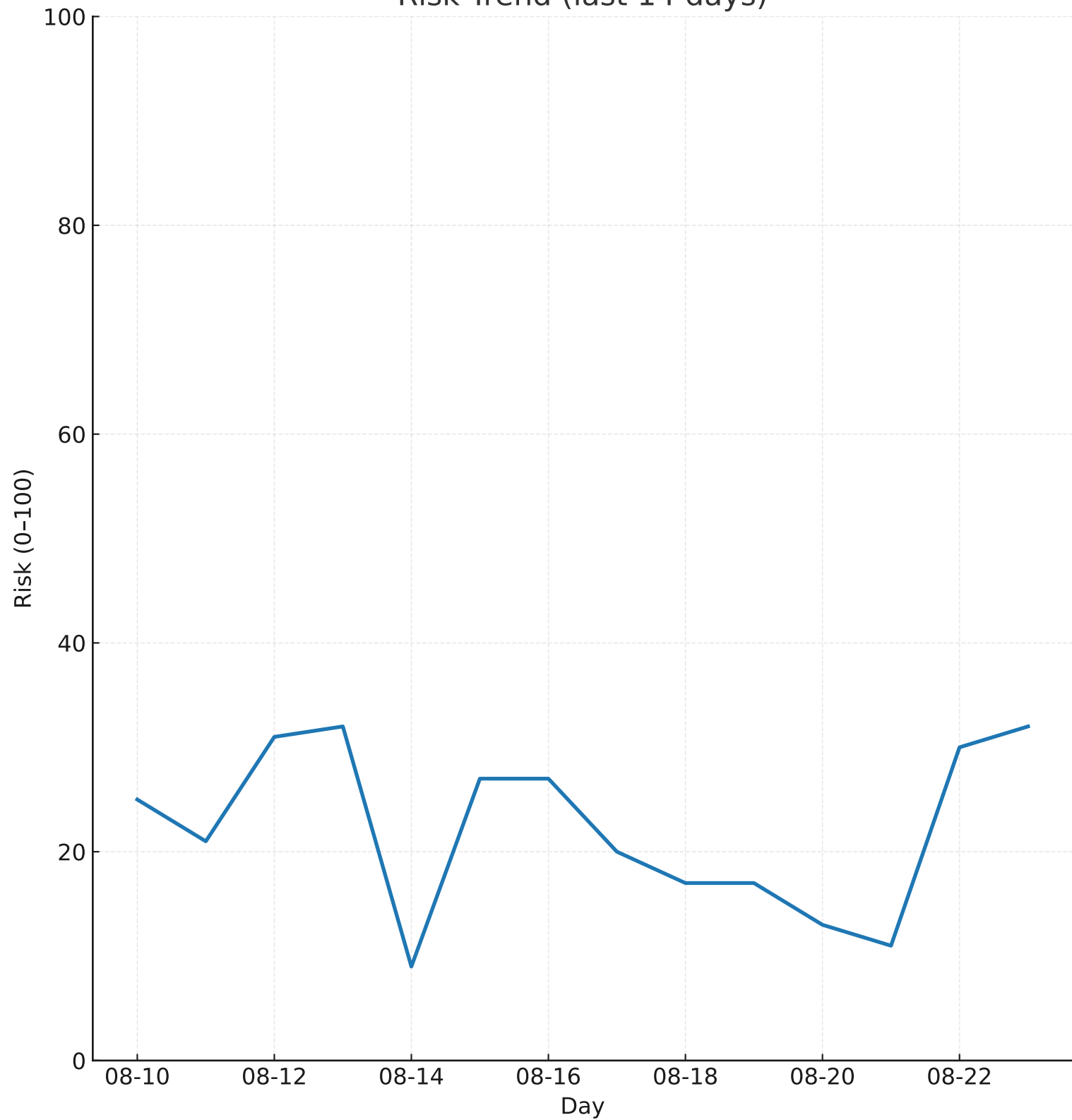


Risk Trend (last 14 days)



Summary & Data Excerpt (Page 2 of 2)

NeuroBridge – 14-Day Doctor Summary

Date range: 2025-08-11 to 2025-08-24

Overview

- Current risk: Moderate
- Risk trend (last 14 days): +7 pts
- Averages – Sleep: 6.3h · Mood: 3.4/5 · Headache: 3.4/10 · Stress: 4.4/10 · Exercise: 15 mins/day

Signals

- Highest contributing factors: low sleep, stress, headache
- Memory lapses (most recent): 3
- Notable notes: slept late, light headache, light headache, busy day, busy day

Disclaimer: Prototype only – not a diagnostic device.

| date | sleepHours | mood | headache | memoryLapses | stress | exerciseMins | notes |
|------------|------------|------|----------|--------------|--------|--------------|----------------|
| 2025-08-10 | 5 | 2 | 4 | 1 | 3 | 8 | |
| 2025-08-11 | 5 | 2 | 6 | 0 | 2 | 5 | busy day |
| 2025-08-12 | 6 | 2 | 3 | 3 | 3 | 28 | felt focused |
| 2025-08-13 | 7 | 2 | 2 | 3 | 4 | 17 | busy day |
| 2025-08-14 | 6 | 4 | 1 | 0 | 5 | 6 | light headache |
| 2025-08-15 | 7 | 4 | 0 | 3 | 6 | 7 | slept late |
| 2025-08-16 | 5 | 4 | 5 | 1 | 7 | 4 | mild fatigue |
| 2025-08-17 | 6 | 4 | 1 | 1 | 8 | 6 | slept late |
| 2025-08-18 | 7 | 5 | 5 | 1 | 4 | 22 | busy day |
| 2025-08-19 | 7 | 2 | 2 | 1 | 3 | 29 | slept late |