

HealthcareCompanion User Guide

Welcome to **HealthcareCompanion**, your all-in-one app for managing personal health, medicines, documents, reminders, calendar scheduling, and motivation. This guide walks you through every feature and how to use it effectively.

Table of Contents







1. [Getting Started](#)
 2. [Home Screen Overview](#)
 3. [Profile & Health Setup](#)
 4. [Medicine Tracker](#)
 5. [Reminders & Alerts](#)
 6. [Document Storage](#)
 7. [Calendar View](#)
 8. [Motivation & Medals](#)
 9. [Tips & Troubleshooting](#)
-

Getting Started

1. **Launch** HealthcareCompanion; you'll land on the **Login/Sign-Up** screen.
 2. **Create an account** (or log in) to begin.
-

Home Screen Overview

After login, you'll see a grid of six tiles:

Icon	Function
	Personal Details View & edit your name, age, and condition
	Medicine Tracker Add and view saved medicines
	Set Reminders Schedule medicine & appointment alerts
	Store Documents Upload and organize medical files
	Calendar See all scheduled events day-by-day
	Motivation View your points & medal status

Profile & Health Setup

1. Tap **Personal Details**.
2. Enter your **Name**, **Age**, and select any **Medical Conditions**.
3. **Save**; you'll return to Home.

Medicine Tracker

1. Tap **Medicine Tracker**.
2. In **Medicine Name**, type e.g. "Aspirin".
3. Enter **Dosage** (e.g. "500 mg") and **Time** (e.g. "08:00").
4. Tap **Add Medicine**.
 - You'll see a "Medicine saved" confirmation.
5. To view **all** saved medicines, tap **Display Last Records**.
 - Your entries load from the local database.

Reminders & Alerts

1. Tap **Set Reminders**.
2. Choose **Medicine Reminder** or **Doctor Appointment**.

3. Pick **Date** and **Time**.
 4. Tap **Set Reminder** → Confirm “Yes”.
 - The app saves one reminder in its database.
 - Two alarms are scheduled: 15 min early and at the exact time.
 5. When the time arrives, you’ll get a system notification.
-

Document Storage

1. Tap **Store Documents** (the folder icon).
 2. **If no folders exist**, you’ll see a “No folders yet” illustration.
 3. Tap the + FAB to **Upload**:
 - Enter a **Folder Name**, choose a file via the system picker.
 - The file is copied to local app storage and recorded.
 4. Back on the folder list, tap any folder to view its files.
 5. Tap a file:
 - **Images** open full-screen in-app.
 - **Others** (PDF, DOC) open in an external viewer.
-

Calendar View

1. Tap **Calendar**.
 2. A monthly calendar appears; your scheduled reminders for the selected day show below.
 3. **Pending** reminders show a clock icon; **Taken** ones show a check.
 4. Tap any date to load that day’s list.
 5. The calendar automatically marks past-due “Pending” events as **Taken**.
-

Motivation & Medals

1. Tap **Motivation**.
 2. The screen shows your **Total Points** (10 points per “Taken” reminder).
 3. You’ll earn:
 - **Bronze** medal at 0–299 pts
 - **Silver** at 300–499 pts
 - **Gold** at 500+ pts
 4. Check back often to see your progress and stay motivated!
-

Tips & Troubleshooting

- **Medicines not showing?** Tap **Display**, and ensure you’ve added at least one.
 - **Reminders not firing?**
 - Verify you granted exact-alarm permission (Android 12+).
 - Check your device’s battery-optimization settings.
 - **Empty folders?** Upload at least one document; the “No folders” view only appears when truly empty.
 - **Calendar list stale?** Press Back & return, or relaunch the Calendar screen to refresh.
-

Thank you for choosing **HealthcareCompanion**—your partner in staying healthy, organized, and motivated!