

Symptom: Headache, Fever

Possible Diseases: Viral Fever, Migraine, Tension Headache, Sinusitis

Medicines: Paracetamol, Rest, Hydration, Nasal decongestants (if sinusitis)

Symptom: Cough, Fever, Sore throat

Possible Diseases: Common Cold, Flu, COVID-19, Bronchitis, Pneumonia

Medicines: Cough syrup, Paracetamol, Warm fluids, Antibiotics (if bacterial infection),
Medical consultation advised

Symptom: Stomach pain, Nausea, Vomiting

Possible Diseases: Gastritis, Food Poisoning, Acid Reflux, Peptic Ulcer, Appendicitis

Medicines: Antacids, Hydration, Avoid spicy food, Seek immediate care if severe or
persistent pain

Symptom: Chest pain, Shortness of breath

Possible Diseases: Heart Attack, Angina, Asthma, Pulmonary Embolism

Medicines: Emergency care required — call ambulance immediately

Symptom: Runny nose, Sneezing, Itchy eyes

Possible Diseases: Allergic Rhinitis, Common Cold, Sinus Infection

Medicines: Antihistamines, Nasal sprays, Avoid allergens

Symptom: Fatigue, Weight loss, Increased thirst

Possible Diseases: Diabetes, Thyroid Disorders, Anemia, Chronic Kidney Disease

Medicines: Medical diagnosis needed, manage blood sugar or thyroid levels accordingly

Symptom: Joint pain, Swelling, Stiffness

Possible Diseases: Arthritis (Rheumatoid, Osteoarthritis), Gout, Lupus

Medicines: NSAIDs, Disease-modifying antirheumatic drugs (DMARDs), Physical therapy

Symptom: High fever ($>103^{\circ}\text{F}$), Rash, Body ache

Possible Diseases: Dengue Fever, Malaria, Measles, Scarlet Fever

Medicines: Paracetamol, Hydration, Medical supervision required

Symptom: Severe headache, Neck stiffness, Fever

Possible Diseases: Meningitis, Encephalitis

Medicines: Emergency care required — seek hospital immediately

Symptom: Abdominal pain, Diarrhea, Fever

Possible Diseases: Gastroenteritis, Infection, Irritable Bowel Syndrome, Appendicitis

Medicines: Oral rehydration salts, Antibiotics if bacterial, Medical consultation advised

Symptom: Difficulty breathing, Wheezing, Cough

Possible Diseases: Asthma, COPD, COVID-19, Pneumonia, Heart Failure

Medicines: Inhalers, Oxygen therapy, Immediate medical care if severe

Symptom: Sudden weakness on one side of body, Difficulty speaking

Possible Diseases: Stroke, Transient Ischemic Attack (TIA)

Medicines: Emergency care required — call ambulance immediately

Symptom: Excessive thirst, Frequent urination, Blurred vision

Possible Diseases: Diabetes Mellitus, Hypercalcemia

Medicines: Medical management necessary

Symptom: Unexplained weight loss, Night sweats, Persistent cough

Possible Diseases: Tuberculosis, Lymphoma

Medicines: Medical evaluation and treatment required

Symptom: Persistent cough with blood

Possible Diseases: Tuberculosis, Lung cancer, Bronchiectasis

Medicines: Immediate medical attention required

Symptom: Dizziness, Loss of balance, Blurred vision

Possible Diseases: Vertigo, Stroke, Multiple Sclerosis

Medicines: Medical diagnosis needed

Symptom: Skin itching, Redness, Rash

Possible Diseases: Eczema, Psoriasis, Allergic reaction

Medicines: Topical steroids, Antihistamines

Symptom: Muscle cramps, Weakness

Possible Diseases: Electrolyte imbalance, Peripheral neuropathy

Medicines: Electrolyte supplements, Medical evaluation

Symptom: Swelling in legs, Shortness of breath

Possible Diseases: Congestive Heart Failure, Deep Vein Thrombosis

Medicines: Medical care required

Symptom: Severe abdominal pain with vomiting

Possible Diseases: Pancreatitis, Intestinal obstruction

Medicines: Emergency hospital care needed