

Fitness app for your good health

Snaga is a health & fitness tracker app that helps you set out realistic goals that you can accomplish without many hurdles. Sometimes, we keep bigger goals but end up and workout sessions and exercises to help you keep fit



51597

Happy Customers

4.8/5

★★★★★ Rating

start a 10-day free trial

Ultimate method & amazing features to change your life



Monitor your diet easily

Track the times you eat, the foods you eat, portion sizes, and notes.



Give health & fitness tips

Exercise is very important for us to be fit and healthy& every tips.



All-in-one health tool

It can help you set fitness goals, it with wearable fitness technology.

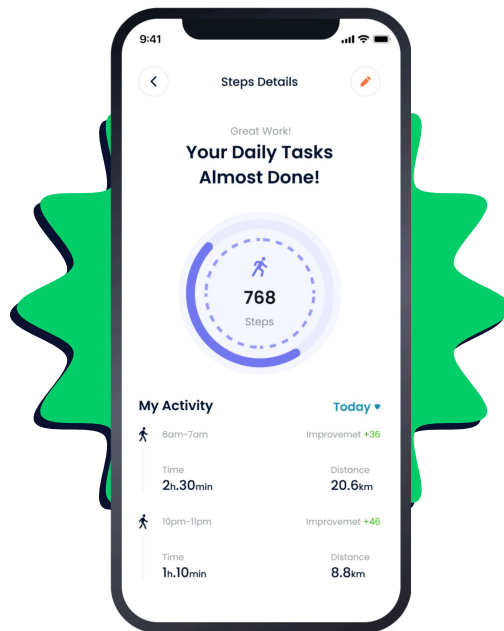


Keep your body and mind healthy in a modern way

It allows users to track data, such as volume, time, weight, and goals, to compare their progress. Acting as a type of digital workout journal, this app helps you log workouts and utilize helpful graphs.

The app also allows users to create their own custom workout plans, down to the number of sets & reps for everyone, from beginner level.

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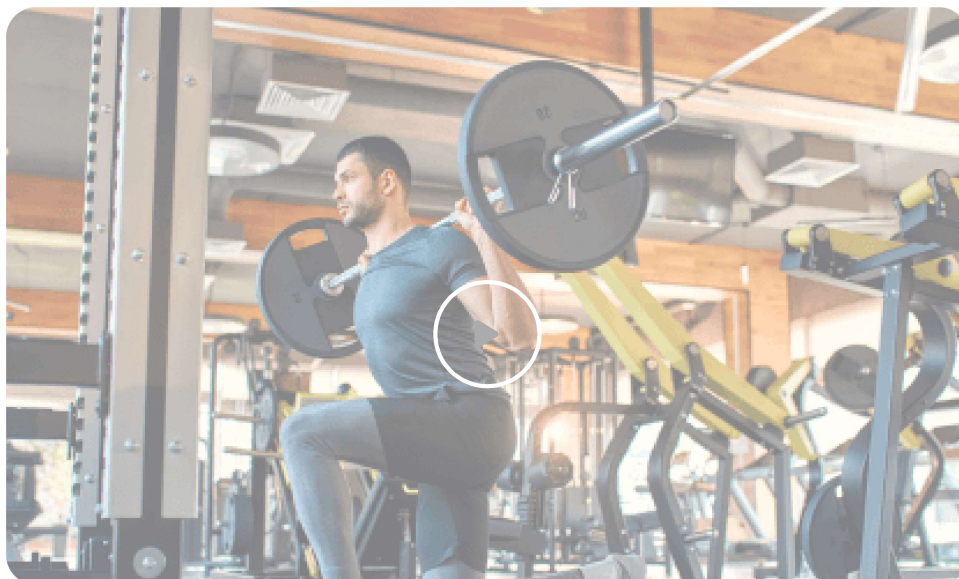
Fitness tracker that can help you reach your goals

Strong workout tracker is for those who mean business and have been working out long enough to know exactly what they

- ✓ **Free version can save unlimited workouts & custom routines**
- ✓ **Track progress with graphs and automatically back up data**
- ✓ **Connect easily with instructor for tips, feedback and support**

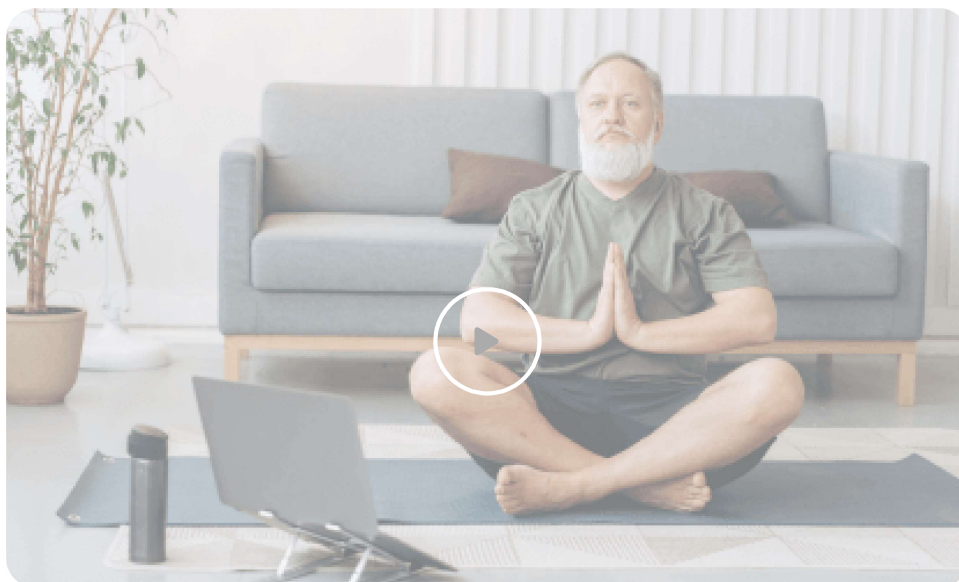
r body and mind healthy 🏋️ Start keeping your body and mind

Discover classes and guides based on your interests



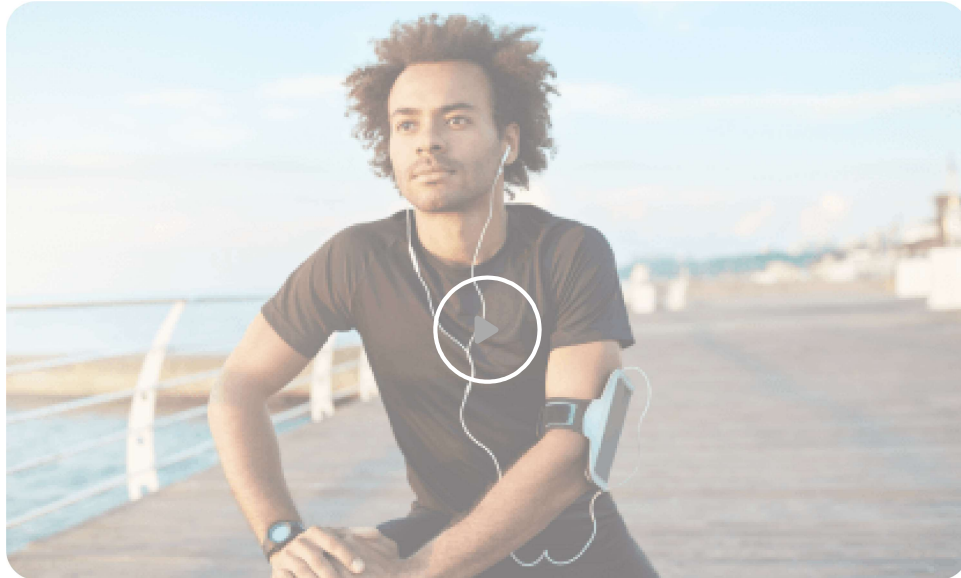
Custom workout plans

Snaga is fully customizable workout app. Whether you do weightlifting, physical etc.



Clearing meditation

A highly accessible meditation that will create more clarity & space in the body.



Daily fitness challenges

Snaga gives you achieve a specific goal with a specific exercise for daily activities.

[View All Class](#)

**People all over the world use
snaga for their fitness**

[View All Reviews](#)



Great value home exercise 🦵

I was recommended masco from a dear friend and WOW!!! Gives energy, strength & mostly your motivation and you helped me grow beyond my expectations.

**Dianne Russell**

Founder @ Company

**Such a wonderful fitness app** ❤️

After a hiatus from the gym I needed some encouragement to help me get my confidence back 😊

**Karen Lynn**

Developer

**Love the home fitness tips**

Such a wonderful fitness plan! Someone who trains regularly but does not have any access to equipment, this plan has been a lifesaver. You don't need anything but still get a great workout. The recipes are great and I love the guidance about when to eat what.

**Marvin McKinney**

College Student

**I can honestly say that I've enjoyed**

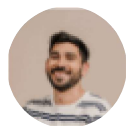
both the workouts and the delicious receipts are easy to follow and to finish. It's great to be part of a community. These times when so much has changed♥ it was really helpful.

**Ronald Richards**

Businessman

**10/10 would recommend👍**

The workouts are fun to do but still make you sweat! I'm so grateful for the two of you for starting this amazing app

**Kristin Watson**

Social Influencer

**Just completed week 3 and love the app**

As someone who has not exercised for a few years, it is great to be getting back into it with such accessible exercises and daily tips. Would recommend to anyone whatever fitness level, The workouts are really fun and my family are loving it too! Wonderful job guys 🥰

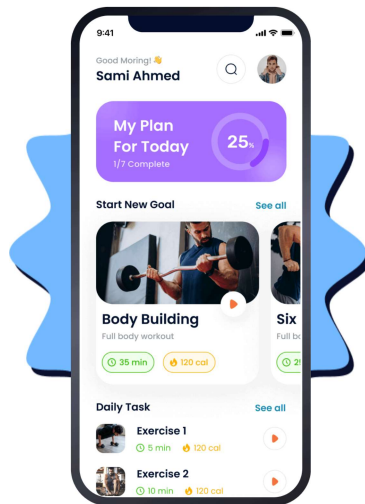


Guy Hawkins
Web Developer

Download now and start keeping yourself healthy

The fitness builder app lets you create your own workouts based on your goals. Download on any device and keep yourself healthy.





We are strategic & creative digital agency who are focused on user experience, mobile, social, data gathering and promotional offerings.

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