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Advanced Epidemiology: Methods designed to accommodate unobserved confounding

Janet Bouttell, February 2019

Health Economics and Health Technology Assessment (HEHTA)



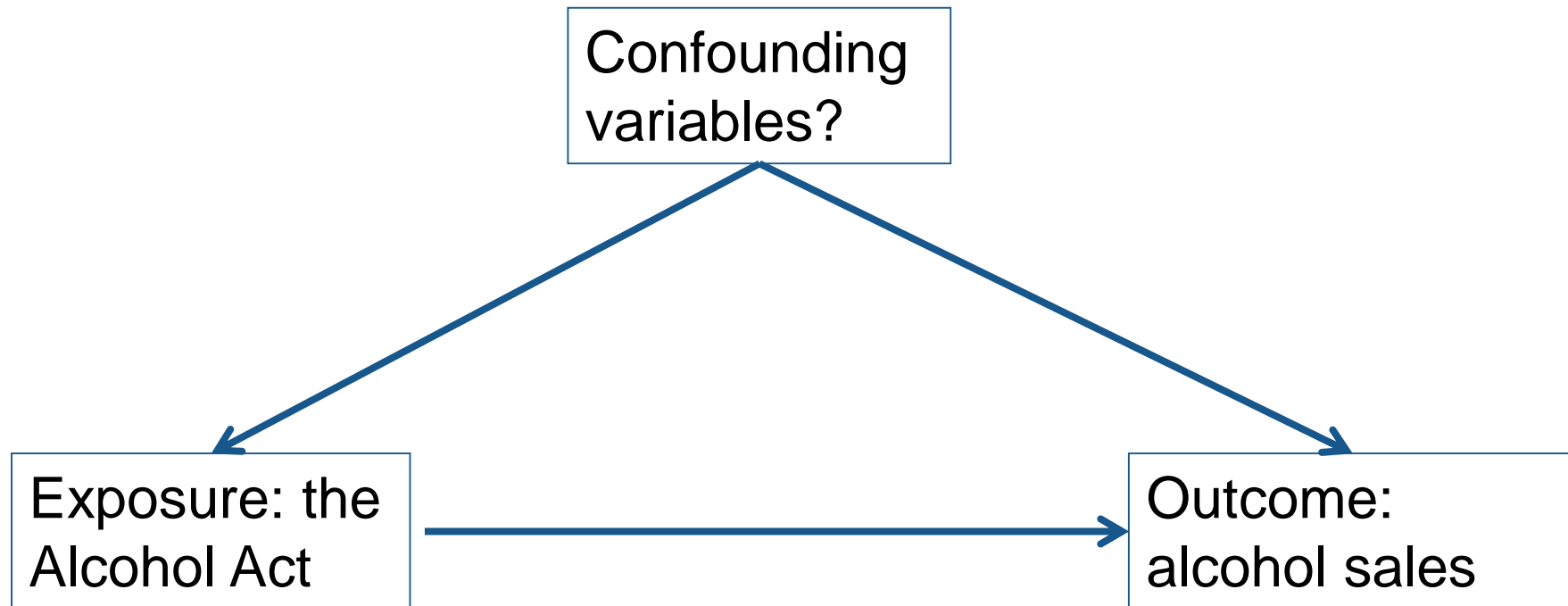
Intended learning outcomes:

- To understand that there are methods which attempt to deal with unmeasured confounding
- To be familiar with the names and general approaches of some of these methods
- To have an appreciation of the strengths and limitations of these methods



- **What is confounding?** – (variable) that influences both the dependent variable and independent variable causing a spurious association
- **What is observed confounding?**
- **What is unmeasured confounding?**
- **What is unmeasured time-varying confounding?**

Hypothesis – the Alcohol Act (2011) reduced alcohol consumption in Scotland



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Confounding variables?

Observed:

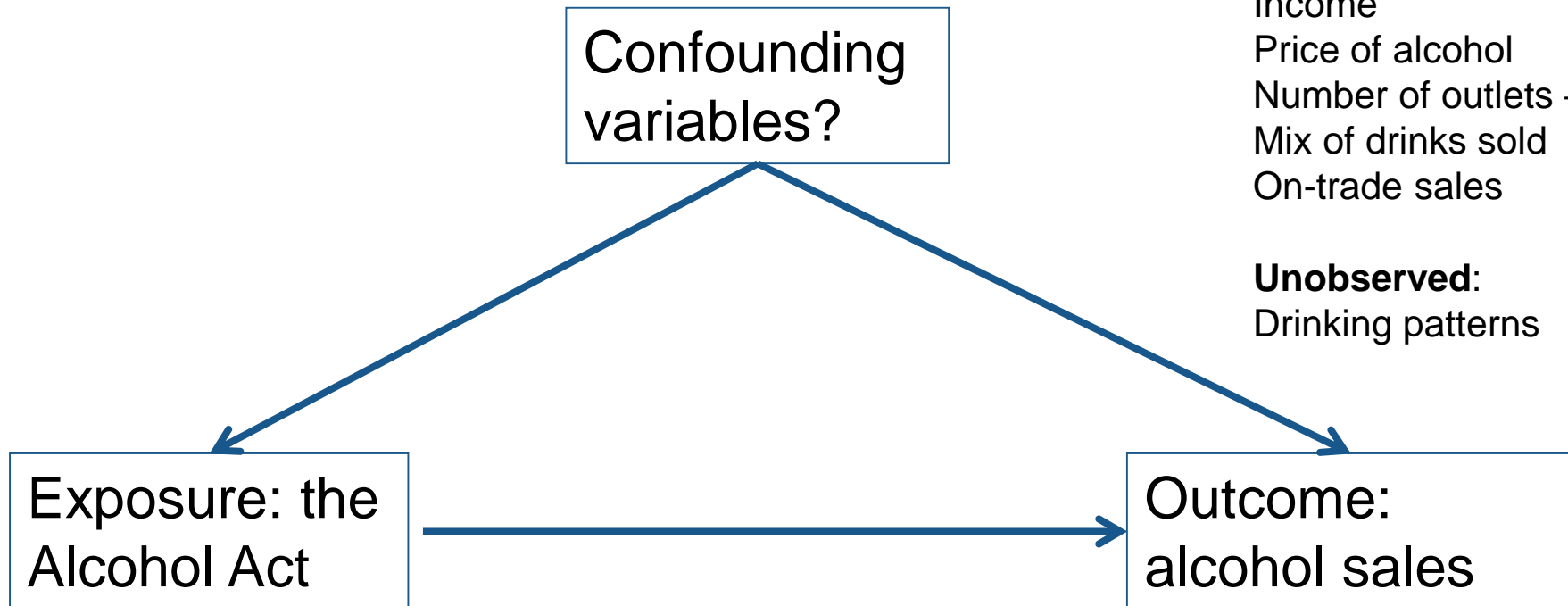
Income
Price of alcohol
Number of outlets – on and off
Mix of drinks sold
On-trade sales

Unobserved:

Drinking patterns

Exposure: the Alcohol Act

Outcome: alcohol sales





Methods designed to accommodate unobserved confounding

- 1. Difference-in-difference**
- 2. Interrupted time series**
- 3. Synthetic controls**
- 4. Regression discontinuity**
- 5. Instrumental Variables**

Difference in difference

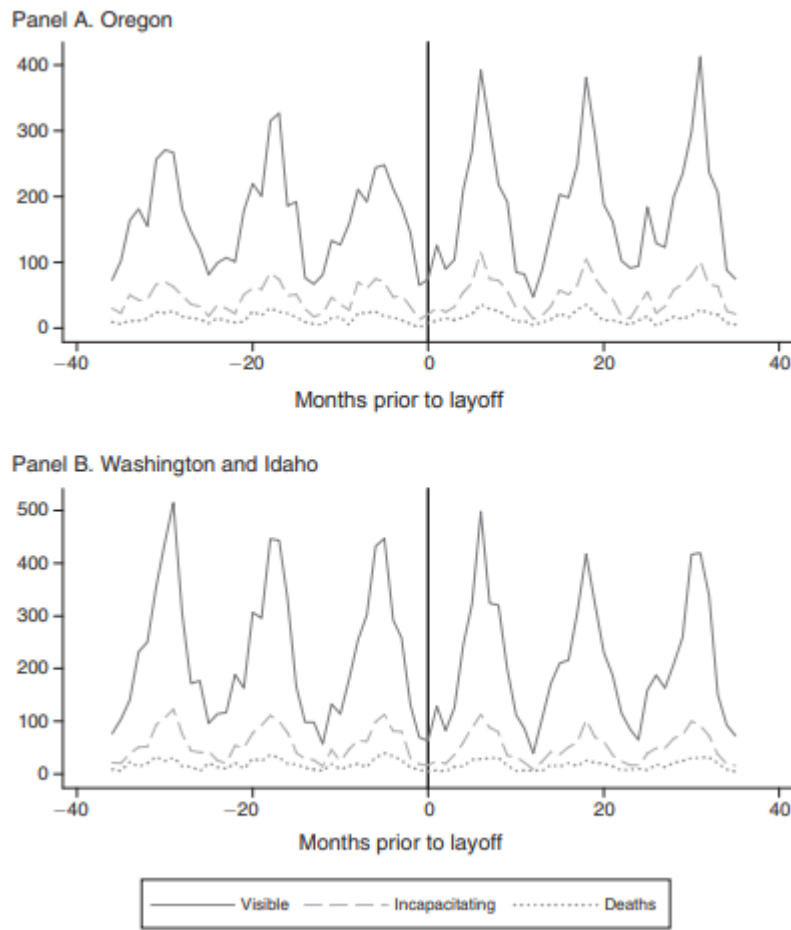
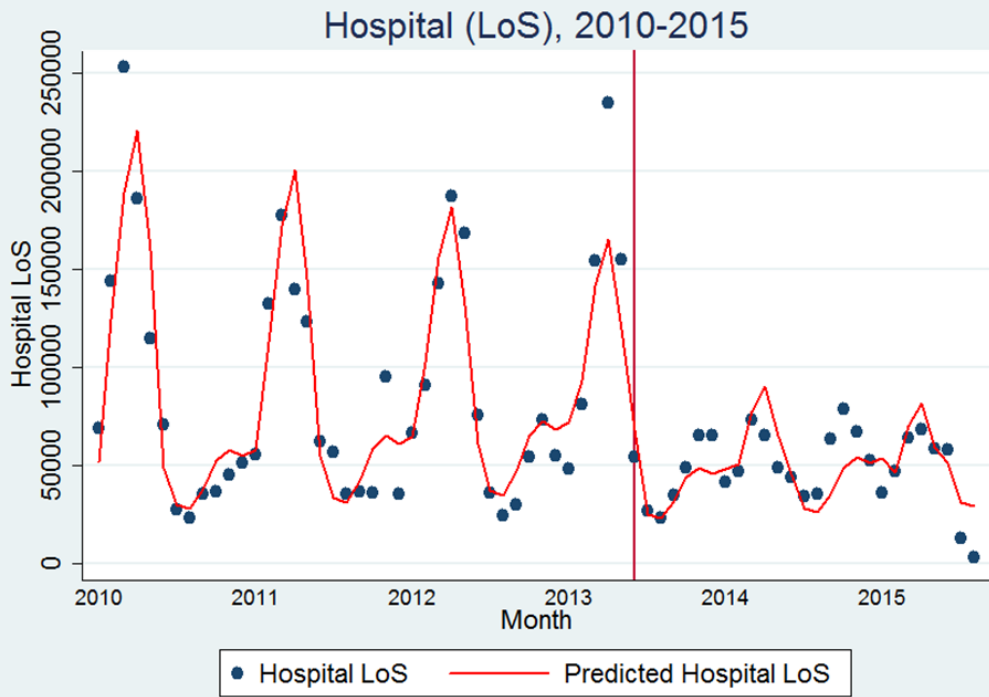


FIGURE 4. INJURIES ON HIGHWAYS IN OREGON, WASHINGTON, AND IDAHO OUTSIDE CITY LIMITS—DRY WEATHER CONDITIONS

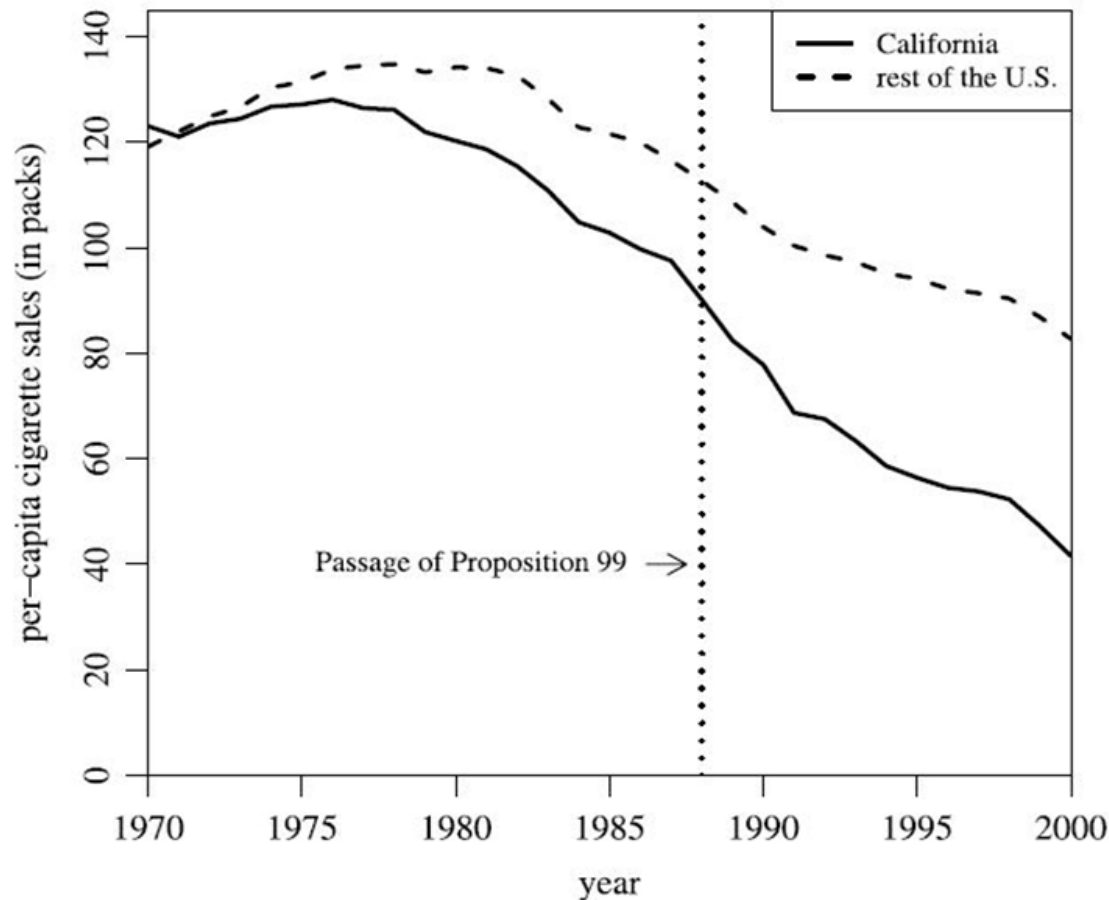
- Change in outcome variable in intervention/control areas before and after the intervention
- Difference between those two differences
- E.g +50 Oregon -10 Washington and Idaho – DiD = 60 injuries
- Sometimes uses just one time point before and after
- How does it account for unobserved confounding?
- Limitations – parallel trends (similarity of control area)

Interrupted time series



- Trend in outcome compared pre and post intervention
- What is the control/counterfactual here?
- Model accounts for auto-correlation, seasonality and underlying trend
- Can also add in a control – overlap with DiD
- Limitations – power/data, similarity of control area (if used)

Assess the impact of proposition 99



- How would you assess the impact of Proposition 99?
- Could you use an interrupted time series or a difference in difference approach?
- What would be the limitations of that?
- Could you overcome the problem?

Figure 1. Trends in per-capita cigarette sales: California vs. the rest of the United States.

Abadie et al (2010)

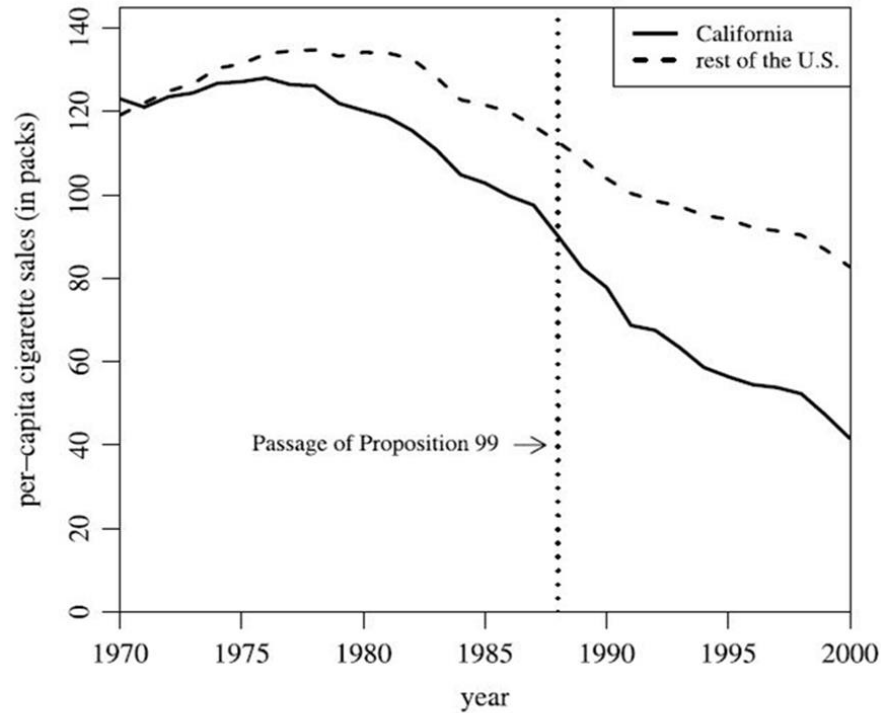


Figure 1. Trends in per-capita cigarette sales: California vs. the rest of the United States.

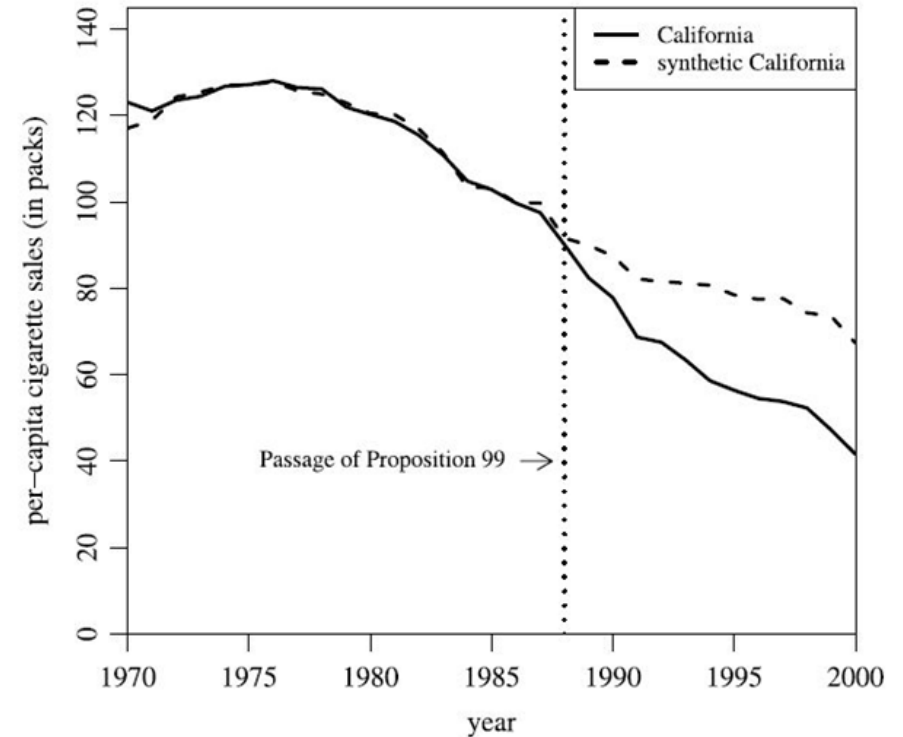


Figure 2. Trends in per-capita cigarette sales: California vs. synthetic California.

Synthetic controls

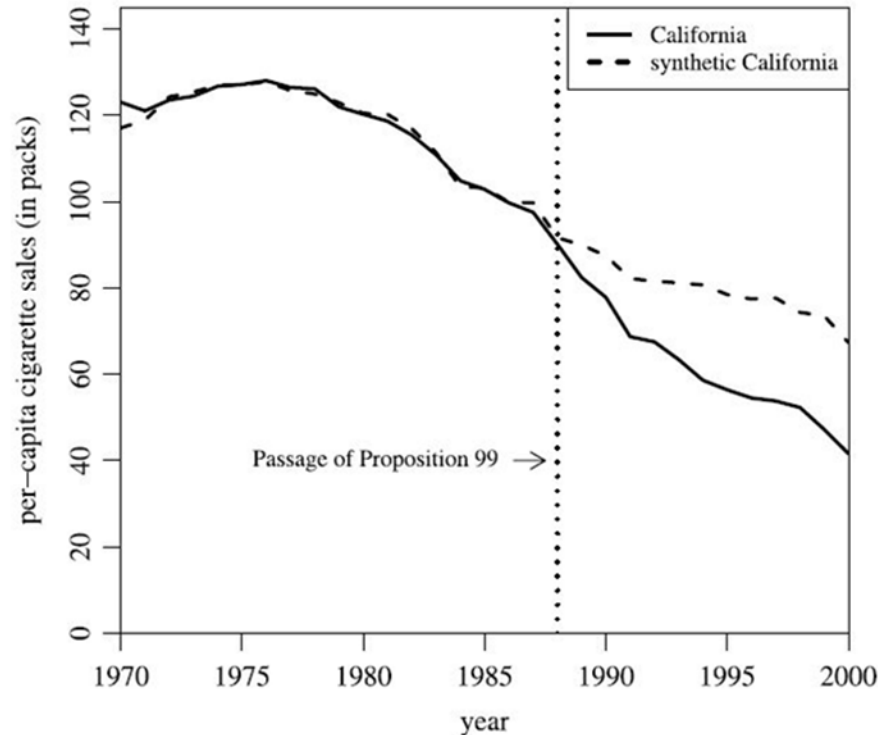
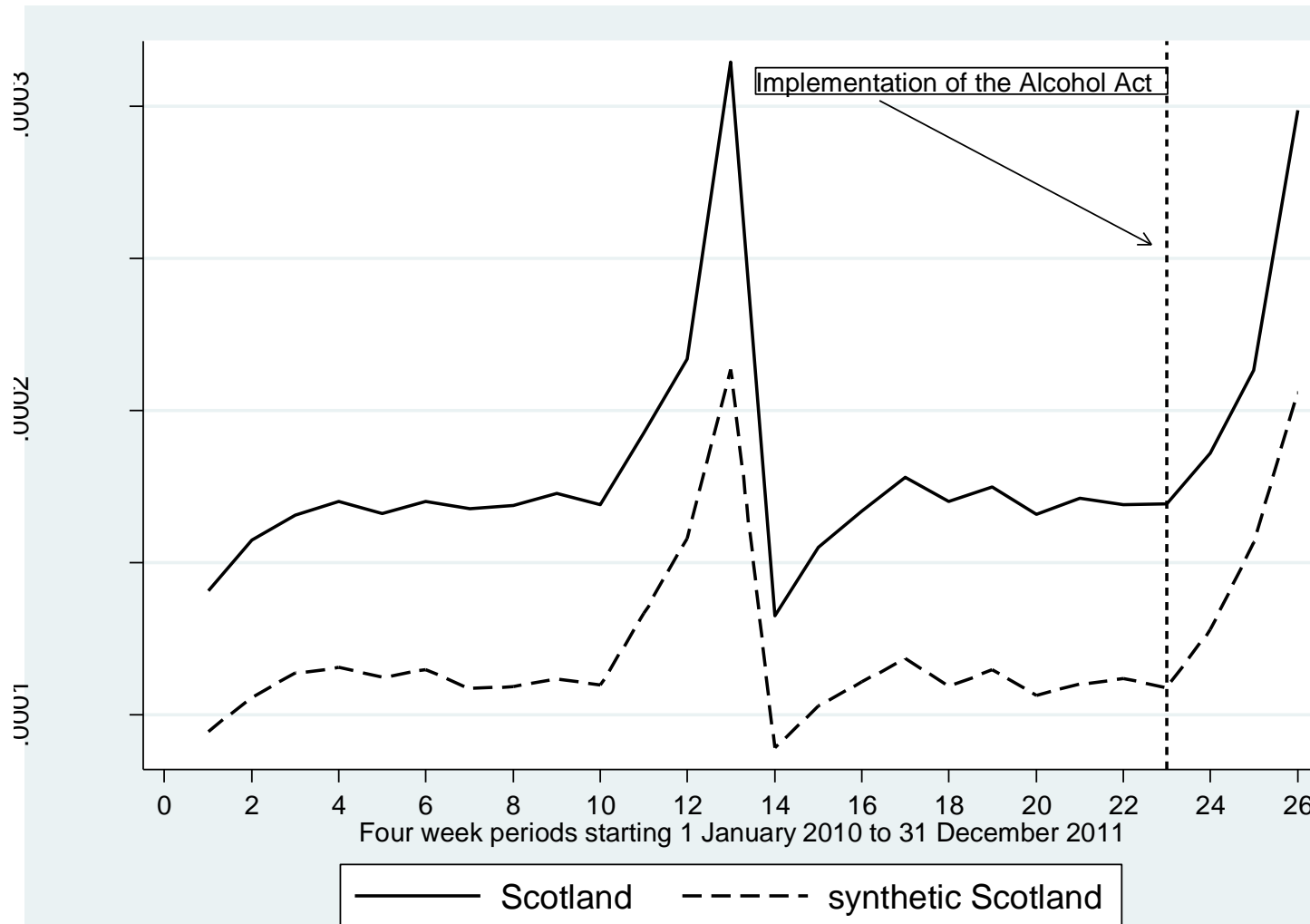


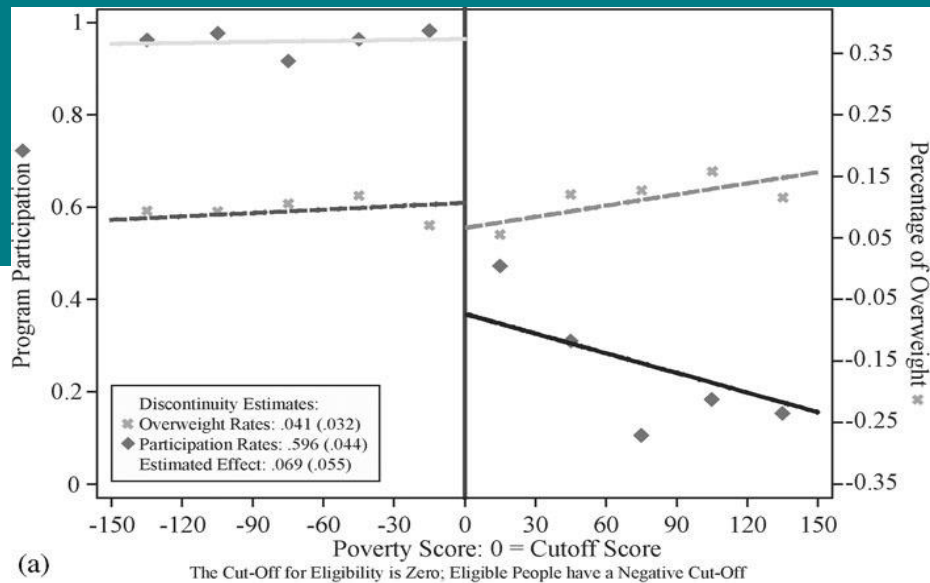
Figure 2. Trends in per-capita cigarette sales: California vs. synthetic California.

- Trend in the outcome in intervention compared to synthetic control area
- Synthetic control is weighted average from pool of potential controls
- How does it overcome unmeasured confounding?
- Why can this method cope with time-varying unmeasured confounding where DiD and ITS can't?
- Limitations – data and outliers

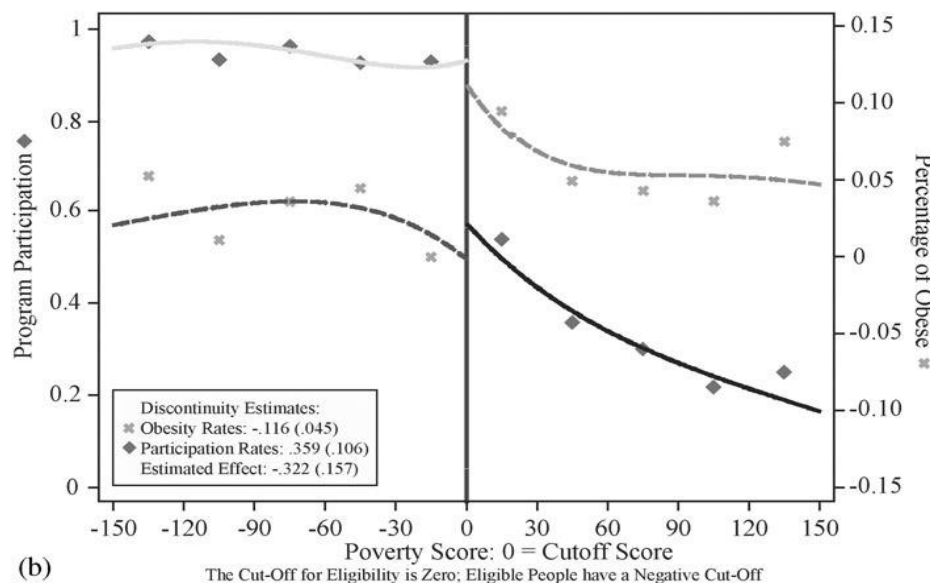


Synthetic controls – outlier problem – sales of spirits in Scotland





(a)



(b)

Average program participation (marked with ♦) and overweight/obesity rates (marked with*) are plotted as a function of five categories of the poverty score on each side of the eligibility cut-off. The lines are conditional expectations of specification as in equations (3) and (4) in the text. They are estimated using the whole range of data with poverty scores of ± 500 . Based on Schwarz (1978), the preferred specifications for men include first order polynomial terms on both sides of the cut-off and fifth order for women.

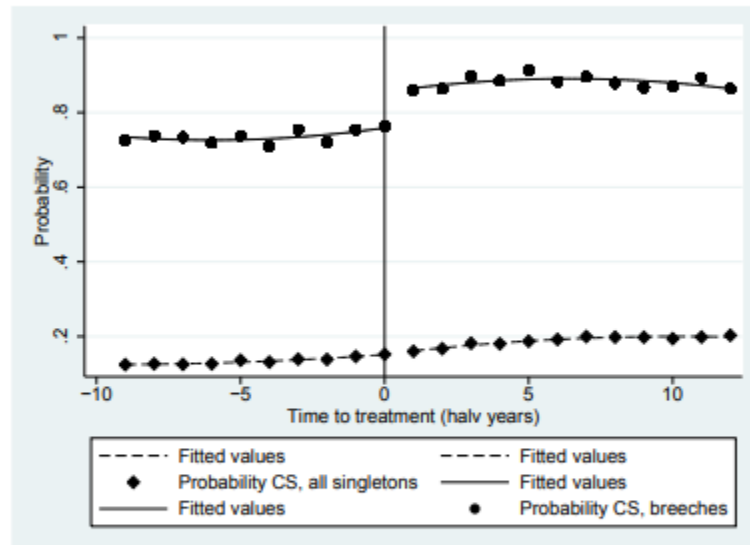
Regression discontinuity

- Outcomes compared in units defined by scores above and below a cut-off in a continuous variable that determines exposure
- Units either side of the cut-off should be similar
- Trade-off between power (want numbers) and minimising confounding
- Limitations – only appropriate where you have a cut-off for entitlement



Regression discontinuity

Figure 1: CS rate for all non-breech and breech pregnancies, 1996-2006

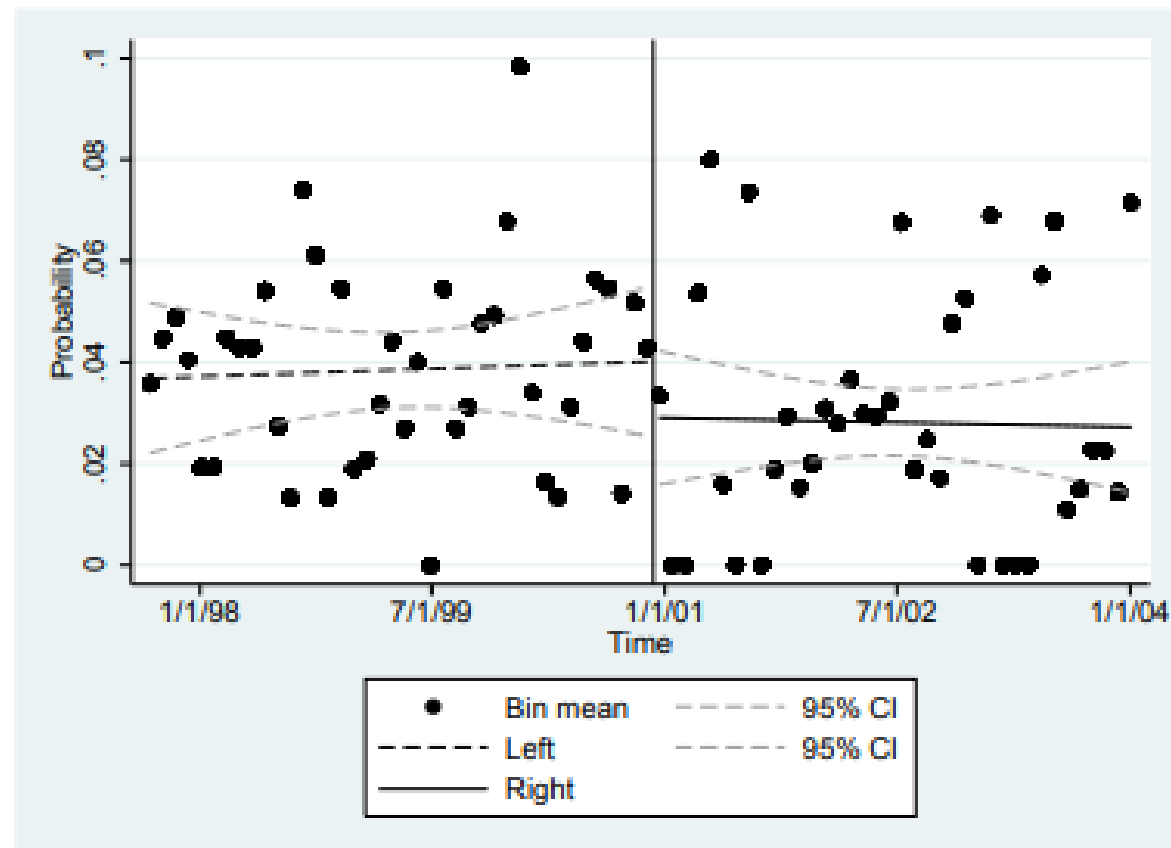


Notes: The plot shows the average probability of a CS per half-year. The vertical line is the date for the Danish dissemination of the TBT results. The sample includes all singleton births irrespective of parity.

- Second example – Jensen and Wust (2015)
- RCT in 2000 suggested that caesarean section safer for mothers and babies when baby breech.
- Major change in practice – very quickly
- Time discontinuity allowed study of women and babies on the margin



Figure 8.7: Probability of APGAR score ≤ 7 at 1 min for breech babies at term with parity > 1

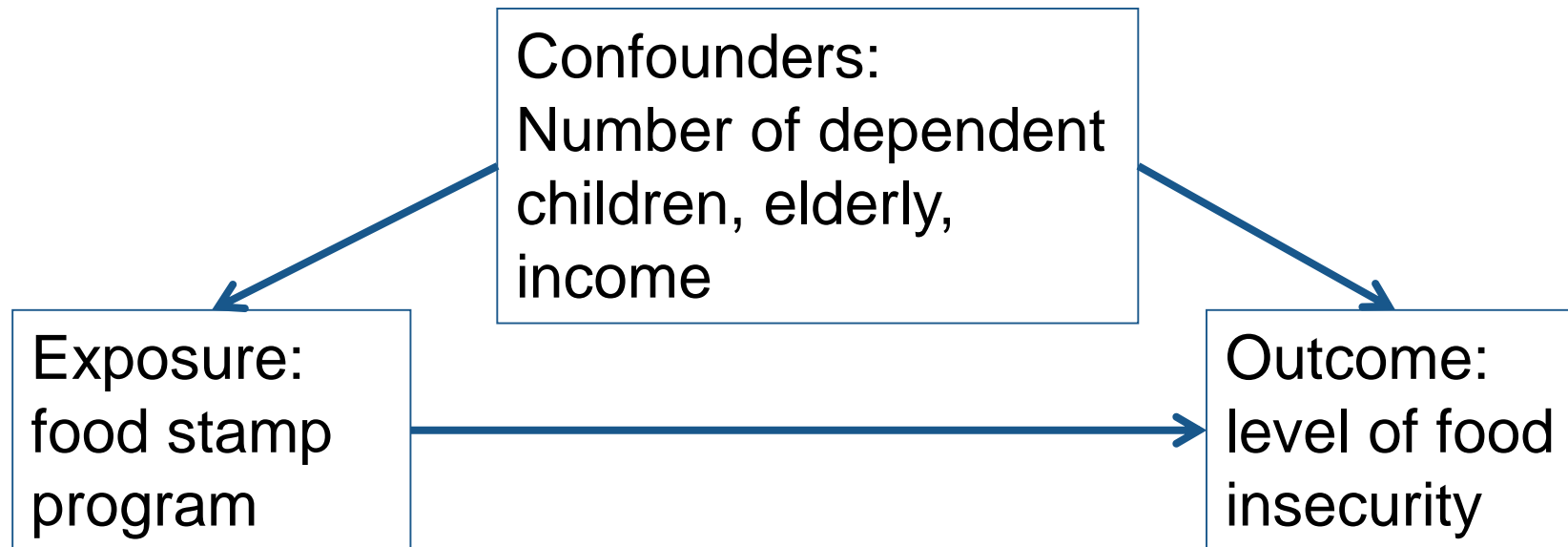


Hypothesis – food stamp program participation reduces food insecurity



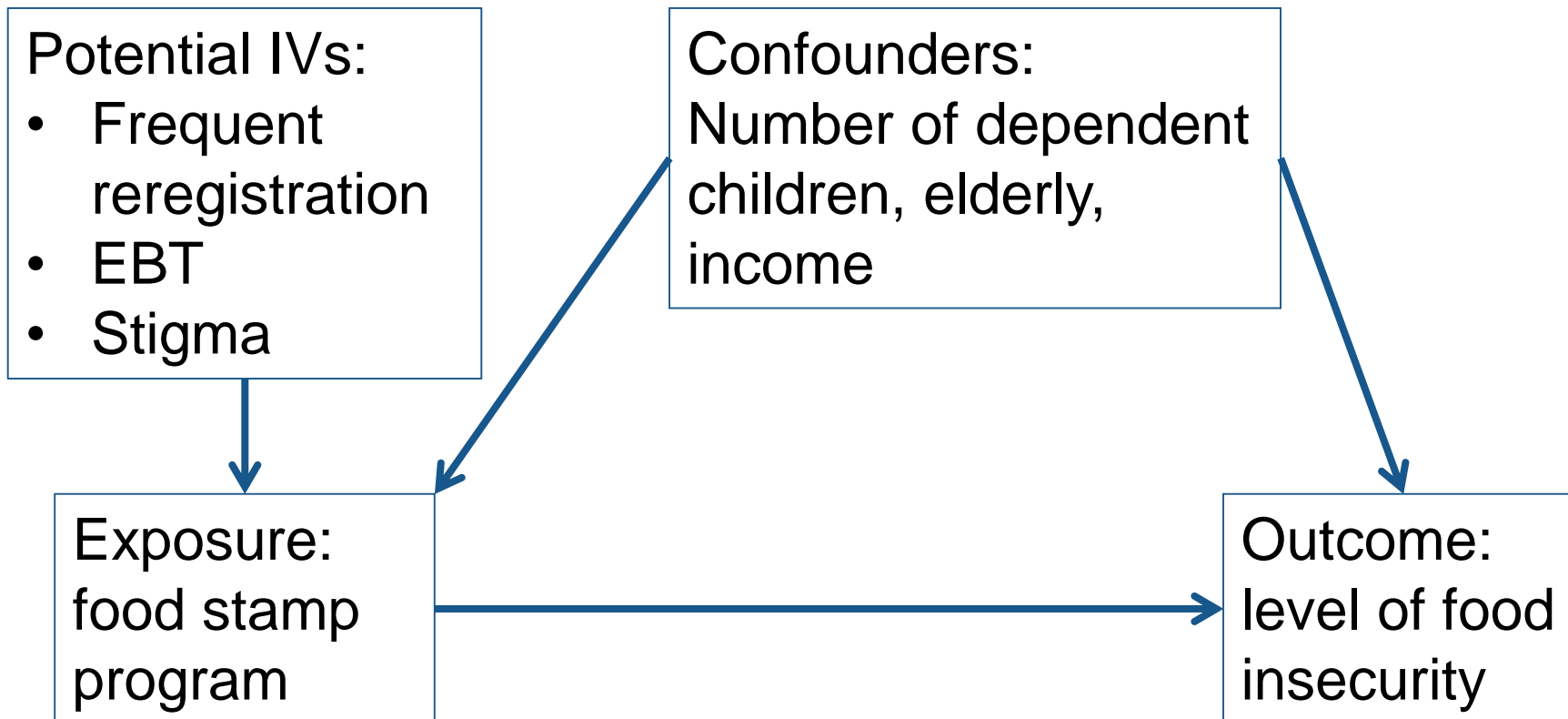
(Yen et al, 2008)

Hypothesis – food stamp program participation reduces food insecurity



(Yen et al, 2008)

Hypothesis – food stamp program participation reduces food insecurity (Yen et al, 2008)





3 conditions

1. The IV must be correlated with the exposure – the stronger the better
2. The IV must not be associated with the outcome
3. The IV should not be associated with the confounding variable (which influences the outcome as well as the exposure)

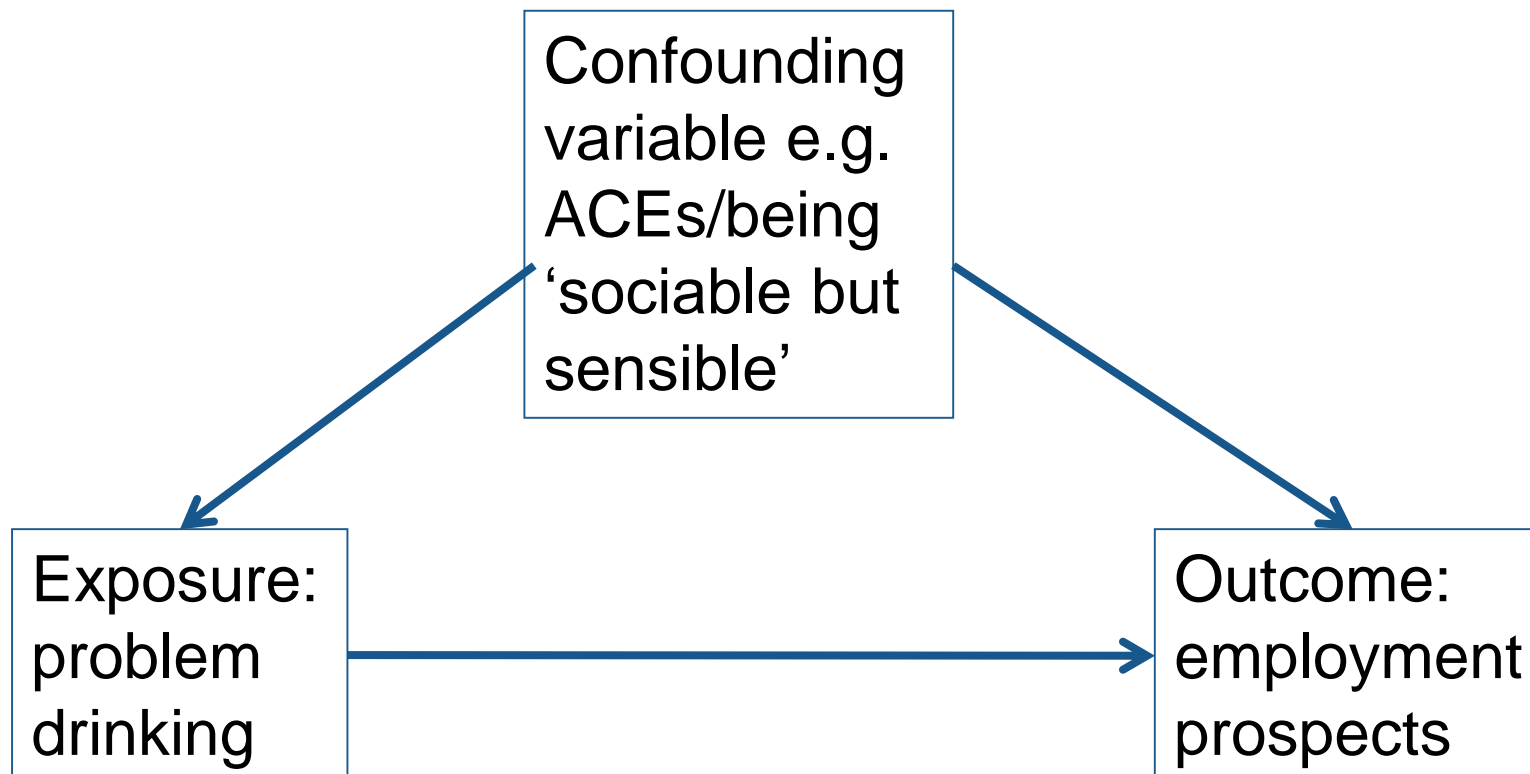
Limitations

1. Finding suitable instruments
2. Demonstrating that the assumptions are met

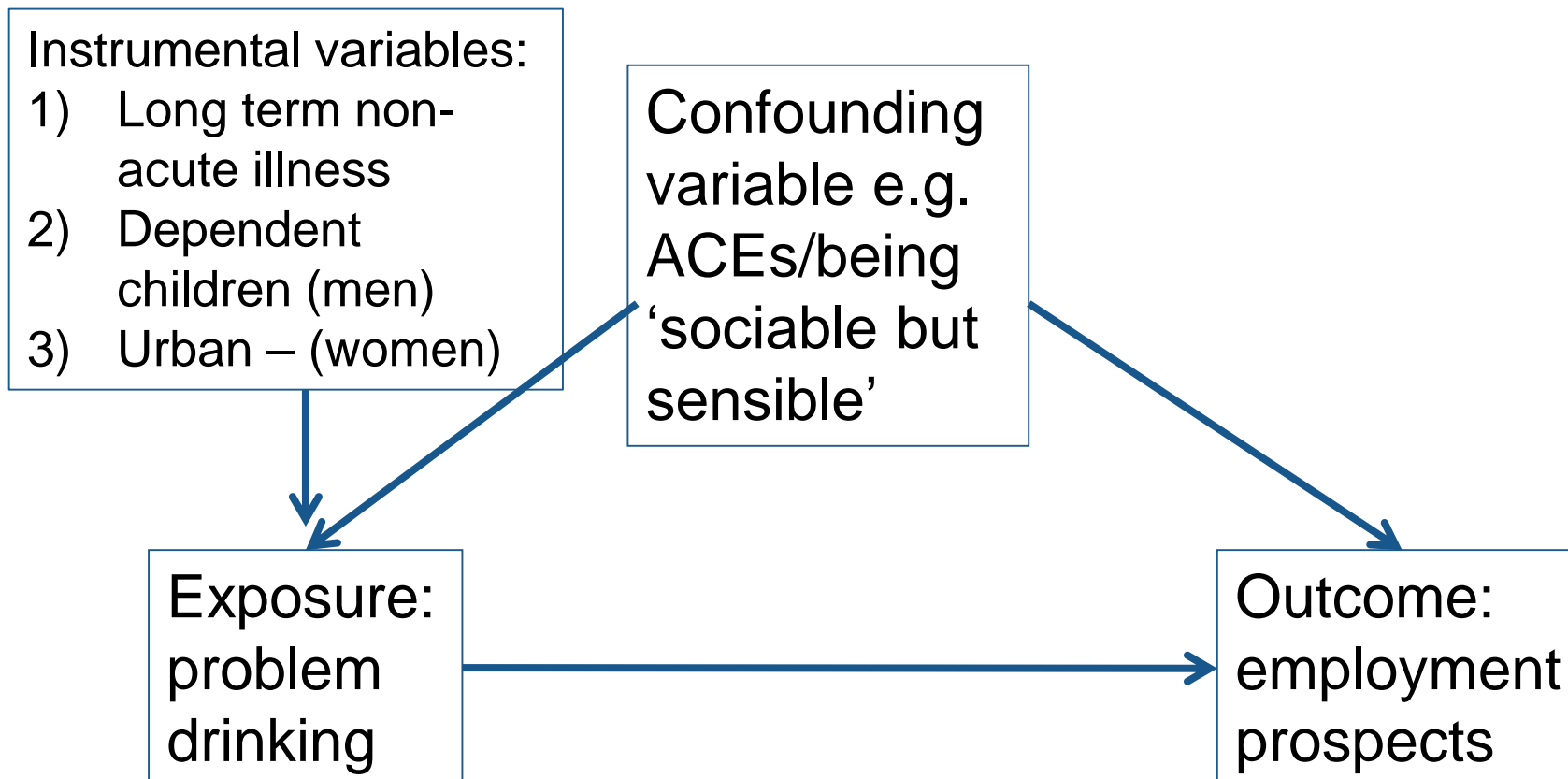
Hypothesis – problem drinking impacts employment prospects



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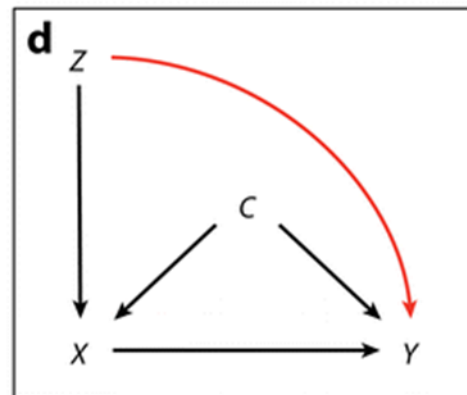
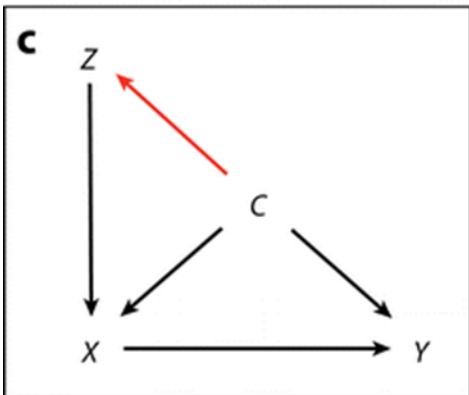
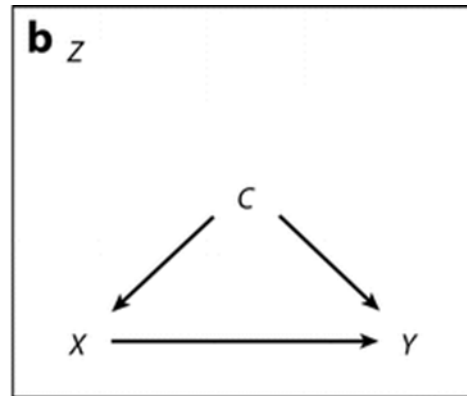
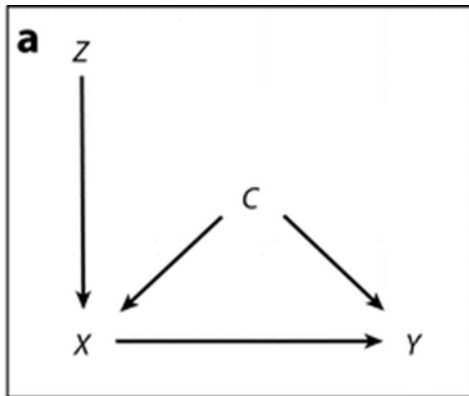


Hypothesis – problem drinking impacts employment prospects





Instrumental variables - quiz



X = exposure of interest
Y = outcome of interest
C = confounder
Z = instrumental variable

In which of a-d would Z be an effective instrumental variable? Why?



- 1. Three case studies – brief detail given (please make and note any assumptions you need)**
- 2. Complete the outcome and interventions row and the confounders row**
- 3. Decide which methods would be possible in each scenario - see description of the methods (Table 2 in Craig et al, 2017) overleaf**
- 4. Select your preferred method then identify your counterfactual, data required and limitations**



Mendelian randomisation: a form of instrumental variable



<https://www.youtube.com/watch?v=LoTgfGotaQ4>

Overview article

Natural Experiments: An Overview of Methods, Approaches, and Contributions to Public Health Intervention Research

Peter Craig, Srinivasa Vittal Katikireddi, Alastair Leyland, and Frank Popham. Annual Review of Public Health 2017 38:1, 39-56
[<https://www.annualreviews.org/doi/10.1146/annurev-publhealth-031816-044327>]

Difference in difference

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Interrupted time series

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Synthetic controls

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Instrumental variables

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MacDonald, Z. and Shields, M.A., 2001. The impact of alcohol consumption on occupational attainment in England. *Economica*, 68(271), pp.427-453.

Yen ST, Andrews M, Chen Z, Eastwood DB. Food Stamp Program participation and food insecurity: an instrumental variables approach. *American Journal of Agricultural Economics*. 2008 Feb 1;90(1):117-32.