CAPSTONE PROJECT

RECIPE PREPARATION AGENT

Presented By: Khushi S Kittur

College Name: Dayananda Sagar Academy of Technology and Management

Department: Information Science and Engineering



OUTLINE

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PROBLEM STATEMENT

Home cooks often face the challenge of deciding what to prepare using the limited ingredients they have available. Searching for suitable recipes online can be time-consuming and often fails to account for missing ingredients, dietary restrictions, or personal preferences. This leads to food waste, inefficiencies in meal planning, and added stress during cooking.

Proposed Solution:

A Recipe Preparation Agent that leverages Retrieval-Augmented Generation (RAG) and AI to suggest customized recipes based on the ingredients users have on hand. The agent retrieves relevant recipes, adapts them to ingredient limitations, and provides step-by-step instructions. It also suggests ingredient substitutions, cooking tips, and dietary modifications to accommodate preferences or restrictions—making everyday cooking smarter, simpler, and more sustainable.



TECHNOLOGY USED

- IBM cloud lite services
- Natural Language Processing (NLP)
- Retrieval Augmented Generation (RAG)
- IBM Granite model



IBM CLOUD SERVICES USED

- IBM Cloud Watsonx AI Studio
- IBM Cloud Watsonx AI runtime
- IBM Cloud Agent Lab
- IBM Granite foundation model



WOW FACTORS

This agent will help reduce food waste, save time, and make everyday cooking more efficient by turning available pantry items into practical meal solutions. It supports smarter meal planning, adapts to ingredient limitations, and enhances the home cooking experience.

Unique features:

- Tailored recipe suggestions based on available groceries
- Step-by-step cooking instructions adapted to current ingredients
- Ingredient substitution recommendations
- Cooking tips for better results with limited ingredients
- Dietary adjustments based on user preferences or restrictions
- Retrieval-Augmented Generation (RAG)-based system for accurate and relevant recipe retrieval

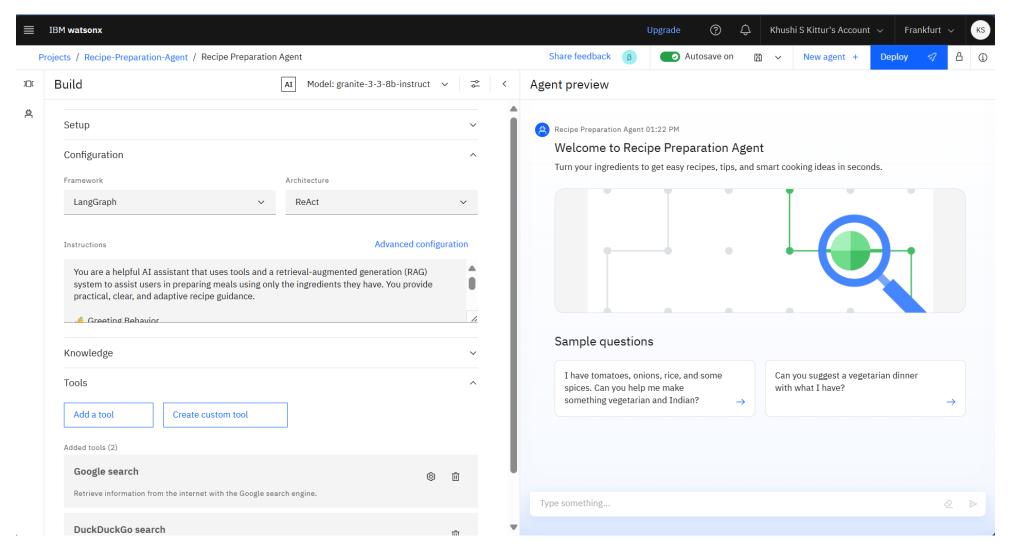


END USERS

- Home Cooks
- Busy Professionals
- Students
- Families
- People with Dietary Restrictions
- Environmentally Conscious Consumers
- Beginner Cooks



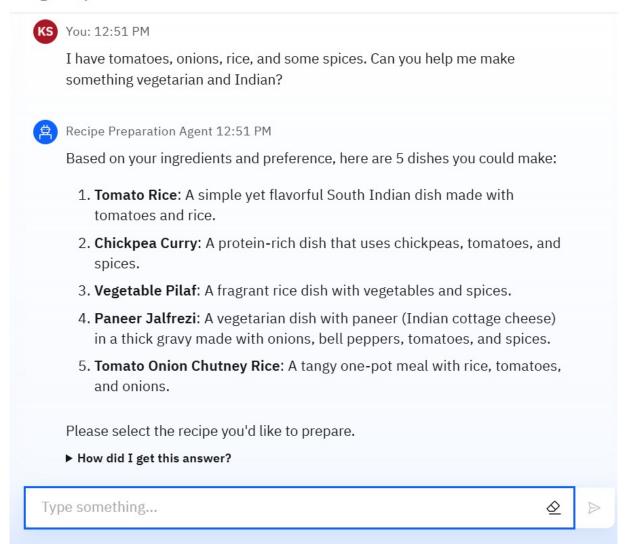
RESULTS: SETTING UP





RESULTS: Suggest recipes based on input ingredients

Agent preview





RESULTS: Gives simple recipe based on user choice

Agent preview



You: 12:52 PM

Tomato Rice



Recipe Preparation Agent 12:52 PM

Great choice! Here's a simple recipe for Tomato Rice:

Ingredients:

- 1 cup rice
- · 2 medium tomatoes
- 1 medium onion
- 2 green chilies (adjust according to your spice preference)
- 2 teaspoons oil or ghee
- Salt to taste
- Spices: 1 teaspoon turmeric powder, 1 teaspoon red chili powder, 1 teaspoon garam masala

Agent preview

Instructions:

- Wash the rice and soak it for 15 minutes. Then, cook the rice with double the water than usual. Keep it aside.
- 2. Finely chop the tomatoes, onion, and green chilies.
- 3. Heat oil or ghee in a pan. Add the chopped green chilies, followed by the onions. Sauté until the onions turn golden brown.
- 4. Add the chopped tomatoes to the pan. Cook until the tomatoes are soft and mushy.
- Now, add the turmeric, red chili powder, and garam masala to the pan. Stir well and cook for another minute.
- 6. Drain the cooked rice and add it to the pan. Mix everything well so that the rice is well coated with the spices and tomato mixture.
- Season with salt according to your taste. Give it a good mix and let it cook for another 2-3
 minutes.
- 8. Your Tomato Rice is ready to be served hot with raita or your choice of Indian pickle.

Optional Tips:

- For a richer flavor, you can add a pinch of asafoetida (hing) when sautéing the onions.
- If you have fresh coriander leaves, garnish your Tomato Rice with them for an extra burst of flavor.

Enjoy your meal! If you have any leftovers, they can be used to make a rice flour-based dosa or uttapam the next day.

► How did I get this answer?

G

Type something...





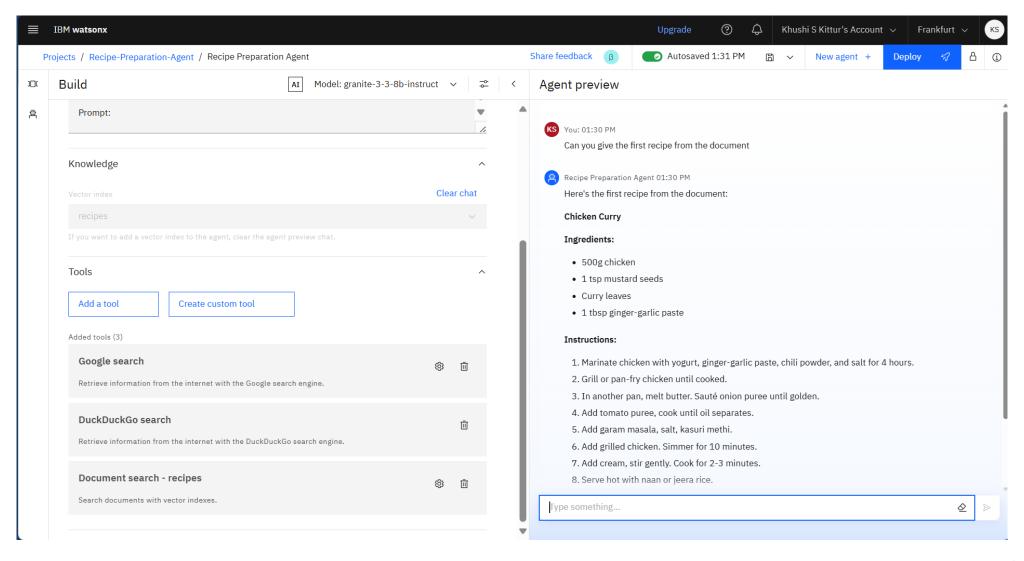


RESULTS: Suggest ingredient substitution

Agent preview You: 12:59 PM Can you suggest substitutions for green chilies Recipe Preparation Agent 12:59 PM Absolutely! If you don't have green chilies, here are a few substitutions you can use: 1. Red Chili Powder: Increase the quantity of red chili powder to compensate for the heat that green chilies would provide. Start by adding a bit more, then adjust to taste. 2. Red Bell Pepper: This will add a mild flavor and a vibrant color to your dish. You might need to add a pinch of chili flakes for some heat if desired. 3. Serano or Jalapeno Peppers: These can be finely chopped to replace green chilies. Remember to remove the seeds for less heat. 4. Sriracha or Hot Sauce: A few drops can add a spicy kick to your dish. Use this sparingly as it's quite potent. 5. Chili Garlic Sauce: Similar to hot sauce, but with a bit more garlic flavor. Again, use it sparingly. Remember, the heat level can vary greatly depending on the substitute you choose, so adjust according to your preference. ▶ How did I get this answer? G Type something...

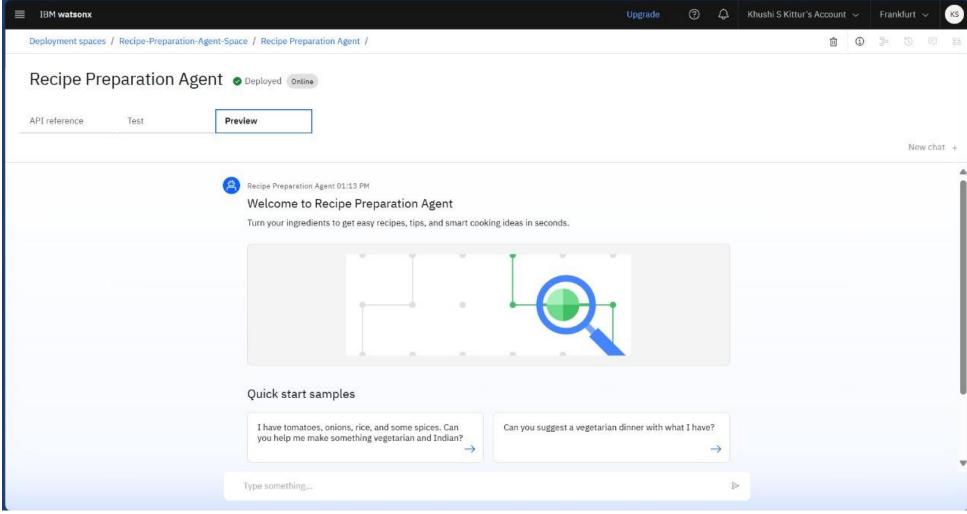


RESULTS: TOOLS USED (ALSO USED VECTOR INDEX)

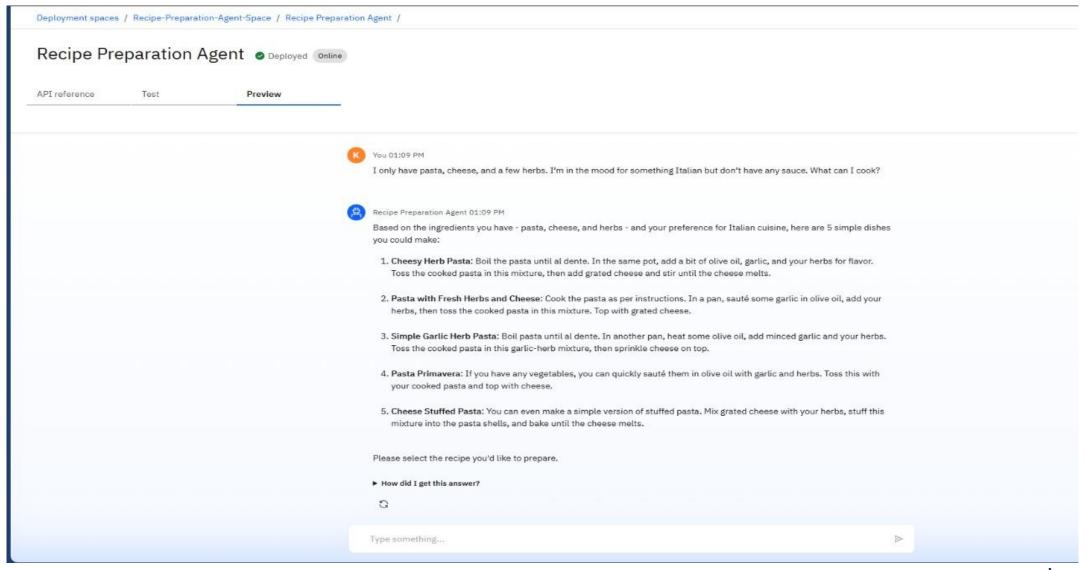




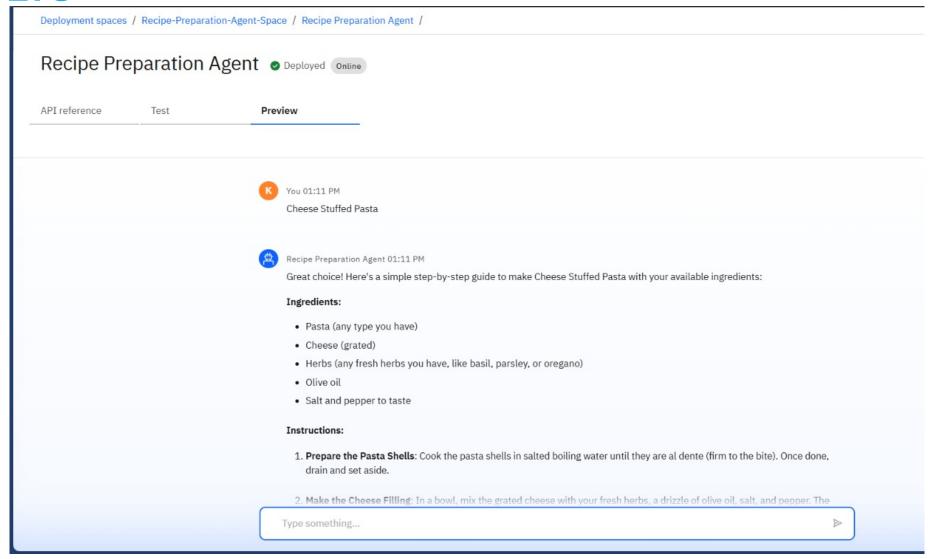
Deployed AI Agent













Recipe Preparation Agent Open Deployed Online		
PI reference	Test	Preview
		Instructions:
		 Prepare the Pasta Shells: Cook the pasta shells in salted boiling water until they are all dente (firm to the bite). Once done, drain and set aside.
		Make the Cheese Filling: In a bowl, mix the grated cheese with your fresh herbs, a drizzle of olive oil, salt, and pepper. The amount of each will depend on how much pasta you're making, but start with a small handful of cheese and adjust to taste.
		Stuff the Shells: Allow the pasta shells to cool slightly so you don't burn your fingers. Scoop some of the cheese mixture into each shell and gently press them closed.
		4. Bake the Stuffed Shells: Preheat your oven to 375°F (190°C). Place the stuffed pasta shells in a baking dish, drizzle a bit more olive oil on top, and sprinkle additional cheese. Bake for about 20 minutes, or until the cheese is bubbly and golden.
		5. Serve: Let it cool for a minute or two, then serve. You can add a bit more fresh herbs or cheese on top if you like.
		Optional Tips:
		 If you want a crunch, you can sprinkle breadcrumbs mixed with a bit of cheese on top before baking for added texture.
		 For extra flavor, you could sauté minced garlic in olive oil and mix it into the cheese filling.
		Enjoy your meal! If you have any leftovers, they can be stored in the fridge and reheated for a quick meal later.



CONCLUSION

- The agent can generate personalized recipes, suggest ingredient substitutions, and provide step-by-step cooking instructions based on available groceries.
- It saves time by automating meal planning and reduces food waste through smart ingredient usage.
- Recipe Preparation Agents enhance efficiency, sustainability, and creativity in everyday home cooking.



FUTURE SCOPE

- Multilingual Recipe Support
- Voice-Activated Cooking Assistant
- Real-Time Ingredient Recognition via Image Input
- Integration with Smart Kitchen Devices
- Meal Planning and Grocery List Generation
- Nutritional Analysis and Health Tracking
- Personalized Recipe Recommendations Based on User History



IBM CERTIFICATIONS

Getting Started with Artificial Intelligence

In recognition of the commitment to achieve professional excellence



Khushi S Kittur

Has successfully satisfied the requirements for:

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IBM CERTIFICATIONS

Lab: Retrieval Augmented Generation with LangChain

IBM SkillsBuild Completion Certificate This certificate is presented to Khushi S Kittur for the completion of Lab: Retrieval Augmented Generation with LangChain (ALM-COURSE_3824998) According to the Adobe Learning Manager system of record Completion date: 18 Jul 2025 (GMT) **Learning hours:** 20 mins



GITHUB LINK

Khush435/IBM-Cloud-Recipe-Preparation-agent



THANK YOU

