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ENFJs

**Protagonist (ENFJ) Strengths**

* **Receptive** – Protagonists have strong opinions, but they’re far from closed-minded. They recognize the importance of allowing others to express themselves fully. Even when Protagonists don’t agree with someone, they recognize that person’s right to voice their truth.
* **Reliable** – Few things bother Protagonists more than the prospect of letting down a person or cause that they believe in. People with this personality type can be counted on to see their promises and responsibilities through – even when it’s difficult to do so.
* **Passionate** – Protagonists are far from being boring do-gooders. These types brim with interests, and they take great pleasure in pursuing their hobbies – whether that’s hiking, cooking, dancing, growing houseplants, or something else entirely. As a result, they rarely find themselves at a loss for something interesting to do.
* **Altruistic** – These personalities are known for harboring a deep desire to be a force for positive change. Protagonists genuinely believe that if they bring people together, they can do a world of good.
* **Charismatic** – Determined and inspiring, Protagonists often find their way into leadership roles. Whether they’re captain of their softball team or a leader on the world stage, they rarely lose sight of their main goal: to be of service to others.

## Protagonist (ENFJ) Weaknesses

* **Unrealistic** – Many Protagonists put pressure on themselves to right every wrong that they encounter. But no matter how hard these personalities strive, it just isn’t realistic for them to solve all of the world’s problems. If they aren’t careful, they can spread themselves too thin – and be left unable to help anyone.
* **Overly Idealistic** – Protagonists tend to have clear ideas about what’s right and what’s wrong. They often think that everyone shares these fundamental principles – or, at least, that everyone *should*share these principles. So it can come as a genuine shock to Protagonists when people violate their core values, such as truth or justice.
* **Condescending** – People with this personality type enjoy teaching others, particularly about the causes and beliefs that matter so much to them. But, at times, Protagonists’ attempts to “enlighten” others may come across as patronizing – not the most effective strategy for persuading other people, unfortunately.
* **Intense** – When it comes to self-improvement, Protagonists are rarely short on energy or determination. But they may not recognize that not everyone shares these qualities. At times, Protagonists may push others to make changes that they aren’t ready for – or simply aren’t interested in making in the first place.
* **Overly Empathetic** – Compassion is among this personality type’s greatest strengths. But Protagonists have a tendency to take on other people’s problems as their own – a habit that can leave them emotionally and physically exhausted.