

**UofSc
productivity
and
enthusiasm of
workers**

**The ice
machine not
regularly
stocked.**

**Water
fountain
not
working**

**Fountain
drinks not
having refilled
flavors**

**Trash rooms
being filled
with
cardboard**

**Laundry
rooms filled
with lint and
other debris**

**Trouble
sleeping
before
bed**

**Going to bed
everyday at a
set time.**

**Taking
sleeping
aids**

**Reading a
bed
before
book.**

**Stop looking
at things that
emit blue light
before bed.**

**Not eating
too close
to bed
time**

**Not
getting to
class on
time.**

**Taking the bus to
class or other means
of transportation.**

**Setting an
alarm 15 mins
before class**

**Scheduling
classer later
throughout
the day.**

**Have a friend
wake you up
or remind you
of time before
the class
starts**

**Prepare and
schedule the
day before.**

**Having
trouble
scheduling
time for study
and freetime**

**Set a
structured
study
schedule.**

**block off
certain times
for specific
studies**

**Set aside a
dedicated
study room for
studying that
you can
always go to.**

**Listen to
music to boost
your mood.**

**Find study
groups with
people to
work on
studies
together**

**Can't find
things to
do around
campus**

**follow school
or groups
social media**

**Ask friends
what they do
around
campus**

**Join a
club**

**Look at the bulletin
boards in the
dedicated buildings
around campus.**

**Ask upper
classman for
suggestions**