

By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, ²³ gentleness, and self-control. There is no law against such things. ²⁴ And those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵ If we live by the Spirit, let us also be guided by the Spirit. ²⁶ Let us not become conceited, competing against one another, envying one another. *Gal 5:22-25*

‘The Holy Spirit enables me to become more like Jesus.’ *Revised Catechism*

Phil 2:1 Imitating Christ's Humility

If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, ² make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. ³ Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. ⁴ Let each of you look not to your own interests, but to the interests of others. ⁵ Let the same mind be in you that was in Christ Jesus,

^{Phil 2:6} who, though he was in the form of God,
did not regard equality with God
as something to be exploited,

^{Phil 2:7} but emptied himself,
taking the form of a slave,
being born in human likeness.

And being found in human form,

^{Phil 2:8} he humbled himself
and became obedient to the point of death--
even death on a cross.

^{Phil 2:9} Therefore God also highly exalted him
and gave him the name

that is above every name,

^{Phil 2:10} so that at the name of Jesus
every knee should bend,

in heaven and on earth and under the earth,

^{Phil 2:11} and every tongue should confess
that Jesus Christ is Lord,

to the glory of God the Father.

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