**Faalangst (Quickly dismissed by group members)**

* A first-year progress monitoring software that gives suggestions based on your overall performance in the semesters. This makes the switch to Higher Education easier for those who are more used to external motivation sources. This solution would not only tackle the *Concentration & Motivation* problems associated with MH*,* but also the *Fear of Failure,* seeing that a lack of motivation can be an indicator of this issue. This software could also be linked to the school's health counselors, that way you can get the help you need on time. Most people aren’t aware of the severity of their problem until it’s too late, this way we can tackle the problems while they are still manageable.
* Positives:
  + You get the help you need on time
  + You don’t feel like you’re working alone
* Negatives:
  + Delayed independence

**Pre-simulation Case study (Randomly changed the research question so that it would fit their narratives, but dismiss mine)**

A case study on graduating medical students. In this case study, the group of students had to practice surgery in a simulation, but only a randomly select few were given an orientation to the simulation platform. After the simulations, the students were given a survey about their overall anxiety level & anxiety tests were administered by the researchers. Results show that the orientated students were less anxious, more confident & performed better than the group of students that did not receive the orientation.

Idea:

A puzzle app with easy yet challenging puzzles that helps student feel more confident in their arts (I guess)

Comparison:

Puzzle = Pre-simulation/Orientation

Simulated surgery = A test

<https://www.sciencedirect.com/science/article/pii/S0002961017306323?casa_token=ktP1oonshAgAAAAA:2MqwcPvW9PblqdciIlIKlkeCDD-HpFESave-uJ8Db3K4DK8zfX0cBDue7WUehQhhkzXwJysRAQ>

**Created the Figma prototype that did not get presented!!**

[**https://www.figma.com/file/Vag3SRDAnvZTOOlysaZ9Pq/Puzzle-App?node-id=0%3A1**](https://www.figma.com/file/Vag3SRDAnvZTOOlysaZ9Pq/Puzzle-App?node-id=0%3A1)

**Group dynamic:**

Group members are excluding my work from the final presentations and are purposely trying to make it seem as if I’m not putting in the work. There is obviously not a balance in the power dynamic. (This is my opinion and may or may not be factual)