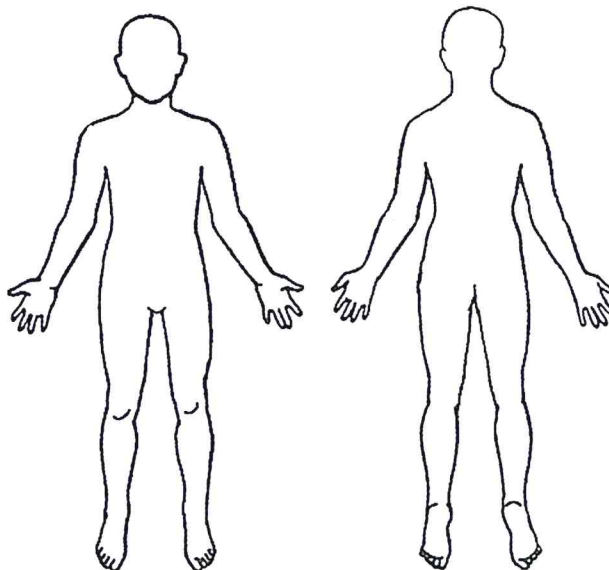


## PRESSURE ULCER SCALE FOR HEALING (PUSH) ASSESSMENT TOOL

Instruction: Draw the Location of the Pressure Ulcer



**Instruction:**

Observe and measure the pressure injury. (Refer to Appendix 1)

Date	Score									
Length x width										
Exudate amount										
Tissue Type										
Total Score										
<b>PUSH Total Score</b>	<b>Pressure Ulcer Healing Graph</b> (Graph the PUSH Total Score on the Pressure Ulcer Scale Healing (PUSH) Graph)									
17										
16										
15										
14										
13										
12										
11										
10										
9										
8										
7										
6										
5										
4										
3										
2										
1										
Healed =0										
Ward / Unit										
Signature										
Time										

## Appendix 1

Length x width (in cm <sup>2</sup> )	0	1	2	3	4	5
	0	< 0.3	0.3 – 0.6	0.7 – 1.0	1.1 – 2.0	2.1 – 3.0
Exudate Amount	6	7	8	9	10	
	3.1 – 4.0	4.1 – 8.0	8.1 – 12.0	12.1 – 24.0	> 24	
Tissue Type	0	1	2	3	4	
	Closed	Epithelial Tissue	Granulation Tissue	Slough	Necrotic Tissue	

- Length & Width:** Measure the greatest length (head to toe) & greatest width (side by side) by using centimeter ruler. Multiply (x) to obtain an estimate of surface area in square cm (cm<sup>2</sup>)
- Exudate amount:** Estimate the amount of exudate (drainage) present after removal of soiled dressing
- Tissue type:** Refers to type of tissue present in the ulcer bed:
  - 0 = Closed:** Wound is completely covered with epithelium (skin)
  - 1 = Epithelial Tissue:** for superficial ulcer, new pink or shiny tissue that grow from edge or as island on the ulcer surface
  - 2 = Granulation tissue:** Pink or beefy red tissue with shiny, moist granular appearance
  - 3 = Slough:** Yellow or white tissue that adheres to the ulcer bed in strings/thick clumps/mucinous
  - 4 = Necrotic Tissue (Eschar):** black, brown or tan tissue that adheres firmly to the wound bed