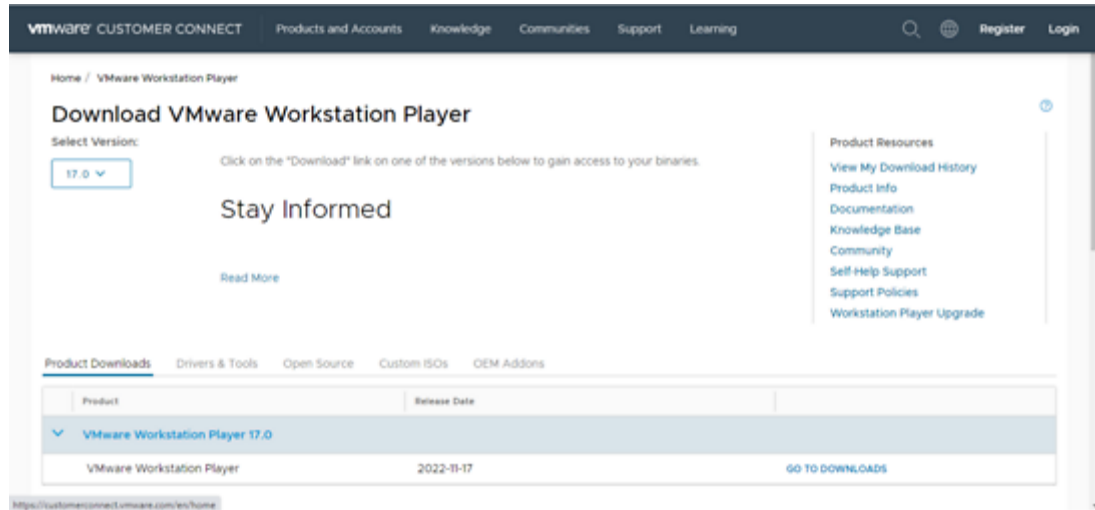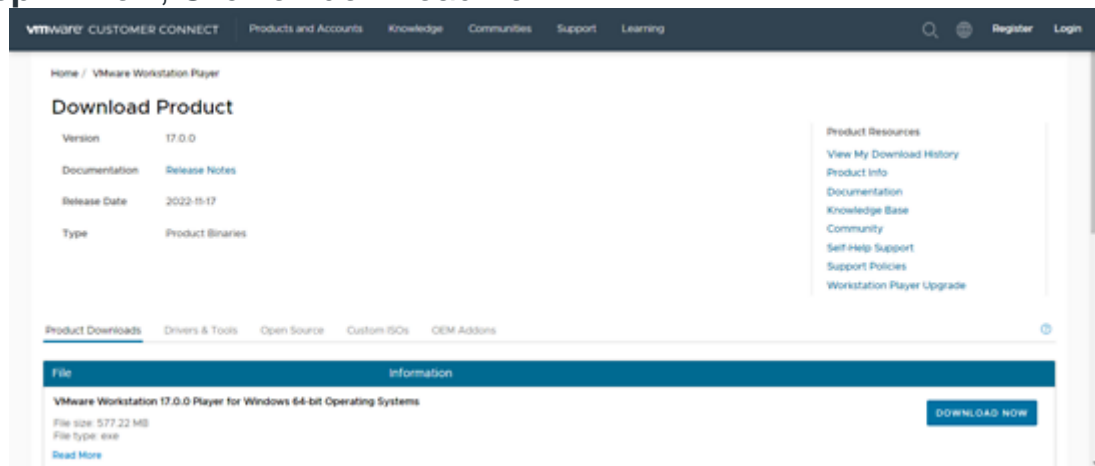Name : Khushi Jain
A023

Installing VMware on Windows(if not present)

Step 1: Click on the link provided below. Now select the version you want to download and click on "Go to downloads".
https://customerconnect.vmware.com/en/downloads/

Step 2: Now, Click on download now.

Step 3: Open the (.exe) file and install it.

Step 4: Open the link below and download the Ubuntu ISO file.
https://ubuntu.com/download/desktop

Download Ubuntu Desktop

The open-source desktop operating system that powers millions of PCs and laptops around the world. Find out more about Ubuntu's features and how we support developers and organisations below.

Ubuntu Desktop homepage   Visit the Ubuntu Desktop blog ›

Ubuntu 22.04.1 LTS

The latest LTS version of Ubuntu, for desktop PCs and laptops. LTS stands for long-term support — which means five years of free security and maintenance updates, guaranteed until April 2027.

Ubuntu 22.04 LTS release notes

Recommended system requirements:

- ✔ 2 GHz dual-core processor or better
- ✔ 4 GB system memory
- ✔ Internet access is helpful
- ✔ Either a DVD drive or a USB port for the installer media

Download

For other versions of Ubuntu Desktop including torrents, the network installer, a list of local mirrors and

Installing Ubuntu in VMWare
Step 5: Open the installed VMware application.

VMware Workstation 16 Player (Non-commercial use only)

Player ▾   ▶ ▾

Home
Ubuntu 64-bit

Welcome to VMware Workstation 16 Player

Create a New Virtual Machine
Create a new virtual machine, which will then be added to the top of your library.

Open a Virtual Machine
Open an existing virtual machine, which will then be added to the top of your library.

Upgrade to VMware Workstation Pro
Get advanced features such as snapshots, virtual network management, and more.

Help
View online help.

This product is not licensed and is authorized for non-commercial use only. For commercial use, purchase a license.
Buy now.

Step 6: Click on "Create new virtual machine". Browse the ISO file that has been downloaded and select it.

Step 7: Enter all the details >> click on next. Personalization of Virtual Machine.
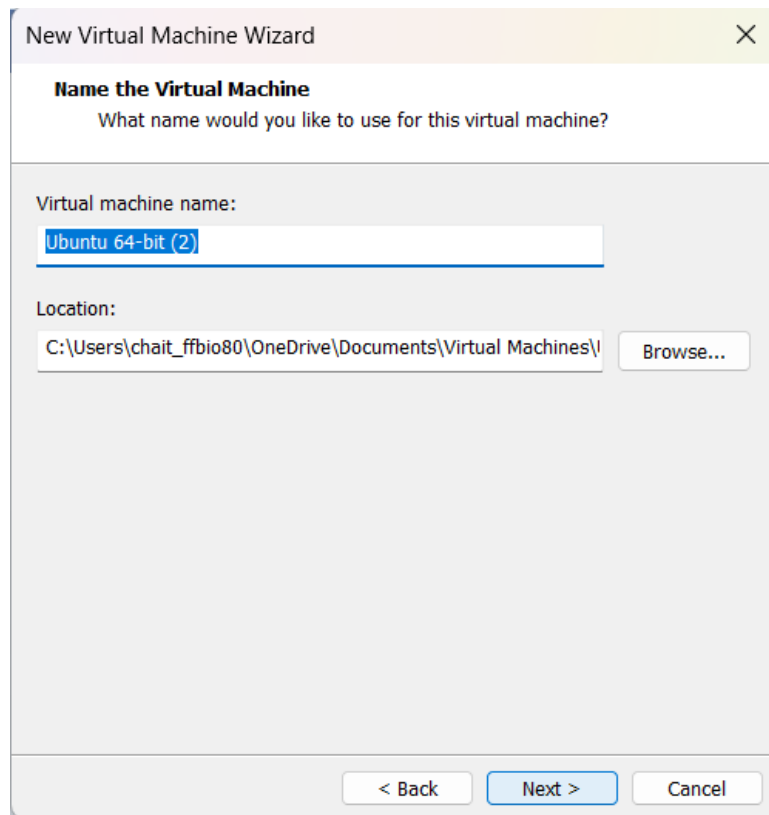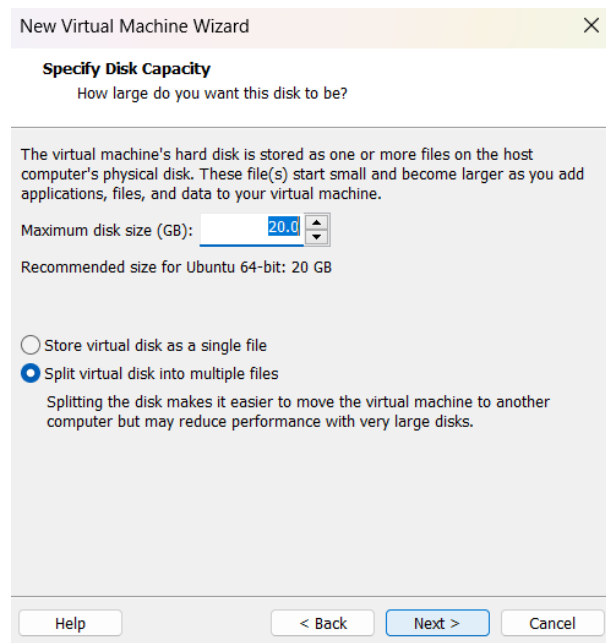
Step 8: Enter Virtual machine name >> click on next.

New Virtual Machine Wizard ✕

Name the Virtual Machine
What name would you like to use for this virtual machine?

Virtual machine name:

Ubuntu 64-bit (2)

Location:

C:\Users\chait_ffbio80\OneDrive\Documents\Virtual Machines\I   Browse...

< Back   Next >   Cancel

Step 9: Specify disk capacity >> click on next.

New Virtual Machine Wizard ✕

Specify Disk Capacity
How large do you want this disk to be?

The virtual machine's hard disk is stored as one or more files on the host computer's physical disk. These file(s) start small and become larger as you add applications, files, and data to your virtual machine.

Maximum disk size (GB):   20.0

Recommended size for Ubuntu 64-bit: 20 GB

○ Store virtual disk as a single file
● Split virtual disk into multiple files

Splitting the disk makes it easier to move the virtual machine to another computer but may reduce performance with very large disks.

Help   < Back   Next >   Cancel

Step 10: If needed customize the hardware and click on finish.
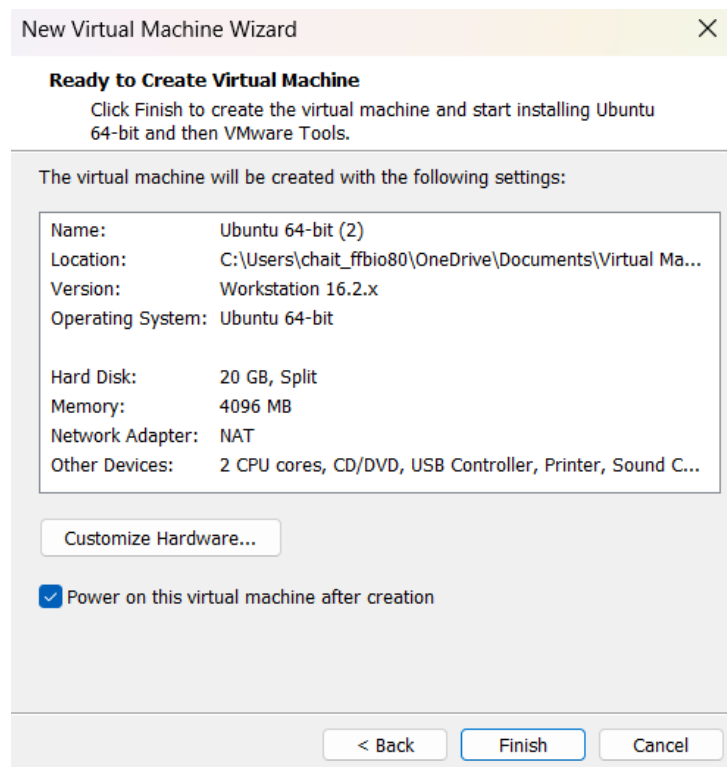
Step 11: Ubuntu has been successfully installed in VMWare. Now open VMware and click on ubuntu-64 which appears on the left panel. (If not directly opened). Select the language and click on next. Select the Normal or Minimal installation based on your requirements.
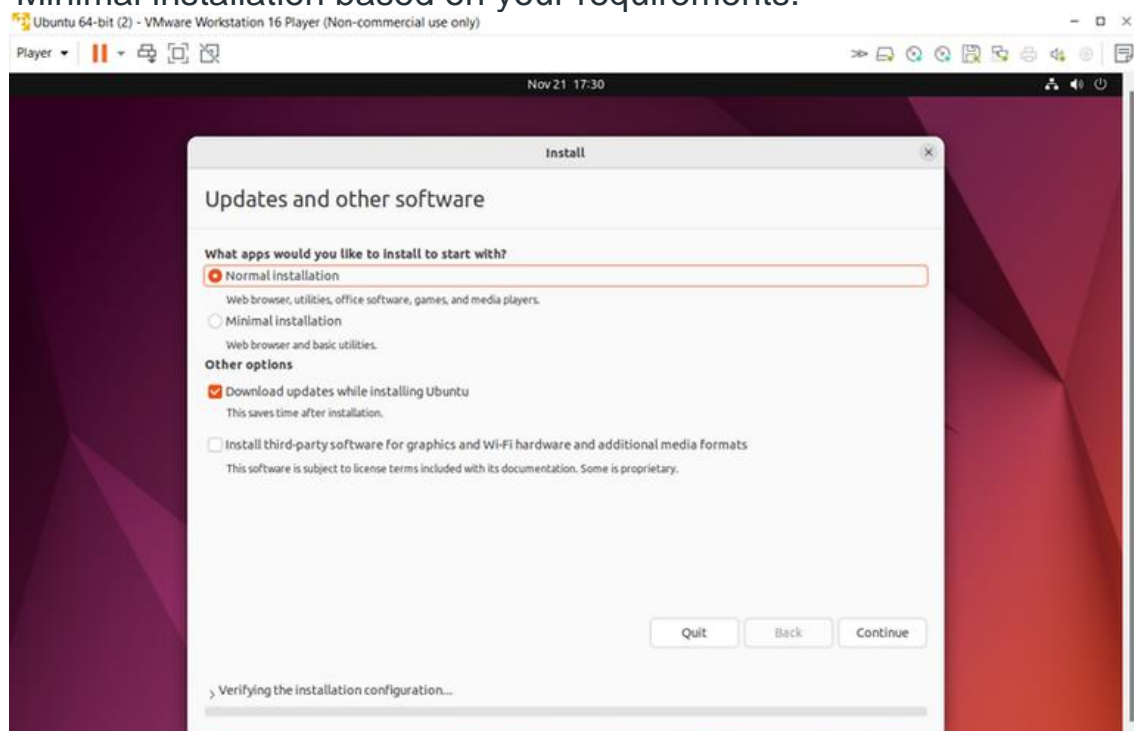
Step 12: Select Installation type >> Erase disk and install Ubuntu (This will not delete your windows data) >> Click on install now.
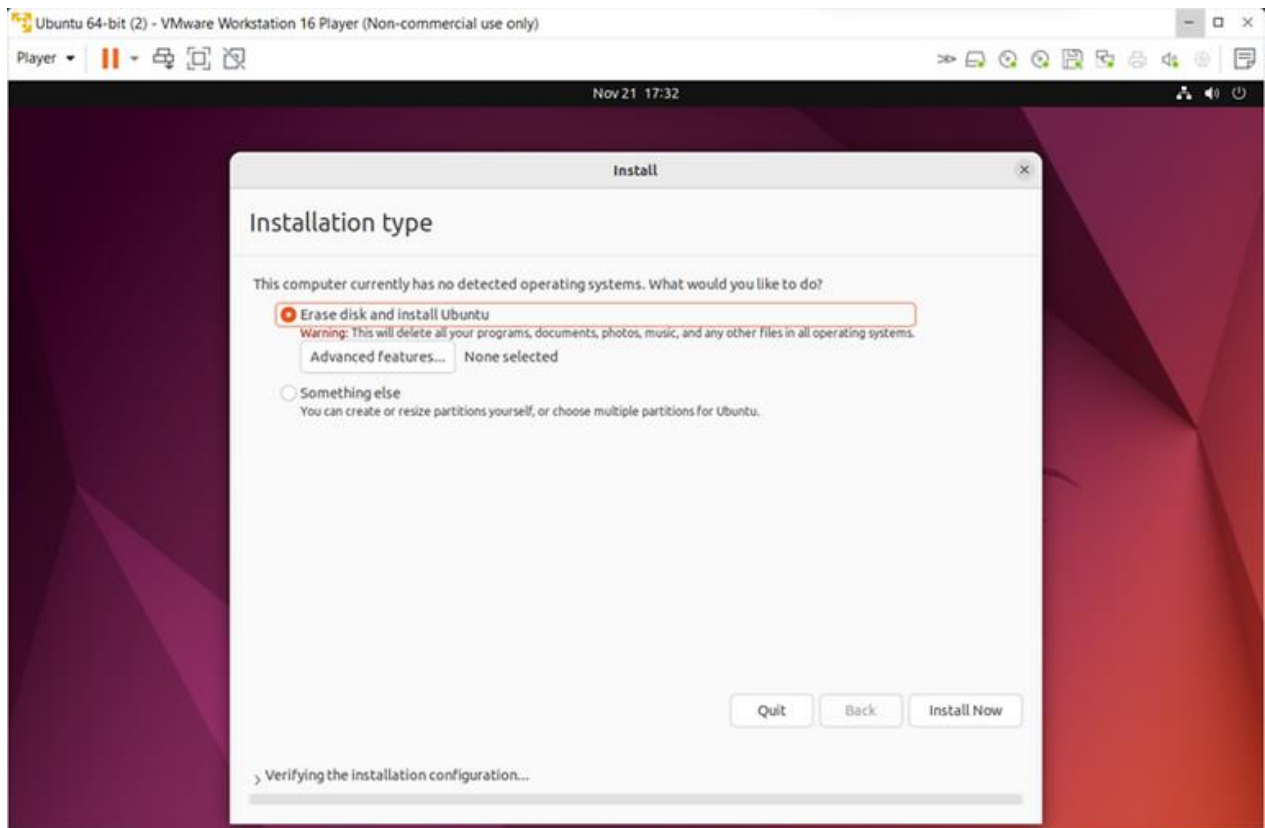
Installing Windows in VMWare

Step 13

Similarly for windows just install windows 7 in place of Ubuntu (repeat steps from 5th step)