



## Risk Assessment Template

Facility / Activity	Identify the hazards	Who/what may be harmed	Risk likelihood	Severity of harm	Overall risk	Existing control measures	Recommendations/ further action required
Writing code	RSI	Myself or any others in the role	Low	Medium	Low	Take breaks often	Stretches
	Carpal tunnel	Myself or any others in the role	Low	Medium	Low	Take breaks often	Wrist exercises
	Eye Strain	Myself or any others in the role	medium	low	low	Take eye breaks	Blue light filters
	Back Strain	Myself or any others in the role	medium	medium	medium	Take breaks to walk around	Chairs rated for 8 hours with lumbar support
	Stress	Myself or any others in the role	medium	high	high	Taking regular breaks when needed	A support group for people struggling / working in teams
	Slips and trips	Staff and visitors	low	medium	medium	Good housekeeping	No further action to take

	Fire	Staff and visitors	low	high	medium	Good housekeeping and safe electricals	More extinguishers
	Electrical shocks	Staff and visitors	low	medium	low	Take defective equipment out of use	Label damaged or defective equipment labelled accordingly and drinks kept away from electricals