

SMART GOALS

- How will I measure my progress?
- How I know if my goal is achieved?

- Is this goal related to my overall success?



S

Specific

- Who is involved?
- What do I want to achieve
- When do I need to achieve this?
- Why is this goal important?



M

Measurable



A

Achievable

- Will it be clear when the goal is complete?
- Is it reasonable to complete the goal in the time allotted?



R

Relevant



T

Time-Bound

- How long should it take to accomplish his goal?
- When will I check in on whether or not the goal has been completed?

