

While protests are an important democratic right, the recent demonstrations in Nepal created serious disruptions. Roads were blocked for hours, local businesses suffered, and many daily wage earners lost their income during the strikes. Public transport was halted, and some instances of clashes with security forces created fear among ordinary citizens. Instead of peaceful dialogue, the situation escalated into inconvenience and unrest, especially for vulnerable groups. For many people, the protests felt more like chaos than constructive action.