# Remote Work & Mental Health Analysis

# 1.) Mental Health Condition of Employees

#### Query:

```
SELECT Mental_Health_Condition, COUNT(Employee_id)
FROM modified_data
GROUP BY Mental_Health_Condition;
```

#### Result:

Re	Result Grid   🔢 ( Filter Rows:		
Mental_Health_Condition COUNT(Emp		COUNT(Employee_id)	
Þ	Depression	1246	
	Anxiety	1278	
	None	1196	
	Burnout	1280	

# 2.) Access to Mental Health Resources

#### Query:

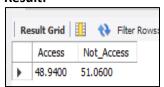
```
SELECT

(SUM(CASE WHEN Access_to_Mental_Health_Resources = 'yes' THEN 1 ELSE 0 END) / COUNT(*)) * 100 AS Access,

(SUM(CASE WHEN Access_to_Mental_Health_Resources = 'no' THEN 1 ELSE 0 END) / COUNT(*)) * 100 AS Not_Access

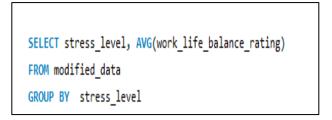
FROM modified_data
```

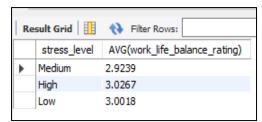
#### Result:



# 3.) Stress Level by Work-Life Balance rating

# Query:





# 4.) Stress Level vs Age & Gender

# Query:

select stress\_level,age,gender
from modified\_data

#### Result:

Result Grid   1			
	stress_level	age	gender
•	Medium	32	Non-binary
	Medium	40	Female
	Medium	59	Non-binary
	High	27	Male
	High	49	Male

# 5.) Hours Worked Per Week vs Stress Level

# Query:

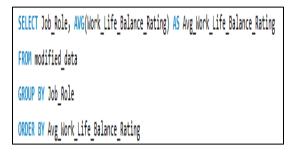
```
SELECT Stress_Level,AVG(Hours_Worked_Per_Week) AS Avg_Hours_Worked_Per_Week
FROM modified_data
GROUP BY Stress_Level
```

#### Result:

Stress_Level	Avg_Hours_Worked_Per_Week
Medium	39.6046
High	39.8571
Low	39.3763

# 6.) Job Role vs Work Life Balance Rating

# Query:



Avg_Work_Life_Balance_Rating				
2.9302				
2.9458				
2.9607				
2.9668				
3.0072				
3.0338				
3.0437				

# 7.) Satisfaction with Remote Work by Work Location

# Query:

```
SELECT Work_Location,count(Satisfaction_with_Remote_Work) AS Satisfaction_with_Remote_Work
FROM modified_data
GROUP BY Work_Location,Satisfaction_with_Remote_Work
```

# Result:

sult Grid 📗 🤌	Filter Rows:
Work_Location	Satisfaction_with_Remote_Work
Hybrid	546
Remote	519
Onsite	539
Remote	603
Onsite	592
Hybrid	539
Hybrid	564
Onsite	506
Remote	592

# 8.) Satisfaction with Remote Work by Access to Mental Health Resources

# Query:

```
SELECT Work_Location,COUNT(Access_to_Mental_Health_Resources) AS Access_to_Mental_Health_Resources
FROM modified_data
GROUP BY Work_Location,Access_to_Mental_Health_Resources
```

Work_Location	Access_to_Mental_Health_Resources
Hybrid	837
Remote	896
Onsite	817
Remote	818
Onsite	820
Hybrid	812

# 9.) Job Role vs. Work Life Balance Rating by Industry

# Query:

SELECT Job\_Role,COUNT(Work\_Life\_Balance\_Rating) AS Work\_Life\_Balance\_Rating,Industry
FROM modified\_data
GROUP BY Job\_Role,Industry

Job_Role	Work_Life_Balance_Rating	Industry
HR	77	Healthcare
Data Scientist	100	IT
Software Engineer	109	Education
Software Engineer	99	Finance
Sales Sales	100 125	Consulting
Data Scientist	88	Manufacturing
Data Scientist	104	Healthcare
HR	116	IT
Marketing	98	Consulting
Designer	101	Manufacturing
Project Manager Sales	99 124	Retail Healthcare
HR	99	Education
Data Scientist	92	Consulting
Software Engineer	98	IT
Project Manager	126	Education
HR	118	Finance
	72	Education
Marketing		
Marketing	102	Finance
Designer	92	Consulting
Designer	112	Retail
Project Manager	92	Consulting
HR	109	Consulting
Marketing	97	Healthcare
Designer	112	Finance
Data Scientist	110	Retail
Software Engineer	94	Manufacturing
Designer	100	Education
Data Scientist	104	Finance
Marketing	110	IT
Sales	103	Manufacturing
Suics	103	- idi idi deta ii ig
Sales	90	Retail
Sales	86	Education
Sales	105	Finance
Project Manager	105	Healthcare
		Healthcare
Software Engineer	99	
Marketing	98	Manufacturing
Project Manager	96	Manufacturing
Designer	84	IT
Designer	122	Healthcare
Project Manager	113	IT
Project Manager	107	Finance
HR	94	Retail
Marketing	106	Retail
Data Scientist	98	Education
HR	103	Manufacturing
Software Engineer	115	Retail