

Project Status report

Name: Kevin Huang

Community (UN SD goal): Good Health and well Being

MVP # 1

Sprint cycle dates: 5

Project Name	FlexAvail
Blurb	I am creating "FlexAvail," a fitness app with a focus on the UN Sustainable Development Goal of good health and well-being. My vision is to make fitness accessible to all, bridging the knowledge gap for beginners and providing personalized workout and nutrition plans . This digital habitat fosters a global fitness community, contributing to improved public health.
For Week Ending	2023-10-31
Project Status	Yellow
Status Description	The project is progressing slowly, however it is taking shape and coming along. I am facing some challenges, primarily due to the learning curve(react native/firebase).

Activities—During the past sprint cycle

Demo below

Project Issues

Learning React native and firebase is time consuming. Coding speed is relatively slow. Lots of time is spent on reading rather than coding.

Project Changes

Smaller scope: (age 18 to 24)
Focus more on the personalized workout part of the project. Ditching **nutrition plans**?

Activities—Planned for Next Week

Create the following:
Profile page. (age, weight, height, goal selection...)
workout page. (Add different types of workout with video tutorial)
nutrition plans?

Reflection

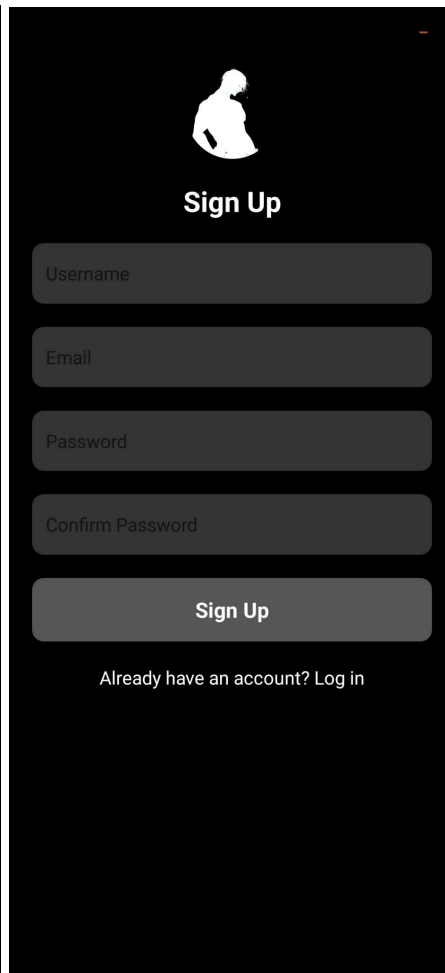
I'm confident about my progress, and I'm happy to explore React Native/firebase for the first time. It's a new experience for me. I'm aiming to improve the pace of my work. Help from a React native/firebase expert would help. Stick to firebase? What pairs well for react native?



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