

PATIENT'S INFORMATION
(Please Stick Label)

SUICIDE CAUTION CHART

Time interval from initiation	Date	Time	Patient's condition	Observation by (Signature & Name)
0 min				
30 min				
60 min				
90 min				
120 min				
150 min				
180 min				
210 min				
240 min				
270 min				
300 min				
330 min				
360 min				
390 min				
420 min				
450 min				
480 min				
510 min				
540 min				
570 min				
600 min				
630 min				
660 min				
690 min				
720 min				

PATIENT'S INFORMATION
(Please Stick Label)

SUICIDE CAUTION CHART

Time interval from initiation	Date	Time	Patient's condition	Observation by (Signature & Name)
750 min				
780 min				
810 min				
840 min				
870 min				
900 min				
930 min				
960 min				
990 min				
1020 min				
1050 min				
1080 min				
1110 min				
1140 min				
1170 min				
1200 min				
1230 min				
1260 min				
1290 min				
1320 min				
1350 min				
1380 min				
1410 min				
1440 min				

SUICIDE CAUTION PROCEDURES

1. Placement of patients should be centrally located, preferably near nurses' station and within view of staff
2. Avoid placing patients at the end of cubicle, near exit, or the window.
3. Preferably to have one-to-one supervision with family member at all times, even when going to bathroom. The latter should know the whereabouts of these patients.
4. Nurses check half hourly to ensure patient safety and document in close observation chart.
5. Check at frequent and regular intervals to ensure safety. This may range between 30 minutes to one hour.
6. Ask patient for any plans for suicide, and attempt to ascertain how detailed and feasible the plans are.
7. Observe and document the patient's behavior pattern, sleep and interaction.
8. Nurses must be especially alert to:
 - i. Potentially dangerous items e.g. anything sharp, anything that can be used for strangulation, anything that can be a danger to self (e.g. glass containers, scissors, fork, knife, shaver, nail clipper, belts, etc.) within patient's environment and personal belongings.
 - ii. Possibility of patients at risk saving up their own medication to harm themselves.
 - iii. Safety of patient's environment within the room e.g. ensure windows are locked.