

PATIENT'S INFORMATION
(Please Stick Label)

END OF LIFE CARE CHECKLIST

This checklist is used when there is sufficient time to carry out End of Life Care for dying patients. Healthcare Professionals must document (sign & date) when each goal has been considered and appropriate action taken. Detailed care plan must be documented in the PMR. Write N/A if the goal is not applicable. **REASSESSMENT** must be carried out **if applicable**.

This checklist must be kept in the Patient's Medical Record (PMR).

COMMUNICATION WITH FAMILY/ OTHER		GOALS	ASSESSMENT	
			Sign & Name	Date & Time
COMFORT MEASURES	DOCTOR	Goal 1: Family conference Patient's diagnosis and current condition is explained and all concerns addressed Care plan options discussed		
		Goal 2: Discussion on End of Life Care <ul style="list-style-type: none"> DNR is explained and discussed DNR consent is taken and kept in PMR 		
		Goal 3: Current medications assessed and non-essential medications discontinued <ul style="list-style-type: none"> Unnecessary medications to be discontinued Oral medication converted to IV route or vice versa 		
		Goal 4: Consider comfort care medications <ul style="list-style-type: none"> Analgesia as indicated Sedation as indicated Anti-emetic and anti-cholinergic as indicated 		
		Goal 5: Discontinue interventions <ul style="list-style-type: none"> Blood tests Antibiotics Dialysis 		
		Goal 6: Consider step-down care facility <ul style="list-style-type: none"> Consider step-down ward if patient does not require ventilation, high-level nursing care and/or haemodynamic support 		
NUTRITION		Goal 7: Nutritional support <ul style="list-style-type: none"> Patient referred to dietician for continued nutritional support when patient can tolerate feeding and is haemodynamically stable 		
PSYCHOSOCIAL SUPPORT	NURSE	Goal 8: Patient and family needs addressed <ul style="list-style-type: none"> Patient and family's psychosocial, emotional, cultural needs are addressed 		
RELIGIOUS/ SPIRITUAL SUPPORT		Goal 9: Religious/ spiritual needs assessed with patient/ family <ul style="list-style-type: none"> Formal religion identified Special needs now, at time of death and after death identified 		

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