plot (r, ϕ, θ)

12 double
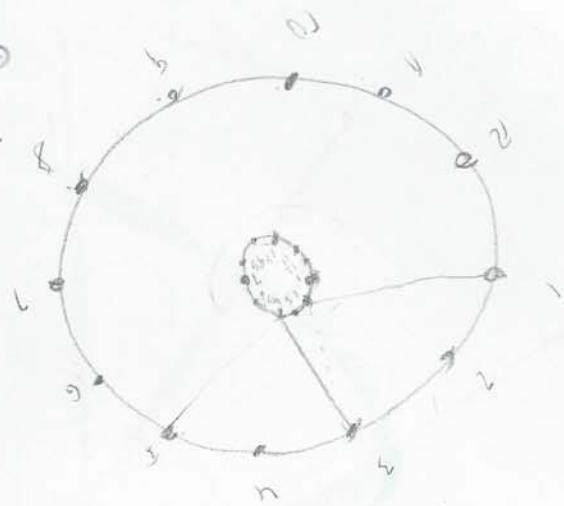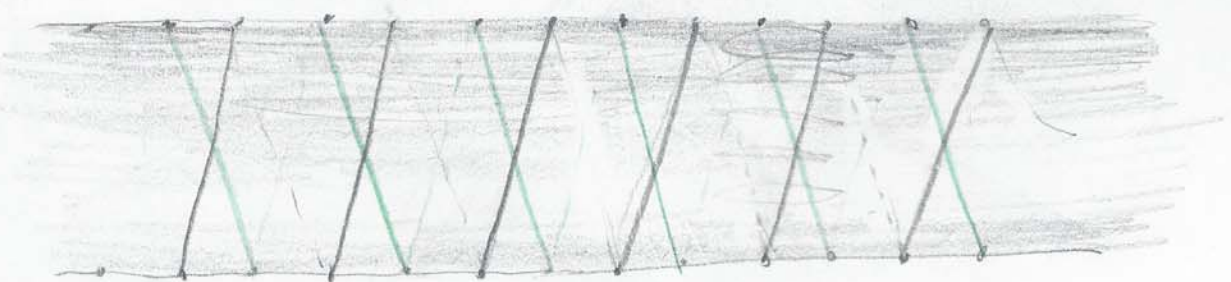
1) helix(s) or heli (what
2) is the plural of helix?)
3) form the vortex of the
elliptical toroid

Double Helix wrapped around a cylinder.

Double helix wrapped around a' form