IST 687 M002 Group 2

PROJECT REPORT

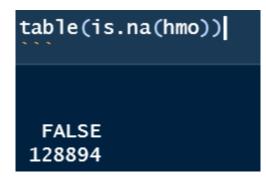
HEALTHCARE COSTS INSIGHTS, ANALYSIS AND RECOMMENDATIONS

Team: Satwik Belaldavar, Lahari Chowtoori, Ximeng Deng, Jackson Hett, Supraja Ramachandran The dataset for this project contains healthcare cost information from a Health Management Organization (HMO). The goal of this project was to accurately predict which customers will be expensive and determine which factors lead to a higher healthcare cost. Additionally, we were assigned the task of creating actionable insights for a healthcare company. To do this, we used the skills developed in the course to perform data analysis.

The data used for this project is from a url of csv, and the read_csv function was used to bring in the data.

hn	no	<	re	ad_c	csv(" <u> </u>	11	ttps:/	<u>//intro-</u>	<u>datascie</u>	nce.s3.us	s-east-2.	amazor	naws.c	om/HMO_	d	ata.	<u>csv</u> ")
•	х	‡ age	‡	bmi [‡]	children	‡	smoker ‡	location ‡	location_type	education_level ‡	yearly_physical ‡	exercise ‡	married ‡	hypertension	‡	gender [‡]	cost ‡
1			18	27.900		0	yes	CONNECTICUT	Urban	Bachelor	No	Active	Married		0	female	1746
2			19	33.770			no	RHODE ISLAND	Urban	Bachelor	No	Not-Active	Married	,	0	male	602
3			27	33.000			no	MASSACHUSETTS	Urban	Master	No	Active	Married	,	0	male	576
4		4	34	22.705		0	no	PENNSYLVANIA	Country	Master	No	Not-Active	Married			male	5562
5			32	28.880		0	no	PENNSYLVANIA	Country	PhD	No	Not-Active	Married	,	0	male	836
6			47	33.440			no	PENNSYLVANIA	Urban	Bachelor	No	Not-Active	Married	,	0	female	3842
7			36	29.830		2	no	PENNSYLVANIA	Urban	Bachelor	No	Active	Married	,	0	male	1304
8		10	59	25.840		0	no	PENNSYLVANIA	Country	Bachelor	No	Not-Active	Married			female	9724
9		11	24	26.220		0	no	PENNSYLVANIA	Urban	Bachelor	No	Active	Married	,	0	male	201
10		12	61	26.290		0	yes	CONNECTICUT	Urban	No College Degree	No	Active	Married	,	0	female	4492
11		13	22	34.400		0	no	MARYLAND	Urban	Bachelor	No	Not-Active	Married	,	0	male	717
12		14	57	39.820		0	no	MARYLAND	Urban	Bachelor	Yes	Not-Active	Married	,	0	female	4153
13		15	26	42.130		0	yes	PENNSYLVANIA	Urban	Bachelor	No	Active	Married	,	0	male	5336
14		16	18	24.600			no	PENNSYLVANIA	Country	No College Degree	Yes	Not-Active	Not_Married	,	0	male	382
15		18	23	23.845		0	no	MASSACHUSETTS	Urban	No College Degree	No	Active	Married	,	0	male	294
16		19	57	40.300		0	no	PENNSYLVANIA	Urban	Bachelor	Yes	Active	Not_Married		0	male	1382
17	-	20	31	35.300		0	yes	PENNSYLVANIA	Urban	PhD	No	Not-Active	Married		0	male	15058
18	1	21	60	36.005		0	no	PENNSYLVANIA	Urban	PhD	No	Active	Married		0	female	3384
19	1 2	22	30	32.400		1	no	PENNSYLVANIA	Urban	Master	No	Active	Married		0	female	761

This is how the data looked initially after reading it in but before any data cleaning. There were 7,852 observations of 14 variables. Before doing any data analysis, we needed to deal with NA values using the imputeTS package. We decided to repair the NA values using interpolation, as we did in class several times. There were 186 NA values before data cleaning began.



Using the str() function, we examined the dataset in more detail.

As we can see, there are 8 numerical columns, 1 of which is a categorical variable (hypertension). There are also 8 character columns which are strings. We then used the summary() function to further explore the data.

As seen here, the ages in the sample ranged from 18 to 66 with a mean of around 39. For bmi, values ranged from about 16 to 53 with a mean of about 31. The insurance cost has a wide range, spanning from only \$2 to \$55,715 with a mean of \$4,043. This means that the cost variable is skewed to the right by some extremely high values.

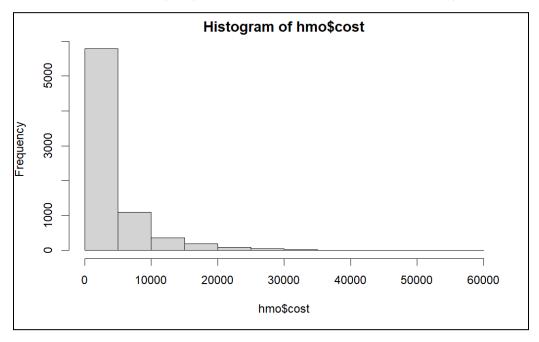
The smoker column is a binary column that denotes if that specific person is a smoker. Location type can be either urban or country. Education level has several options. These include no college degree, bachelor, master, and PHD. Yearly physical and exercise are also binary

columns with options of yes, no, active, and not-active. Hypertension is a binary column where 1 indicates a person with hypertension. Gender and married are self-explanatory binary variables as well. Cost is the amount of money a person spent on healthcare in the past year. This is our variable of interest.

We then had to create a categorical variable quantifying an "expensive person". To do this, we ran descriptive statistics on the cost variable and found the quantile values. We chose to define expensive as a person that has a healthcare cost of \$4,776 or more. The reason we picked this value was because \$4,775 is the 75th percentile.

We created several other variables to further analyze the data. We created age categories including young adults, middle aged, and older adults. We did this to investigate differences in healthcare costs among different age brackets. We also created bmi categories using the defined ranges of bmi. These categories include underweight, healthy, overweight, obese, and extremely obese.

Following the exploratory data analysis and initial cleaning, we decided to further explore the dataset using visualizations. First, we made a simple histogram of the cost variable to observe the heavy skew to the right of the data. This confirmed our initial hypothesis. Most of the data falls between \$0 and \$5,000, but there are several outliers above \$20,000.



Group by State

Following this, we grouped the data by state and created a plot showing the average healthcare cost for each state in our dataset.

```
statemean <- hmo %>%
  group_by(location) %>%
  summarise(mean_cost = mean(cost))
```

```
bar <- ggplot(statemean, aes(x=location, y=mean_cost, fill=location)) +
  geom_bar(stat="identity")+theme_minimal() + geom_jitter(width=0.15)+
  theme(axis.text.x = element_text(angle = 45, hjust=1)) + theme(legend.position =
  "none")</pre>
```

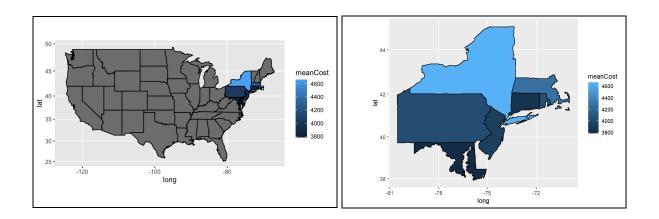
This shows that people living in New York have the highest healthcare costs, on average. New York is followed by Massachusetts. The remaining states all have negligible differences in the average healthcare costs. Another visualization we created shows the healthcare costs by states by using a map.

```
stateHmo <- hmo %>%
    group_by(location) %>%
    summarise(meanCost = mean(cost))

stateHmo <- data.frame(stateHmo)
stateHmo$state <- tolower(stateHmo$location)

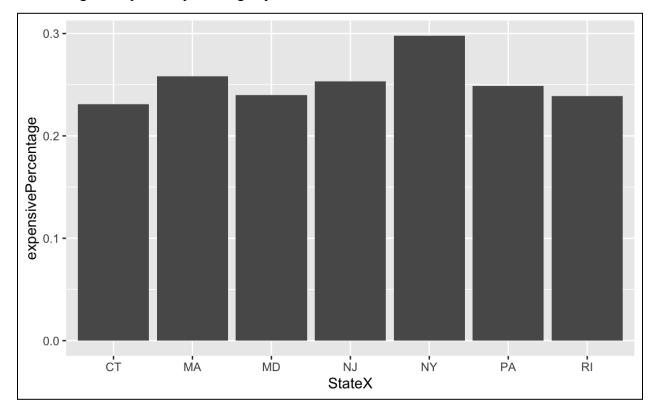
us <- map_data("state")
mergeHmo <- merge(stateHmo,us,by.x="state",by.y="region",all.x=T)
mergeHmo <- mergeHmo %>% arrange(order)

mapHmo <- ggplot(mergeHmo) +
    geom_polygon(color="black",aes(x=long,y=lat,group=group,fill=meanCost)) +
    coord_map()
mapHmo</pre>
```

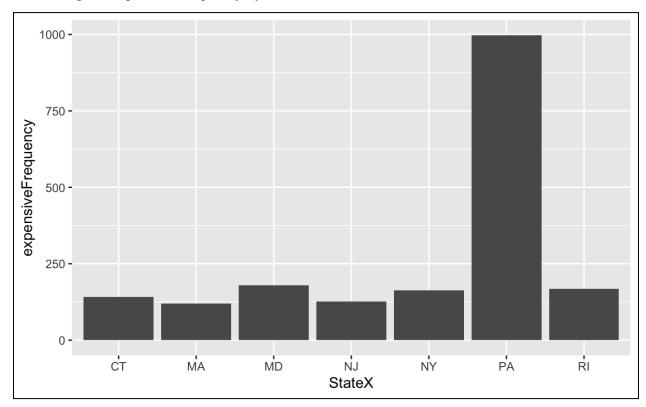


Besides, we also grouped the data by state and created 2 plots showing the percentage of being expensive and the frequency of being expensive on the healthcare cost for each state in our dataset.

Visualizing the expensive percentage by state:



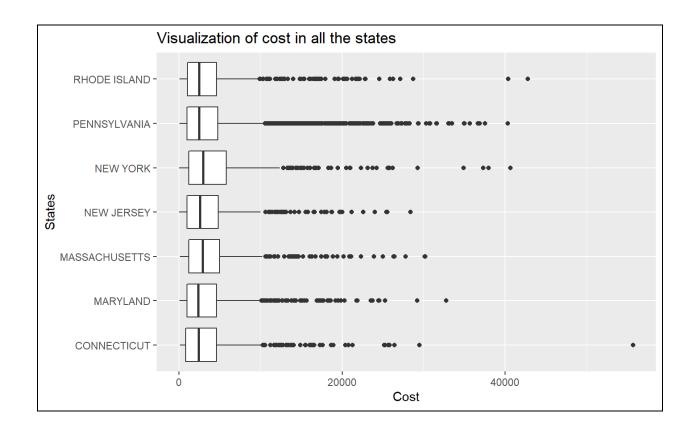
Visualizing the expensive frequency by state:



This shows that people living in New York have the highest percentage of expensive healthcare costs. New York is followed by Massachusetts. The remaining states all have negligible differences in the percentage of being expensive on healthcare costs.

Because the sample size of the data varies from state to state, the frequency of being expensive varies widely, but this has little impact on our analysis and is not important data, so we decided to skim over.

```
boxplot\_state <- ggplot(hmo) + aes(x=cost,y=location) + geom\_boxplot() + xlab("Cost") + ylab("States") + ggtitle("Visualization of cost in all the states") \\boxplot\_state
```

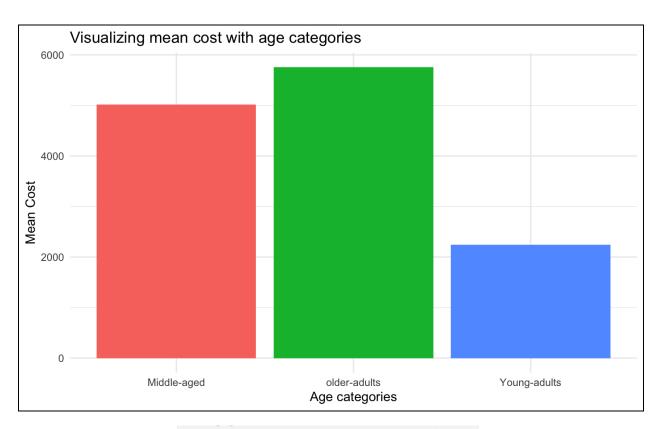


Group by Age Category

Next, we grouped the data by age category to determine what impact age has on cost.

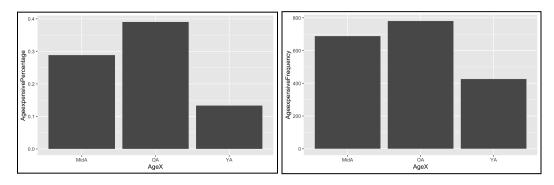
```
statemeanage <- hmo %>%
  group_by(agecategory) %>%
  summarise(mean_cost = mean(cost))
```

```
bar2 <- ggplot(statemeanage, aes(x=agecategory, y=mean_cost, fill=agecategory)) +
geom_bar(stat="identity")+theme_minimal() + theme(legend.position = "none")</pre>
```



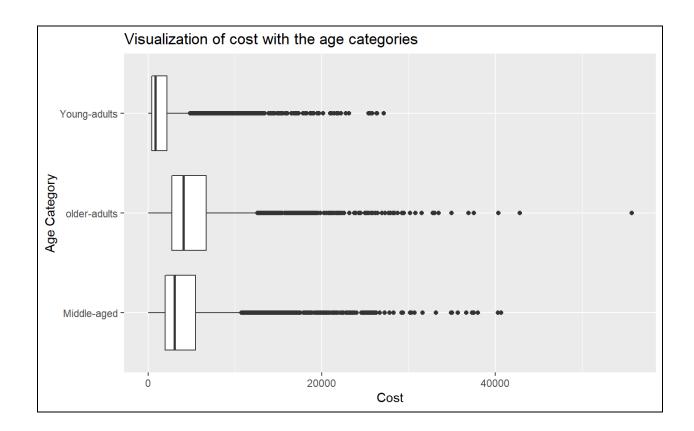
hmo%>% group_by(agecategory)%>%
 summarise(table(expensive))

```
YA <- hmo[hmo$agecategory=="Young-adults",]
expensivePercentageYA <- sum(YA$expensive=="1")/nrow(YA)</pre>
MidA <- hmo[hmo$agecategory=="Middle-aged",]</pre>
ExpensivePercentageMidA <- sum(MidA$expensive=="1")/nrow(MidA)</pre>
OA <- hmo[hmo$agecategory=="older-adults",]
expensivePercentageOA <- sum(OA$expensive=="1")/nrow(OA)</pre>
AgeX <- c("YA", "MidA", "OA")
AgeexpensivePercentage <- c(expensivePercentageYA,
                          expensivePercentageMidA,
                          expensivePercentageOA)
AgeexpensiveFrequency <- c(sum(YA\$expensive=="1"),
                         sum(MidA$expensive=="1"),
                         sum(0A$expensive=="1"))
AgeexpensivePercentageDF <-
data.frame(AgeX,AgeexpensivePercentage,AgeexpensiveFrequency)
bar11 <- ggplot(AgeexpensivePercentageDF, aes(x=AgeX, y=AgeexpensivePercentage)) +
geom_bar(stat="identity")
bar11
bar12 <- ggplot(AgeexpensivePercentageDF, aes(x=AgeX, y=AgeexpensiveFrequency)) +</pre>
geom_bar(stat="identity")
bar12
```



It is clearly evident that the average cost, the percentage of being expensive, and the frequency of being expensive for older adults is significantly higher than those for middle aged adults, which is significantly higher than those for young adults.

```
boxplot\_age < -ggplot(hmo) + aes(x = cost, y = agecategory) + geom\_boxplot() + xlab("Cost") + ylab("Age Category") + ggtitle("Visualization of cost with the age categories") \\boxplot\_age
```

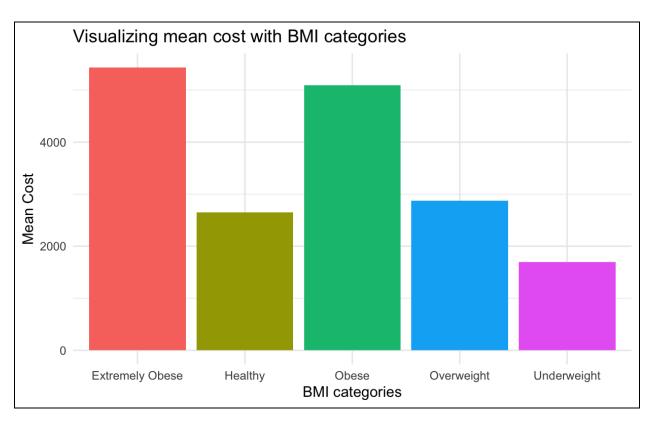


Group by BMI Category

We then grouped the data by bmi category to analyze the impact of bmi on cost.

```
meanbmi <- hmo %>%
  group_by(bmicategory) %>%
  summarise(mean_cost = mean(cost))
```

```
bar3 <- ggplot(meanbmi, aes(x=bmicategory, y=mean_cost, fill=bmicategory)) +
geom_bar(stat="identity")+theme_minimal() + theme(legend.position = "none")</pre>
```



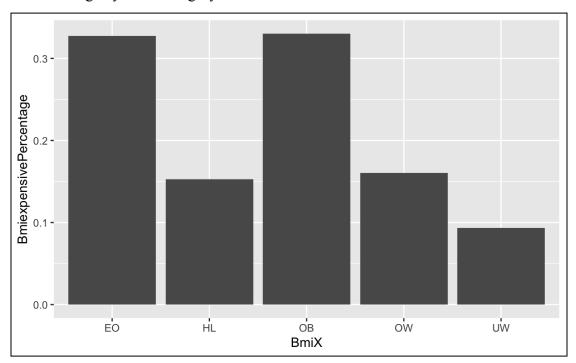
As you can see, the average cost for extremely obese and obese people is well over \$4,000. On the other hand, the cost for overweight and healthy people is similar while the cost for underweight is the lowest.

When we looked at the percentage and frequency of being expensive grouped by the bmi category, we can see that the cost for extremely obese and obese people is more likely to cost more on health care.

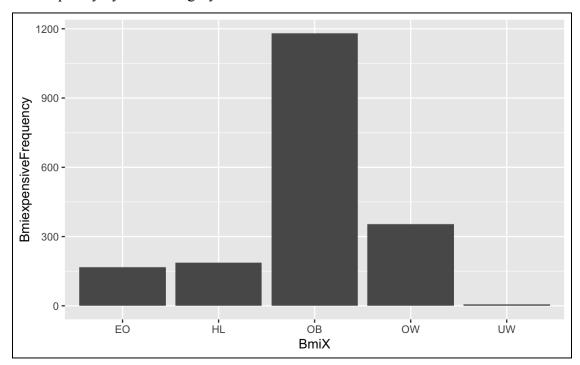
hmo%>% group_by(bmicategory)%>%
 summarise(table(expensive))

```
E0 <- hmo[hmo$bmicategory=="Extremely Obese",]</pre>
expensivePercentageE0 <- sum(E0$expensive=="1")/nrow(E0)</pre>
HL <- hmo[hmo$bmicategory=="Healthy",]</pre>
expensivePercentageHL <- sum(HL$expensive=="1")/nrow(HL)</pre>
UB <- hmo[hmo$bmicategory=="Obese",]
expensivePercentageOB <- sum(OB$expensive=="1")/nrow(OB)</pre>
OW <- hmo[hmo$bmicategory=="Overweight",]</pre>
expensivePercentageOW <- sum(OW$expensive=="1")/nrow(OW)</pre>
UW <- hmo[hmo$bmicategory=="Underweight",]</pre>
expensivePercentageUW <- sum(UW$expensive=="1")/nrow(UW)</pre>
BmiX <- c("E0","HL","OB","OW","UW")</pre>
BmiexpensivePercentage <- c(expensivePercentageE0,
                           expensivePercentageHL,
                           expensivePercentageOB,
                           expensivePercentageOW,
                           expensivePercentageUW)
BmiexpensiveFrequency <- c(sum(E0$expensive=="1"),
                          sum(HL$expensive=="1"),
                          sum(OB$expensive=="1"),
                          sum(OW$expensive=="1"),
                          sum(UW$expensive=="1"))
BmiexpensivePercentageDF <-
data.frame(BmiX,BmiexpensivePercentage,BmiexpensiveFrequency)
bar9 <- ggplot(BmiexpensivePercentageDF, aes(x=BmiX, y=BmiexpensivePercentage)) +</pre>
geom_bar(stat="identity")
bar9
bar10 <- qqplot(BmiexpensivePercentageDF, aes(x=BmiX, y=BmiexpensiveFrequency)) +</pre>
geom_bar(stat="identity")
bar10
```

Expensive Percentage by BMI Category:



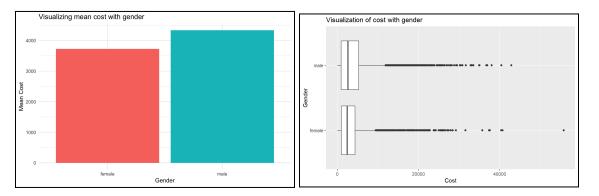
Expensive Frequency by BMI Category:



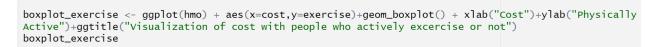
Other Visualizations

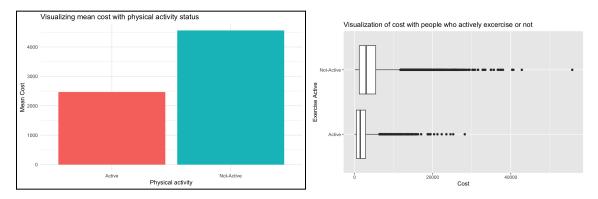
When we look at the bar graph for gender, we can see that men spend more on healthcare than women do, but the difference is not significant.

```
boxplot\_gender <- ggplot(hmo) + aes(x=cost,y=gender) + geom\_boxplot() + xlab("Cost") + ylab("Gender") + ggtitle("Visualization of cost with gender") \\ boxplot\_gender|
```



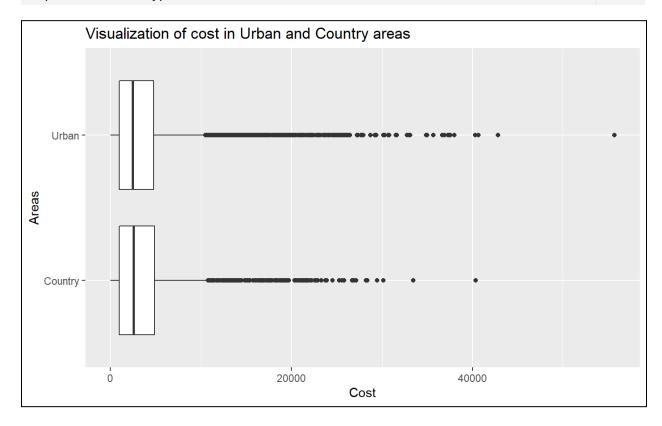
It is clear that the mean cost for someone that is not active doing physical exercise is much higher than the mean cost for someone that is active doing exercise. Therefore, active exercise people have a lower chance to be expensive than someone who is not active.





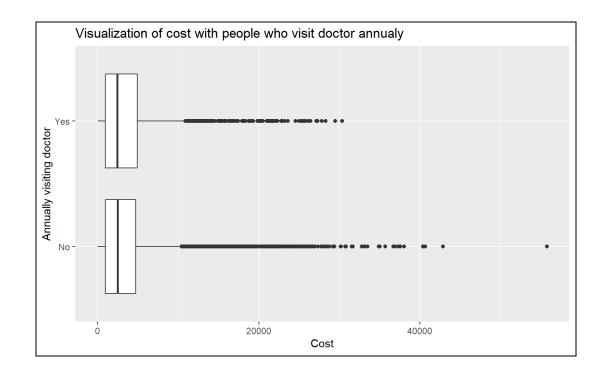
Additionally, we looked at urban vs country locations and the correlation to health care costs. We did not find a significant relationship. However, there are several high outliers in the urban sample compared to the country sample.

boxplot_location_type<- ggplot(hmo)+aes(x=cost,y=location_type)+geom_boxplot()+
xlab("Cost")+ylab("Areas")+ggtitle("Visualization of cost in Urban and Country areas")
boxplot_location_type</pre>

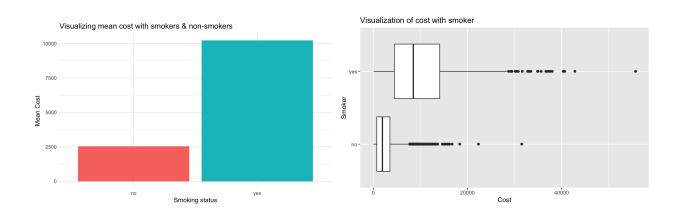


We explored the impact of annual physicals on the healthcare cost for an individual. This was clear in that it showed much higher outliers for people that do not have an annual physical and the average price for someone who does not have a physical is higher than someone who does.

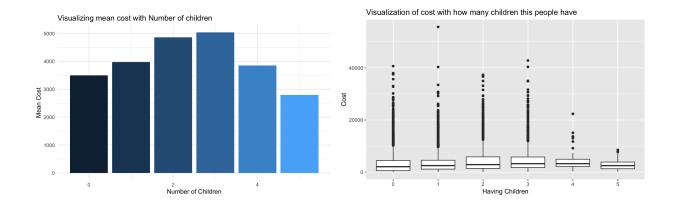
```
boxplot\_physical <- ggplot(hmo) + aes(x=cost,y=yearly\_physical) + geom\_boxplot() + xlab("Cost") + ylab("Annually visiting doctor") + ggtitle("Visualization of cost with people who visit doctor annualy") boxplot\_physical
```



Then, we visualize the correlation between cost and smoker & non-smoker, it is clear that the mean cost for someone that is a smoker is much higher than the mean cost for someone that is not a smoker. Therefore, non-smoker people have a lower chance to be expensive than someone who is a smoker.



Lastly, as the number of children increases, the cost of health care increases, but when there are four, the cost of healthcare decreases, and when there are five children, the cost of healthcare is lower than if there were no children.



Linear Model

After the initial data visualization, we began creating a model to solve the problem that we faced. First, we created a multiple linear regression model using all variables in the dataframe to model cost. We found that age, bmi, children, smoker, and being from New York were positive and statistically significant at the 0.05 level. This means that an increase in age, bmi, or children leads to an increase in insurance costs. Being a smoker or being from New York also leads to higher costs. We then ran a model with only statistically significant variables and the results are shown below.

```
hmo_1 <- select(hmo, -expensive)
modelAll_1 <- lm(cost ~., data = hmo_1)
summary(modelAll_1)

#model with significant predictors
modelSignificant <- lm(cost ~ age + bmi + children + smoker + location + education_level + exercise +
married + hypertension, data = hmo)
summary(modelSignificant)</pre>
```

```
Coefficients:
                                     Estimate Std. Error t value Pr(>|t|)
(Intercept)
                                                  259.363 -35.092
                                                                   < 2e-16 ***
                                    -9101.452
                                                                    < 2e-16 ***
                                                    2.629 38.952
age
bmi
                                      102.399
                                      181.439
                                                    6.221
                                                            29.164
                                                                    < 2e-16 ***
children
                                      233.250
                                                   30.444
                                                            7.662 2.06e-14 ***
                                                                    < 2e-16 ***
smokeryes
                                     7665.446
                                                   93.437
                                                           82.039
locationMARYLAND
                                     -129.468
                                                  175.706
                                                            -0.737 0.461238
locationMASSACHUSETTS
                                                  198.350
                                                             0.041 0.967268
                                        8.140
locationNEW JERSEY
                                      108.036
                                                  194.511
                                                             0.555 0.578621
locationNEW YORK
                                      470.417
                                                  189.706
                                                             2.480 0.013170 *
locationPENNSYLVANIA
                                       14.409
                                                  139.922
                                                             0.103 0.917982
locationRHODE ISLAND
                                      118.118
                                                  178.143
                                                             0.663 0.507317
education_levelMaster
education_levelNo College Degree
                                      -97.611
                                                   95.102
                                                            -1.026 0.304741
                                      42.000
                                                  126.283
                                                             0.333 0.739453
education_levelPhD
                                     -234.554
                                                  129.865
                                                            -1.806 0.070937
                                                                   < 2e-16 ***
                                                   85.619
                                                            26.416
exerciseNot-Active
                                     2261.702
marriedNot_Married
                                      132.345
                                                   78.548
                                                             1.685 0.092051
hypertension
                                                             3.681 0.000234 ***
                                      341.360
                                                   92.739
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 3220 on 7565 degrees of freedom
Multiple R-squared: 0.574, Adjusted R-squared: 0.57
                                 Adjusted R-squared: 0.5731
F-statistic: 637.1 on 16 and 7565 DF, p-value: < 2.2e-16
```

The p-value is less than 0.05, we accepted this model. The Adjusted R-squared value for this was 0.5731. This means that 57.31% of the variation in health cost can be explained by the variables included in the model.

SVM Model

We then decided to create an SVM model, which is a supervised modeling technique. To do this, we used the createDataPartition() function from the caret package. We first tried splitting the data into test and training datasets with .2 and .8 partitions, but that model is not as accurate as the model we created when we split the data into test and training datasets with $\frac{2}{3}$ of the data being used as the training data.

```
library(caret)
library(kernlab)
hmo$expensive <- as.factor(hmo$expensive)

HMO <- select(hmo,-cost,-X)

set.seed(687)
trainList <- createDataPartition(y=HMO$expensive,p=.67,list=FALSE)
training <- HMO[trainList,]
testing <- HMO[-trainList,]</pre>
```

Next, we created an SVM model using all the variables with expensive being the variable of interest. This was created using the train() function. A second SVM model was made using the ksvm() function. Then, we predicted the test data with both models and created a Confusion matrix for each.

```
svm.model1 <- train(expensive ~ ., data = training,
method = "svmRadial",
trControl=trainControl(method = "none"),
preProcess = c("center", "scale"))
svm.model1

# another way to train the model
svm.model2 <- ksvm(expensive ~., data=training,
C=5,cross=3, prob.model = TRUE)
svm.model2

svmPred1 <- predict(svm.model1, newdata=testing)
confusionMatrix(svmPred1, testing$expensive)

svmPred2 <- predict(svm.model2, newdata=testing)
confusionMatrix(svmPred2, testing$expensive)</pre>
```

```
Confusion Matrix and Statistics
Confusion Matrix and Statistics
                                                    Reference
         Reference
                                          Prediction 0 1
Prediction 0 1
                                                   0 1806 220
        0 1825 267
                                                   1 70 405
        1 51 358
                                                         Accuracy: 0.884
              Accuracy : 0.8729
                                                           95% CI: (0.8708, 0.8963)
               95% CI: (0.8592, 0.8857)
                                              No Information Rate : 0.7501
   No Information Rate : 0.7501
                                              P-Value [Acc > NIR] : < 2.2e-16
   P-Value [Acc > NIR] : < 2.2e-16
                                                            Kappa: 0.6638
                 Kappa : 0.6167
                                           Mcnemar's Test P-Value : < 2.2e-16
Mcnemar's Test P-Value : < 2.2e-16
                                                      Sensitivity: 0.9627
           Sensitivity: 0.9728
                                                      Specificity: 0.6480
           Specificity: 0.5728
                                                   Pos Pred Value: 0.8914
        Pos Pred Value : 0.8724
                                                   Neg Pred Value: 0.8526
        Neg Pred Value : 0.8753
                                                       Prevalence: 0.7501
            Prevalence: 0.7501
                                                   Detection Rate: 0.7221
        Detection Rate: 0.7297
                                             Detection Prevalence: 0.8101
   Detection Prevalence: 0.8365
                                                Balanced Accuracy: 0.8053
     Balanced Accuracy: 0.7728
      'Positive' Class : 0
                                                  'Positive' Class : 0
               (Model 1)
                                                             (Model 2)
```

The P-Value for both models is less than 0.05, the no information rate is 0.7501. The accuracy of the first model was 0.8729 while the second model was 0.884. However, the

sensitivity of the first model was 0.9728, higher than the sensitivity of the second model 0.9627. We then decided to use the first model to predict the test sample.

```
testData <- read_csv("HMO_TEST_data_sample.csv")

testData$agecategory[18<=testData$age & testData$age<=34] <- "Young-adults"
testData$agecategory[35<=testData$age & testData$age<=50] <- "Middle-aged"
testData$agecategory[51<=testData$age & testData$age<=66] <- "older-adults"

testData$bmicategory[testData$bmi <= 18 ] <- "Underweight"
testData$bmicategory[testData$bmi >= 18 & testData$bmi < 25 ] <- "Healthy"
testData$bmicategory[testData$bmi >= 25 & testData$bmi < 30 ] <- "Overweight"
testData$bmicategory[testData$bmi >= 30 & testData$bmi < 40 ] <- "Obese"
testData$bmicategory[testData$bmi >= 40 & testData$bmi < 65 ] <- "Extremely Obese"

testData <- select(testData,-X)|

testing2 <- select(testData,-X)|

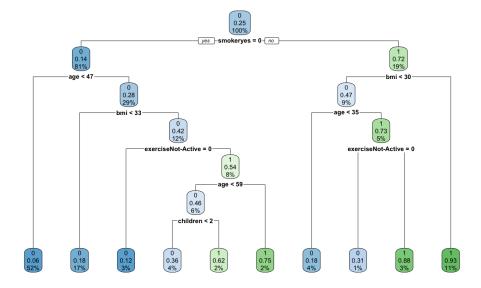
testing2 <- predict(svm.model1, total)

svmPred3 [2502:2521]
testData$expensive_svm <- svmPred3[2502:2521]
```


Tree Model

We then generated a tree model.

```
library(e1071)
                                                                                      Reference
# train the model with rpart method
                                                                            Prediction
                                                                                          0
trctrl <- trainControl(method="repeatedcv", number=10)</pre>
                                                                                     0 1817 211
model.rpart <- train(expensive ~ ., method = "rpart",</pre>
                                                                                     1 59 414
data = training,
trControl=trctrl,tuneLength = 50)
                                                                                           Accuracy : 0.892
# getting the result of model.rpart
                                                                                             95% CI: (0.8792, 0.9039)
model.rpart
                                                                                No Information Rate: 0.7501
                                                                                P-Value [Acc > NIR] : < 2.2e-16
library(rpart.plot)
## Loading required package: rpart
                                                                                              Kappa : 0.6866
library(rpart)
# getting the plot of model.rpart$finalModel
                                                                             Mcnemar's Test P-Value : < 2.2e-16
rpart.plot(model.rpart$finalModel)
                                                                                        Sensitivity: 0.9686
predictValues <- predict(model.rpart,newdata=testing)</pre>
                                                                                        Specificity: 0.6624
# getting the confusion matrix
                                                                                     Pos Pred Value: 0.8960
# looking at the accuracy, no information rate and the p-value
                                                                                     Neg Pred Value : 0.8753
confusionMatrix(predictValues, testing$expensive)
                                                                                         Prevalence: 0.7501
                                                                                     Detection Rate: 0.7265
predictValues2 <- predict(model.rpart,newdata=testData)</pre>
                                                                               Detection Prevalence: 0.8109
# getting the confusion matrix
                                                                                  Balanced Accuracy : 0.8155
\# looking at the accuracy, no information rate and the p-value
predictValues2
                                                                                    'Positive' Class : 0
testData$expensive_tree <- predictValues2</pre>
```



Compared with the SVM models, the Accuracy, the Pos Pred Value, and the Neg Pred Value of the Tree model were a little higher. However, the Sensitivity was lower than the first SVM Model.

We used the tree model to predict the test sample.

For a test sample of 20 people, the SVM model and the tree model were used to predict whether these people were expensive. Though the first SVM model is our best model (because it has the highest sensitivity), we got the same results from the 2 models.

expensive_svm	expensive_tree
0	0
0	0
1	1
1	1
1	1
1	1
1	1
1	1
0	0
0	0
1	1
0	0
0	0
0	0
0	0
0	0
0	0
0	0
0	0
0	0

Association Rules

Next, we used association rules mining to predict whether someone would be expensive or not.

```
ibrary(arulesViz)
 nmo_new <- data.frame(X=as.factor(hmo$X),
                           agecategory=as.factor(hmo$agecategory),
bmicategory=as.factor(hmo$bmicategory),
children=as.factor(hmo$children),
                            smoker=as.factor(hmo$smoker)
                            location=as.factor(hmo$location),
                            location_type=as.factor(hmo$location_type),
                            education_level=as.factor(hmo$education_level),
yearly_physical=as.factor(hmo$yearly_physical),
exercise=as.factor(hmo$exercise),
                            married=as.factor(hmo$married),
                            hypertension=as.factor(hmo$hypertension),
                            gender=as.factor(hmo$gender),
                            expensive=as.factor(hmo$expensive)
hmoX <- as(hmo_new, "transactions")
itemFrequencyPlot(hmoX,topN=20)
inspect(hmoX[1:10])
ruleset <- apriori(hmoX,
                        parameter = list(support = 0.05,confidence = 0.83),
                        control=list(verbose=F),
 appearance=list(default="lhs",rhs=("expensive=1")))
summary(ruleset)
inspectDT(ruleset)
```

We generated 16 rulesets, and these were the sets of rules with the highest lift:

	LHS	RHS	Ť	support \$	confidence 🗦	coverage 🗦	lift ↓		count \$
	All	All		All	All	All	All	All	
[11]	$\{bmicategory=Obese,smoker=yes,yearly_physical=No,exercise=Not-Active\}$	{expensive=1	}	0.051	0.997	0.051	3.991		383.000
[7]	{bmicategory=Obese,smoker=yes,exercise=Not-Active}	{expensive=1	}	0.066	0.996	0.066	3.985		500.000
[12]	{bmicategory=Obese,smoker=yes,exercise=Not-Active,hypertension=0}	{expensive=1	}	0.052	0.995	0.052	3.981		394.000
[5]	{bmicategory=Obese,smoker=yes,married=Married}	{expensive=1	}	0.057	0.946	0.061	3.783		434.000
[2]	{bmicategory=Obese,smoker=yes}	{expensive=1	}	0.084	0.940	0.090	3.760		639.000
[4]	{bmicategory=Obese,smoker=yes,education_level=Bachelor}	{expensive=1	}	0.053	0.937	0.056	3.748		400.000
[3]	{bmicategory=Obese,smoker=yes,gender=male}	{expensive=1	}	0.055	0.937	0.058	3.748		414.000
[8]	{bmicategory=Obese,smoker=yes,yearly_physical=No}	{expensive=1	}	0.064	0.934	0.068	3.739		485.000
[9]	{bmicategory=Obese,smoker=yes,hypertension=0}	{expensive=1	}	0.065	0.934	0.070	3.736		494.000

If a person is a smoker, with the BMI \geq 30 & < 40, and at the same time neither have yearly physical nor active exercise, this person has a higher probability of being expensive in health care cost.

Conclusion

Based on the data exploration and analysis that we performed, we were able to identify patterns and trends that correlate with whether a person is expensive or not expensive in the healthcare industry. For instance, people that are smoker, are obese, extremely obese, not active in doing exercise, and not going to a yearly physical are most likely to be expensive. All of these factors increase the probability that a person is expensive. In addition to this, geographical factors come into play. Living in New York increases the chances that a person is expensive compared to people living in the surrounding states in the northeast. Additionally, as people get older they are more likely to be expensive and an increase in children (but less than 5) leads to an increase in price generally.

Based on the analysis of the data, we recommend that the health care company offer discounts for non-smokers and people with a BMI lower than 30, and offer special plans for people in New York State.