

大类

水果 (30)

蔬菜(20)

主食 (6)

菜肴 (42)

大类

1. 水果
2. 蔬菜
3. 菜肴
4. 主食

水果 (30)

- 苹果 apple
- 香蕉 banana
- 梨 pear
- 枇杷 loquat
- 榴莲 durian
- 樱桃 cherry
- 桃 peach
- 梅子 plum
- 草莓 strawberry
- 橘子 tangerine
- 橙子 orange

- 柠檬 lemon
- 哈密瓜 Hami melon
- 香瓜 muskmelon
- 葡萄 grape
- 芒果 mango
- 猕猴桃 kiwi fruit
- 菠萝 pineapple
- 桑葚 mulberry
- 火龙果 dragon fruit
- 荔枝 litchi
- 石榴 pomegranate
- 山竹 mangosteen
- 圣女果 cherry tomato
- 西瓜 watermelon
- 金桔 kumquat
- 枣 jujube
- 桂圆 longan
- 杨梅 waxberry
- 柚子 grapefruit

蔬菜(20)

- 黄瓜 cucumber
- 红薯 sweet potato
- 胡萝卜 carrot
- 西红柿 tomato
- 生菜 lettuce
- 白萝卜 white radish
- 莲藕 lotus root

- 甘蓝 cabbage
- 油菜 oilseed rape
- 茄子 eggplant
- 洋葱 onion
- 韭菜 fragrant-flowered garlic
- 苦瓜 bitter gourd
- 香菜 coriander
- 鱼腥草 Houttuynia cordata
- 西兰花 broccoli
- 菠菜 spinach
- 竹笋 bamboo shoots
- 茭白 Zizania aquatica
- 莴苣 asparagus lettuce

主食 (6)

- 米饭 rice
- 扯面 Tear surface
- 细面 powder
- 馄饨 Wonton
- 饺子 Dumplings
- 汤圆 Glutinous Rice Balls

菜肴 (42)

- 红烧肉 bouilli
- 西红柿炒鸡蛋 tomato omelette
- 麻婆豆腐 Mapo beancurd
- 锅包肉 double cooked pork slices

- 红烧排骨 spareribs with brown sauce
- 地三鲜 fried potato, green pepper and eggplant
- 青椒土豆丝 green pepper and shredded potato
- 蒜苗回锅肉 Twice-cooked pork fried garlic
- 炒白菜 stir-fried Chinese cabbage
- 红焖大虾 Braised prawns
- 茭白炒肉丝 Stir-fried shredded pork with anise
- 可乐鸡翅 cola chicken wings
- 剁椒鱼头 steamed fish head with diced hot red peppers
- 啤酒鸭 stewed duck in beer
- 麻辣小龙虾 hot and spicy crayfish
- 蚝油杏鲍菇 Oyster oil apricot mushroom and abalone mushroom
- 水煮肉片 poached spicy slices of pork
- 糖醋里脊 sweet and sour fillet of pork
- 大盘鸡 Dapanji
- 手撕包菜 shredded cabbage
- 丝瓜炒蛋 Fried eggs with sponge gourd
- 韭菜炒鸡蛋 scrambled eggs with Chinese chives
- 红烧猪蹄 braised pork leg
- 椒麻鸡 spiced chicken with chili sauce
- 皮蛋瘦肉粥 Minced Pork Congee with Preserved Egg
- 虎皮青椒 Green pepper with tiger skin
- 水蒸蛋 steamed egg
- 凉拌海带丝 Seaweed salad
- 菠菜炒鸡蛋 Spinach and egg
- 农家小炒肉 Farmer's Fried Meat
- 清炒西兰花 Fried broccoli
- 凉拌猪耳朵 Pig ears

- 披萨 Pizza
- 汉堡 Hamburger
- 牛排 steak
- 竹笋炒腊肉 Stir-fried bacon with bamboo shoots
- 意大利面 Pasta
- 夫妻肺片 Pork Lungs in Chili Sauce
- 油炸花生米 Fried peanuts
- 宫保鸡丁 Kung Pao Chicken
- 莴苣炒蛋 Stir fried eggs with lettuce
- 木耳炒鸡蛋 Fried Eggs with Auricularia auricula