

# Sweet Potato Breakfast Bake

## Ingredients:

- ✓ 1.5 lbs sweet potato, grated
- ✓ 12 large eggs
- ✓ 1 tbsp taco seasoning
- ✓ 2 tsp garlic powder
- ✓ 1 ½ tsp salt
- ✓ 1 cup milk
- ✓ 1 cup shredded pepper jack
- ✓ 1 large onion, chopped
- ✓ 1 jalapeno, diced
- ✓ 4 cups spinach
- ✓ Ground black pepper to taste



Total Time: 80 minutes Servings: 8-12

## Directions:

1. Preheat oven to 375° F and line a 9x13 baking dish with parchment paper and spray with cooking spray.
2. In a large mixing bowl add eggs, taco seasoning, garlic powder, salt, and pepper. Whisk until combined. Add milk, 2/3 cups cheese, onion, and jalapeno. Whisk to combine.
3. Add sweet potatoes and spinach. Mix well.
4. Transfer mixture to baking pan and bake for 1 hour. Sprinkle with remaining cheese on top and bake until melted.
5. Remove from oven and let cool 10 minutes before cutting.

Can be assembled in advance and refrigerated up to 48 hours before baking.

