

十三个万能理由

一. 成就感(achievement)

关键词句 : a sense of achievement virtuous cycle 良性循环 grand feat/exploit 辉煌的业绩 attainment of goals elevate our self-esteem be conducive to self-actualization 有助于自我实现

万能段落: By doing (something), we can enjoy a sense of achievement. The feat of accomplishing is conducive to self-actualization, which will inevitably elevate our self-esteem. Inflated esteem will proportionally contribute to even more solid achievement. This is virtuous cycle toward a better career. For example, I have a relative who works in a big company. He was once awarded the opportunity to travel abroad that excited him for quite a long time. After that he worked even harder and gained the elevated esteem.

二. 被认可感(acknowledgement)

关键词句: A willing ox 任劳任怨的人 selfless contribution the stat of being recognized a sense of belonging provide satisfaction motivation for further improvement

万能段落: By acknowledgement, I mean the state of being recognized. When we are recognized by our company (school/college/group/community or society), we can experience a sense of belonging. The feeling of being recognized provides satisfaction and motivation for further improvement. Hence, when a person can be identified by others, the subsequent outcome can be beyond imagination. Bill Gates, through luck, diligence, and team spirit leads Microsoft to splendor. And he distributes his wealth generously, which won him a name: the greatest philanthropist around the world. His success is acknowledged by our society. And his satisfaction index can be higher than that of any other peers.

三. 健康(health)

关键词句 : ingredients to sound health 健康的要素 physical health psychological health well-adjusted to the society sound health as fit as a

fiddle 身体好 discard health hazard robust strength 体力充沛 Health is above wealth.

万能段落: Fresh air, clean water and nutritious food are indispensable ingredients to sound health. So if we live in good environment and enjoy healthful diet, our physical health can be guaranteed. Also if we have positive hobbies like reading and other mental pursuits, our psychological health can be elevated. Anyway, health is above wealth, we should exert our efforts to discard health hazard in order to attain a better life.

四. 安全(safety)

关键词句: be protected against failure, damage a sense of security facilitate the harmony of society Safety is the top priority.

万能段落: Safety refers to the condition of being protected against failure, damage, error, accidents, harm, et cetera. Safety is usually our main concern.

五. 方便(convenience)

关键词句: perform daily errands 从事日常业务 get easy access to 容易接近 do not have to exert ourselves too much 不用太费力气 Convenience matters.便利至关重要

万能段落: Convenience means being suitable and useful for us to carry out daily tasks. If something is convenient and easy to be made use of, we get easy access it, then the potential can be fully exploited. We do not have to exert ourselves too much to obtain the benefit. As a result, we can devote more time and efforts to accomplishing other business that is urgent and pivotal.

六. 沟通(communication)

关键词句: people skill 人际交往能力 disparate people 各色人等 bare one's heart 敞开心扉 exchange of ideas transmission of messages harmony of the relationship communication can be heart-warming channels of communication are open

万能段落: Communication is about the exchange of ideas, opinions and information through written or spoken words, symbols or actions. The smooth exchange of information and ideas between disparate people can be thrilling and

heart-warming. When we bare our hearts to communicate, we can eliminate the conflict or contradiction. Thus, the distance among people will surely be shortened. Thus, we can achieve the purpose of transmission of messages. In the meanwhile, the interaction arises, which definitely improves teamwork. Hence, we can harvest (garner/reap) both the success of cooperation and the harmony of the relationship.

七. 持久性(durability)

关键词句: lastingness of goods deep impression eternal/everlasting impact
far-reaching influence unforgettable memory garner/assimilate nutrition 汲取营养

万能段落: By durability, I mean goods may have lastingness; love is eternal; friendship is everlasting. When something gives us deep impression, we surely will have an unforgettable memory. For example, paper writing and classroom discussions are more durable in our mind than examinations can give. When we build a library, we build a cradle of knowledge. This is a transformation of life, which can be durable and far-reaching.

八. 愿望(desire)

关键词句: crave for/long for/yearn for/pine for creatures of desire 欲望之物
meet our needs to one's heart's content 尽情享受 fulfill one's dream satisfy one's vanity 满足虚荣心

万能段落: Desire refers to our hope or inclination. We are all creatures of desires. We try our best/endeavor to satisfy our desire and vanity: the desire to relax to our heart's content; the desire to gain more knowledge; the desire to earn big money and the desire to be loved. To meet one's desire is to enjoy a happy life. Hence, we are all willing to sacrifice our time and efforts to make our heart's desire fulfilled.

九. 效率(efficient)

关键词句: make full use of resource not to squander efficiency-conscious
take a shortcut 走捷径 Efficiency is gold. We use half of the effort, but we can double the result.

万能段落： Being efficiency means not to waste and not to squander. Sometimes we use half of the effort, but we can double the result. Modern people chase after efficiency that is the catchword around the globe. Our work efficiency can be enhanced if we adopt proper method; our learning efficiency can be elevated if we take a shortcut. Anyway, when we make full use of the devices at our hands, we may achieve efficiency, which can save our time and efforts.

十. 节约(economical)

关键词句： money- conscious 重金钱的 cut down the price steady development Waste not, and want not. 不浪费，不短缺 Husband energy, and cut emission. 节能减排 To save is to earn Our society is economy-driven. 节约型社会 A penny saved is a penny earned.

万能段落： Being economical means using the minimum of time or resources necessary for effectiveness. Being economical or money- saving is vital to people as an English proverb puts it that “ a penny saved is a penny earned”. When we achieve economy in expenditure, we are in fact making money work for us. When we bargain and cut down the price, we are money-conscious; when we take bus instead of driving our own cars, we are reducing the cost for petrol.

十一. 环保(environmental)

关键词句： emit hazardous materials alternative energy maintain ecological balance go green 多种树，讲环保 environmental awareness environment-friendly reduce, reuse, and recycle sustainable development exhaust natural resources There is no boundary between human and nature.

万能段落： Being environmental is related to the natural environment, its protection and conservation. In order to maintain ecological balance, our environment awareness should be enhanced. When we are green-washed; when we become environment-friendly, we may realize three “r”s: reduce, reuse, and recycle. These three ”r”s are vital to the preservation of a cleaner, better environment that will benefit people’s wellbeing.

十二. 经验(experience)

关键词句: undergo ordeal first-hand experience accumulation of knowledge
Experience is wealth. Experience is a helmsman guiding our voyage. Other
people's experience can be of help. 它山之石可以攻玉 The proof of the
pudding is in the eating.事物的好坏需要经过实践检验

万能段落: Experience refers to the accumulation of knowledge or skill that result
from direct participation in events or activities. Our experience is a wealth that can
enrich our life. When we enjoy modern educational facilities and indulge in the
prestigious academic atmosphere, we can harvest valuable educational experience.
When we undergo the training of expertise experiences serve as an enlightenment
brightening our career path.

十三. 情感(emotion)

关键词句: bare one's heart share ups and downs facilitate communication
harmonious relationship form an emotional tie/emotional attachment Harmony
spurs efficiency.

万能段落: By emotion, I refer to joy, sensitivity, pleasure, anger and so on. If
people can share emotions, they can form an emotional tie among them, which
will link their feelings. This emotional attachment is beneficial to harmonious
relationship as well as to the fulfillment of a project. For example, my good friend
and I are on good emotional terms. We share sorrow and happiness. As a result,
our lives become happier and more enjoyable.