

Final Project Outline – Weeks 2-4

Week 2

- Add a menu system
 - o Menu should contain buttons to segue to settings and each of the four lifts: Military Press, Deadlift, Bench Press & Squats
- Add Settings View
 - o Should be able to set the current cycle number, weight for each lift and how much the increment the lift by in each cycle
- Add efficient transitions between views
 - o Should be no memory leaks from transitions
- Add Ability To Save Data to the phone
 - o Data should automatically save to the phone when entered in the settings menu and should be loaded without the user prompting
 - o Starting weights in calculator values should be the saved weights for the selected lift

Week 3

- Animate the weights displayed
 - o Weights show animate their way into view instead of appearing and disappearing in the same location
 - o Weights should be displayed in a one to one fashion – each plate in real life (per side) is represented by a plate in the app
- Add Set Timer
 - o User should have ability to keep track of time since they completed their last set and possibly the time between all previous sets
- Auto Layout
 - o Add constraints so all views appear correctly on both size iPhones
- Add Ability to Record a Lift
 - o User should be able record a video (of a set) from the main lift or accessory lift views

Week 4

- Custom Buttons
 - o Add custom button to change between pounds and kilos
- Add advertisements
 - o Add advertisements to pages where bottom of screen is empty
- Add ability to post to facebook/twitter
 - o Provide the option of posting a lift to facebook/twitter when it is a certain amount over their current estimated best
 - o Be able to share the app to either site from the main page
- Submit application to marketplace
 - o Hope it doesn't get rejected

