

# Sadra Mahmoudi

<p>1- be of the opinion that****</p> <p>2- Be of the belief that****</p> <p>3- I feel strongly that ....</p> <p>Some people are of the opinion that teachers are able to impact our lives to a much deeper depth than friends.</p> <p>I am of the belief that universities should provide more funding for athletics.</p> <p>I feel strongly that classes which are centered on discussions between professors and students are preferable to those in which the professor does all of the talking.</p> <p>Athletic events      رویدادهای ورزشی</p>	<p>بر این عقیده هستند که .....</p> <p>شدیدا معتقد هستم که ...</p>
<p>4- Impact..... to a much deeper depth than.....</p> <p>5- Exert influence on .....sb/sth....دادن به شدت مورد تاثیر قرار دادن</p> <p>6- Exert pressure on .....sth/sb دادن به شدت تحت فشار قرار دادن</p> <p>Some people are of the opinion that teachers are able to impact our lives to a much deeper depth than friends.</p> <p>He exerted <b>considerable</b> influence on the thinking of the scientific community.</p> <p>I believe that friends can <b>exert great influence</b> on student</p>	<p>...با شدت بیشتری ...را مورد تاثیر قرار میدهد</p>
<p>7- Be hesitant to .....</p> <p>They often had deep connections to powerful politicians and <b>were hesitant to</b> criticize them.</p> <p>Being hesitant can prevent us from reaching success.</p>	<p>مردد بودن برای .....</p>
<p>8- ..... has/plays a vital/pivotal role in .....</p> <p>9- has/plays a vital role in exposing ..... corruption and in keeping ..... honest</p> <p>10- expose corruption</p> <p>11- corrupt government /officials</p> <p>free media play a vital role in exposing political corruption. In addition, the global rise of Internet access and e-government increases the likelihood for corrupt public officials to be exposed.</p> <p>Social networks not only can help us to be aware of every corner of the globe but also can deter corrupt authorities from corruption.</p>	<p>نقش اساسی داشتن در.....</p> <p>قش .....در افشا کردن فساد.....</p> <p>افشای فساد</p> <p>Corrupt فاسد</p> <p>adj</p>
<p>12- ..... Take bribes from.....</p> <p>an online magazine recently published a story revealing that the mayor of my hometown had taken bribes from a property developer.</p>	<p>.... از .... رشوه گرفته</p>
<p>13- ....have no choice/imagination but to.....</p> <p>The report was so detailed and well-researched that the mayor had no choice but to resign.</p>	<p>انتخاب دیگری به جز .... نداشتن</p>
<p>14- Exchange of information/ideas</p> <p>the free online exchange of ideas motivates people to become politically active.</p> <p>Virtual networks by providing a foundation for exchanging idea can act as an effective incentive in the society.</p>	<p>رد و بدل کردن اطلاعات/ نقطه نظرها</p>
<p>15- ....give...S.B.... the courage to .....</p> <p>I think that finding each other on that Facebook group gave us the courage to actively protect our park.</p>	<p>فلان چیز به فلانی جرات داده است که .....</p>

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<p>16- The major/only <b>drawback</b> of ..... is.....</p> <p>17- The major/only plus point of .....is .....</p> <p>The major drawback of this method is that it can be very time-consuming. Summer in the Scottish islands can be beautiful. The only drawback is the weather, which can be very changeable</p> <p>one of the most significant plus points of working together over a school project is sharing opinion and ideas with one another</p>	<p>اصلی ترین نقطه ضعف .....فلان است..</p> <p>اصلی ترین نقطه قوت .....است</p>
<p>18- Agree with.....</p> <p>19- Agree that .....</p> <p>Many people <b>agreed with</b> his views about the war.</p> <p>Most experts <b>agree that</b> dieting <b>needs to be accompanied</b> by regular exercise.</p>	<p>موافق بودن با .....</p> <p>موافق هستند که .....</p>
<p>20- Concur with .....</p> <p>21- Concur that .....</p> <p>The committee <b>concurred with</b> this view.</p> <p>Most modern historians would readily <b>concur that</b> (=agree without any hesitation) this was an event of huge importance</p>	<p>موافق بودن با .....</p> <p>موافق هستند که .....</p>
<p>22- Go along with .....sb's idea/opinion....</p> <p>Often it was easier to along with her rather than risk an argument I learnt how to go along with various opinions and respect other's opinion He should enhance his ability to go along with his friends' opinion.</p>	<p>موافق بودن و هم نظر بودن با کسی یا چیزی. ...</p>
<p>23- .....subscribe to a view / theory that .....</p> <p>There are a number of scientists who subscribe to the view that there is a God who controls the workings of the universe.</p>	<p>موافق بودن به ....</p>
<p>24- Agree up to a point with .....</p> <p>Although I <b>agree with him up to a point</b>, I find it hard to believe that this is true in every case.</p> <p>25- Broadly agree with ....</p> <p>The conference delegates <b>broadly agreed with</b> the proposals</p>	<p>تا حدودی موافق بودن</p> <p>تقریباً موافق بودن با .....</p>
<p>26- .....a general <b>consensus</b> among.....<b>on</b>.....</p> <p>There is now a general consensus among scientists on the causes of global warming. A general consensus among experts on the efficacy of computer games is exist that states the children who spend plenty of their time gaming ...</p>	<p>در بین .....نظر کلی وجود دارد در مورد .....</p> <p>(زمانی که می‌خواهیم از نظر یک جمع در مورد یک موضوع صحبت کنیم)</p>
<p>27- ..... Take....sth... into consideration</p> <p>We <b>will take your recent illness into consideration</b> when marking your exams.</p>	<p>.... را در نظر گرفتن</p>

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<p>28- ....engage in discussion/debate/classes(an activity) Classes where students engage in discussion and classes where the professor does most of the talking each have their own advantages and disadvantages There are no meaningful activities for them to engage in when their classes finish.</p>	<p>در بحث شرکت کردن ...</p>
<p>29- ....Take a course in .....(History, literature...) I recently took a course in politic that changed the way I think about the world</p>	<p>کلاس .....را گرفتن</p>
<p>30- The cut and thrust of debate The cut and thrust of debate in the class made me consider where my political beliefs came from and if they were actually correct.</p>	<p>بحث ها و چیزهایی که در گفت و گو رد و بدل میشود</p>
<p>31- they can ..... to excel in their future careers/life Discussions in class teach students how to communicate effectively, and they can use this skill to excel in their future careers.</p>	<p>میتونن از ..... تا در کار /زندگی .. ایندشان بهتر و موفق تر باشند.</p>
<p>32- Confident communicator, introverted/extroverted person, 33- natural leader رهبر واقعی و درست درمون 34- Biased information/opinion/..., 35- I have even heard/seen/..., 36- competitive academic/ commercial environment دنیای علمی رقابتی 37- when things go wrong. 38- do research</p>	
<p>39- .....Would (not) + have + pp..... (By....without....) <b>Without</b> participating in discussions with his professors and classmates he would not have developed the skills necessary to succeed in this way. I believe that I would not have developed in such a way <b>by</b> just listening to lectures. If I had taken the time to compare what I had read online to a book or a scholarly article I <b>would not have</b> included it and <b>not have received</b> such a bad score in the class. Had I talked about these issues before buying the car I might have reconsidered <b>whether or not</b> it was a good idea.</p>	<p>ساختاری است که وسیله ان بیان میکنیم که بدون فلان چیز، فلانی .....نمیشد (در واقع ثسمت دوم ساختار شرطی نوع سوم است بدون ایف کلاز ولی قسمت ایف کلاز رو به صورت توضیحی مینویسیم.</p>
<p>40- .....be more reliable <b>than</b> ..... 41- .....be more useful <b>than</b> ..... 42- .....be vastly superior/ preferable <b>to</b> .....Because .... Living in a large city is preferable to living in a small town. Printed materials such as books and articles are more reliable than online sources of information and also they are more useful because they include more detail in comparison to online resources. Books are superior to online articles because they provide a greater depth of information.</p>	<p>.....از .....قابل اطمینان تر است .....از .....مفید تر است. .....از .....برتر/بهتر است. .....بهتر و مناسب تر بودن از.....</p>

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<p>43- ....., <b>regardless of whether or not</b> .....(positive mean clause)  This is because websites can be edited by anyone in the world, <b>regardless of whether or not</b> they are qualified academics.  I think many kind of fast foods can be extremely harmful, <b>regardless of whether or not</b> they are prepared by a sophisticated company.</p>	<p>..... بدون توجه به اینکه .....</p>
<p>44- ....benefit from...  Students who use printed resources when doing research also benefit from the detailed indexes and biographies which they <b>include</b>.  People who live in small cities can readily benefit from both quiet environment and more clean one.</p>	<p>.....از .....سود میبرد.</p>
<p>45- Consult (with) .....sb....  46- Consult..... (A book, an article, a dictionary ....)  The very first book that I consulted <b>contained</b> a long description of...  I need to consult with my lawyer  most of the online articles that I consulted <b>contained</b> little more than facts and dates</p>	<p>مشورت کردن به .....  مراجعه کردن به.....(کتاب،مقاله...).</p>
<p>47- Call .....into question  48- .....the usefulness/efficacy of .....as ..... has been called into question, although.....  I feel my competence is being called into question here.  As modern education continues to develop, the usefulness of grades as a form of assessment has been called into question.</p>	<p>مورد تردید قرار دادن  مفید بودن ....به عنوان ..... مورد تردید قرار گرفته شده است.</p>
<p>49- .... be on the line= be at stake  Almost 3000 jobs have been lost recently, and a further 3000 are on the line.  When a student feels that his grades are on the line, he will spend more time working on his assignments</p>	<p>.....در حالت ریسکی قرار داشتن</p>
<p>50- He/she/i/they.... Was/were assigned .....a presentation/seminar....  During my sophomore year I was assigned a major presentation in a classical studies seminar which I was a member of .</p>	<p>تکلیف/مقاله .... به عنوان تکلیف به من/ او/ ما داده شد</p>
<p>51- .....set apart.....from (distinguish...sth....from...sth...)  Students will strive to succeed so that they can set themselves apart from their peers.  Man abilities to think set him apart from animal.  The factor that distinguish this company from the others is its customer services.  The main <b>distinguishing feature/characteristic</b> of this company is its customer services. <b>ویژگی متمایز کننده</b></p>	<p>....., فلان چیز/شخص را از فلان چیز یا شخص متمایز میکند  Distinguish.</p>
<p>52- During my (sophomore/freshman/junior) year  53- In my sophomore/freshman/junior year  54- Following my .....graduation/resignation/retirement/dismissal .....from university/job/...,  For example, in my freshman year I <b>took a "pass/fail" course in</b> literature.  In contrast, when I <b>took a graded class</b> on the same subject in my junior year I spent hours in the library researching my papers</p>	<p>در طول زمان سال اول/دوم درس خواندیم.  .. بعد از فارغالتحصیلی، اخراج، بازنشستگی، استعفا</p>

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<p>55- ....provide/supply .....(sb).....with.....(sth).....</p> <p>He also provided us with clean clothes, food and a place to stay for the night.</p> <p>Universities provide students with valuable opportunities to meet new people.</p> <p>Three people have been arrested for supplying the terrorists with arms.</p> <p>students are supplied with a list of books that they are expected to read.</p>	<p>برای کسی، چیزی مهیا کردن</p> <p>سوپلای معمولاً برای حالت های تخصصی و تکنیکی به کار میرود ولی پروواید برای صحبت های جنرال</p>
<p>56- ...sth....offer.....</p> <p>57- ...sb.....offer.....</p> <p>Cities offer a great environment for raising children.</p> <p>It says in the guide that this area offers some of the best walks in England.</p> <p>It's an organization that offers free legal advice to people on low incomes.</p>	<p>پیشنهاد دادن ۱-</p> <p>supply=provide ۲- مهیا کردن =</p>
<p>58- .....be/ become reliant on .....</p> <p>I am of the opinion that people have become too reliant on automobiles.</p> <p>Although the efficacy of chemical treatment has been called into question, the humanity are completely reliant on it.</p>	<p>متکی به .....بودن/اشدن</p>
<p>59- It is a well-known fact that.....</p> <p>It is a well-known fact that automobiles are one of the biggest sources of deadly greenhouse gases .</p>	<p>واقعیتی که برای همه آشکار است این است که ...</p>
<p>60- Be obsessive about.....</p> <p>We are obsessive about automobiles.</p> <p>She is obsessive about cleanness.</p> <p>I'm obsessive about my plan and schedules so that I jot down every appointment regardless of whether or not it is an important one.</p>	<p>وسواسی بودن</p>
<p>61- ..... is never considered by our municipal government.</p> <p>62- ..... is never considered by.....</p> <p>the issue is never considered by our municipal government.</p>	<p>....هیچ وقت توسط شهرداری مد نظر قرار نمیگیرد</p> <p>....هیچ وقت توسط.....مد نظر قرار نمیگیرد.</p>
<p>63- Get in touch with .....</p> <p>I believe that getting in touch with nature is the best way to enjoy a vacation</p> <p>I feel that eating the food of a place is another great way to really get in touch with a society and its culture.</p>	<p>کاملاً درک کردن .....</p>
<p>64- Take vacation /trip</p> <p>Some people like to take trips alone while it can put us in a dire financial strait.</p> <p>As travel becomes increasingly accessible, more and more people take long vacations every year.</p>	<p>به سفر رفتن</p>
<p>65- Prioritize ...sth.</p> <p>66- Main/first/top priority</p> <p>67- Accord high priority to .....</p> <p>While others feel that it is preferable to prioritize environmental issues.</p> <p>Every university should accord high priority to the quality of teaching.</p> <p>After a series of robberies, security issues should be accorded high priority.</p>	<p>.....را اولویت قرار دادن</p> <p>اولویت اصلی</p> <p>اولویت دادن به ....</p>
<p>68- All issues surrounding .....</p> <p>I do believe that computer games and all issues surrounding them need to be completely investigated as soon as possible, although the efficacy of computer games on development of children's mind have been recently called into question.</p>	<p>همه مسائل مربوط به ...</p>

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<p>69- .....be (chronically/seriously/severely) underfunded we are certainly living in a society where the arts are severely underfunded.</p> <p>70- (Chronic/severe)Underfunding The chronic underfunding of the plan resulted bankruptcy. Chronic underfunding and mismanagement led the company to a dire strait</p>	<p>دارای کسری بودجه بودن</p> <p>کسری بودجه</p> <p>سوء مدیریت</p>
<p>71- Be funded by.... 72- .....fund.....sth.... It is entirely possible for artistic and cultural programs to be privately funded. Some people believe that universities should fund libraries and educational facilities rather than sports teams. Government-funded research</p>	<p>کمک مالی شدن توسط .... ... به .... کمک مالی میکند. (این فعلا اکثر اوقات به صورت مجهول به کار میرود)</p>
<p>73- Allocate/allot budget to ..... = fund .... 74- Receive budget from While many believe that the budget allocated to the universities and colleges should only be spent on education. sports and social activities are also noteworthy and should receive equal budget.</p>	<p>تخصیص دادن بودجه به .... دریافت کردن از طرف ....</p>
<p>75- .....Be a matter of life and death (for ....) The environment is a matter of life and death for many people. Don't worry about missing your bus – it's not a matter of life and death. I'm of the opinion that we must reach a general consensus on the use of computers by our children, it is not a matter of life and death, but we should solve it forever.</p>	<p>....بسیار جدی است قضیه مرگ و زندگی بودن .</p>
<p>76- ..... donate .....to.... 77- Make large/small/generous/voluntary donation to ..... Many businesses and individuals are willing to make donations to artists in exchange for promotional considerations Every year she makes a large donation to a worthy cause. Last year, he donated 100\$ to cancer research.</p>	<p>اهدا کردن و اسپورت کردن یک گروه ....</p>
<p>78- In(as) exchange/return for..... Many businesses and individuals are willing to make donations to artists in exchange for promotional considerations I have offered to paint the kitchen in exchange for a week accommodation. The farmer offered us food in return for our work.</p>	<p>در قبال ....</p>

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<p>79- Raise money .....</p> <p>80- Generate money/revenue for ....</p> <p>81- Make money</p> <p>82- Increase your revenue</p> <p>The amounts of money needed to solve environmental programs, in contrast, cannot be raised using such methods.</p> <p>Only a very narrow minded person would suggest that making money is the sole reason why people go to work each day.</p> <p>By increasing average transactions size we can <b>increase our revenue</b> and make more money.</p>	<p>جمع اوری کردن پول (چه به وسیله کار کردن چه به وسیله کمک های مردمی ....)</p> <p>تولید کردن پول و درآمد برای .....</p> <p>Revenue فقط با generate</p>
<p>83- My/his/her/... own approach to .....</p> <p>What is your approach to problem-solving?</p> <p>New approaches to tame the immune system in the fight against cancer are</p>	<p>روش هر شخص برای .....</p>
<p>84- Be under pressure to .....</p> <p>They all understand the pressures that students are under these days.</p> <p>The mayor is under pressure to resign.</p> <p>I can't talk now, I'm under pressure to get this done before the end of the day!</p>	<p>تحت فشار بودن</p>
<p>85- Not be the end of the world,</p> <p>Obviously I'd be disappointed if we don't make it, but it wouldn't be the end of the world.</p> <p>I realized that it was not the end of the world.</p>	<p>زمانی به کار میرود که بخواهیم به کسی دلداری بدهیم</p> <p><b>این اخر دنیا نیست که .</b></p>
<p>86- Vocalize ...sth....</p> <p>Vocalizing my issues helps me overcome my worries.</p> <p>Vocalize our feeling can help us to feel relief because a trouble shared is a trouble halves.</p>	<p>به زبان آوردن چیزی</p>
<p>87- A problem/trouble shared is a problem/trouble halved.</p> <p>Just tell me what's bothering you, honey. You know what they say—a problem shared is a problem halved.</p>	<p>صحبت کرده راجب مشکلات میتونه حل اونها رو راحت تر کنه .</p>
<p>88- Voice (his/her/my/their) opinion/protest <b>on</b> .....sth.....</p> <p>89- Voice (his/her/my/their) opposition.....</p> <p>I have voiced my opposition to the plan to management.</p> <p>This came to me even before he voiced his opinion on the matter.</p> <p>They have the right to voice their opinions.</p>	<p>بیان کردن عقیده در مورد ....</p>
<p>90- Bark up the wrong tree</p> <p>She thinks it'll solve the problem, but I think she's barking up the wrong tree.</p> <p>The police spent three months barking up the wrong tree on the murder investigation.</p>	<p>تلاش بیشهوده و اشتباه کردن</p>

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<p>91- ..... have always been, ***</p> <p>92- .... has always been, ***</p> <p>93- ..... have always been, the <b>backbone</b> of society.</p> <p>94- .....be/have always been the <b>cornerstone/ pillar</b> of society.</p> <p>Workers have always been, the backbone of society.</p> <p>Debate about the role of luck in our daily life has always been, an prominent subject among populace.</p> <p>Equality and human rights are cornerstones of any societies.</p>	<p>.... هست و بوده است ...</p> <p>همواره ستون اصلی هر جامعه ای بوده است</p> <p>همواره / سنگ بنای هر جتمعه ای هست</p>
<p>95- ***enable **sb** to***</p> <p>My generation enjoys a lot of leisure time, which makes our lives more fulfilling and enables us to pursue our passions.</p> <p>This has enabled me to pursue my love of travel.</p> <p>The loan enabled me to buy a new BMW, series 8</p>	<p>قادر کردن به انجام کاری .</p>
<p>96- Be able/unable to***</p> <p>97- (Can)cope with</p> <p>My parents, in contrast, were only able to travel following their retirement.</p> <p>They was unable to communicate conveniently and efficiently.</p> <p>It must be really hard to cope with three young children and a job.</p> <p>The hostages had been confined for so long that they couldn't cope with the outside world</p>	<p>قادر به انجام کاری بودن/نبودن</p> <p>از عهده کاری برآمدن</p>
<p>98- ... live the dream.</p> <p>99- Live their own dream....</p> <p>I always wanted to be a famous singer, and now I'm living the dream.</p> <p>It is now much easier for members of such groups to live their dreams.</p>	<p>زندگی که همیشه رویایت بوده است را داشتن</p>
<p>100- Without a doubt, ***= with no shadow of doubt</p> <p>101- undoubtedly</p> <p>Without a doubt, people are living longer these days than ever before.</p> <p>A child who visits such places <b>on a regular basis</b> will undoubtedly become very interested in some of them <b>regularly به طور منظم</b></p>	<p>بدون شک</p>
<p>102- <b>complementary role/skill/investigation/study</b></p> <p>The complementary skills among the three executives created an effective leadership team.</p> <p>My family and my job both play an important part in my life, fulfilling separate but complementary needs.</p> <p>His revenue is sufficient but his income from tutoring has a complementary role.</p>	<p>.....تکمیلی</p> <p>Complementary, supplementary</p>
<p>103- ....Was/were/am/is/are diagnosed <b>with</b> .....</p> <p>104- Make the/a <b>diagnosis</b></p> <p>105- The main/severe symptom of .....is....</p> <p>106- To alleviate the severe symptoms of diabetes.</p> <p>Several years ago he was diagnosed with prostate cancer.</p> <p>This was because there was simply no technology available to make the diagnosis.</p> <p>Although he had many serious symptoms, no one could not make any correct diagnosis.</p>	<p>تشخیصی داده شد که فلانی فلان مریضی را دارد.</p> <p>تشخیص دادن</p>



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<p>You should take your medicine on a regular basis to alleviate the severe symptoms of your disease.</p>	
<p>107- give ....sb .....Of time off .... I am given five weeks of time off each year by my employer.</p> <p>108- Take .....of time off..... I can easily take a week of time off each month but . . . .</p>	<p>مرخصی دادن</p> <p>مرخصی گرفتن</p>
<p>109- Physically/intellectually/emotionally demanding .... (any activity). His work was physically demanding and he developed a lot of health problems as he aged. I can't stand any physically demanding occupation.</p>	<p>نیازمند فعالیت بدنی/فعالیت فکری/احساسی</p>
<p>110- ...sb.....Develop .....(an illness) 111- An illness develop He developed a lot of health problems as he aged. Some alcohol addict develop liver diseases. Skin cancer can be treated and don't allow to develop quickly. If you come into contact with the patients you risk catching the disease. She caught the flue during a holiday to Tanzania. He contracted malaria while he was travelling.</p>	<p>گرفتن مریضی (به تدریج مریضی گرفتن) catch/contract پیشرفت کردن یک مریضی Catch-caught کچ برای بیماری از انسان به انسانه ولی کانترکت برای بقیه مثل نیش ، الودگی، ....</p>
<p>112- Take (heavy/serious) (its, their...) toll on ..... Years of smoking have taken their toll on his health. Rising air pollution-related deaths taking heavy toll on society. The problems of the past few months have taken their toll on her health and there are shadows under her eyes.</p>	<p>عوارض سنگینی روی .... گذاشتن Has a serious/devastating side-effect</p>
<p>113- Be Hotbed of *** Money concerns are a major hotbed of stress in the modern world. The university is the main hotbed of racial discriminations. The police department was a hotbed of corruption</p>	<p>سرمنشا اصلی ..... بودن برای موارد منفی</p>
<p>114- Become (desperately-extremely)tired from..... 115- Make .....tired When I was young, I spent a tremendous amount of money on video games and comic books which I soon became tired from. Sooner or later he will become tired from politics</p>	<p>خسته شدن از ... خسته کردن دیر یا زود</p>

# Sadra Mahmoudi

<p>116- ....exhaust ...sb = make .....(desperately-extremely) tired  A full day teaching exhausted me  Take a break now, please - you mustn't exhaust yourself.  Spending a high portion of time playing game can make us exhausted enough to feel lazy about doing homework.</p>	<p>خسته کردن</p>
<p>117- Be/Feel (excruciatingly-acutely) embarrassed <b>about</b> ***  He felt extremely embarrassed about begging his parents for assistance  She is embarrassed about her height.  Students may feel excruciatingly embarrassed about asking an ordinary question in the class.</p>	<p>احساس خجالت کردن برای ....</p>
<p>118- Acquire/gain the ability /skill to *** = perfect his/her skills  119- Gain insight/knowledge into(in)  120- Broaden knowledge/horizon  121- Grasp knowledge and information  122- Profound knowledge in....# superficial knowledge in ....  feel this way because we gain the ability to make financial decisions as we mature  he spent years acquiring his skills in as a surgeon.  By analyzing simple situations, with essential features in common, we can gain insight into the behavior of these complicated beams.  museums offer a very easy way to gain insight into the history and culture of a location  The best way to gain insight into a culture is eating their food.  This program can help school-leavers to <b>broaden their knowledge</b>.  Going to the college can <b>broaden our horizons</b>(increase range of knowledge and experience)  the primitive people found out that with even the superficial data and knowledge they had, the avenues of success and flourishing was open to them  I firmly hold the view that people must <b>be professional in</b> one academic field rather than having <b>scattered knowledge</b> in various subject matters</p>	<p>مهارت به دست آوردن برای .....  علم به دست آوردن  هورایزون</p>
<p>123- Unexpected emergencies/ adversary <b>when things go wrong</b> = unforeseen circumstances/problem  124- a pragmatic solution <b>راه حل واقع گرایانه و مبتنی بر عمل</b>  125- well-paid job/business/ <b>با درآمد خوب</b> , low-paying job/business <b>درآمد کم</b></p>	
<p>126- A plethora of *sth*=a myriad of...=a host of ....= a raft of *sth*  127- A handful of ***sth***=  128- a number of.....  There <b>is a plethora of</b> reasons why students choose to attend university nowadays  There <b>were a handful</b> of people there  A whole myriad of options exists for us.  The game was dominated by a handful of players.  There <b>are a number of</b> different options to choose from.</p>	<p>تعداد بسیار زیادی از .....  تعداد بسیار کمی از  تعدادی از ....(نه کم و نه زیاد)</p>

# Sadra Mahmoudi

129- Individuals in possession of ..... Individuals in possession of only a high school diploma are employed solely in very low paying and low-skilled fields.	افرادی که دارای ....
130- .....is a prerequisite for..... 131- .....is a requisite for ..... a university degree is a prerequisite for employment in the modern era. Passing a written test is a prerequisite for taking the advanced course. They had to agree to certain conditions as a prerequisite of being lent the money.	.....یک پیش نیاز است برای ..... .....یک نیاز است برای .....
132- Shortage of ***sth*** 133- Lack of ***sth*** There is no shortage of things that could be changed in my hometown. The long hot summer has led to serious water shortages.	کمبود ..... (ویتامین، مکان، زمان ....) کمبود/عدم وجود .....
134- Have had ...../ have not had ..... 135- Has had...../ has not had ..... 136- .....has/have had a negative effect on ..... However, I feel strongly that the advent of televised entertainment has not had a negative effect on interpersonal communication. Humanity has had a mostly negative effect on the planet.	داشته است/نداشته است
137- ....The wide array/range of.... These days, in contrast, individuals can enjoy spirited discussions about the wide array of current events and world affairs. Spirited debate/discussion بحث داغ	گستره ی عظیمی از ....
138- ....set (one's) mind at ease. I know you're anxious to hear how your father is doing after the surgery, so let me set your mind at ease. He's going to make a full recovery. Their participation in these programs sets my mind at ease, as without access to the community center they would spend this time home alone.	خیال کسی را راحت کردن
139- Ensnare from = result from =stem from این از همه شایعتره 140- Ensuing = subsequent = This kind of ailments can ensue from shortage of nutritious food. An argument ensued from a comment I made that I thought was constructive criticism. Their disagreement stemmed from a misunderstanding.	ناشی شدن از ....
141- Sth.....matter (a lot)to .....sb This may seem superficial, but it mattered a lot to him. I know Charles doesn't think this project is important, but it matters to me. While education of children doesn't matter a lot to a handful of parents, others are concerned in.	.....برای .....اهمیت دارد(خیلی).

# Sadra Mahmoudi

142- Well-informed (decision, solution, ***)	آگاهانه
143- Be well-informed about ...= be aware of ....# be unaware of... They will be able to make well-informed decisions about their future. Most people are not very well-informed about ailments.	آگاه بودن در مورد ....
144- Impetuous/precipitate/hasty decision/ promise تصمیم/ قول شتاب زده	
145- arbitrary decision تصمیم خود سرانه	
146- irrational # rational decision تصمیم آگاهانه	
147- sound decision تصمیم بی عیب و نقص HIS decision is sound	
148- precipitate/hasty/snap decision تصمیم عجله ای	
149- .....cause .....= bring about .... =effect.....	موجب شدن ....
150- .....am/is/are/was/were causing by.....	
151- .....am/is/are/was/were caused by.....	
152- Have/has/had caused .... Industrial development has caused major air pollution, which has a terrible effect on human health. The oil spill has caused many problems for life of coastal creatures. Destruction of rain forest has brought about a huge amount of environmental damage. Most heart attacks are caused by blood clots. Chronic underfunding was caused by mismanagements.	
153- All over .....= throughout .... Every week I hear news reports about how horrible air quality is in major cities all over the world. People all over the world love children.	در سرتاسر
154- .....Sb.....Reside/dwell/live in ....s.w..... The family now resides in southern France. A majority of the population of the Earth now resides in cities. She dwelt in remote parts of Asia for many years She dwelt in remote parts of Asia for many years.	زندگی کردن در .... معمولا برای اقامت کوتاه مدت و ن Dwelt/Dwell همیشگی است برعکس اون دو تا که برای همیشگی یا بلند مدت هستند و معنی یکسانی دارند
155- Hold job/position Multiple job holding is a concern which people in a given society have to hold at least two job to make enough money. Do you really think he is capable of holding such an important position? Positions at a restaurant do not require much prior experience, so they can be held by college students and even teenagers In spite of a plethora of applicants, we could hold that position	شغل/موقعیت خاصی داشتن

# Sadra Mahmoudi

<p>156- ....give sb a great sense of satisfaction.</p> <p>157- ...give/ grant sb opportunity to</p> <p>158- ....give .....The courage to .....</p> <p>159- .....Give .....Chance to ....</p> <p>160- Give .....confidence to .....</p> <p>161- ...sth.....allow.....sb.....to.....</p> <p>162- ...sth.....let....sb.....</p> <p>Studying alone allows me to focus on specific areas of a subject that I am struggling with.  Accomplishing tasks in my workplace always gave me a great sense of satisfaction.  A great sense of satisfaction has been given me by setting long-term goal.  Jobs give us the opportunity to meet new people on a regular basis.  Such a multifaceted place grants students a great opportunity to improve their social activities</p>	<p>به من حس بی نظیر رضایت بخشی میدهد</p> <p>به...این موقعیت را میدهد که .....</p> <p>...به...این جرات را میدهد که ...</p> <p>...به...این شانس را میدهد که ...</p> <p>به...این اجازه/امکان را میدهد که ...</p>
<p>163- Junk=unwholesome food ناسالم, wholesome food غذاهای سالم</p> <p>164- 149- gain weight # lose weight</p> <p>165- watch my weight</p> <p>166- obesity چاقی مفرط,</p> <p>167- lethargy ,lethargic,</p> <p>168- a feeling of lethargy احساس بی حالی</p> <p>169- feel/suffer from lethargy</p>	<p>Lose /lost</p>
<p>170- .....has a profound effect on .....</p> <p>He was eventually diagnosed with adult-onset diabetes which has had a profound effect on his quality of life. کیفیت زندگی</p> <p>Over consumption of such ingredients can have a profound effect on our health. مصرف بیش از حد</p>	<p>...تاثیر بسیار عمیقی روی .... دارد</p>
<p>171- which keep****effective in***personal and professional pursuits.</p> <p>Energy keeps me effective in my personal and professional pursuits.</p> <p>I found engaging in discussion useful because the cut and thrust of debate kept me effective in my personal and professional pursuits.</p>	<p>....فلانی را در پیگیری .... موثر میکند.</p>
<p>172- ....force .....To drop out of business.</p> <p>The newly opened shopping mall forced local stores out of business.</p> <p>High tuition forced him to dropped out of school when he was 16</p>	<p>.....را مجبور میکند که از کار و بیزنس کناره گیری کند.</p>
<p>173- local stores مغازه های محلی, family-run businesses کسب کارهای خانگی, home cooked meals غذاهای خانگی, like-minded person افراد با طرز تفکر مشابه, narrow-minded, broad-minded,</p>	

## Sadra Mahmoudi

<p>174- Owing to</p> <p>175- due to , due in part to ...</p> <p>176- thanks to (هم برای مسائل منفی و هم مثبت)</p> <p>The concert has been canceled owing to lack of interest.</p> <p>Thanks to this information I know to be extra-careful about my diet.</p> <p>thanks to modern medicine, I now know that males in my family are genetically predisposed to heart disease</p> <p>The baby is awake thanks to you and your shouting.</p>	<p>به دلیل</p>
<p>177- In the comfort of ....'s own home</p> <p>We like to watch movies in the comfort of our own home.</p> <p>We can use modern technology to prepare great food in the comfort of our own homes.</p>	<p>درون خانه</p>
<p>178- It is true that ....., but.....</p> <p>179- Not only that, but ....</p> <p>It is true that my meals may not taste quite as savory at those I might get at a restaurant, but this does not diminish my enjoyment of the meal.</p>	<p>درسته است که .....ولی.....</p> <p>نه فقط اون، بلکه ....</p>
<p>180- The peace of mind that I gain from.....</p> <p>181- .....give .....peace of mind</p> <p>182- Set my mind at ease : خیال من را راحت کرد</p> <p>Household insurance can give me peace of mind.</p> <p>The amount of peace of mind that I can gain from cooking is indescribable.</p>	<p>آرامش روحی که از ....به دست میآورم.</p>
<p>183- Share opinion with ....</p> <p>It is very important for students to share their opinions with others both inside and out of the lecture hall.</p>	<p>نظرات خود را با دیگران به اشتراک گذاشتن...</p>
<p>184- ....Can shape young minds.</p> <p>185- Their mind began to take shape</p> <p>Exchanges of this type shape young minds, and students who miss out on them do not get as much from their degree program as they ought to.</p>	<p>...میتواند ذهن های جوان را شکل دهد</p> <p>شکل گرفتن .</p>
<p>186- novice teacher # expert teacher=experienced teacher</p>	
<p>187- Struggle with .....= have problems with</p> <p>188- Suffer from .....</p> <p>Studying with a teacher helps students to stay focused and avoid distraction, which are two things that young people often struggle with.</p> <p>They are suffering from a chronic respiratory ailment.</p> <p>Airlines are struggling with high costs.</p>	<p>با .....مشکل داشتن و ....</p> <p>از .....رنج بردن</p>

# Sadra Mahmoudi

<p>189- In presence of ....</p> <p>When I switched to studying with a tutor, however, simple courtesy prevented me from using a phone in her presence.</p>	در حضور ....
<p>190- An inflated sense of .....(importance, intelligence, beauty, potency, power, )</p> <p>Students have an inflated sense of intelligence, which causes problems when they try to study alone.</p>	احساس باهوشی و ... کاذب
<p>191- Depend on.....=depend, to a considerable extent, on ...sth...</p> <p>192- Depends completely on..... = hinge on .....</p> <p>How much they enjoy that time depends largely on the attitude and attributes of their supervisor.</p> <p>The political future hinge on the outcome of the election.</p>	<p>بستگی داشتن به ...</p> <p>کاملاً بستگی داشتن به .....</p> <p>نگرش آن شخص Attitude of sb</p>
<p>193- Respect .....sb...for.....sth....</p> <p>I think punctuality is important because it shows that you respect others.</p> <p>He respects her owing to her honesty and modesty.</p> <p>I respect his view, although I don't agree with him.</p> <p>194- Be esteemed by .....</p> <p>He was esteemed by the people of his city.</p> <p>she is highly esteemed by all her colleagues as a respected scholar</p> <p>because of the rarity of teachers among previous generations, instructors were esteemed to a great extent.</p>	<p>احترام گذاشتن/محترم شمردن</p> <p>احترام گذاشته میشه/شد</p>
<p>195- Sb....Died from.....(disease)</p> <p>196- Sb died in .....(a car accident)</p> <p>His brother did not die in a car accident, but died from a massive stroke.</p>	فلانی به دلیل .....مردن
<p>197- ....prevent sb/sth from .....</p> <p>Safety rules and regulations, however, prevent the same tragedies from happening today.</p> <p>The safe guard prevent us from entering to the hospital.</p>	جلوگیری کردن از ....
<p>198- an enormous amount of time and effort حرفه professionalism , زمان بسیار زیاد</p> <p>change at a rapid pace تغییر با سرعت</p> <p>areas of responsibility ای وظیفه کاری و حوضه کاری ,</p> <p>on a global scale در مقیاس جهانی ,</p> <p>developing countries توسعه کشورهای در حال توسعه</p> <p>leisure time اوقات فراغت</p> <p>developed=civilized society جامعه های پیشرفته و متمدن</p>	Professionalism dictates that ....
<p>199- be less likely to</p> <p>200- be more likely to</p> <p>People who behave in a professional manner are less likely to act in a lazy fashion.</p> <p>Children who spend an enormous amount of time gaming are more likely to drop out of school.</p>	<p>کمتر احتمال دارد که ....</p> <p>بیشتر احتمال دارد که ....</p>

# Sadra Mahmoudi

<p>201- probably = in all probability He probably didn't even notice. Probably the best thing to do is to call them before you go. In all probability, he will go home tomorrow</p>	<p>احتمالا (احتمال زیاد)</p>
<p>202- become obsolete 203- become extinct The techniques and theories that we might have learned at school even a decade ago are increasingly becoming obsolete.</p>	<p>منسوخ شدن. منقرض شدن</p>
<p>204- Hire = employ 205- Rent.....sth.....from..... Last year my firm hired a new employee..... Many farmers rent their farms from the council... My friend was forced to hire an expensive babysitter to watch his offspring.</p>	<p>استخدام کردن اجاره کردن</p>
<p>206- At first glance ..... While at first glance he seemed like a perfect addition to our organization</p>	<p>در نگاه اول ....</p>
<p>207- Dismiss/expel/fire .....sb....from .....(job) 208- Dismissal/expulsion اخراج Eventually he was dismissed from the firm because of the negative effect he had on his co-workers. After a serious argue about his demeanor, eventually the firm denounced him. Consequently, he had no choice but to resign.</p>	<p>اخراج کردن فلانی از کار</p>
<p>209- ....is/are the (main) hallmark(s) of ..... I believe that professionalism, willingness to learn and experience are the hallmarks of a good employee</p>	<p>....از نشانه های برجسته و اصلی ....است</p>
<p>210- I can see no indication that this trend will halt in the future.</p>	<p>من هیچ نشانه ای از اینکه این روند در آینده تغییر کند نمیبینم.</p>
<p>211- Carpool to..... Work/school/... He carpooled to work each day to a chemical plant an hour away. The government says fewer Americans are carpooling to work. They should organize carpools to deliver their kids to school.</p>	<p>به صورت سرویسی و دسته جمعی سرکار رفتن</p>
<p>212- .....view ..... as symbol/emblem of..... he views car ownership as symbol of affluence He view being in relationship with many girls as symbol of broad-mindedness.</p>	<p>...را به عنوان مظهر ....دانستن</p>



## Sadra Mahmoudi

213- Get enjoyment from .....= enjoy 214- Be enjoyable He <b>gets a lot of enjoyment from</b> listening to music. When I want to choose an activity to spend my leisure time, I would rather consider the self-improvement facet of it not just about the amount of <b>enjoyment that I can get from it</b> . I believe that life has never been as enjoyable as it is right now.	لذت بردن از ... لذت بخشی بودن .
215- The enjoyment of ..... The enjoyment of civil rights. The enjoyment of a higher standard of living.	بهره مندی از ....
216- self-improvement خودسازی it seems to me that many popular leisure activities include a self-improvement aspect, 217- time-consuming بر زمان , <u>at/on</u> a higher level, 218- make (critical/impetuous/precipitate) decision=decide تصمیم گرفتن, 219- talk to sb,	
220- ....fall into the realm of .... It seems to me that many popular leisure activities include a self-improvement aspect, which means that even our hobbies fall into the realm of what we should be doing.	....در زمره ....قرار میگیرد
221- .....opened my eyes to (the fact that)..... His advice opened my eyes to the fact that my plan was missing key points. His years of real work experience opened my eyes to such topics.	....چشم من را روی این واقعیت باز کرد که ....
222- Convey information/lessons to ..... The novice teacher lacks the knowledge of how to convey information to beginners. They can more <b>effectively and efficiently</b> convey lessons and instructions.	منتقل کردن .... به ....
223- Tutor .....Sb... Philip offered to <b>tutor me</b> . He was tutored by a novice teacher. You should hire an experienced teacher to <b>tutor you</b> .	به طور خصوصی درس دادن
224- Assist ....sb.....in/with.....sth..... = help ...sb.... 225- Seek assistance from..... 226- With assistance of ..... In desperation, I visited our professor to seek assistance. They have rebuilt the theatre with the assistance of government funds. The teacher assist children with doing their tasks.	کمک کردن به .... کمک خواستن از.... به کمک ....
227- An idea Pop into ....'s mind When I decided to buy a new car last year I made purchase the very same day that the <b>idea popped into my mind</b> . I put it in practice as soon as its idea popped into my mind	ناگهان یک ایده به ذهن رسیدن

# Sadra Mahmoudi

228- Make purchase = purchase(v) She made two purchases from huge mall beside their dwelling.	خریدن
229- Bring about.....=موجب شده=مفعول.... (p,pp=brought)=effect Destruction of rain forest has brought about a huge amount of environmental damage. The opening of something as simple as a restaurant can bring about a lot of changes to a community.	موجب شدن
230- Eye-opening experience تجربه آموزنده, invaluable experience 231- tell lies دروغ گفتن, tell truth راست گفتن, white lie دروغ مصلحتی, infinitesimal lie دروغ بسیار کوچک 232- marathon, athletic event رویداد ورزشی, athlete ورزشکار	
233- Hold a grudge against ..... (For .....) 234- Grudgingly ... از روی دشمنی و ... She still has/holds a grudge against me for refusing to lend her that money. I am still a bit nervous that my colleague will hold a grudge against me.	احساس دشمنی داشتن با .... به دلیل ....
235- In pursuit of ..... They went to the forest in pursuit of the thief. He wasted his life in pursuit of unworthy causes. I have searched high and low in pursuit of a suitable occupation.	در جست و جوی/ پیگیری ....
236- It is incontrovertibly axiomatic that.... It is incontrovertibly axiomatic that the developments of the society in some areas like finance, culture and occupation, to name but a few, leads everyone to become more concerned about education.	این به طور غیر قابل بحثی بدیهی است که ....
237- ....and...., To name but a few This is a feature of languages such as Arabic, Spanish and Portuguese, to name but a few.	تنها چند نمونه از میان هزاران (زمانی استفاده میکنیم که داریم چند نمونه را پشت سر هم بیان میکنیم و برای اینکه بیان کنیم تعداد زیادی از این دست وجود دارد آخرش اینو میکنیم)
238- ....,.....,.....,and last but not least, ... I would like to thank my publisher, my editor, and last but not least, my husband.	Importantly یعنی اگرچه آخر ذکرش میکنم ولی خیلی مهمه (زمانی استفاده میشه که چندید مورد رو برای یه قضیه میگی و نهایتا آخرش برای بیان یک مورد مهم قبلش اینو میگی) اگر جمله کامل بعدش باشد، کاما بعد از عبارت نیاز نیست و اگر یه کلاز یا کلمه بعدش بیاید، باید کاما بعدش بگذاریم.

# Sadra Mahmoudi

239- Range from.....to..... 240- Ranging from .....to..... Honesty and truth play a vital role in almost all kinds of relationships ranging from social friends, partners to couples. Average temperatures in July range from 15 to 25 degrees.	از ... تا ... تغییر میکند. شامل ..... تا.....
241- entering the universities ورود به دانشگاه 242- multifaceted place/campaign/men/personality ..... چند کاره ، چند .. کاره	
243- take the responsibility for (GRUND)= take the charge of noun 244- Be responsible for.... Universities and colleges should also take the responsibility for providing students some sport clubs. The universities have to take the responsibilities for finding talented person. She took charge of the project and made sure it was finished on time It was a great relief when Heather arrived and took charge of the project.	مسئولیت .... را پذیرفتن مسئول .... بودن
245- Be talented in ....= have a gift for Some among us were talented in hunting. If you are naturally talented in engineering of course you will excel in the diploma.	استعداد داشتن در ...
246- Equip .....with.....sth..... 247- ...to be equipped with the most potent weapon which is called Technology can equip juvenile with a diverse assortment of ideas and concepts Educational institutions provide students with ample opportunities to be equipped with the most potent weapon which is called knowledge. They spend a lot of money to equip school with advanced computers. If a person is equipped with variety of experiences, the way he or she makes a decision can positively affect the future of the society.	کسی یا چیزی را به کسی یا چیزی مجهز کردن
248- Undergo ..... 249- Undergo dramatic change Lives have undergone dramatic changes in the era of technology and modernity. Although the human being's attitude has undergone a huge change during last decades, there is a general consensus among people on.....	متحمل .... شدن متحمل تغییرات زیادی شدن ....
250- Long-lasting (relationship, friendship, result, affect,...) Telling an infinitesimal lie can jeopardize a long-lasting friendship. Even a white lie can lead us to be ostracized by our closest friend.	رابطه/نتیجه/تاثیرات / دراز مدت
251- Be in the habit of ..... ( فعل ing ) They were in the habit of giving two or three dinner parties a month. I'm not in the habit of lying to my friends. Those people who are in the habit of telling lie are not reliable at all.	عادت داشتن به .....

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<p>252- Have a gift for .....( فعل ing )</p> <p>He has a gift for writing and conveying his prospective to his partisans. They have a great gift for talking in the court.</p>	<p>استعداد ذاتی داشتن در</p>
<p>253- do exercises ورزش کردن به طور کلی</p> <p>Sport/ financial/educational /.... Resources منابع علمی، منابع ورزشی، منابع مالی، free media رسانه های آزاد</p> <p>For investment in laboratories and classroom in a university, proportionality should be considered. To put in other word, the more proportional a university distribute budget, the more efficacy it surely has.</p>	
<p>254- put obstacle in the ....way</p> <p>255- In spite of a plethora of obstacles that has been put in .....way...</p> <p>In spite of a plethora of obstacles that has been put in the way of distribution of budget, universities should allocate a huge percentage of money to educational issues.</p>	<p>مشکل قرار دادن در راه ...</p> <p>شده است با وجود مشکلاتی که سر راه ... قرار داده ....</p>
<p>256- Be the pillar of .....= be the cornerstone of .....</p> <p>In my view, mutual respect and honesty are the main pillars of any relationships. Receiving sufficient amount of budget is the cornerstone of having a prosperous part in a university.</p> <p>mutual respect احترام متقابل</p>	<p>پایه و اساس چیزی بودن</p>
<p>257- Torture .....</p> <p>258- Be tortured by .....</p> <p>259- Be like a torture for .....sb....</p> <p>He is tortured by the sense of guilty</p> <p>After that remarks and jeopardizing our relationship, the sense of guilty tortures me. Opting this vocation like a torture for me</p>	<p> شکنجه کردن .....</p> <p>شکنجه شدن به وسیله ...</p>
<p>260- .....jeopardize .....= imperil = endanger</p> <p>She knew that by failing her finals she could jeopardize her whole future. The rate of prices' increment may jeopardize economic recovery. Telling just a white lie can jeopardize your relationship</p> <p>ropewalker who endangers his or her life to get a temporary applause from the audience.</p>	<p>به خطر انداختن</p>
<p>261- .....give/grant me the great sense of .....</p> <p>262- Sense of panic</p> <p>263- Sense of confidence</p> <p>264- Sense of achievement</p> <p>265- Sense of satisfaction</p> <p>266- Sense of relief</p> <p>267- Sense of guilty</p> <p>268- Feel a great sense of ....</p> <p>After making a prolonged trip, I have a great sense of relief. Become a prosperous person can grant us the great sense of satisfaction.</p>	<p>...</p> <p>احساس .....را به من میدهد</p> <p>احساس ترس و وحشت</p> <p>احساس موفقیت</p> <p>احساس رضایت</p> <p>احساس آرامش</p> <p>احساس گناه</p> <p>احساس ..داشتن</p>

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After that remarks, her position in the firm has been jeopardized and I felt a great sense of guilty.	
<p>269- Have something in common (with somebody )</p> <p>I did not think they had any thing in common but they have been talking since morning.</p> <p>We should choose our friend carefully and choose someone who has many things in common with us.</p>	عقیده و یا علایق مشترک داشتن
<p>270- Go bankrupt</p> <p>271- Bankrupt</p> <p>The company went bankrupt.</p> <p>He went bankrupt after only a year in business.</p> <p>Mismanagement and irresponsibility bankrupted the firm last year.</p>	ورشکسته شدن ورشکسته کردن
<p>272- Get rich</p> <p>273- enrich</p> <p>can't people get rich from peddling ?</p> <p>this career give me the opportunity to get rich and accumulate a huge amount of wealth</p> <p>My life was greatly enriched by knowing her.</p>	ثروتمند شدن ثروتمند کردن
<p>274- Crusade against .....</p> <p>He had been crusading against government corruption when I saw him ten years ago.</p> <p>We should crusade against poverty, discrimination and overriding of the human rights to make the globe a better place to reside.</p>	مبارزه کردن علیه (برای مبارزه مدنی نهجنگ واقعی)
<p>275- From ancient times until the modern contemporary time of ours.....</p> <p>It goes without saying that from ancient times until the modern contemporary time of ours, human beings were preoccupied with setting rules and regulations in order to control their communities.</p>	از قدیم الایام تا الان .....
<p>276- Problems preoccupy us....</p> <p>277- Was/were/is/are preoccupied with (problems.....)</p> <p>It goes without saying that from ancient times until the modern contemporary time of ours, human beings were preoccupied with setting rules and regulation in order to control their community.</p> <p>Thoughts of marriage have preoccupied him completely.</p>	مشکلات ما را به خود درگیر میکند ...را به خود درگیر کرده است. بیشتر به صورت مجهول به کار می‌رود
<p>278- On the basis of.....</p> <p>Employers are not allowed to discriminate on the basis of race or sex.</p> <p>Policy makers adopt rules and regulation on the basis of their community's cultural and moral values and its religious background.</p> <p>on the regular basis=regularly</p>	بر اساس ....
<p>279- To put it in a more vivid picture,</p> <p>To put it in a more vivid picture, in Iranian context, the people of which are Muslim, drinking beverages like wine is forbidden for people</p>	برای شفاف سازی بیشتر..... (زمانی به کار می‌بریم که می‌خواهیم یک مثال بزنیم در مورد دلایمان در آخر بادی ها)

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280- To put in other words, .....To put it in other words, the more rules, the less likelihood of having a chaotic society Making rules is part of it, how rules carry out is the other side of the coin.	زمانی که میخواهیم یک مطلب را به په نحو دیگری بیان کنیم (بیان ساختارهای مرمز)
281- Be opponent(s)/proponent(s) of ..... The majority of people are proponents of this rule since it is related to our moral and religious background. I am an opponent of gun control rule. Fervent proponent/supporter طرفدار دو اتشه	طرفدار یا غیر طرفدار چیزی بودن
282- Be (an) inseparable part(s) of..... 283- Be inseparable from ..... Rules are an inseparable part of controlling and managing a society. Religion is inseparable from politics.	بخش جدا نشدنی .... جدانشدنی از .....
284- become out of control=get out of hand Out of order به درد ,غیر قابل کنترل شدن ,نخور و غیر قابل استفاده 285- cordial relationship رابطه صمیمی spoil/jeopardize relationship 286- gregarious/sociable creature موجود اجتماعی 287- tireless effort تلاش مداوم , تلاش خستگی ناپذیر endless effort	
288- Plunge .....into absolute chaos. The lack of strict rules can plunge our community into an absolute chaos. No one can clams that love to live in a chaotic society. orderly/chaotic society جامعه پرهرج و مرج / منظم	در هرج و مرج انداختن
289- From a social/economic/ political/theoretical standpoint 290- Standpoint=point of view We have to analyze this issue from a social standpoint Since it could be multifaceted problem, we had better analyze it from various standpoints. From women standpoints, marriage should be accompanied by love.	از دیدگاه اجتماعی/اقتصادی/.....
291- By far the most .....important/potent/abundant/prevalent By far the most abundant type of groundwater is meteoric water. By far the most prevalent crime in our city is kidnapping.	با اختلاف مهمترین/قدرتمند ترین/ فراوان ترین ....
292- Be devoid of ..... 293- (Be) laden/replete with..... His face was devoid of any warmth and cordiality she was laden with doubt about the affair Their apartment is devoid of all comforts. He seems to be devoid of compassion. He is devoid of (any) ambition. The landscape seems to be completely devoid of life. Literature is replete with(is laden with) magic and powers	عاری از چیزی بودن پر و مملوء از چیزی بودن

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<p>Mismanagement and lack of foresight turned the that lucrative company into a  <b>debt-laden company</b> <b>زل قرض</b></p>	
<p>294- Upset the (political/environmental/ economical) balance/equilibrium of .....  295- Strike a balance between .....and .....  A new policy on taxation would upset the political balance of the country.  Chemicals can upset the environment balance  He found it difficult to strike a right balance between his personal work and his family.  To avoid upsetting the balance, we should take proportionality into consideration.</p>	<p>تعادل را بر هم زدن  موازنه برقرار کردن</p>
<p>296- Provide (positive/ negative) <b>role-model</b>  A new study finds that positive role models aren't necessarily better than negative ones. It all hinge on how a negative behavior is punished in that broadcast.  Children may emulate a negative role-model and do many wrong thing in emulation of their negative role-model  <b>Child-oriented advertisements are more likely to include magic and fantasy than advertisements aimed at adults.</b></p>	<p>معرفی کردن مدل</p>
<p>297- leisure class # working class, <b>طبقه مرفه جامعه</b>  298- Political/ <b>fiscal</b>/economic/ financial crisis <b>سیاسی بحران اقتصادی. handle/manage</b>  the crisis <b>مدیریت بحران</b>, crisis management/handling <b>مدیریت بحران را مدیریت کردن</b>  299- make a list of <b>یادداشت تهیه کردن از</b>  300- have/give latitude <b>ازادگی عمل، ازادی گفتار (ارتفاع altitude)</b>  Parents should give their children comparative freedom to choose between their lessons and games. Nonetheless, they should not give them considerable latitude.</p>	<p>Latitude= a lot of freedom  <b>Comparative</b> freedom  <b>Considerable</b>/some latitude</p>
<p>301- Be on the outskirts of (a city )  Factories should be constructed on the outskirts of cities to prevent any air contamination.  Many employees commute to their workplace every day and they have to waste 3 hours.</p>	<p>در حاشیه یک شهر بودن</p>
<p>302- Shut down  Construction a huge mall can shut down many family-run businesses.  That shop always shuts down for two weeks in the summer to accommodate the owner's vacation.  After a thorough investigation, the police were finally able to shut the shop down for <b>money laundering پولشویی</b>  <b>he was accused of money laundering in municipal government by previous government .</b></p>	<p>تعطیل شدن (یک شرکت، کار، ....)  تعطیل کردن  Accuse ....sb...of.....sth</p>

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303- Confine = limit 304- Confined = limited We confined our study to 10 cases. I believe that legislation can confine our latitude.	محدود کردن محدود شده — محدود
305- Courteous = polite # discourteous=impolite 306- Courteously= politely # discourteously = impolitely 307- Courteousness= politeness# discourteousness=impoliteness Although she often disagreed with me, she was always courteous. The ticket clerk was courteous and helpful.	مودب مودبانه مودب بودن
308- With great courtesy. 309- Have the courtesy to..... He listened to all the complaints with great courtesy. You could at least have had the courtesy to let me know	با نهایت احترام ..... معرفت و مرام داشتن برای .....
310- Sedentary lifestyle ,سبک زندگی بی تحرک 311- elderly people ,افراد مسن 312- every stratum of society ,همه اقشار جامعه 313- nourishing foods ,غذاهای مغزی 314- odorant # stench , خوش بو # بد بو 315- Worthwhile # worthless بی ارزش # با ارزش 316- Trustworthy # untrustworthy قابل اعتماد # غیر قابل اعتماد 317- Honesty # dishonesty صداقت # عدم صداقت It is worthwhile to start by asking ourselves why people get involved in crime?	Reliable = trustworthy
318- .....Imprint on..... 319- Be Imprinted/etched on .....sb's...mind (مجهول) The devastating side effect of a negative role-play can be imprinted on youth's mind. The island memories remained etched in/on my mind	.....روی چیز دیگری نقش بسته کردن در ذهن کسی نقش بستن
320- Be/become eligible to /for ... 321- Sb's eligibility to/for..... She assessed each of her students to determine their eligibility to take the higher exam. Only those over 70 are eligible for the special payment.	واجد شرایط بودن واجدالشرایطی .....
322- Be/seem compatible with The theory does not seem compatible with his other ideas. Such policies are not compatible with democratic government. Are their two blood groups compatible?/Without many things in common, they can't be compatible with each other	سازگار بودن به نظر رسیدن I



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<p>323- Make/become/be susceptible to ..... مشکل یا مریضی رنج دهنده</p> <p>These plants are particularly susceptible to frost.</p> <p>Over irrigation can makes the land susceptible to become completely arid.</p> <p>She isn't very susceptible to flattery and infection.</p> <p>Susceptible= impressionable person/child/youths افراد تاثیر پذیر</p> <p>Among particularly susceptible children, the disease can develop very fast.</p> <p>A lot of TV advertising is aimed at susceptible children.</p>	<p>مسئله چیزی کردن شدن بودن</p> <p>Advertising آگهی جمع</p>
<p>324- device an experiment آزمایشی را طراحی کردن</p> <p>325- devastating/detrimental side-effect=toll تأثیرات مخرب</p> <p>326- cyber-friend دوست مجازی</p> <p>327- Ozone layer</p>	
<p>328- Strengthen # weaken</p> <p>Spending an enormous amount of time with family to form a cordial relationship with them can help us to strengthen the family cohesion.</p> <p>Family conflicts and disputes can prevent us from cementing our relationships.</p> <p>Family conflicts and constant criticism are by far the most important causes of relationships weakening.</p> <p>You should reduce family conflicts and stress in order to pave the way for your children to progress as much as they can.</p>	<p>محکم کردن/محکم شدن (ارتباط و پیوستگی بین افراد)= cement</p> <p>محکم کردن موقعیت-قدرت</p>
<p>329- Be/seem/sound Impersonal-impersonally#genial-genially-geniality</p> <p>Hospitals always seem so impersonal - rows of identical beds in dull grey rooms</p> <p>At first glance, She has a very cold and impersonal manner. The teacher is very genial</p>	<p>سرد و بی روح و بی احساس (هم برای افراد هم مکان)</p> <p>خون گرم</p>
<p>330- Make a bad/good impression on..... negative/positive</p> <p>331- Convey a good/bad impression</p> <p>332- Impressionable= susceptible</p> <p>They thought that voicing their opinion can make a bad impression on the seniors, indeed, They did not want to jeopardize their chance of promotion in the firm.</p> <p>It is axiomatic that negative impression of television on members not only can harm each member solely but also can affect family cohesion negatively.</p> <p>Children who are in impressionable age should be prevented from watching broadcasts which age-appropriateness is not considered in.</p>	<p>احساس خوب یا بدی روی کسی گذاشتن</p> <p>احساس خوبی منتقل کردن</p> <p>تاثیر پذیر</p>
<p>333- .....sb/sth.....surprise ...sb.....</p> <p>Her strange question surprised me</p> <p>The baby is surprised by the absence of second doll.</p> <p>The baby will be surprised by seeing the scene of absence of doll</p>	<p>فلان چیز یا فلان شخص، فلانی را سوبرایز کردن</p>
<p>334- The significance and importance of ..... have been emphasized.</p> <p>the significance and importance of friendship has been highlighted.</p> <p>In the report, the importance of children supervising has been emphasized.</p>	<p>اهمیت و برجستگی .....مورد تاکید قرارگرفته شده است.</p>

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<p>335- Weaknesses</p> <p>336- Strengths</p> <p>My strength is that I'm a hard worker. My weakness is that I get stressed when I miss a deadline.</p> <p>At some point during the interview process, you may be asked to describe your personal strengths and weaknesses</p> <p>The computer, in spite of its strengths does have numbers of weaknesses.</p>	<p>نقاط ضعف</p> <p>نقاط قوت</p>
<ul style="list-style-type: none"> <li>• With her, I can feel comfortable enough to be myself</li> <li>• a person should keep in mind that royal and trustworthy friends are hard to find nowadays</li> <li>• Human beings from all corners of the globe are striving to enhance the quality of their lives.</li> </ul> <p>trustworthy friend دوست قابل اعتماد</p> <p>quality of the life کیفیت زندگی</p>	
<p>337- Be eager/keen to = be zealous in</p> <p>Human beings have always been eager to turn their imagination into reality</p> <p>He is a bright kid and eager to learn</p> <p>She is waiting for them eagerly.</p>	<p>مشتاق بودن برای .....</p>
<p>338- Under such circumstance</p> <p>339- Under any/no circumstance</p> <p>She made it clear that under no circumstances would she cancel the trip.</p> <p>Under no circumstance should I be responsible for your reckless driving</p>	<p>تحت این شرایط</p> <p>تحت هیچ شرایطی</p>
<p>340- Put forth = suggest plan/idea /solution</p> <p>The government has put forth a modest plan to streamline the whole system</p> <p>These investigators put forth the idea of machine-like-vehicle which works like Segway and bicycles.</p>	<p>پیشنهاد دادن</p>
<p>341- Turn into.....</p> <p>342- Turn sth into reality = put sth into practice</p> <p>Human beings have always been eager to turn their imagination into reality (put them into practice).</p> <p>Hollywood discovered him and turned him to a star</p> <p>The sofa turned into a bed</p>	<p>تبدیل به ..... کردن / شدن</p>
<p>343- Acquire/gain rewarding experience/activity/job contributing factor = elemental factor</p> <p>فاکتور موثر و تاثیرگذار</p>	<p>تجربه. فعالیت. کار با ارزش</p>
<p>344- Entertain the idea/ hopes of .....</p> <p>He had entertained hopes of a reconciliation.</p> <p>She could never entertain the idea of living in the country.</p> <p>Humanity had been entertaining the idea of invention of something to ease his communication when a group of scientists invented a primitive cell phone.</p>	<p>ایده ..... را در سر پروراندن</p> <p>ارزوی ..... را در سر پروراندن</p>

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345- It goes without saying that= it is obvious that = It is crystal clear that.... Of course, it goes without saying that you'll be paid for the extra hours you work.	کاملاً واضح است که....
346- Hustle and bustle of .....life/city/mall/ I love living among the hustle and bustle of the city. I avoid the hustle and bustle of malls and shopping centers whenever I can.	شلوغ پلوغی ..... / دنگ و فنگ....
347- Be as ....(Easy/hard/beautiful/)... as it used to be. 348- Be as.... (Easy/hard/beautiful/)... as it should be/ought to. with the advancement in technology and equipment facilitating our lives, earning money is not as hard as it used to be family conflicts can prevent children from being successful as much as they should be.	به ..... گذشته بودن
349- So-called (friend/institution/e-marketing/) + NOUN This so-called charity has robbed thousands of poor people of their money. This so-called therapy has effectively ruined my life. The so-called experts could not tell us what was wrong.	به اصطلاح فلان به اصطلاح دوست=به ظاهر دوست که نیست
<ul style="list-style-type: none"> <li>It goes without saying that in this progressive and sophisticated world where we live with the ever-increasing rate of technologies that are being emerged, ...( human beings' attitudes, behavior, personality, and lifestyle),.. have been changed dramatically.</li> <li>It can be vividly understood that young people try to grasp the knowledge they encounter through television and movies, and apply them in their daily lifestyle.</li> <li>ever-increasing rate ترند همیشه رو به افزایش</li> </ul>	جمله خیلی خوبییه برای تو مقدمه
<ul style="list-style-type: none"> <li>I used to watch psychological and sociological movies and documentaries being broadcasted through the television.</li> <li>It is crystal clear that the quality of television broadcasts has been increased during last decades in comparison to broadcasts' quality which used to be.</li> </ul>	زمانی که به طور کلی میخواهیم به گذشته اشاره کنیم، ساختار از این ساختار استفاده کنیم. Used to ....
350- Personality disorder اختلالات شخصیتی in every corner of the globe/world در هر گوشه ای از جهان policy-makers/law-makers قانون گذاران-خط مشی تعیین کنندگان policy-setters/law-setters/exam-setter قانون گذاران-خط مشی تعیین کنندگان rules=laws=regulations=legislation قوانین documentary film فیلم مستند , cartoon کارتون , series سریال , comedy series life of our ancestors/predecessors who lived decades ago	نیاکان
351- .....can affect ..... efficiently and effectively. Not only broadening one's knowledge and information will positively influence their behavior, but also learning various cultural values can affect their behavior efficiently and effectively.	.....میتواند ....را به طور موثر و کارسازی تحت تاثیر قرار دهد.

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<p>352- Inseminate</p> <p>353- Insemination</p> <p>TV can inseminate young minds with good idea. By grasping a variety of knowledge, youths can apply them in their real life to flourish.</p> <p>We can inseminate clouds artificially to experience a high level of precipitation. It can prevent the weather to be polluted.</p>	<p>بارور کردن</p> <p>بارور سازی</p>
<p>354- Be harmful to =be detrimental to (affect...detrimentally )</p> <p>355- Be useful to/for</p> <p>DDT has been proven to be extremely harmful to the environment.</p> <p>It can be useful to/for now CPR.</p> <p>The detrimental/devastating effects of smoking on our mind, spirit and body.</p>	<p>مضر بودن برای</p> <p>مفید بودن برای</p>
<p>356- Adolescent=juvenile=youth=children=young=youngster=</p> <p>357- Juvenile behavior رفتارهای بچه گانه</p> <p>358- Career=occupation=vocation=</p> <p>359- Community=society</p>	<p>نوجوان – جوان</p>
<p>360- Embark on</p> <p>I embarked on my career two years ago.</p> <p>After that failing, my friend put forth a solution. I embarked on his plan to reach my goals</p>	<p>آغاز کردن (برای چیزهایی به کار میره که جدید باشه، یه سخت و مهیج باشه)</p>
<p>361- Take (full) advantage of .....</p> <p>To take advantage of every moment of their lives to enjoy every moment of their lives.</p> <p>Let's take advantage of good weather and go to the beach.</p>	<p>استفاده کردن از .....</p>
<p>362- State-of-the-art..... Technologies/laptop/hospital</p> <p>State-of-the-art technologies have enabled us to enjoy every moment of our lives.</p> <p>His laptop is state-of-the-art.</p> <p>Thanks to a new state-of-the-art hospital that has been erected near his house, he is enabled to cure himself there easily.</p>	<p>پیشرفته</p>
<p>363- HIGH-TECH technology/equipment/industries</p> <p>364- easy-to-use apparatus</p>	
<p>365- low/high doses of.....insulin/painkiller/alcohol</p> <p>My friend was diagnosed with diabetes and he needs a low doses of insulin every day.</p> <p>Fortunately, thanks to state-of-the-art hospital located in the vicinity of his home, he can easily cure himself every day.</p>	<p>مقدار معینی .....</p>
<p>366- Which were nothing but an imagination to our ancestors years ago.</p> <p>Train, plain and even high-speed cars which were nothing but an imagination to our ancestors years ago.</p>	<p>.....به جز یک تصور چیزی نبود برای نیاکان ما.</p>

## Sadra Mahmoudi

367- life expectancy امید به زندگی	
368- longevity طول عمر-عمر طولانی The great longevity of our ancestors in comparison with ours. Life expectancy in Europe increased greatly in 2 past decades.	
369- It is no secret to anyone that..... Furthermore, it is no secret to anyone that finding a suitable and well-paid occupation is not as difficult as it used to be	این بر کسی پوشیده نیست که .....
• In the past a vocation was considered as a heritage which had to be preserved by each member of the family.	
370- Be sanguine/ optimistic # pessimistic about .... He is sanguine about the non-stop advances of technology. Other economists are more sanguine about the possibility of this runaway inflation. افسار گسیخته	خوشبین بودن در مورد # بدبین بودن در مورد
371- Have confidence in..... 372- Lose/gain/give confidence 373- Lose his self-confidence 374- Undermine sb's confidence. She had complete confidence in the doctors. I did not have any confidence in myself. This government has lost the confidence of the public. The training is designed to give staff confidence in managing problems Constant criticism can undermine his confidence.	اطمینان داشتن به اطمینان از دست دادن/به دست آوردن/دادن تضعیف کردن
375- Celebrated/ famous/ well-known artist/scientist/person The far-reaching impacts of a celebrated person on children as a role model can convince the government to impose strict censorship on the broadcasts.	Writing
376- To the best of my knowledge, ... To the best of my knowledge, the President has not asked for a full report on this. concepts and ideas are the prerequisite of facts to the best of my knowledge	به عقیده من (برای بیان نظر خودمان بای بیان یک موضوع که شاید هم درست نباشه )

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377-	Be the building blocks/backbone of .....sth..... Idea and concept are the building blocks of one's thoughts and attitudes Laws are the building blocks of an orderly society. Teachers can form the building blocks of a youth attitude and thoughts.	اساس و پایه چیزی بودن
378- 379- 380- 381-	Orderly man/person=polite, courteous man/people Orderly... /place/hospital/society/ .... Disciplined person Untidy children بچه های کثیف و شلخته	فرد با ادب و خوش رفتار مکان یا جامعه منظم فرد منظم
382-	Strike fear/terror into ...sb... The brutal military regime has struck terror into the whole population. He was capable of striking terror into the enemy. The word cancer can strike fear into people.	وحشت به جان کسی چیزی انداختن Struck
383-	....shaped the unconsciousness of children Parents by talking their young can shape their unconsciousness. Engaging in social activities can help children's unconsciousness to take shape effectively.	... ناخودآگاه بچه ها را شکل میدهد
384- 385- 386-	.... Censor ..... Impose strict censorship on ..... Censorship The government has imposed strict censorship on the press. censorship of the press/books/broadcasts The book was heavily censored when first published.	..... «.....» را سانسور کردن سانسور کردن سانسور
387- 388-	Age-appropriate program/broadcast/toy/... age-appropriateness Some programs which are not age-appropriate or may convey a negative message. Almost in all of programs, age-appropriateness has been taken into consideration and almost no concerns are needed for this issue.	برنامه/بازی/... مناسب سن مناسب سن بودن
389- 390- 391- 392- 393- 394-	Officials مقامات Authorities مسئولین Diplomat دیپلمات Ambassador سفیر Regent = vice-president نایب السلطنه Statesman-statesmen سیاستمداری statesmanship سیاستمداری	

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395-	Detailed / well-researched report /study/...تحقیقات و گزارش مفصل advent of technology ظهور تکنولوژی, follow their dreams and wishes ... دنبال کردن آرزو ها و	
396-	Mankind=humankind=people=human being= humanity	بشر
397- 398-	Turn a blind eye to (the fact that/the problem/incidence.) Turn a blind eye to this issue = ignore We're not supposed to park here, but the authorities usually turn a blind eye. Many landlords turn a blind eye to the fact that two families are sharing apartments. Can't you just turn a blind eye to this little incident, instead of telling Mom and Dad?	نادیده گرفتن (عمدا و با علم کامل نادیده گرفتن چیزی که نمیخواهی در قبالش کاری کنی)
399-	to some extent برای اوایل جمل است partly =برای آخر جمله است Your essay would be improved to some extent by tidying up your paragraphs. every one of us has been influenced by the genesis of technology to some extent.	تا حدودی/ تا قسمتی
400-	.....can help .....to..... and will in turn results in ..... the abundance of technologies which certainly opens the avenue of creativity and will in turn results in children's success and prosperity. Technologies can enable us to communicate effectively with our family and will in turn result in having more cordial relationship with them.	جمله جالب وقتی داریم نتایج یک کار /موضوع را پشت سر هم بیان میکنیم.
401-	It is taken for granted that..... It is taken for granted that the children's accessibility to this precious treasury of information will broaden their perception and understanding. the comforts that people take it for granted, can help us to enjoy every moment of our lives.	قدر چیزی را ندانستن .
402-	Invaluable= valuable =precious The internet provide us with unlimited invaluable data whenever we need. Your advice has been invaluable to me.	
403-	Shed light on .....= clarify= illuminate =... Experts hope the plane's flight recorders will shed light on the cause of the crash. The advancement of technology, the internet for particular, has shed light on different aspects of children's potential.	روشن کردن یک موضوع P=pp=shed
404-	Ups and downs of ....sth.... Like most married couples we've had our ups and downs. the ups and downs of these training courses exhausted me. Losing your job is just one of the vicissitudes of life.	پستی و بلندی های ..... فراز و نشیب های .... /

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405-	...sth..exhaust ...sb A full day teaching exhausted me Take a break now, please - you mustn't exhaust yourself. Spending a high portion of time playing game can make us exhausted enough to feel lazy about doing homework.	خسته کردن
406- 407-	...sth...unhinge ...sb... Unhinged= very upset=mentally ill The loneliness had nearly unhinged him. Spending too much time dealing with computer can unhinge us. The terrible experience seemed to have unhinged him slightly.	افسرده و مریض روحی کردن
408-	Far-reaching effect/impact/consequence The effects of the riots will be far-reaching. The consequences of the decision will be far-reaching. The upcoming crisis of water supply will have many far-reaching consequences for humanity.	تأثیرات و پیامدهای بسیار موثر
409-	Renewable energy resource # non-renewable تجدید پذیر و غیر قابل تجدید deforestation, desertification, metabolism ساز و سوخت و recycle باز یافت کردن, recycling قابل بازیافت recyclable, hybrid car	To speed up=increase metabolism
410-	Not only we should avoid extravagant lifestyle but also we must be aware about upcoming water supply and air pollution crisis.	
411-	Etiquette آداب معاشرت, netiquette آداب معاشرت اینترنتی, solitude=loneliness تنهایی chirp, chirpy, chirpiness خوشحال, discord, discordant نا هماهنگی, نا هماهنگ Social etiquette dictates that men cannot sit while women are standing. Social etiquette forbids asking about one's personal life. He prefer the solitude of the country to the chaos of the city.	Solitude برای دوری از اجتماع و افراد برای استراحت و لذت بکار میره Loneliness برای تنها بودن و ناراحت بودن به کار میره Alone-lonely man مرد تنها
412- 413-	Consecutive Consecutively This is the fifth consecutive weekend that I have spent working We have visited your mother for five consecutive Christmases.	پیایی
414- 415-	Respective Respectively Sarah and lizzy came first and third respectively.	مربوطه به ترتیب
416- 417- 418-	Imperative Imperatively It is imperative that you study before the exam. In order to maintain good dental hygiene, it's necessary to brush your teeth. Indispensable ضروری Education as one of the most indispensable part of individuals' life This book is an indispensable resource for researchers.	necessary ضروری این واژه ضرورت خیلی زیادی را نشان میدهد که انجام دادن آن واجب و بایستی نیست و میشه انجلم نشه ولی کلمه نسهری ضرورتیه که حتما باید انجام شه.



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419- Important =momentous بسیار مهم	
the momentous news of the president's death Whether or not to move overseas was a momentous decision for the family. Every stratum of society همه اقشار جامعه Education/communication/public/private/agriculture sector بخش کشاورزی	
420- Steer This car is very easy to steer. She steered her guests into the dining room. The main task of the government will be to steer the country towards democracy. The benefit of letting God steer my life	هدایت کردن (یک شرکت، جامعه، مسیر یک گفت و گو، وسیله نقلیه)
<ul style="list-style-type: none"> <li>Don't broadcast everywhere that I have lost my job</li> <li>A good meal not only can promote a feeling of well-being but also is the best way to get in touch with a nation's culture.</li> <li>We have to strive harder because all of us know that opportunities don't just come out of thin air= from nothing</li> </ul>	Strive=try hard
421- Have foresight 422- Lack of foresight He had the foresight to sell his apartment just before the housing market collapsed.	ایندۀ نگری داشتن نداشتن اینده نگری
423- A trouble shared is a trouble halved Vocalizing our problems can help us to overcome them because a trouble shared is a trouble halved. Why are you so anxious? Let me make you feel good, a trouble shared is a troubled halved.	
424- Sb....mortgage ...sth...to ..... They mortgage their house to start their business. They took out a £400,000 mortgage to buy the house. They were forced to give up their home because they could not pay the mortgage.	چیزی را وثیقه گذاشتن به منظور...
425- Congenital abnormalities/disorders اختلالات مادرزادی, hypertension=high blood pressure, kidney transplantation, (electronic) hearing aid, massive stroke, medical apparatus دستگاه های پزشکی, medical breakthroughs=medical advancements=advances in medical technology, ailment=illness=disease, artificial respiration, personal hygiene بهداشتی, hygienic condition=sanitary condition شرایط بهداشتی, sanitary= hygienic بهداشتی, anemia کم خونی, contagious disease بیماری های مسری, dietician متخصص تغذیه, cardiologist دستگاه گوارش, hygiene بهداشت, sanitation اقدامات بهداشتی, poor sanitation, asthma=respiratory disorder which can attack sometimes, digestive/reproductive/urinary tract دستگاه گوارش, plastic surgery for breast augmentation, Liposuction surgery, Rhinoplasty جراحی, smoke like a chimney can be detrimental for our body, chronic respiratory/intestinal/ lung/... disease ریه ای، دیابت diabetes عفونت های ریه ای روده ای lung/intestine/....infection	

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426- Patients can wear Wrist-mounted devises to record their physical activity automatically. 427- Stress-related health problems	
428- plumbing لوله کشی درون ساختمان, electricity wiring برق کشی In the past decades, lack of plumbing and electricity wiring led our ancestors to have a poor personal hygiene.	
429- alma mater I participated in the theoretical entrance examination of Amirakabir alma mater, I came across a hard problem but on reflection, I solved it quickly.	آموزشگاه
430- quantitative, quantitatively 431- qualitative, qualitatively Performance of each employee should be announced on the quantitative and qualitative basis. Quantitative analysis is needed to help our firm which is in a dire financial strait.	کمی - به طور کمی کیفی - به طور کیفی
432- sizeable proportion of ... کسر قابل توجهی از ... 433- sizeable number/amount a sizeable proportion of today's generation is inclined to play with computer.	
434- Be Comparable in ....size /quality..... with ..... Our planet is not comparable in size with moon. 435- Our lives are not in comparable quality with those of our ancestors	هم سایز/کیفیت بودن با
436- Call sb's attention to ..... May I call your attention to item 8 on the agenda? How can we call our customers' attention to our products?	توجه کسی را به چیزی جلب کردن
437- Mischievous/mischievously/mischievousness They may put biased information in their publication mischievously. mischievous children ... بچه های شیطون و ... a mischievous allegation for which there is not a shred of evidence.	شیطنت امیز/به طور شیطنت امیز/شیطنت امیزی
438- Be in dire (financial/fiscal)strait After the war, the economy was in dire straits. So many companies are in such dire/difficult straits that their prices have come right down.	در شرایط بسیار بدی قرار داشتن معمولا شرایط اقتصادی)

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<p>439- Avarice=greed حرص, avaricious=greedy حریص avariciously به greedily طوره حریصانه</p> <p>440- Stubborn لجباز stubbornly لجبازانه stubbornness لجبازی</p> <p>441- Haughty=snobbish مغرور haughtily=snobbishly, haughtiness=snobbishness غرور</p> <p>442- Timid کم رویی و ترسویی timidly, timidity</p> <p>443- Sincere صادق sincerely صادقانه sincerity صداقت</p> <p>444- Cordial صمیمیت cordially صمیمانه=صمیمی به صور صمیمی cordiality</p> <p>445- Adamant لجباز adamantly لجبازانه</p> <p>446- Inquisitive=curious کنجکاو inquisitively=curiously, inquisitiveness=curiousness</p> <p>447- Listless بی میل listlessly, listlessness</p> <p>448- Judicious=wise درایت judiciously=wisely, judiciousness=wisdom</p> <p>449- Scrupulous دقت و وسواسی برای اینکه کارها را درست و صادقانه انجام دهد scrupulously, scrupulosity</p> <p>450- Assiduous=meticulous=کارها با دقت و وسواسی برای انجام درست کارها assiduously=meticulously</p> <p>451- Industrious=hard-working=diligent سخت کوش industriously=diligently, diligence</p> <p>452- Impetuous شتاب زده impetuously, impetuosity=impetuosity شتاب</p> <p>453- Presumptuous پررو presumptuously, presumptuousness</p>	<p><b>صفات اخلاقی</b></p>
<p>454- On/upon reflection, Upon reflection, I decided to accept their offer. On reflection, I solved that problem and passed the exam. On reflection (= after considering it), I decided I had been wrong.</p> <p>455- In retrospect, In retrospect, their marriage was doomed to failure from the beginning. In retrospect, we should never have allowed that to happen.</p>	<p>بعد از فکر کردن در مورد آن؟....</p> <p>به گذشته که نگاه میکنم، . . . .</p>
<p>456- In order to get rid of the burdens of life, people tend/are inclined to spend their leisure time in the nature, far enough from hustle and bustle of the cities.</p>	
<p>457- in particular = particularly= especially=not least What in particular did you like about the last apartment that we saw? Are you looking for anything in particular? Young prefer to overwhelm themselves with technology and computer games in particular. he socialized with the other young people, one boy in particular.</p>	<p>مخصوصا .. ..</p>
<p>458- With the advancement of ....</p> <p>459- Emergence/genesis/advent of .....(the internet)</p> <p>460- technological/economic/medical/social advancement With the advancement of technology and the genesis of the internet, Thanks to the advent of internet, social life, political attitude, desire, and even reasoning ability of people have undergone a dramatic change.</p>	<p>با پیشرفت ...</p> <p>پیدایش ....</p>
<p>461- To keep pace with....</p> <p>462- Allow....to keep pace to ...</p> <p>463- Can/cannot keep pace with ....</p> <p>464- In order to keep pace with..... The government is not allowing salaries to keep pace with this runaway inflation.</p>	<p>با سرعت یکسانی حرکت کردن با ....</p> <p>*</p>

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<p>I can't keep pace with you.</p> <p>People's desires and hobbies have also changed in order to keep pace with the modern improvement.</p>	
<p>465- Be inclined to ...= tend</p> <p>466- Inclination = tendency /// sb's inclination/tendency to....</p> <p>467- Be reluctant to .....</p> <p>He is inclined to be a bit lazy.</p> <p>I am inclined to accept their invitation.</p> <p>children are inclined more to play computer games which are much more appealing, exciting and beneficial</p> <p>a change in employers' inclination to recruit expert and educated people</p> <p>old people are reluctant to experience any new trend and prefer their routine lifestyles.</p>	<p>تمایل داشتن</p> <p>تمایل نداشتن به .....</p>
<p>468- Creativity= creativeness</p> <p>Games will improve children's creativity, imagination, perception and intellectual abilities in the first place.</p>	<p>خلاقیت</p>
<p>469- Informative/instructive book, activity, game کتاب آموزنده</p> <p>470- cordial relationship رابطه صمیمی</p> <p>471- succinct presentation/assignment ارائه کوتاه و خلاصه</p>	
<p>472- ....authorize/ permit .....to ..... (for official permission)</p> <p>473- Let =allow=</p> <p>The government has authorized the army to sell its surplus weapons.</p> <p>The security system will not permit you to enter without the correct password.</p> <p>She wanted to go but her parents wouldn't let her.</p>	<p>..... به ..... اجازه دادن برای ....</p> <p>بعد از پرمیت اگر فوراً فعل بیاید، فیل جراند باید باشد.</p> <p>بعد از لت فعل بدون تو میاید</p>
<p>474- Supervise ...sb...to....</p> <p>The children play while two teachers supervise to make certain that they behave correctly and are safe.</p> <p>to make certain/sure that اطمینان حاصل کردن</p> <p>some parents expose their children to various online games while supervise them not to go to the wrong direction.</p> <p>475- Constant/strict Supervision</p> <p>476- Under sb's supervision</p> <p>Students are not allowed to handle these chemicals unless they are under the supervision of a teacher.</p> <p>In cases of severe mental handicap, constant supervision is recommended.</p>	<p>سرپرستی کردن ....</p> <p>نظارت کردن (بر شخص یا کاری)</p> <p>نظارت / نگهداری</p> <p>تحت نظارت .....</p>
<p>477- In the same vein, . . .</p> <p>In the same vein, many psychologists subscribe to the idea that playing video games is mentally profitable for kids with different age range.</p>	<p>و به طور مشابه، . . .</p> <p>زمانی که نظر خودمون یا یکی درنگه رو گفتیم و خاستیم</p> <p>بگیم اتفاقاً فلان گروه هم همین نظرو دارن، از این استفاده کنیم.</p>

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478- Communication skills مهارت های ارتباطی	
479- Means of communication=communication means راه های ارتباطی	
480- Extroverted/successful communicator	
The genesis of internet has provided us with a plethora of means of communication such as texting, video call or voice call. Internet-based games can improve children's communication skills. Indeed, they learn how, when and where they should communicate.	
481- revolutionary change/invention/ 482- radical change/idea Some revolutionary inventions such as internet has brought about a huge change in humankind lives.	تغییر/اختراع/... بنیادین تغییر/نظر اساسی
483- exceedingly= extremely I was exceedingly interested in learning how to play a musical instrument. He was clever, handsome, and exceedingly rich.	به شدت-خیلی زیاد=به طور فوقالعاده
484- interest-free, low-interest loan 485- long-term, short-term loan 486- large, massive loan 487- take out a loan وام گرفتن 488- give sb a loan وام دادن In order to pay his tuition fee in his new university, he was forced to take out a massive loan. In order to take out a loan in my country, lots of legwork and paperwork are needed, I'm of the opinion that these unnecessary bureaucracies are the main obstacle to economic progress.	وام بی بهره- وام کم بهره وام بلند مدت - وام کوتاه مدت وام سمگین
489- virtual classes , شبکه های مجازی , Social network , کلاس های مجازی , رسانه cyber-friend , شبکه های اجتماعی مجازی , Virtual social network , اجتماعی , دوست مجازی	
490- Since the dawn of humanity, mankind has been looking for a convenient and efficacious way to communicate with one another, either with the help of smoke coming out of their chimney or sending out homing pigeons. 491- Advent of internet paved the way for individuals to cement/strengthen their relationship or even start a new friendship.	
492- .....pave the way for ....to.... Invention of the internet has paved the way for humanity to communicate with each other more effectively. Scientists hope that data from the probe will pave the way for a more detailed exploration of Mars.	زمینه را هموار کردن برای .... برای ....
493- Interestingly enough, ... interestingly enough, a sociologist at Arizona State University has conducted a research which shows that using computer and playing online games can make children sociable, genial and an extroverted communicator. Interestingly enough, based on a recent conducted experiment and regarding to the interdependence of our body's immune and nervous systems, computer games can affect our mind positively and in turn, can help us to be healthier.	برای ارایه یک اطلاعات یا یک جمله است که تقریباً عجیب یا جالب باشد .

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494- 495-	Virtual classes can help us to gain information more easily and conveniently. Firewood was the chief fuel for cooking and heating in many past/ancient societies.	کلاس های مجازی
496- 497- 498-	Frugality اسراف, صرفه حویی frugal person # extravagant person, prodigal person frugally # extravagantly, prodigally As a child, we were taught to be frugal and silent.	
499- 500-	Be swamped with ... ....swamp.... Don't let feeling of depression swamps you. I'm swamped with work at the moment. Many people are swamped in today's complicated and sophisticated world and in turn, they don't care about reading an instructive book.	کاملا در چیزی غرق بودن کاملا غرق کردن...
501-	Chirpy خوشحال و اکتیو, chirpy mood/voice/manner He was said to be in a chirpy mood after successful surgery on an enlarged gland. But my parents weren't quite so chirpy.	Happy خوشحال Cheerful بهشاش
502- 503- 504-	Accord Be in accord with .... .....verb.....of her/his' own accord = do sth at will The project is completely in accord with government policy. She came of her own accord. No one asked her to come. The door seems to move of its own accord. The results are in accord with earlier research. The results are in completely accord with our expectation about the impacts of computer games on children's spirits.	مطابق بودن-اعطا کردن تطابق داشتن با مطابق میل و نظر خوش و بدون اجبار
505- 506- 507-	Like-minded friend/people/individuals افراد دارای تفکرات و علایق یکسان compelling reason/example, دلیل قانع کننده, compelling story داستان بسیار جذاب characteristic به طور ویژه, characteristically ویژگی-ویژگی	
508- 509-	...Emulate ...sb/sth. In emulation of .... Officials are looking to emulate successful ideas from other cities. In emulation of their negative role-model, children may commit a crime. Negative behaviors should punish as harsh as possible to let children know they don't have to emulate their friends.	تقلید کردن به تقلید از .....

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510- 511-	<p>Dream about .....sb, sth....</p> <p>Dream about .....being...doing.....gerund</p> <p>What did you dream about last night? I often dream about/of flying.</p> <p>When I play computer game, I dream about it which shows that this type of activity can affect my mind.</p> <p>I dreamed about becoming a chief.</p>	<p>خواب کسی را دیدن</p> <p>ارزوی چیزی را داشتن</p> <p>Pp=dream -dreamed</p>
512-	<p>Exclusively=merely=solely</p> <p>This offer is available exclusively to our established customers.</p> <p>Our employment agency deals exclusively with the advertising industry.</p>	<p>منحصرا</p> <p>Solely=merely</p>
513- 514- 515- 516-	<p>.....do sth.....with/without immense/little enthusiasm</p> <p>Have enthusiasm for .....</p> <p>Lose enthusiasm</p> <p>Enthusiastic-ally # unenthusiastic-ally</p> <p>He never has much enthusiasm for work.</p> <p>The diet started well but I lost my enthusiasm after a while.</p> <p>They support the party's candidate with enthusiasm.</p> <p>I look forward to the challenge ahead with immense enthusiasm.</p>	<p>..... را با اشتیاق انجام دادن</p> <p>اشتیاق داشتن برای ....</p> <p>اشتیاق را از دست دادن</p>
517- 518-	<p>Frustrate</p> <p>Frustrating</p> <p>It frustrates me that I'm not able to put any of my ideas into practice.</p> <p>Put idea into practice عملی کردن ایده ها</p> <p>Turn idea into reality به واقعیت تبدیل کردن ایده ها</p> <p>"the rescue attempt was frustrated by bad weather</p> <p>Spending too much time playing computer games frustrates parents.</p>	<p>سرخورده کردن/ناکام کردن</p> <p>سرخورده کننده</p>
519-	<p>World urbanization جهانی سازی, urbanized region/society جامعه محله شهری</p> <p>Asia, despite its relatively lower level of urbanization, is home to 54% of the world's urban population, followed by Europe and Africa with 13% each.</p> <p>Heavily urbanized regions</p>	
520-	<p>Judicious choice/decision/investment/use of .... انتخاب هوشمندانه</p> <p>Consulting with a knowledgeable person can help us to have a judicious choice under a circumstance that we don't have too much choice.</p> <p>The judicious use of capital(judicious investment)</p>	
521- 522- 523- 524- 525- 526-	<p>car=vehicle , vehicular pollution خودروی مربوط به وسایل</p> <p>pouring industrial debris (uc) in the nature ....</p> <p>firm=small company شرکت کوچک, mill=factory کارخانه</p> <p>eccentric/ unusual behavior رفتار عجیب و غیر عادی</p> <p>lucrative/profitable contract/business/market بیزنس پر منفعت</p> <p>household appliance وسایل خانگی, electric appliance وسایل برقی</p>	

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527- ....sth... concern ....sb.... about 528- .....sth.....concern .....sth..... This study concerns <b>couple expectation</b> of marriage. شی This article concerns <b>bubble's terminal velocity</b> in bubble column. شی Issues like food additives have concerned <b>dieticians</b> . فرد The future of children do concerns <b>their parents</b> while it may not matter to them. فرد	نگران کردن در مورد .... بودن
529- His mood changes like quicksilver, their friendship blossom and led to marriage. <b>Mentally/emotionally handicapped/retarded children</b> بیچه های عقب مانده ذهنی she feel muscle spasm in her back, by hereditary ...,	
530- The efficacy of .....is still in doubt= is still unknown. 531- The efficacy of .....must be proved=examined. 532- .....Is needed to measure the efficacy of ..... The efficacy of the medical procedure has not been proven. They recently <b>ran a series of tests/do a lot of in-depth research</b> to measure the efficacy of the drug.	اثر بخشی
533- An avalanche of .... We were swamped by an avalanche of letters/phone calls/complaints. In the onset of this semester, we received an avalanche of application from international students, we cannot accept any other applicant because the semester is in the full gear.	تعداد بسیار زیادی از .... که همزمان دریافت کنیم
534- ....feel nostalgia for..... 535- .....with great nostalgia= nostalgically He thought back to his time as a student and felt no nostalgia for any of it. My grandfather talk about their lives in the past with a great nostalgia. I remember it with great nostalgia.	احساس دلتنگی کردن با دلتنگی
536- Feel/Have an (overwhelming/uncontrollable/sudden) urge to ..... The urge to steal is very strong in some of these young men. She had to fight the <b>overwhelming urge to</b> kiss him. She <b>felt an overwhelming urge to</b> tell someone about what had happened. He suddenly <b>felt an overwhelming urge to</b> be with his girlfriend.	میل شدید Urge=penchant
537- Ascribe/ attribute .....to..... The report ascribes the rise in childhood asthma to the increment in air pollution. He ascribe his success to the help of his friend. They ascribe most of their success to good timing and good luck.	نسبت دادن برای نسبت دادن یک دلیل برای یک اتفاق
538- Error-prone = fallible # infallible Everyone is fallible to some degree so that it is commonplace to see some degree of discrepancy in data which has been written by human. Error-prone employees can cause a lot of forfeiture of money.	جایز الخطا
539- Get a free ride They are encouraging all workers to join the union rather than just taking a free ride on those who do join. In team working, some members got a free ride and they did not much at all.	سواری مجانی گرفتن



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540- Udeniable , undeniably It is an undeniable fact that some dogs are easier to train than others. The effects of state-of-the-art technologies on our body and spirit are undeniable.	غیر قابل انکار
541- Vivid memory # vague memory I has a lot of vivid memories of my childhood.	خاطرات دقیق و روشن
542- Ironically Ava's parent made a lot of effort for her upbringing and nurture but ironically, she is not as polite as she should be.	برای زمانی که نتیجه کاری که خواستیم کاملاً بر عکسشده یا
543- Entail .....noun/ gerund verb Repairing the roof will entail spending a lot of money. Building the airport entails reclaiming huge areas of land from the sea. the project will entail considerable expense. It is axiomatic that children upbringing entail lots of effort.	نیازمند و مستلزم ....بودن
544- Trick = deceive = defraud She'd defrauded her employers of thousands of pounds. Defraud.....of..... The company deceived customers by selling old computers as a new ones. I thought she loved me, but I was deceiving myself. Some people exaggerate their skills, indeed, they deceive themselves by magnifying their real abilities. خود را گول زدن	گول زدن Defraud = برای مسایل پولی و مالی = trick بیشتر عامیانه است
545- Whichever take two of the four elective subjects, whichever you prefer. Customers will choose whichever product is cheaper. I'm sure you'll have a good time whichever cruise you decide to take	هر کدام
546- Makeshift = temporary Thousands of refugees are living in makeshift camps. A large box served as a makeshift table and we will purchase a fancy one as we can afford. The ceasefire will only provide a temporary solution to the crisis. Don't worry, his depression is only temporary - it'll soon pass.	موقتی Makeshift برای چیزی به کار میره که میگی موقتی و هر وقت تونستیم و شرایطش بود یه بهترشو انتخاب میکنیم. Temporary یعنی فلان چیز موقتی و از بین میره به زودی
547- Drop out of ...school/race/work..... He dropped out of the race after two laps. He dropped out of school/college when he was 16. Why Are Men Dropping Out of Work? Owing to the huge amount of tuition fee, he was forced to drop out of university.	کناره گیری کردن از
548- Perfect ...sb's....skill/technique/serve She practices tennis whenever she can, hoping to perfect her serve. He helps his children perfect their skills/techniques.	به بهترین حالت ممکن درآوردن
549- After exam, I squealed with delight. از روی خوشحالی جیغ کشیدم	
550- Precarious The museum is in a financially precarious position. Her health remained precarious, despite the treatment. .....put us in a financially precarious position.	خطرناک

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<p>551- .....act as an incentive for .....to.....</p> <p>552- .....provide adequate incentive for .....to.....</p> <p>Awards provide an adequate incentive for young child to improve their skills.</p> <p>Giving fancy clothes as awards to our children can act as an incentive for them to study harder and don't engage in frivolous activity.</p>	باعث انگیزه دادن شدن
<p>553- Motivate .....To.....</p> <p>554- Keep.....motivated</p> <p>555- Provide motivation for.....to.... = provide incentive for ....to....</p> <p>556- Lack of motivation</p> <p>There seems to be a lack of motivation among the employees.</p> <p>She managed to motivate staff to work together after the merger.</p> <p>Awards can keep the members of your team motivated</p>	با انگیزه کردن با انگیزه نگه داشتن
<p>557- Disappointing/ Bleak future # promising future</p> <p>the future looks bleak,</p> <p>The company still hopes to find a buyer, but the future looks bleak.</p> <p>People who are involved in frivolous activities bemoan the future which looks bleak.</p> <p>The future of firm looks very promising</p>	اینده ناامید کننده #نوید بخش
<p>558- conclusive evidence # inconclusive evidence</p> <p>Investigations failed to provide sufficient conclusive evidence.</p> <p>There's no conclusive evidence that power lines are a health risk.</p> <p>Recent in-depth studies have not provided conclusive evidence for bad effects of computer games.</p>	دلیل و مدرک قاطع
<p>559- Pliable person / government / personality /mind</p> <p>He wanted a sweet, pliable, obedient wife.</p> <p>Computer games can shape teenagers' pliable minds.</p> <p>I would rather to have a pliable friend to help me in harsher circumstances.</p>	انعطاف پذیر Flexible
<p>560- Erect =build=construct</p> <p>561- Erection =construction</p> <p>They erected a marquee to accommodate 500 wedding guests.</p> <p>Police have erected barriers across the main roads into the town.</p> <p>The erection of a huge mall can affect our living environment positively.</p>	احداث کردن
<p>562- Exaggerate = magnify</p> <p>I'm not exaggerating - it was the worst meal I've ever eaten in my life.</p> <p>The threat of attack has been greatly exaggerated.</p> <p>I don't think it would be exaggerating to say that the composer's new work is a masterpiece.</p> <p>press has exaggerated the whole event to make it sound rather more dramatic than it actually was.</p> <p>They have no need to magnify the importance of their achievements.</p> <p>Our fear and confusion only magnified the problem.</p>	بزرگ نمایی کردن
<p>563- Innocent # guilty</p> <p>564- Innocence</p> <p>He firmly believes that she is innocent of the crime.</p> <p>The gunmen showed no mercy, killing innocent men and women.</p> <p>She has such an innocent face that I find it hard to believe anything bad of her. چهره معصوم</p> <p>Can u prove your innocence?</p>	بی گناه بی گناهی
<p>565- Harm</p> <p>These kinds of materials can harm the environment.</p> <p>The kidnappers did not harm her, thank god</p> <p>566- =damage</p> <p>These insects can damage crops.</p> <p>Higher interest rates can damage investor's confidence.</p>	آسیب زدن (فیزیکی-احساسی-درونی...) کلی تره صدمه زدن (فیزیکی-احساسی)

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567- 568- 569- Convinced # unconvinced Convincing # unconvincing Convincingly # unconvincingly They argued convincingly that free markets are not always efficient. convincing argument/explanation/evidence Being involved in frivolous activity is not convincing at all.	متقاعد کننده Compelling
570- 571- Cost .....an arm and a leg informal Cost .....a lot of money Changing the decoration of my room costs me an arm and a leg, I don't mind I can afford. Hiring new staffs can cost a lot of money for our firm.	هزینه زیادی داشتن
572- 573- Involve ....sb.....in.....sth = embroil .....sb.....in.....sth Become embroiled in.....=be involved in..... I didn't want to involve you in the problem we are having with the police. Because of the crucial role of education in one's future, parents are involved in their children' education. They are going to involve our country in war and ferment. Because of releasing fancy computer games continuously, young children are involved in these games.	درگیر کردن درگیر شدن (مجهول)
574- 575- Frivolous activity .....frivolously She thinks window shopping is a frivolous activity. He spent his entire life frivolously. Parents think that play a computer game is a frivolous activity. Many parents complain about their children who engage in frivolous activity rather than a serious and effective one. Many young children are involved in a variety of frivolous activity.	کارهای کم ارزش
576- Deter/dissuade .....sb.....from..... (effectively, sufficiently ) Will this harsher punishment effectively deter criminals? High prices are deterring many young people from buying houses. The security camera was installed to deter people from stealing. I tried to dissuade her from leaving. his friends tried to dissuade him from flying	منصرف کردن کسی از چیزی معمولا یعنی با حرف متقاعدش کنی که ائن کارو نکنه یه کاری بکنی که جلوگیری بکنه از انجام دادن فلان کار.
577- 578- 579- 580- Grandiose plan برنامه واقع گرایانه # realistic plan برنامه بلند پروازانه unprecedented بی سابقه unprecedentedly به طور بی سابقه Has increased on an unprecedented scale, on sb's behalf ... به جای , assign some body to receive the award on your behalf, in-depth study/research/analysis عمیق	
581- Bemoan the fact that/ the loss of / absence of / the lack of ... an article bemoaning the lack of sports facilities in the area. Researchers at universities are always bemoaning their lack of funds. teenagers bemoaning the lack of leisure facilities in the town.	نالیدن در مورد .... Complain about
582- Ostensible reason/purpose/aim for .....is ..... the ostensible reason for his absence is his illness. Their ostensible goal was to clean up government corruption, but their real aim was to unseat the government. the ostensible purpose for the trip	دلیل ظاهری (که به ظاهر به نظر میرسه) Ostensible # real

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583-	Subsidiary All other issues are subsidiary to this one.	تابعه
584-	Fancy cloths/stuff/restaurant/..... پر زرق و برق	
585-	Flashy affair # low-key affair	
586-	Lay/provide a/the foundation for .....sth.....	بستری فراهم کردن برای .....
587-	The foundation of .....is based on ..... Careful planning lay the foundation for the nation economic miracle. To generate fundamental knowledge that can lay the foundation for future advances in high-performance computing and communications	اساس و پایه .....بر اساس .....
588-	Need to be / should be/must be accompanied by ..... Visitors must be accompanied by club members. experts agree that dieting needs to be accompanied by regular exercise. Children under 14 must be accompanied by an adult. Setting strict policies and regulations need to be accompanied by constant surveillance and strict supervision.	باید/بهبتره که / .. همراه با ... باشد
589-	Make .....sb.....curious about .... Slightly/intensely	کنجکاو کردن کسی برای/درمورد
590-	.....sb....get curious about ..... Children owing to the state of their age will get more curious about some materials that they do cannot access. Her secretive manner had made me curious.	کنجکاو شدن در مورد /برای
591-	long-term goals اهداف بلند مدت , Short-term goals اهداف کوتاه مدت	
592-	set (ourselves/yourself/myself/) a goal	تعیین کردن یک هدف برای خود...
593-	pursue a goal It helps if you set yourself clear goals. You may feel setting long-term and short-term goals is a waste of time. Have we gone too far in pursuing the goal of national security? Planning can give us the courage to pursue our goals.	دنبال کردن یک هدف .
594-	monotonous life زندگی یکنواخت	Dismal afternoon/failure/look...
595-	the monotony of the life یک نواختی زندگی Changeability of the weather can help us to break the monotony of the life. By taking trip and spending more time with family we can relieve monotonous lives. my routine and Dismal life with my old friends has been replaced with a more colorful and exciting one . Dismal غم انگیز و دلگیر	
596-	Put forth/forward idea/plan None of the ideas that I put forward have been accepted. The government has put forth a modest plan to streamline the whole system.	پیشنهاد دادن
597-	Unwind =rest	استراحت (برای آرامش گرفتن)
598-	....help me to unwind A glass of wine in the evening helps me to unwind after work. the Grand Hotel is a superb place to unwind	
599-	Well-to-do =wealthy= affluent ثروتمند	
600-	Wealth=affluence ثروت Well-to-do people/families	

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<p>601- Be at the mercy of .....sth/sb... =be reliant on</p> <p>She was completely at the mercy of her husband. Having lost engine power, the boat's crew found themselves at the mercy of the wind.</p>	<p>کاملاً متکی و وابسته به چیزی بودن و بدون اون نمیتونن از خودشون محافظت و... بکنن</p>
<p>602- The damage caused to the tourist industry is difficult/easy to quantify.</p> <p>603- Working hard can help me to build my future. I should put my effort and concentration on working in order to generate revenue as much as possible.</p> <p>604- People should put all their time and effort on a field they like and enjoy the most.</p>	<p>با عدد رقم بیان کردن</p>
<p>605- Ostracize .....Sb....</p> <p>His colleagues ostracized him after he criticized the company in public. She was ostracized by fellow officers after bringing charges against her partner.</p>	<p>ترد کردن</p>
<p>606- Call.....sb.....attention to.....sth/sb</p> <p>I'd like to call your attention to exhibit A. a demonstration that was intended to call attention to the plight of endangered species.</p>	<p>توجه کسی را به چیزی جلب کردن</p>
<p>607- Opportunist + none = opportunistic فرصت طلب</p> <p>He was portrayed as a ruthless opportunist who exploited the publicity at every opportunity. Our team was pretty opportunistic and took advantage of some mistakes.</p>	
<p>608- High-end products/stuff/equipment وسایل و محصولات دجه یک</p> <p>609- High-end customer مشتریانی که دنبال محصولات درجه یک هستند فقط</p>	
<p>610- Meager income/revenue/ wages/ attention جزئی</p> <p>The food at my grandmother's house was meager and barely edible. they were forced to supplement their meagre earnings by working in two distinct workplace.</p>	
<p>611- Be far removed from.....sth.....</p> <p>The events in the newspaper article were far removed from reality. Hockey and soccer are not that far removed from each other. Many of these books are far removed from the reality of the children's lives.</p>	<p>کاملاً متفاوت بودن با</p>
<p>612- Become/get restless مضطرب و بی قرار شدن</p> <p>After a few days, I got restless and decided to leave. Children have been indoors all day, and were getting restless.</p>	
<p>613- Be a drop in bucket</p> <p>We were paid about \$50,000, but that was a drop in the bucket compared to what some other companies got.</p>	<p>در مقابل .....خیلی کم و کم اهمیتیه</p>
<p>614- Whose ..... شان</p> <p>I saw a man shouting at a driver whose car was blocking the street. tourists whose vacations included an unexpected adventure. A woman whose father has died. Parents whose children is spending time just gaming</p>	

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<p>615- Perplex =confuse          616- Perplexing =confusing          617- Perplexed=confused          618- Perplexity</p> <p>The symptoms of the disease have continued to perplex her doctors.          The downward trend is perplexing, as it lacks a theoretical basis.          These questions have perplexed mankind since the beginning of the universe.</p>	گیج و گمراه کردن
<p>619- Seldom به ندرت          620- Seldom + auxiliary + subject + verb+ ....</p> <p>Seldom have I read an article that was so full of lies.          Seldom have I seen a broadcast which age-appropriateness is considered in.          Seldom do we receive any apology when mistakes are made.          Seldom do parents give their juveniles considerable latitude to choose.</p>	برای تاکید بیشتر و ادبی بودن
<p>621- Bring about/cause a spike in ...جمع.....</p> <p>State-of-the-art hospitals, medical advancement and easy-to-use apparatus in this field have brought about a spike in longevity and life expectancy.</p>	موجب یک جهشی در ....شدن
<p>622- Suppress</p> <p>She couldn't suppress her anger/annoyance/delight and squealed.          The virus suppresses the body's immune system          He was accused of suppressing evidence.          They believed higher taxes on the rich would suppress their entrepreneurial and innovative vigor.</p>	سرکوب کردن (هم استعداد و .... هم مخالفان دولتی و ...)
<p>623- Be /become a jack-of-all-trades</p> <p>An artist with the right technology can become a jack-of-all-trades.          this breakthrough would never be possible if he was a jack of all trade</p>	همه کاره و هیچ کاره. کلی کار بلد بودن ولی توی هیچ کدام خبره نبودن.
<p>624- There is no room for sth</p> <p>In a small company like this, there is no room for laziness.          under such circumstance where professionals with specialized knowledge are praised and exalted, there is no room for those who spend their time gathering unfocused knowledge in various majors</p>	جایی برای .....وجود نداشتن
<p>625- Companies whose names should not be revealed due to the confidentiality of the research</p>	محرمانه بودن
<p>626- Recruit =employ =hire          627- Recruitment= employment          628- Recruiter= employer</p> <p>The government officials were recruited from private industries.          Recruiters would rather hire a person who is a foundation of knowledge in various subjects.          Recruiters accord high priority to individuals who have a profound knowledge in a specific area.</p>	
<p>629- Inextricable interconnection between members of the family .          630- Be self-sufficient and self-centered خودکفا و به خود متکی بودن          631- Success and failure of an individual is no longer in the hands of anyone but itself.          632- to stand on their own two feet and to be totally independent</p>	

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<p>633- stand on his/her own two feet</p> <p>She'll have to get a job and learn to stand on her own two feet sooner or later. دیر یا زود</p> <p>People are inclined to stand on their own two feet and to be totally independent</p>	<p>روی پای خود ایستادن</p>
<p>634- be about to .....do something.....</p> <p>We were just about to leave when Jerry arrived.</p> <p>I was about to get undressed when there was a knock on the door.</p> <p>We arrived just as the ceremony was about to begin.</p> <p>Argentina has lifted all restrictions on trade and visas are about to be abolished.</p>	<p>خواستن فلان کارو انجام بدن</p> <p>میخام فلان کارو انجام بدم</p>
<p>635- Interfere in.....</p> <p>636- interference</p> <p>Interfering in other people's relationships is always a mistake.</p> <p>The government warned its neighbours not to interfere in its internal affairs.</p> <p>Conversely, when I got married, no one interfered in my decision making process and since it was my personal life.</p>	<p>دخالت کردن در</p> <p>دخالت</p> <p>مداخله داخلی</p>
<p>637- Under such a circumstance in which....., it is inevitable that ....</p> <p>Under such a circumstance in which people have replaced hanging out with their extended family to the technology, it is inevitable that their importance is decreased</p>	<p>تحت این شرایطی که ..... ،...اجتناب ناپذیره</p>
<p>638- The importance of .....paled into insignificance in comparison to ...</p> <p>that the importance of extended family has paled into significance in comparison to the prevalent standpoints of our predecessors.</p> <p>Everything else that happened in my life have paled into insignificance beside that one event.</p>	
<p>639- thanks to the galloping rate of entertainments everyone being exposed to, people are inclined to spend their time frivolously.</p> <p>640- Although the extended family of mine is highly respected and very important to me, they did not have the right to dictate their own opinion on me.</p> <p>641- Although in different parts of the country a particular dialect is dominated, still people can understand each other and the process of communicating is not a big concern</p> <p>642- Children should learn how to spend their pocket money to help them not only spend their whole month but also help them in a rainy day</p>	<p>Galloping rate of=inexorable=ever-increasing=....</p>
<p>643- Encompass</p> <p>The festival encompasses everything from music, theatre, and ballet to literature, cinema, and the visual arts.</p> <p>each region in the country encompasses various culture and lifestyle.</p>	<p>۱- دربرگرفته ۲-ان کام پهن</p> <p>۲-حاطه کردن</p>
<p>644- There has been/is a false premise/fallacy among people that.....</p> <p>There is a fallacy among people that physical punishment is necessary for children.</p> <p>There has been a false premise among people that the culture and the history of a country should be considered as a whole.</p>	<p>/belief/assumption</p> <p>یک تفکر غلطی بین مردم وجود داره که ....</p>



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<p>645- Assortment of .....= a variety of ..... مجموعه ای از a diverse assortment of skills Assortment of culture = multi-culture country Assortment of notion Assortment of rug and sculpture diverse assortments of people</p>	
<p>646- Quench thirst for knowledge/adventure/ achievement Her thirst for knowledge will never be quenched. It is a great opportunity to quench the thirst for knowledge. People were inclined to acquire knowledge in a plethora of areas in order to quench their thirst for knowledge. individuals' thirst to gain more information about all the occurrences around the globe has also increased</p>	فرونشاندن عطش دانش/.....
<p>647- Sow seeds of success/irresponsibility/confusion/friendship/doubt/dissatisfaction in sb's mind among individuals Now that you've sown doubts in my mind, I'll never be sure I can trust him. After a quick conversation, the seeds of friendship were sown in our mind. Constant praise and exultation can sow the seeds of success in the fresh mind of juveniles and shape it.</p>	بذر ...را کاشتن
<p>648- Be/view /consider .....(as) blank slate She viewed her students as blank slates, just waiting to be filled with knowledge. Children minds are considered as blank slate which can be shaped gradually</p>	مانند یک لوح خام بودن
<p>649- Raise children بزرگ کردن بچه, raising children in an inappropriate manner can sow the seeds of irresponsibility in their fresh mind.</p>	
<p>650- Faculty همه معلمان یک موسسه و .../دانشکده/ 651- economic pressure that exists فشار اقتصادی که وجود دارد ..... 652- pleasurable/enjoyable tasks and experience تجربه ... لذت بخش 653- mass media رسانه های گروهی</p>	
<p>654- To keep track of ..... My sister's had so many jobs, I can't keep track anymore. With eleven thousand employees, it's very difficult to keep track of them all. It's hard to keep track of time in here. Parents should supervise their children to keep track of them completely.</p>	امار چیزی را داشتن/ سر درآوردن از چیزی .../ حواست به ...بودن
<p>655- Get/receive a special discount تخفیف گرفتن 656- Give a special discount to .....sb..... تخفیف دادن You get discount if you book more than 10 tickets. Many theater give a special discount to students. the hotel and the restaurant give a considerable discount to the tour leader which in turn reduce expenditures of the trip.</p>	
<p>657- Neither .....nor ..... neither did we receive any discount nor did we know which hotel and restaurant was cheaper. I neither can nor wish to exclude the media from these proceeding. Neither me nor my friend was familiar with restaurants in that city</p>	نه ... نه ..... اسم یا صفتی که نزدیک فعل است، وضعیت فعل را تعیین میکند.



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658- soul mate = beloved husband 659- this can spark the beginning of a long lasting friendship. 660- This proposal will spark another debate about the issue. 661- Higher tax can spark various problems for investors.	Spark .. جرقه ... را زدن
662- Tempt .....sb.....to .... The new program has been designed to tempt youths to study more. Advertisers tempt people to buy a product which might not be as high-quality as they are being advertised.	وسوسه کردن
663- critical thinking تفکر انتقادی (تفکر و بررسی یک وسیله یا موع به منظور نتیجه دقیق و بدور از احساسات و ...)	
664- publicize = advertise the TV failure to publicize the unemployment rate. Attitudes seems to be changing as a result of recent highly publicized cases of sexual harassment.	تبلیغ کردن
665- sexual/racial harassment ازار و اذیت جنسی / نژادی We need effective strategies to combat and crusade against sexual harassment, discrimination, overriding of inalienable human rights in workplace.	
666- For their own sake برای به خاطر خودشان 667- For the sake of it فقط به خاطر خودش	
668- Shatter illusion/dream about .... After using that shampoo, their illusion will shatter about those so-called trustworthy advertisement. After living a semester in the university, his illusion shattered about campus lives.	شکسته شدن تصورات و خیال بافی ها
669- Gravitate to/toward .... = be attracted it has psychologically been proved that people gravitate more to those individuals with whom they have some interests in common. Most visitors to London gravitate to its awesome squares.	به سمت چیزی جذب شدن
670- make friend دوست پیدا کردن 671- close-knit group/community/family گروه ... صمیمی و متحد 672- positive teacher-student relationship رابطه شاگرد استادی 673-	
674- Be a leading determinant in ..... The amount of time people spend together is a leading determinant in being influenced or not. Type of games which juveniles like to play is a leading determinant in considering computer games as a negative or positive task.	فاکتور تعیین کننده بودن

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<p>675- Occurrence formal رویداد- اتفاق</p> <p>676- The occurrence of ..... وقوع</p> <p>677- Rare/common occurrence اتفاق نادر / همیشگی</p> <p>The frequent occurrence of earthquakes in this area may correspond with exploring for oil and drilling.</p> <p>individuals' thirst to gain more information about all the occurrences around the globe has also increased</p> <p>Laughter is a rare occurrence his classes.</p>	=incident=event
<p>678- Mistakenly اشتباها</p> <p>Since I considered CNN as the most reliable source of news and did not even read the news from different sites, I mistakenly voted for Trump who has been ruining our country.</p>	
<p>679- prejudiced and biased analysis/data/information اطلاعات و ... متعصبانه و جهت گرا</p>	
<p>680- take a risk</p> <p>681- Take the risk of .....do sth.....</p> <p>682- risk-taking</p> <p>683- risk-taker</p> <p>A good pilot never take a risk.</p> <p>I didn't want to take the risk of leaving him alone.</p> <p>most people are of the opinion that risk-taking is efficacious in making them a successful person.</p>	ریسک کردن
<p>684- guarantee</p> <p>The law guarantee equal rights for men and women.</p> <p>risk-taking does not guarantee one's success</p>	تضمین کردن
<p>685- courageous=brave=gallant=valiant=defiant شجاع</p> <p>686- courageousness=bravery=valiance=valiancy شجاعت</p> <p>that people who are inclined to take challenges and risks in their personal lives are courageous and defiant people</p>	
<p>687- Philip wood-a well-known enterprising person in electronic industry- started a new entrepreneurship during an economic recession and embarked on his novel idea. Surprisingly enough, he is considered as the trailblazer in electronic industry.</p> <p>688- People who take risks in their lives are provided with ample of experience in various occasions.</p> <p>689- Should we take risks in our life, the experience gained in this direction can help use improve the quality of our life.</p>	Enterprising بلند همت
<p>690- well-educated person دای دانش زیاد در زمینه های مختلف</p> <p>691- the avenue of success and productivity will be open not only to the person but also to the company or the work place one works for.</p> <p>692- Avenue of communication</p>	
<p>693- The merit/merits of .....</p> <p>The great merit of the project is its flexibility and low cost.</p> <p>undeniably the merits of studying hard at educational centers are manifold</p> <p>the consequences of the project will be manifold.</p>	<p>محاسن فلان چیز</p> <p>Manifold=متعدد و زیاد</p>

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694- Simultaneously به طور همزمان Being well-educated provides the person a better chance to be employed by good companies and to improve his or her communication skill simultaneously. Simultaneous increase in cost of living and his dismissal from the firm caused a dramatic changes in his life.	not only but also میتوان از این کلمه به جای استفاده کرد.
695- If they emulate their teacher, They will not use their own intellectual abilities in order to find the right path	
696- Bombard (with) 697- Bombardment , he totally bombarded us with his own thought direction and exalted one of the candidates more than the rest. We are bombarded with advice on what to eat and what to avoid.	بمباران کردن ( هم بمباران واقعی هم برای بمباران به وسیله تعداد یا مقدار زیادی از چیزها مثلا اطلاعات/سوال/...)
698- Develop Rapport with/between Bombarding students with a variety of notions can adversely influence pupils' productivity and rapport between them. An experienced teacher can easily develop a good rapport with his/her pupils.	ارتباط قوی و خوب Relationship Friendship
699- find a huge gap between = find paradox and contrast between 700- envision=imagine= 701- they will incredibly feel more confident in themselves 702- it has a profound influence on the person's self-confidence 703- will lead the person to lose trust in him or herself	
704- productive and fruitful ... پر ثمر و	
705- Hold back .....= prevent ...from... The British economy was being held back by excessive government control. He succeeded in holding back her tears when the person quickly finished his job and based his or her life on risk taking, the uncertainty of the consequence will hold them back	جلوی چیزی را گرفتن
706- Factor in = consider = take sth into consideration People are earning more, but when inflation is factored in, they are no better off. The age of the patients and their overall health must be factored into the results. Her salary is not that high when childcare costs and medical insurance are factored in.	در نظر گرفتن
707- Discern ....sth... I could just discern a figure in the darkness. It is difficult to discern any pattern in these figures. Children are often ill-equipped to discern the main purpose of advertisements.	تشخیص دادن- متوجه شدن...
708- Peculiar=eccentric = strange 709- Peculiarity= eccentricity= strangeness	عجیب
710- Aberrant= abnormal	غیر طبیعی
711- Pros and cons = weaknesses and strengths= advantages and disadvantages Each technology has its pros and cons. They sat for hours debating the pros and cons of setting up their own firm. Living in an apartment has its own pros and cons.	مزایا و معایب

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712- Adept = professional= skillful	
713- Be/feel/seems ill-equipped to/for 714- Be/feel/seems ill-equipped to cope with .... توانایی از عهده ... برآوردن را ندارد He seems to me ill-equipped to cope with the responsibility. I felt ill-equipped to teach such young children. The walkers were ill-equipped for extreme weather conditions. Some juvenile are ill-equipped to talk in front of a myriad of people. Some people are ill-equipped to cope with striking balance between every part of their lives and factor proportionality in.	فاقد توانایی لازم
715- All other things being equal, All other things being equal, schools where parents are highly involved are more likely to run effectively. All things being equal, I'll be at home on Tuesday.	اگر اتفاق خاصی نیفتد- اگر شرایط نرمال باشد= در شرایط نرمال که همه چیز طبق انتظار ما پیش میرود ....
716- Exemplary punishment مجازات عبرت انگیز Setting legislation and constant surveillance are the opposite sides of a same coin, therefore, exemplary punishment must be considered and done for law-breaking.	
717- efficacious = effective = موثر و مفید 718- efficacy موثر بودن Equally efficacious method of children upbringing (children rearing) should be examine. Efficacious drugs . I, personally speaking, assume that taking a part-time job is efficacious and parents should make their children enthusiastic about a part-time occupation	
719- My personal and compelling experience can drive this standpoint home. 720- My own experience demonstrates this concept/reality	
721- Due to the modernization and evolving of technology in an extreme manner. 722- modernized world	
723- (Can) give rise to .....noun Delays could give rise to further problems. The remark about an election inevitably gave rise to widespread speculation. International support has given rise to a new optimism in the company.	موجب بهنج موجود آمدن ....
724- Stigmatize 725- Stigmatization People should not be stigmatized on the basis of race. The very purpose of segregation was to stigmatize people of color -to declare them unfit to share facilities with whites.	انگ زدن
726- alongside one another در کنار همدیگر	
727- a heated/spirited controversy/debate/argument بحث داغ 728- heated/spirited answer	
729- Nowadays, people prefer to have a set of routine tasks in order to have a clear schedule to adjust their lives on the basis of it. 730- Surprisingly, I saw a long queue of people waiting for the signature of the vice-president of that firm.	

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<p>731- be doomed to failure/defeat/extinction</p> <p>Our decision can flourish and thrive our lives and also can lead it to be doomed to failure.</p> <p>These schemes are always doomed to failure.</p> <p>Our lifestyle and kind of foods we choose as our diet can doom us to die or develop serious and chronic diseases when we are not aged enough.</p> <p>The invention of the train doomed the canals to extinction.</p>	<p>به شکست /انقراض.../دچار شدن</p> <p>این فعل اکثر مواقع مجهول به کار میرود</p>
<p>732- Sacrifice .....sth.....for.....noun</p> <p>733- Sacrifice .....sth.....to .....verb</p> <p>Many women sacrifice interesting careers for their families.</p> <p>I had to sacrifice my dream for the job.</p> <p>Citizens' welfare has been sacrificed for a great deal of animosity among authorities.</p> <p>If we want to work seven day in a week, we may have to sacrifice our family for our occupation.</p>	<p>چیزی را فدا یا قربانی چیزی کردن</p>
<p>734- Naïve</p> <p>735- Naively</p> <p>736- Naivety</p> <p>737- It is (would be) naïve to think .....</p> <p>It would be naïve to think this grandiose plan can solve problem without any strict and constant supervision, surveillance and oversight.</p>	<p>ساده لوح</p> <p>پ</p> <p>ساده لوحانه است اگر فکر کنیم ....</p>
<p>738- Being naïve and inexperienced, and not being providential are among the most conspicuous reasons which have been explained in details.</p> <p>739- .....are among the most conspicuous reasons which have been (were) elaborated in details.</p>	<p>از جمله دلایلی هستند برای .... که توضیح داده شدند.</p>
<p>740- Revolutionize</p> <p>The advancement of modern world has revolutionized various aspects of education and learning traits of students.</p> <p>Thanks to the ever-increasing rate of technology, our lifestyles have been revolutionized since a decade ago.</p> <p>Recent promising investigations are going to revolutionize the treatment of cancer.</p>	<p>به کلی متحول کردن</p>
<p>741- Students can take advantage of cooperating with one another which in turn leads to friendship which can facilitate learning.</p> <p>742- Has favorably/positively affected به طور خوبی مورد تأثیر قرار داده است</p> <p>743- Not only do students benefit from these devices and gadgets to review their course materials, but they also can form groups in which they can conveniently share their ideas with one another.</p> <p>abundance of technology فراوانی تکنولوژی</p> <p>conveniently=easily به اسانی</p> <p>convenient= easy اسان</p>	<p>Cooperation=collaboration</p>
<p>744- Teacher = instructor = educator</p> <p>teachers and instructors were the only treasures of knowledge and wisdom</p> <p>Every individual is equipped with various assortments of technologies- in particular the internet- to discover their surrounding world.</p> <p>Were the past generation provided with the ample opportunities and technologies to gain knowledge and information as easily and conveniently as we do, they would not have appreciated and valued the teachers to the highest potential.</p> <p>However, today every one of us has the chance and ability to become a teacher if we want to and there is not as many obstacles as there used to be</p> <p>teachers have been considered as one the most important building blocks of a society either in an ancient times or in contemporary periods</p>	<p>مدرس -معلم- آموزگار</p>

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745- could not have gained People could not have gained the necessary and required information they want, unless they asked and posed their questions to literate personalities-the teachers	نتوانسته اند به دست بیاورند . . .
746- intricacy = complexity = complication پیچیدگی 747- intricate = complex = complicated The intricacy of todays modernized lives has brought about a dramatic change in our belief. The intricacy of human interactions with other member of societies has caused a spirited debate about whether human should make many friends or rely on their limited friends.	
748- rarity = scarcity = paucity کمیابی 749- Shortage of = lack of = . . Diamonds are valuable because of their rarity. Because of the rarity of this profession and the constant need of people to learn and become educated, they appreciate the teaching profession.	
750- Intensify= fuel= escalate The absence of technologies would even escalate the demand for experienced or even novice teachers. Preventing children from playing computer games can intensify their loneliness as well.	تشدید کردن
751- Necessity = need human beings have been engaging in various activities and tasks in order to provide the necessities of life The report stresses the necessity of eating plenty of fresh fruit and vegetables. He regarded music as one of life's necessities.	نیاز ضرورت
752- .....Open doors for. Sb...In...sth... Being the daughter of the famous actor opened doors for her in Hollywood. being engaged in similar tasks will open the doors of expertise to the workers	درها را به روی ...گشودن در .... (موقعیت های زیادی برای او به وجود آوردن)
753- Work an elongated period of time during various workdays on a specified task, it will improve his or her experience to a great extent. 754- Elongated period of time زمان طولانی 755- Enormous amount of time زمان زیاد	
756- The main reason of .....lies behind the fact that ..... 757- In my opinion, the only reason that has led to my success and reputation lies behind the fact that I have gained noticeable experience not only about the food I make, but also about the costumers, their tastes and their desires 758- the reason which has made the young people become attracted to celebrities and be more important to them lies behind the fact that younger generation wants to keep pace with the new trend and consider them as the role model	مهمترین دلیل....پشت این حقیقت هست که ...
759- Be neutral and have no reaction or reflection toward ..... 760- Remain neutral 761- Adopt neutral position Some people prefer to be neutral and have no reflection toward the incorrect information. Being neutral and refuse to voice your opinion in class can prevent children from learning and exacerbate the situation. Some people prefer to remain neutral when they are imparted some inaccurate or biased information.	خنثی بودن و هیچ واکنشی نشان ندادن  (این کلمه به معنی خلاص بودن دنده ماشین هم هست. be in gear/neutral)
762- Inaccurate/biased/wrong information 763- A chain of subsequent misunderstanding/problems/... 764- ...can bring about a chain of subsequent devastating side effects. the first wrong information being given to people will lead to a chain of other misunderstanding.	

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Wasting money on frivolous activity in the firm can lead to a chain of long-lasting and devastating subsequent consequences.	
<p><b>765- Impart (news/knowledge/information/flavor)</b></p> <p>Preservatives can impart color and flavor to a product. to impart the bad news I was rather quiet as I didn't feel I had much wisdom to impart on the subject. the lecturer was imparting incorrect knowledge about the way young children acquire their second or foreign language imparting biased or mischievous information on websites can have a chain of devastating consequences.</p>	<p>دادن (۱-اطلاعات و ... دادن ۲-ویژگی خاصی به چیزی دادن)</p>
<p><b>766- From ..... onwards</b></p> <p>From that time onwards from the 1980s onwards I'm usually at home from five o'clock onwards. من ۵ به بعد خانه هستم</p>	از اون زمان به بعد
<p><b>767-</b> every individuals is preoccupied and overwhelmed with their personal life so as to make subsistence of life.</p> <p><b>768-</b> parent should spend time playing games with their children in order to support them emotionally</p> <p><b>769-</b> Psychologically speaking, when parents play games with their children, even in a limited time, the children will understand that they are a priority in their parents' lives</p> <p><b>770-</b> emotionally-secured, emotional security</p> <p><b>771-</b> The more the busy parents spend time playing with their child, the better they will become mentally and emotionally.</p>	
<p><b>772-</b> To prevent mentioned phenomenon, it is highly advised/recommended by psychologists to ... To prevent this phenomenon, it is highly advised by psychologists to spend time with children in order to get to know one another better</p>	برای جلوگیری از این قضیه، توصیه میشه که ....
<p><b>773- Trajectory of life</b> <b>774- Life trajectory</b></p> <p>It is axiomatic that our decisions can affect seriously our lives' trajectories. As soon as we notice that we are not in an appropriate direction in our lives, we must change our lives trajectory so as not to waste our time frivolously. Life trajectory may be full of unexpected emergencies and predicaments, therefore, we should know how avoid this circumstances and also the monotonies of life.</p>	مسیر زندگی
<p><b>775- So as to = in order to</b> <b>776- So as not to = in order not to</b></p> <p>young people are being provided with diverse assortment of information and wisdom to rely on so as to make a rational and sound decision</p> <p><b>777- So that</b></p> <p>We left a message with his neighbor so that he would know we'd called.</p>	<p>برای اینکه ...</p> <p>در نتیجه</p>
<p><b>778-</b> ...consider parents/teachers as the main treasury of experience and knowledge</p> <p><b>779-</b> older people relies heavily on the experience they have gained gradually through the amazing journey of their lives</p> <p><b>780-</b> older generation are equipped with the precious treasury of experience and they prefer to be dependent on what they have gained through lifetime</p> <p><b>781-</b> I am capable of nonstop talking and negotiating</p>	

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782- Nonsense 783- It is utter/absolute nonsense to ..... It is absolute nonsense to prevent children from gaming in order to oblige him to put a great emphasis on his lessons, he must like his lessons by nature. It is <b>nonsense</b> for young people to be dependent on someone who has not tasted the challenge himself.	مزخرف
784- Wholeheartedly (support/cooperation/ acceptance/agree/reject) Both groups are wholeheartedly in favor of the changes. I hear what you say and I wholeheartedly agree. I wholeheartedly support your campaign.	با تمام وجود (صادانه و تمام و کمال)
785- Be at loggerhead with ....over..... He is at loggerheads with the Prime Minister over public spending. He is at loggerheads with many of his own party over the issue of taxation	اختلاف شدیدی داشتن با
786- Stifle=discourage # encourage Erection of a Large supermarkets in this region <b>can stifle competition</b> among local businesses. I don't know how I managed to stifle my anger. We should be encouraging new ideas, not stifling them. <b>Stifle ideas</b> rules and regulations that <b>stifle innovation and creativity.</b>	خفه کردن (احساس -خنده-استعداد)
787- fierce glare/attack/fight/competition/ wind/ <b>حمله رقابت باد شدید</b>	
788- stare at ...=see=look=watch Don't stare at people like that, it's rude. Staring at the screen of computer or smart phone can have an assortment of devastating side-effects for our body and eyes in particular.	زل زدن به (به مدت طولانی)
789- be exposed to human beings are exposed to different source of news and can completely be aware of the events occurring in every corner of the globe	در معرض چیزی بودن
790- Impose strict/stringent sanction against .... 791- Impose a ban on ..... =prohibit .... =forbid The council has imposed a ban on alcohol in the city parks. USA has recently imposed a stringent sanction against Iran's governments owing to overriding and infringement of human rights in this country.	تحریم کردن ممنوع کردن
792- Haphazard 793- Haphazardly He tackled the problem in a typically haphazard manner. some people prefer to base the foundation of their life on a haphazard manner and make decisions instantly I would rather encounter problems haphazardly in my life and solve them while others prefer to devise a comprehensive plan and schedule.	اتفاقی و تصادفی (بدون برنامه ریزی و ...)
794- Life requires a permanent planning and scheduling that make the person enjoy every moment of his or her life. 795- Not until the person anticipate the future and have a comprehensive plan for the time to come, he or she will not be able to make use of every moment of their life.	
796- Be of two minds (about.....) = be hesitant about/to I was of two minds about <b>whether to</b> invite him to the wedding. I was of two minds <b>whether or not</b> to come this morning	دو دل بودن



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<p>797- well-designed plan/program</p> <p>798- artistically or skilfully planned= well-designed</p> <p>799- devise/set up a plan</p> <p>Setting up a plan can will help us to organize our personal and professional lives. Rarely have I seen an individual that deny the importance of having a proper schedule. Therefore, plan must be designed in order to achieve a huge success.</p>	برنامه خوب طراحی شده
<p>800- Under such a circumstance, care must be taken not to.....</p> <p>Under such a circumstance, care must be taken not to shift one's concentration from one's dream to unnecessary, temporary joy and happiness لذت های زودگذر</p>	در این شرایط، باید مراقب بود که .....
<p>801- Humiliate .....Sb....</p> <p>802- Ridicule .....sb....</p> <p>While most of my peers humiliated me and held grudge against me for being so strict and not being flexible in my planning, I had faith in what I was doing</p> <p>She was ridiculed by her colleagues when she applied for the job.</p> <p>She rarely spoke her mind out of fear of being ridiculed.</p> <p>He was ridiculed for his ideas.</p>	تحقیر کردن کسی مسخره کردن کسی
<p>803- Have /lose/restore faith in .....sb/sth.....</p> <p>I still have faith in him.</p> <p>The public has lost faith in the government.</p> <p>It's really helped restore my faith in human nature.</p>	ایمان داشتن به ... از دست دادن ایمان به
<p>804- I believe that it is vital to have a plan and schedule in this complex life</p> <p>805- It goes without saying that in this progressive, modernized, sophisticated, complicated, competitive world where we live, human beings have been struggling to find ways that lead to their happiness</p> <p>806- being capable of making friends easily is a precious gift since it makes communication much easier.</p>	
<p>807- shadow of hope</p> <p>808- shadow of happiness</p> <p>809- shadow of friendship</p> <p>810- beyond shadow of doubt بدون شک</p> <p>There is not a shadow of hope that they are still alive.</p> <p>people cannot feel a shadow of happiness if they live in isolation especially when they get out of their permanent habitat and move to somewhere else.</p> <p>Shadow of instant communication is not feasible without internet.</p>	کمترین مقدار....
<p>811- ....give/impart our lives new flavor</p> <p>Not only do people improve their communication skills, but they also can give their life a new flavor and excitement.</p> <p>Making friend can give our lives a new flavor in addition to other values we can learn from.</p>	طعم جدید به زندگی دادن
<p>812- Socialize with ....= interact with</p> <p>People don't socialize with their neighbors as much as they used to.</p> <p>We should teach our juveniles to socialize with their peers.</p>	معاشرت کردن
<p>813- Repercussions = consequences</p> <p>The collapse of the company had a chain of profound repercussions on their family's economy.</p> <p>Any decrease in tourism could have serious repercussions for local economy.</p>	پیامدها منفی معمولاً

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<p>814- Warn/alert ....sb....= give ....sb...a warning</p> <p>He was given many warnings not to turn in his assignments so late.</p> <p>We should warn our juvenile about that danger and repercussions of staring at computer screen for long time.</p>	<p>هشدار دادن به کسی</p>
<p>815- On the bright side,</p> <p>816- Look on the bright side</p> <p>Although internet has a various repercussions for children, but on the bright side, they can acquire a profound knowledge in various realms.</p>	<p>قسمت خوب ماجرا اینه که... (برای زمانی که یک پدیده ی سراسر منفی را بررسی میکنیم و یک نکته مثبت در مورد ان میخواهیم بگوییم)</p>
<p>817- Infrastructure</p> <p>Poor infrastructure in rural areas hinders communication, resulting in social isolation.</p> <p>Access to a comprehensive set of basic infrastructure services is essential to attain social development goals and ensure equal opportunity for all people to participate in a country's economy.</p>	<p>تاسیسات زیربنایی</p>
<p>818- Become interested in</p> <p>After taking the chemistry for the second time, I became interested in it and chose chemistry for my major.</p> <p>I have become interested in chemistry recently.</p>	<p>علاقه مند شدن به</p> <p>Become/became/become</p>
<p>819- It used to be believed ....., but now .....</p> <p>It used to be believed that in the past, the political and economic lives of people were centered on temples, but it now seems probable that each city has its own ruler.</p> <p>It used to be believed that by corporal punishments can be effective in children-upbringing but now, this kind of punishments has been abolished.</p> <p>مجازات اعدام و یا کشتن (به خاطر ارتکاب جرم)</p>	<p>قبلا این باور وجدن .... داشت که .... ولی الان.....</p> <p>تنبیه بدنی (بچه در مدرسه-خانه...)</p>
<p>820- ....be a real bargain.</p> <p>821- Be at a real bargain price.</p> <p>In digicala, we can easily make a purchase any commodities at bargain price. I think all of materials in this website is a real bargain for us.</p>	<p>Affordable به قیمت بودن</p>
<p>822- ....and .....are two sides of the same coin.</p> <p>Great opportunity and great danger are two sides of the same coin.</p> <p>Violent behavior and deep insecurity are often two sides of the same coin.</p> <p>I've always felt that environmentalism and human rights are actually two sides of the same coin.</p>	<p>دو روی یک سکه هستند</p>